

cone health employee health wellness at greensboro

Cone Health Employee Health & Wellness at Greensboro: A Comprehensive Guide

Are you a Cone Health employee in Greensboro, curious about the robust health and wellness programs available to you? Or perhaps you're considering a career with Cone Health and want to know more about their commitment to employee well-being? This comprehensive guide dives deep into the employee health and wellness initiatives offered at Cone Health in Greensboro, exploring the various resources and benefits designed to support your physical, mental, and emotional health. We'll cover everything from on-site facilities and programs to external partnerships and resources, providing you with a complete picture of the support system Cone Health provides its valued employees.

Accessing Cone Health's Employee Health & Wellness Resources in Greensboro

Cone Health recognizes that healthy employees are productive employees. Their commitment to employee well-being is reflected in a wide array of programs and services specifically designed to cater to the diverse needs of their Greensboro workforce. Accessing these resources is often straightforward, usually involving internal communication channels like intranet portals, email announcements, or dedicated wellness coordinators. These coordinators often serve as the first point of contact, guiding employees through available options and answering any questions they might have. Knowing where to look for information is the first step in taking advantage of these beneficial programs.

On-site Wellness Facilities and Programs at Cone Health Greensboro Locations

Many Cone Health facilities in Greensboro boast on-site wellness amenities. These can range from fitness centers equipped with modern exercise equipment and group fitness classes to quiet rooms for meditation and mindfulness practices. These on-site facilities offer convenience and encourage employees to prioritize their health during the workday. The specific amenities vary depending on the location, so it's crucial to check with your specific workplace or human resources department to see what's available at your site. Some locations might even offer health screenings, vaccinations, or health education workshops directly on-site, making it easier than ever to proactively manage your health.

Mental Health Support: A Cornerstone of Cone Health's

Wellness Program

Cone Health acknowledges the significant impact mental health has on overall well-being. Their employee assistance programs (EAPs) typically provide confidential counseling services, stress management resources, and support for work-life balance. These programs are often accessible 24/7 and are designed to provide timely intervention and support for employees struggling with mental health challenges. Recognizing the stigma often associated with mental health, Cone Health's commitment to providing these resources is a testament to their dedication to creating a supportive and understanding work environment. Accessing these resources is usually outlined clearly in employee handbooks and often highlighted during new employee orientation.

Physical Health Initiatives: From Fitness Challenges to Health Education

Beyond mental health, Cone Health's commitment extends to promoting physical health. Many programs encourage physical activity through fitness challenges, wellness incentives, and subsidized gym memberships. These initiatives often involve team-building activities, fostering a sense of community and encouraging healthy competition among colleagues. Health education workshops covering topics like nutrition, weight management, and disease prevention are also commonly offered, providing employees with the knowledge and tools they need to make informed choices about their health. Participation in these initiatives often translates into tangible rewards, further incentivizing healthy behaviors.

Partnerships and External Resources: Expanding Access to Wellness

Cone Health frequently partners with external organizations to expand the range of wellness resources available to its employees. These partnerships might include discounted rates at local gyms, fitness studios, or health and wellness centers. Cone Health might also collaborate with health insurance providers to offer exclusive wellness programs or educational materials to their employees. Staying informed about these partnerships is key to maximizing the benefits of your employment at Cone Health. Keep an eye on internal communications for announcements and updates on new collaborations.

Financial Wellness Programs: Supporting Your Overall Well-being

Financial stress can significantly impact mental and physical health. Recognizing this, Cone Health may offer programs designed to improve employees' financial well-being. These programs could include financial literacy workshops, access to financial planning resources, or employee assistance with debt management. A financially secure employee is generally a happier and more productive employee. The inclusion of financial wellness programs underscores Cone Health's holistic approach to employee well-being.

Continuous Improvement and Feedback: Shaping the Future of Wellness

Cone Health's commitment to employee health and wellness is not static. They regularly solicit feedback from employees to understand their needs and adjust their programs accordingly. This ongoing evaluation ensures that the wellness initiatives remain relevant, effective, and cater to the evolving demands of the workforce. Employee participation in surveys and feedback sessions plays a vital role in shaping the future of Cone Health's wellness programs.

Conclusion:

Cone Health's dedication to employee health and wellness in Greensboro is evident in the breadth and depth of its programs. From on-site facilities and comprehensive EAPs to external partnerships and a commitment to continuous improvement, Cone Health demonstrates a genuine investment in the well-being of its employees. By taking advantage of the resources available, employees can significantly improve their physical, mental, and financial health, leading to increased job satisfaction and overall well-being. Remember to utilize the resources available to you – your health and well-being are valuable assets!

FAQs:

1. How do I access the Cone Health Employee Assistance Program (EAP)? Information on accessing the EAP is typically found in your employee handbook or through your HR department. Contact your HR representative for specific details and instructions.
1. Are there on-site fitness facilities at all Cone Health Greensboro locations? Not all locations have on-site facilities. Check with your specific workplace or your HR department to determine what's available at your location.
1. What kind of financial wellness resources does Cone Health offer? The specific financial wellness resources offered may vary. It's best to contact your HR department to inquire about available programs.
1. How can I provide feedback on Cone Health's wellness programs? Look for internal communication channels, employee surveys, or designated feedback mechanisms that Cone Health provides. Your HR department can also direct you to appropriate channels.

1. Are there wellness programs specifically designed for employees with chronic health conditions? While specific programs might not be exclusively dedicated to chronic conditions, the EAP and health education resources can help support employees with managing and adapting to these challenges. Speak with your HR department or healthcare provider for specific recommendations.

cone health employee health wellness at greensboro: CURRENT Diagnosis & Treatment in Family Medicine, Second Edition Jeannette E. South-Paul, Samuel C. Matheny, Evelyn L. Lewis, 2007-04-22 The most convenient, authoritative overview of family medicine and primary care -- completely updated and expanded! A Doody's Core Title ESSENTIAL PURCHASE! Praise for an earlier edition--This portable, 700 page paperback is an excellent reference for practitioners caring for patients in ongoing settings. Information is complete, yet readily accessible. Information is prioritized well, making it easy to locate information rapidly. It will be a cost-effective addition to the shelves of thousands of hardworking family doctors. 5 STARS!--Doody's Review Service Great for USMLE Step 3 review, board certification, and maintenance or recertification Concise, evidence-based coverage of the diseases and syndromes most commonly seen in clinical practice Organized according to the developmental lifespan, beginning with childhood and adolescence, focusing on the reproductive years, and progressing through adulthood and senior years -- includes end-of-life issues Complementary and alternative treatments included where appropriate Recommendations for both immediate and ongoing management strategies Numerous algorithms, charts, and tables encapsulate important information Conservative and pharmacologic therapies Patient education information Sections on Therapeutics, Genetics, and Prevention; Psychosocial Disorders; and Physician-Patient Issues NEW chapter patient-centered medicine

cone health employee health wellness at greensboro: Dr. Peter Scardino's Prostate Book Peter T. Scardino, Judith Kelman, 2006 In this updated guide, now in paperback, a pioneering doctor reveals how to beat the top three prostate problems.

cone health employee health wellness at greensboro: *Food Service Technician* National Learning Corporation, 2013 The Food Service Technician Passbook(R) prepares you for your test by allowing you to take practice exams in the subjects you need to study. It provides hundreds of questions and answers in the areas that will likely be covered on your upcoming exam, including but not limited to: cleaning and maintaining food service areas; operation and maintenance of machinery; oral communication; record keeping; and more.

cone health employee health wellness at greensboro: Tea in Health and Disease Prevention Victor R Preedy, Vinood Patel, 2024-09-14 While there is a nearly universal agreement that drinking tea can benefit health, information on the benefits or adverse effects of drinking tea is scattered, leaving definitive answers difficult to ascertain. Tea in Health and Disease Prevention, Second Edition, once again addresses this problem, bringing together all the latest and most relevant information on tea and its health effects into one comprehensive resource. This book covers compounds in black, green, and white teas and explores their health implications, first more generally, then in terms of specific organ systems and diseases. With over 75% brand new content, this fully reorganized, updated edition covers a wider range of tea varieties and beneficial compounds found in tea, such as epigallocatechin gallate and antioxidants. Tea in Health and Disease Prevention, Second Edition, is an organized, efficient resource that will help readers find quick answers to questions and will help inspire further studies for those interested in tea research. This is a must-have reference for researchers in food science and nutrition, as well as nutritionists and

dieticians. - Covers and compares features, benefits, and potential negative effects of the most important types of tea, including green, black, and white - Identifies therapeutic benefits of teas for new product development - Offers a one stop shop for research in this area, compiling both foundational and cutting-edge topics into one resource - Includes a dictionary of key terms, other health effects of tea or extracts, and a summary point section within each chapter for a quick reference

cone health employee health wellness at greensboro: Heart with Joy Steve Cushman, 2020-06-23 In Heart With Joy, fifteen year old Julian Hale's life is turned upside down when his mother suddenly moves from North Carolina to Venice, Florida under the pretense of running her parents' 9-room motel and finishing the novel she has been working on for years. While Julian has always been closer to his mother and wants to go with her, she tells him he has to stay with his father until the end of the school year. Three weeks after his mother leaves, Julian's father decides to run a marathon. This surprises Julian because he has never seen his father exercise, but once he agrees to help him train the two develop the sort of close relationship they've never had before. Also, with the help of an elderly neighbor, Julian learns that the most important thing in life is to follow your heart. And Julian's heart leads him to a passion for cooking and a young cashier at the local grocery store. By the end of the novel, Julian is forced to choose between staying with his father and going to live with his mother. Ultimately, Heart With Joy, is a literary coming of age novel that explores how sometimes the things you need most in life have been there, right beside you, all along.

cone health employee health wellness at greensboro: Religion, Welfare and Social Service Provision Robert Wineburg, Jay Poole, 2019-04-16 Religion, Welfare, and Social Service Provision: Common Ground delves deeply into the partnerships forged between religious communities, government agencies and nonprofits to deliver social services to the needy. These pages offer a considered examination of how local faith entities have served those in their midst, and how the provision of those services has been impacted by evolving social policies. This foundational volume brings together the work of more than two dozen leading researchers, each providing long overdue scholarly inquiry into religiously affiliated helping and the many possibilities that it holds for effective cooperation.

cone health employee health wellness at greensboro: Pharmacy Clinical Coordinator's Handbook Lynn Eschenbacher, 2016-01-01 Take Your Skills and Your Team to the Next Level Inside you'll get real-life examples, sample forms, policies, procedures, checklists, and more for every aspect of your practice, including formulary management, communications, strategic planning, and staff development. Plus, tables and figures for everything from delegation flow and budget schedules to nonformulary drug requests and the SAFE Tool Scoring System. Get the advice, support, and tools you need to answer essential questions facing any clinical coordinator or manager: What are the key organizational relationships I need to develop to be successful? How can I best demonstrate the value that pharmacy provides to the healthcare team? How can I build and inspire a team to achieve high-quality patient outcomes? With multiple responsibilities and multiple priorities, how do I get started? What can I do to advance clinical pharmacy practice? As a clinical coordinator or clinical manager you are in a position to positively impact the lives of both your staff and the patients you serve every day. With the Pharmacy Clinical Coordinators Handbook you can now develop the vision and strategy you need to succeed in this essential and demanding position.

cone health employee health wellness at greensboro: The Piedmont Triad Clint Johnson, 2004

cone health employee health wellness at greensboro: The Next Level Michelle Gethers-Clark, 2012-08-27 A simultaneously deep and practical perspective based on twenty-nine years' experience of how applying faith at work can deepen purpose, build character, and propel performance. The Next Level contains fifty succinct chapters outlining biblical scriptures linked to examples of life and career success, advice to elevate performance, and a call to action.

cone health employee health wellness at greensboro: Hidden Costs, Value Lost Institute of Medicine, Board on Health Care Services, Committee on the Consequences of Uninsurance,

2003-06-19 **Hidden Cost, Value Lost**, the fifth of a series of six books on the consequences of uninsurance in the United States, illustrates some of the economic and social losses to the country of maintaining so many people without health insurance. The book explores the potential economic and societal benefits that could be realized if everyone had health insurance on a continuous basis, as people over age 65 currently do with Medicare. **Hidden Costs, Value Lost** concludes that the estimated benefits across society in health years of life gained by providing the uninsured with the kind and amount of health services that the insured use, are likely greater than the additional social costs of doing so. The potential economic value to be gained in better health outcomes from uninterrupted coverage for all Americans is estimated to be between \$65 and \$130 billion each year.

cone health employee health wellness at greensboro: Maternal Child Nursing Care - E-Book Shannon E. Perry, Marilyn J. Hockenberry, Kitty Cashion, Kathryn Rhodes Alden, Ellen Olshansky, Deitra Leonard Lowdermilk, 2022-03-05 Master the essentials of maternity and pediatric nursing with this comprehensive, all-in-one text! **Maternal Child Nursing Care**, 7th Edition covers the issues and concerns of women during their childbearing years and children during their developing years. It uses a family-centered, problem-solving approach to patient care, with guidelines supported by evidence-based practice. New to this edition is an emphasis on clinical judgment skills and a new chapter on children with integumentary dysfunction. Written by a team of experts led by Shannon E. Perry and Marilyn J. Hockenberry, this book provides the accurate information you need to succeed in the classroom, the clinical setting, and on the Next Generation NCLEX-RN® examination. - Focus on the family throughout the text emphasizes the influence of the entire family in health and illness. - Expert authors of the market-leading maternity and pediatric nursing textbooks combine to ensure delivery of the most accurate, up-to-date content. - Information on victims of sexual abuse as parents and human trafficking helps prepare students to handle these delicate issues. - Nursing Alerts highlight critical information that could lead to deteriorating or emergency situations. - Guidelines boxes outline nursing procedures in an easy-to-follow format. - Evidence-Based Practice boxes include findings from recent clinical studies. - Emergency Treatment boxes describe the signs and symptoms of emergency situations and provide step-by-step interventions. - Atraumatic Care boxes teach students how to manage pain and provide competent care to pediatric patients with the least amount of physical or psychological stress. - Community Focus boxes emphasize community issues, provide resources and guidance, and illustrate nursing care in a variety of settings. - Patient Teaching boxes highlight important information nurses need to communicate to patients and families. - Cultural Considerations boxes describe beliefs and practices relating to pregnancy, labor and birth, parenting, and women's health. - Family-Centered Care boxes draw attention to the needs or concerns of families that students should consider to provide family-centered care.

cone health employee health wellness at greensboro: Dr. Patrick Walsh's Guide to Surviving Prostate Cancer Patrick C. Walsh, Janet Farrar Worthington, 2018-05-15 This guide covers every aspect of prostate cancer, from potential causes including diet to tests for diagnosis, curative treatment, and innovative means of controlling advanced stages of cancer.

cone health employee health wellness at greensboro: Unequal Treatment Institute of Medicine, Board on Health Sciences Policy, Committee on Understanding and Eliminating Racial and Ethnic Disparities in Health Care, 2009-02-06 Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In **Unequal Treatment**, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? **Unequal Treatment** offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a

detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. Unequal Treatment will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

cone health employee health wellness at greensboro: Emergency Care J. David Bergeron, Daniel J. Limmer, Michael F. O'Keefe, Edward T. Dickinson, Bob Murray, Harvey T. Grant, 2020-02-24 This print textbook is available for students to rent for their classes. The Pearson print rental program provides students with affordable access to learning materials, so they come to class ready to succeed. For courses in emergency medical technician training and emergency medical services. This ISBN is for the bound textbook, which students can rent through their bookstore. A standard in EMS Education for over 35 years - now with a bold, new approach and updated artwork and images For over 35 years, Emergency Care has provided generations of EMT students with the practical information they need to succeed in the classroom and in the field. Using the National EMS Education Standards as a foundation, the text goes beyond the Standards to provide the most current, accurate reflection of EMS practice today. Multiple critical-thinking and decision-based features throughout help students integrate the need-to-know material of the classroom with the reality of being an EMT on the street. The 14th Edition has been updated throughout with the addition of more photos, fine-tuned patient care features, and significant reorganization involving the assessment, treatment, and care of children and older adults. This title is also available digitally via MyLab BRADY , which includes the Pearson eText. These options give students affordable access to learning materials, so they come to class ready to succeed.

cone health employee health wellness at greensboro: Changing Dynamics of Integrated Health Care Dean C. Coddington, Frank Kenneth Ackerman, Elizabeth A. Fischer, 2000

cone health employee health wellness at greensboro: Shelter in a Time of Storm Jelani M. Favors, 2019-02-08 2020 Museum of African American History Stone Book Award 2020 Lillian Smith Book Award Finalist, 2020 Pauli Murray Book Prize For generations, historically Black colleges and universities (HBCUs) have been essential institutions for the African American community. Their nurturing environments not only provided educational advancement but also catalyzed the Black freedom struggle, forever altering the political destiny of the United States. In this book, Jelani M. Favors offers a history of HBCUs from the 1837 founding of Cheyney State University to the present, told through the lens of how they fostered student activism. Favors chronicles the development and significance of HBCUs through stories from institutions such as Cheyney State University, Tougaloo College, Bennett College, Alabama State University, Jackson State University, Southern University, and North Carolina A&T. He demonstrates how HBCUs became a refuge during the oppression of the Jim Crow era and illustrates the central role their campus communities played during the civil rights and Black Power movements. Throughout this definitive history of how HBCUs became a vital seedbed for politicians, community leaders, reformers, and activists, Favors emphasizes what he calls an unwritten second curriculum at HBCUs, one that offered students a grounding in idealism, racial consciousness, and cultural nationalism.

cone health employee health wellness at greensboro: AJN Career Guide for ... , 1996

cone health employee health wellness at greensboro: Handbook of Research on Student Engagement Sandra L. Christenson, Amy L. Reschly, CATHY WYLIE, 2012-02-23 For more than two decades, the concept of student engagement has grown from simple attention in class to a construct comprised of cognitive, emotional, and behavioral components that embody and further develop motivation for learning. Similarly, the goals of student engagement have evolved from dropout prevention to improved outcomes for lifelong learning. This robust expansion has led to numerous lines of research across disciplines and are brought together clearly and comprehensively in the Handbook of Research on Student Engagement. The Handbook guides readers through the field's rich history, sorts out its component constructs, and identifies knowledge gaps to be filled by future research. Grounding data in real-world learning situations, contributors analyze indicators and

facilitators of student engagement, link engagement to motivation, and gauge the impact of family, peers, and teachers on engagement in elementary and secondary grades. Findings on the effectiveness of classroom interventions are discussed in detail. And because assessing engagement is still a relatively new endeavor, chapters on measurement methods and issues round out this important resource. Topical areas addressed in the Handbook include: Engagement across developmental stages. Self-efficacy in the engaged learner. Parental and social influences on engagement and achievement motivation. The engaging nature of teaching for competency development. The relationship between engagement and high-risk behavior in adolescents. Comparing methods for measuring student engagement. An essential guide to the expanding knowledge base, the Handbook of Research on Student Engagement serves as a valuable resource for researchers, scientist-practitioners, and graduate students in such varied fields as clinical child and school psychology, educational psychology, public health, teaching and teacher education, social work, and educational policy.

cone health employee health wellness at greensboro: *Making Research Relevant* Kelly L. Wester, Carrie A. Wachter Morris, 2018-06-14 Making Research Relevant is the ideal core textbook for master's-level introduction to research methods courses in mental health. Accessible and user friendly, it is designed to help trainees and practitioners understand, connect, and apply research to clinical practice and day-to-day work with students and clients. The text covers foundational concepts like research ethics and how to best consume research, as well as 11 applied, evaluative, and outcome-based research methods. Easy-to-read chapters are infused with case examples from diverse settings and paired with brief video lectures, which provide vignettes to guide application and visual components that demonstrate how research methods can benefit mental health practitioners in real-world scenarios.

cone health employee health wellness at greensboro: Schoolwide Collaboration for Transformative Social Emotional Learning Kristy Hill, Abbie Harriman, Amy Grosso, 2021-08-05 Schools and libraries can make a difference by teaching kids how to identify and cope with emotions, how to communicate with confidence and empathy, and how to persevere even when things are difficult. The authors of this helpful text define transformative social-emotional learning and its impact on students and schools. They present current brain research to support social-emotional programming in a whole school program with collaborative lesson ideas adaptable to all age levels for the use of counselors, librarians, administrators, classroom teachers, and all special area teachers. All lessons provide lists of extended student and faculty readings. Illustrating and highlighting how social-emotional programming helps foster and transform the culture of a school to one of belonging and acceptance, the authors also provide necessary application lessons for all educators in all areas of a school, including ideas for such common areas as playgrounds, cafeterias, classrooms, and libraries, and even ideas for implementation by school administrators. Research cited predicts desired outcomes, including a culture of belonging, increased student engagement and achievement, and a more compassionate school staff. Ideas and activities provided for professional development for educators benefit students and staff alike.

cone health employee health wellness at greensboro: *National Guide to Funding in Health* , 1999

cone health employee health wellness at greensboro: *Health Information for International Travel 2005-2006* Paul Arguin, 2005

cone health employee health wellness at greensboro: *Leading an Academic Medical Practice* Lee B. Lu,

cone health employee health wellness at greensboro: Management of Healthcare Organizations Peter Olden, 2019 Management of Healthcare Organizations: An Introduction provides an integrated, practical approach to management that is applicable to all kinds of healthcare organizations. The book prepares future managers and leaders to assess situations and develop solutions with confidence. -- Publisher's website.

cone health employee health wellness at greensboro: *Healthcare Design* Sara O.

Marberry, 1996-10-21 Comprehensive coverage of healthcare design fundamentals--from the field's top professionals Healthcare Design examines all of the basic elements necessary to create physical environments that enhance the quality of healthcare delivery. Written by practicing professionals, educators, and other experts in the field, this book is an essential cornerstone for anyone building a career in healthcare design. Combining important concepts with practical guidance, this definitive resource: * Covers planning, designing, and furnishing of cost-effective, efficient facilities that serve patient needs * Contains product specification information for a range of design components--from floorcoverings and ceilings to furniture, lighting, textiles, and more * Addresses current topics such as wayfinding, green design, healing art, and therapeutic effects of landscape architecture * Features a wide selection of photographs, including an eight page full-color insert As massive changes in healthcare financing and delivery sweep the industry, the question of how to create facilities that address market considerations, satisfy government regulations, and accommodate patient needs is setting the agenda for today's healthcare design professionals. Healthcare Design is the first comprehensive source of the basic information and resources necessary to plan, design, and furnish efficient physical environments that facilitate quality healthcare delivery. Written for architects, designers, and planners who are new to this growing field, the book presents key contributions from leading experts within an overall framework based on the healthcare design certificate program offered by New York University. Practical ideas are provided for every stage of the design process--from site visits and programming to design implementation and evaluation. You'll also find extensive product guidance and coverage of new trends such as green design and therapeutic effects of landscape architecture. The photographs that accompany the text--many in color--vividly illustrate the design concepts while showcasing the work of some of the best professionals in the business. Well-organized and clearly written, Healthcare Design is a valuable reference for anyone taking on the exciting design challenges in healthcare today.

cone health employee health wellness at greensboro: Ragged Gretchen Ronnevik, Elyse Fitzpatrick, 2021-05-11 When we mistake spiritual disciplines for to-dos, time slots on our schedule, or Instagram-able moments, we miss the benefits of Christ's continual and constant work for us. In Ragged, Gretchen Ronnevik aims to reclaim spiritual disciplines as good gifts given by our good Father instead of heavy burdens of performance carried by the Christian. Only when we recognize our failures to maintain God's commands do we also realize the benefit of our dependence on his promises. Gretchen uses this distinction on law and gospel, presented throughout Scripture, to guide readers through spiritual disciplines including prayer, meditation, Scripture reading, and discipleship among others. Despite our best efforts, the good news is that spiritual disciplines have less to do with what we bring before God and more about who Christ is for us, not only as the author but also as the perfecter of our faith.

cone health employee health wellness at greensboro: Quality Affordable Healthcare for All Americans Us Government, 2018-09-30 This book was updated September 30, 2018. It is comprised of the Chapter 157 of the US CODE.

cone health employee health wellness at greensboro: Recovering From Rape Linda E. Ledray, 2015-09-01 From clinical psychologist Linda E. Ledray, Recovering from Rape is a comprehensive handbook offering emotional support and practical guidance to survivors and their loved ones in coping and overcoming the trauma of rape. If you have been sexually assaulted, you are probably experiencing a mix of fear, anger, and depression. If you are a relative, friend, or lover of someone who has been assaulted, you too may be deeply affected by the incident and by the survivor's reaction to it. However, working together, survivors and their loved ones can recover and may even be able to turn the recovery into an opportunity for positive change and growth. The experiences of survivors recounted throughout this book reassure readers that others have pulled through. Dr. Ledray helps survivors realize that no matter what they did--wore a low-cut blouse, accepted a ride from a stranger, invited an acquaintance home--they did not deserve to be raped. She guides them from guilt or disbelief through bitterness and despair to the decision to take back control of their lives. In addition, this comprehensive handbook explains what to expect at the police

station, at the hospital, and, if necessary, in court. It covers such health issues as incest, STD treatments, and post-traumatic stress disorder, and legal information on prosecution and bail, DNA testing, and rape law. An essential resource, *Recovering from Rape* helps readers learn the most effective ways of dealing with their feelings immediately following an assault, during the subsequent few months, and beyond.

cone health employee health wellness at greensboro: *All the Devils Are Here* Louise Penny, 2020-09-01 INSTANT #1 NEW YORK TIMES BESTSELLER PARADE MAGAZINE - ONE OF FALL'S MOST ANTICIPATED BOOKS AARP'S MOST ANTICIPATED BOOKS OF FALL CRIMEREADS - ONE OF THE BEST TRADITIONAL MYSTERIES OF THE YEAR GLOBE AND MAIL - TOP 100 BOOKS OF THE YEAR CHRISTIAN SCIENCE MONITOR - ONE OF THE BEST NOVELS OF THE YEAR KIRKUS REVIEWS - ONE OF THE BEST MYSTERIES/THRILLERS OF THE YEAR LIBRARY JOURNAL - ONE OF THE BEST CRIME FICTION BOOKS OF THE YEAR The 16th novel by #1 bestselling author Louise Penny finds Chief Inspector Armand Gamache of the Sûreté du Québec investigating a sinister plot in the City of Light On their first night in Paris, the Gamaches gather as a family for a bistro dinner with Armand's godfather, the billionaire Stephen Horowitz. Walking home together after the meal, they watch in horror as Stephen is knocked down and critically injured in what Gamache knows is no accident, but a deliberate attempt on the elderly man's life. When a strange key is found in Stephen's possession it sends Armand, his wife Reine-Marie, and his former second-in-command at the Sûreté, Jean-Guy Beauvoir, from the top of the Tour d'Eiffel, to the bowels of the Paris Archives, from luxury hotels to odd, coded, works of art. It sends them deep into the secrets Armand's godfather has kept for decades. A gruesome discovery in Stephen's Paris apartment makes it clear the secrets are more rancid, the danger far greater and more imminent, than they realized. Soon the whole family is caught up in a web of lies and deceit. In order to find the truth, Gamache will have to decide whether he can trust his friends, his colleagues, his instincts, his own past. His own family. For even the City of Light casts long shadows. And in that darkness devils hide.

cone health employee health wellness at greensboro: *Directory* American College of Healthcare Executives, 2000

cone health employee health wellness at greensboro: *Primary Angioplasty* Timothy J Watson, Paul JL Ong, James E Tcheng, 2018-07-13 This book is open access under a CC BY 4.0 license. This quick-reference handbook offers a concise and practical review of key aspects of the treatment of ST-segment elevation myocardial infarction (STEMI) in the era of primary percutaneous coronary intervention (PPCI). In the context of STEMI, PPCI is the preferred mode of emergency revascularization. Access to PPCI is rapidly increasing and is now routinely practiced in both general and specialist hospitals and there has been a recent emphasis on developing STEMI networks to enhance and expedite the referral pathway. This coupled with concurrent developments to enhance the safety and efficacy of the PPCI procedure has heralded an era where STEMI interventions are increasingly considered an important subspecialty within interventional cardiology. Written by leading cardiologists who have been instrumental in the adoption of PPCI in their respective institutions, the book provides junior and senior cardiologists alike with insightful and thought-provoking tips and tricks to enhance the success of PPCI procedures, which may in turn translate into direct improvements in outcomes. The book is also relevant for healthcare providers and emergency department physicians.

cone health employee health wellness at greensboro: *Cultural Ergonomics* Tonya L. Smith-Jackson, Marc L. Resnick, Kayenda T. Johnson, 2013-12-10 Even when products and systems are highly localized, rarely is there one design suitable for a single, mono-cultural population of users. The products and systems created and used are cultural artifacts representing shared cognitions that characterize mental models that result from interactions with physical environments. Thus, culture is embedded and impacts the extent to which products are usable, accessible, useful, and safe. Products and systems that deviate from users' mental models may have negative consequences for users, ranging from minor annoyance to more serious consequences such as

severe injury or death. Both an introduction and a primer, *Cultural Ergonomics: Theory, Methods, and Applications* demonstrates how cultural ergonomics can be applied in research and practitioner contexts. It covers selection of theories, descriptions of research designs, methods to analyze the results, case studies, and strategies used to draw inferences and conclusions in a vast array of areas including occupational safety, global issues, emergency management, human-computer interaction, warnings and risk communications, and product design. Human factors/ergonomics, as a discipline, is slowly integrating cultural ergonomics into efforts to explore human capabilities and limitations in the context of design and evaluation. Edited by experts and containing contributions from pioneers in this area, this book provides examples and methodologies within a human factors framework. It provides systematic methods to apply what is learned from analysis of culture to the design, development, and evaluation of products and systems.

cone health employee health wellness at greensboro: *Annual Report of the Duke Endowment* Duke Endowment, 2007

cone health employee health wellness at greensboro: *Grant\$ for Public Health and Diseases* , 2000

cone health employee health wellness at greensboro: *North Carolina Manual* North Carolina. Secretary of State, 2003

cone health employee health wellness at greensboro: *Substance Abuse Among Older Adults* , 1998

cone health employee health wellness at greensboro: *Health Needs of the Elderly* Gill Garrett, 1987 Since the first edition of this book was published the population profile for the elderly has continued to swell. How many elderly people are there? Where are they now? How well off are they? The new edition answers these and many more key questions and takes a fresh look at approaches to planning future health care. The original text has been updated throughout and there are suggestions for additional reading at the end of each chapter. The future of our ageing society is considered in depth, alongside the necessity to prepare nurses to meet the inevitable future health needs of the elderly.

cone health employee health wellness at greensboro: *Nursing Opportunities* , 1992

cone health employee health wellness at greensboro: *Auto Safety Hotline* , 1986

cone health employee health wellness at greensboro: *Directory of Biomedical and Health Care Grants* , 2005

Additional Resources

cone health employee health wellness at greensboro

[Cone Health Employee Health Wellness At Greensboro](#)

Cone Health Employee Health Wellness At Greensboro

Related Articles

- [contexto 624 answer](#)
- [daya mental health and wellness](#)
- [corporate health and wellness association](#)

[Back to Home](#)