

CAROLINA BEHAVIORAL HEALTH AND WELLNESS

CAROLINA BEHAVIORAL HEALTH AND WELLNESS: YOUR PATH TO A HEALTHIER, HAPPIER YOU

ARE YOU FEELING OVERWHELMED, STRESSED, OR JUST PLAIN STUCK? LIFE'S CHALLENGES CAN LEAVE US FEELING LOST AND UNSURE OF WHERE TO TURN. AT CAROLINA BEHAVIORAL HEALTH AND WELLNESS, WE UNDERSTAND. THIS COMPREHENSIVE GUIDE DIVES DEEP INTO THE RESOURCES AND SERVICES AVAILABLE TO HELP YOU NAVIGATE THE COMPLEXITIES OF MENTAL AND EMOTIONAL WELL-BEING, FOCUSING SPECIFICALLY ON THE EXCEPTIONAL SUPPORT AVAILABLE IN THE CAROLINA REGION. WE'LL EXPLORE THE VARIOUS TREATMENT OPTIONS, DISCUSS THE IMPORTANCE OF SELF-CARE, AND POINT YOU TOWARDS FINDING THE RIGHT PATH TO A HEALTHIER, HAPPIER YOU. LET'S EMBARK ON THIS JOURNEY TOGETHER!

UNDERSTANDING THE IMPORTANCE OF BEHAVIORAL HEALTH AND WELLNESS

BEFORE WE DELVE INTO THE SPECIFICS OF CAROLINA BEHAVIORAL HEALTH AND WELLNESS SERVICES, IT'S CRUCIAL TO UNDERSTAND THE FUNDAMENTAL IMPORTANCE OF PRIORITIZING YOUR MENTAL AND EMOTIONAL WELL-BEING. BEHAVIORAL HEALTH ENCOMPASSES OUR EMOTIONAL, PSYCHOLOGICAL, AND SOCIAL WELL-BEING. IT'S NOT JUST ABOUT THE ABSENCE OF MENTAL ILLNESS; IT'S ABOUT ACTIVELY CULTIVATING A LIFE FILLED WITH PURPOSE, RESILIENCE, AND GENUINE HAPPINESS. NEGLECTING YOUR BEHAVIORAL HEALTH CAN LEAD TO A RANGE OF ISSUES, IMPACTING EVERYTHING FROM YOUR RELATIONSHIPS AND WORK PERFORMANCE TO YOUR PHYSICAL HEALTH. JUST AS WE PRIORITIZE PHYSICAL HEALTH WITH REGULAR CHECK-UPS AND EXERCISE, INVESTING IN OUR BEHAVIORAL HEALTH IS EQUALLY CRUCIAL FOR A FULFILLING LIFE.

THE SCOPE OF SERVICES OFFERED IN CAROLINA BEHAVIORAL HEALTH AND WELLNESS

THE LANDSCAPE OF BEHAVIORAL HEALTH SERVICES IN CAROLINA IS VAST AND DIVERSE, CATERING TO A WIDE SPECTRUM OF NEEDS. MANY PROVIDERS OFFER A RANGE OF SERVICES, INCLUDING:

INDIVIDUAL THERAPY: THIS INVOLVES ONE-ON-ONE SESSIONS WITH A LICENSED THERAPIST TO ADDRESS SPECIFIC ISSUES LIKE ANXIETY, DEPRESSION, TRAUMA, RELATIONSHIP PROBLEMS, OR LIFE TRANSITIONS. DIFFERENT THERAPEUTIC APPROACHES ARE AVAILABLE, ALLOWING YOU TO FIND THE BEST FIT FOR YOUR NEEDS. COGNITIVE BEHAVIORAL THERAPY (CBT), DIALECTICAL BEHAVIOR THERAPY (DBT), AND PSYCHODYNAMIC THERAPY ARE JUST A FEW EXAMPLES.

GROUP THERAPY: GROUP THERAPY OFFERS A SUPPORTIVE ENVIRONMENT WHERE INDIVIDUALS WITH SHARED EXPERIENCES CAN CONNECT, LEARN COPING MECHANISMS, AND BENEFIT FROM THE COLLECTIVE WISDOM OF THE GROUP. THIS CAN BE PARTICULARLY HELPFUL FOR INDIVIDUALS DEALING WITH SOCIAL ANXIETY, ADDICTION, OR GRIEF.

FAMILY THERAPY: FAMILY THERAPY ADDRESSES RELATIONSHIP DYNAMICS AND COMMUNICATION PATTERNS WITHIN FAMILIES. IT CAN BE INCREDIBLY BENEFICIAL IN RESOLVING CONFLICTS, IMPROVING COMMUNICATION, AND FOSTERING A HEALTHIER FAMILY ENVIRONMENT.

MEDICATION MANAGEMENT: FOR SOME INDIVIDUALS, MEDICATION MAY BE A NECESSARY COMPONENT OF THEIR TREATMENT PLAN. PSYCHIATRISTS AND OTHER QUALIFIED MEDICAL PROFESSIONALS CAN ASSESS THE NEED FOR MEDICATION AND MONITOR ITS EFFECTIVENESS.

SUBSTANCE ABUSE TREATMENT: MANY CENTERS IN CAROLINA PROVIDE COMPREHENSIVE SUBSTANCE ABUSE TREATMENT PROGRAMS, INCLUDING DETOXIFICATION, COUNSELING, AND ONGOING SUPPORT. THESE PROGRAMS ADDRESS THE MULTIFACETED NATURE OF ADDICTION AND PROVIDE A PATHWAY TO RECOVERY.

DUAL DIAGNOSIS TREATMENT: MANY INDIVIDUALS STRUGGLE WITH BOTH A MENTAL HEALTH CONDITION AND A SUBSTANCE ABUSE PROBLEM. SPECIALIZED PROGRAMS IN CAROLINA OFFER INTEGRATED TREATMENT FOR DUAL DIAGNOSIS, ADDRESSING BOTH ISSUES CONCURRENTLY.

FINDING THE RIGHT BEHAVIORAL HEALTH PROVIDER IN CAROLINA

NAVIGATING THE WORLD OF BEHAVIORAL HEALTH SERVICES CAN FEEL OVERWHELMING. TO FIND THE RIGHT PROVIDER FOR YOU, CONSIDER THE FOLLOWING:

TYPE OF SERVICES OFFERED: IDENTIFY THE SPECIFIC SERVICES YOU NEED (E.G., INDIVIDUAL THERAPY, MEDICATION MANAGEMENT, GROUP THERAPY).

INSURANCE COVERAGE: CHECK WITH YOUR INSURANCE PROVIDER TO DETERMINE WHICH PROVIDERS ARE IN THEIR NETWORK.

THERAPIST'S EXPERIENCE AND SPECIALIZATION: LOOK FOR THERAPISTS WITH EXPERIENCE IN ADDRESSING YOUR SPECIFIC CONCERNS.

PERSONAL CONNECTION: IT'S CRUCIAL TO FEEL COMFORTABLE AND CONNECTED WITH YOUR THERAPIST. MANY PROVIDERS OFFER INITIAL CONSULTATIONS TO HELP YOU DETERMINE IF IT'S A GOOD FIT.

LOCATION AND ACCESSIBILITY: CHOOSE A PROVIDER THAT IS CONVENIENTLY LOCATED AND ACCESSIBLE TO YOU.

ONLINE RESOURCES AND YOUR PRIMARY CARE PHYSICIAN CAN ALSO BE INVALUABLE RESOURCES IN YOUR SEARCH.

SELF-CARE STRATEGIES TO COMPLEMENT PROFESSIONAL HELP

WHILE PROFESSIONAL HELP IS ESSENTIAL FOR MANY, SELF-CARE PRACTICES SIGNIFICANTLY ENHANCE YOUR OVERALL BEHAVIORAL HEALTH. CONSIDER INCORPORATING THESE STRATEGIES INTO YOUR DAILY ROUTINE:

REGULAR EXERCISE: PHYSICAL ACTIVITY RELEASES ENDORPHINS, WHICH HAVE MOOD-BOOSTING EFFECTS.

MINDFULNESS AND MEDITATION: THESE PRACTICES HELP TO QUIET THE MIND, REDUCE STRESS, AND IMPROVE SELF-AWARENESS.

HEALTHY DIET: NOURISHING YOUR BODY WITH HEALTHY FOODS SUPPORTS OVERALL WELL-BEING.

SUFFICIENT SLEEP: ADEQUATE SLEEP IS CRUCIAL FOR PHYSICAL AND MENTAL RESTORATION.

STRONG SOCIAL CONNECTIONS: MAINTAIN SUPPORTIVE RELATIONSHIPS WITH FRIENDS AND FAMILY.

ENGAGING IN HOBBIES AND ACTIVITIES YOU ENJOY: MAKE TIME FOR ACTIVITIES THAT BRING YOU JOY AND RELAXATION.

CONCLUSION

CAROLINA BEHAVIORAL HEALTH AND WELLNESS OFFERS A LIFELINE TO INDIVIDUALS SEEKING SUPPORT FOR THEIR MENTAL AND EMOTIONAL WELL-BEING. BY UNDERSTANDING THE AVAILABLE SERVICES, FINDING THE RIGHT PROVIDER, AND INCORPORATING SELF-CARE STRATEGIES, YOU CAN EMBARK ON A PATH TOWARDS A HEALTHIER, HAPPIER, AND MORE FULFILLING LIFE. REMEMBER, SEEKING HELP IS A SIGN OF STRENGTH, NOT WEAKNESS. TAKE THE FIRST STEP TODAY AND PRIORITIZE YOUR WELL-BEING.

FAQs

1. WHAT TYPES OF INSURANCE ARE ACCEPTED BY CAROLINA BEHAVIORAL HEALTH AND WELLNESS PROVIDERS? THIS VARIES SIGNIFICANTLY DEPENDING ON THE INDIVIDUAL PROVIDER. IT'S CRUCIAL TO CONTACT THE PROVIDER DIRECTLY OR CHECK THEIR WEBSITE FOR SPECIFIC INSURANCE INFORMATION.
1. HOW LONG DOES IT TYPICALLY TAKE TO SEE RESULTS FROM THERAPY? THE TIMELINE VARIES GREATLY DEPENDING ON THE

INDIVIDUAL, THE SEVERITY OF THE ISSUE, AND THE TYPE OF THERAPY BEING USED. PROGRESS IS OFTEN GRADUAL, WITH NOTICEABLE IMPROVEMENTS SEEN OVER TIME.

1. IS IT EXPENSIVE TO RECEIVE BEHAVIORAL HEALTH SERVICES IN CAROLINA? COSTS DEPEND ON THE TYPE OF SERVICE, THE PROVIDER, AND INSURANCE COVERAGE. MANY PROVIDERS OFFER SLIDING-SCALE FEES OR ACCEPT MEDICAID AND OTHER PUBLIC INSURANCE OPTIONS.
1. WHAT IF I DON'T FEEL A GOOD CONNECTION WITH MY THERAPIST? IT'S PERFECTLY ACCEPTABLE TO SWITCH THERAPISTS IF YOU DON'T FEEL A COMFORTABLE CONNECTION. FINDING THE RIGHT THERAPIST IS A PERSONAL PROCESS, AND A STRONG THERAPEUTIC ALLIANCE IS CRUCIAL FOR EFFECTIVE TREATMENT.
1. WHERE CAN I FIND A LIST OF BEHAVIORAL HEALTH PROVIDERS IN MY SPECIFIC AREA OF CAROLINA? ONLINE DIRECTORIES, YOUR PRIMARY CARE PHYSICIAN, AND LOCAL MENTAL HEALTH ORGANIZATIONS CAN PROVIDE VALUABLE RESOURCES IN LOCATING PROVIDERS IN YOUR AREA.

Carolina behavioral health and wellness: Rediscovering Travel: A Guide for the Globally Curious Seth Kugel, 2018-11-13 A revolutionary philosophy for rookie and veteran travelers alike, *Rediscovering Travel* “gets to the heart of why we travel” (Matt Kepnes, “Nomadic Matt”). Having captivated millions during his tenure as the New York Times’s “Frugal Traveler,” Seth Kugel is one of our most internationally beloved travel writers. With the initial publication of *Rediscovering Travel*, he took the corporate modern travel industry to task, determined to reignite an age-old sense of adventure that has virtually been vanquished by the spontaneity-obliterating likes of Google Maps, TripAdvisor, and Starwood points. Now in travel-friendly paperback, this “funny, inspiring and well-crafted” companion (Associated Press) reveals how to make the most of new apps and other digital technologies without being shackled to them. Writing for the tight-belted tourists and the first-class flyer, the eager student and the comfort-seeking retiree, Kugel shows all readers “not only where to look, but how” (Samantha Brown), and promises that we too can rediscover the joy of discovery. “Travel is not about the destination but the experience. . . . That’s what makes [it] so appealing, so addictive, and that’s what makes *Rediscovering Travel* so necessary.” — Peter Greenberg

Carolina behavioral health and wellness: Beyond White Mindfulness Crystal M. Fleming, Veronica Y. Womack, Jeffrey Proulx, 2022-02-17 *Beyond White Mindfulness: Critical Perspectives on Racism, Well-being, and Liberation* brings together interdisciplinary perspectives on mind-body interventions, group-based identities, and social justice. Marshalling both empirical data and theoretical approaches, the book examines a broad range of questions related to mindfulness, meditation, and diverse communities. While there is growing public interest in mind-body health, holistic wellness, and contemplative practice, critical research examining on these topics featuring minority perspectives and experiences is relatively rare. This book draws on cutting edge insights from psychology, sociology, gender, and, critical race theory to fill this void. Major themes include culture, identity, and awareness; intersectional approaches to the study of mindfulness and minority stress; cultural competence in developing and teaching mindfulness-based health interventions, and the complex relationships between mindfulness, inequality, and social justice. The first book of its kind to bring together scholarly and personal reflections on mindfulness for diverse populations,

Beyond White Mindfulness offers social science students and practitioners in this area a new perspective on mindfulness and suggestions for future scholarship.

carolina behavioral health and wellness: Seeking Value Wesley E. Sowers, M.D., Jules M. Ranz, M.D., Group for the Advancement of Psychiatry, 2020-11-10 The U.S. health care system is the most expensive in the world by a considerable margin, yet health indicators are among the worst in the developed world. *Seeking Value: Balancing Cost and Quality in Psychiatric Care*, a comprehensive volume by the Group for the Advancement of Psychiatry's Mental Health Services Committee, examines the factors that have contributed to this disparity and offers a holistic vision for health care reform—one in which the psychiatric profession plays a pivotal role. From cost consciousness in the prescribing of medications and forming alliances with other health professionals to rethinking the way health care is financed and efforts to eliminate counterproductive incarceration practices, this guide outlines individual, systemic, and sociopolitical interventions that will position readers to effect substantive change both in the short term and in the long term. Beyond spurring thought and conversation around how to improve value in the services the psychiatric profession provides and the systems in which it operates, this book will equip those looking to develop a concrete advocacy agenda and the strategies needed to see it realized.

carolina behavioral health and wellness: Public Mental Health Marketing Donald Self, 2013-01-11 Here is a diverse compilation of current knowledge in public mental health marketing. A balanced collection of both research and how-to chapters, *Public Mental Health Marketing* helps practitioners and researchers learn to target specific groups more effectively, increasing their marketing effectiveness to benefit both mental health agencies and the people they serve. It presents a cross section of recent research on the many participants in the mental health system, including clients, donors, internal stakeholders, and the general public. Over a dozen chapters focus on the marketing of local, state, and national mental health agencies and their relationships with their various clienteles. This helpful book contains original research, tutorials, and case studies in areas such as the public as a target market, primary and secondary consumers' views of the system, referral and secondary resource markets, adolescents as a prevention and intervention market, and promotional and evaluative tools. Learn about the principles of marketing as they relate to mental health professionals; the use of fear appeals in public service announcements; building a marketing environment in community mental health settings; an analysis of changes in the marketing of mental health products to government, business, and industry; and strategies to identify and reach adolescents at risk for drug and alcohol abuse. *Public Mental Health Marketing* also contains abstracts for nearly one hundred recent articles and monographs that are useful to researchers and practitioners of marketing in the mental health field. Public information and public relations officers in local, state, and national mental health agencies, and academic and public policy researchers from both the mental health and marketing disciplines will find the information they need to increase the effectiveness of their work.

carolina behavioral health and wellness: Peace Begins When Family Violence Ends Chelsea Elizabeth Greene, 2014-09-18 Family Violence Domestic Violence Child Abuse Not easy topics to read about, not easy to talk about, but you can heal and forgive and be completely free. You can be the beginning of peace. If you have experienced family violence at any level, it could be that your parents struggled with domestic violence, or your family just had feuds and disagreements that hurt one generation to the next. Family violence always hurts and perpetuates violence. It looks different behind the mask of illusions. Peace begins with you. You can change the negative impacts, heal the psychological, spiritual, and emotional wounds. You can mend the heart, heal the physical body, and ultimately free the psyche. When you heal, your family heals; when your family heals, your children and their children heal. Family violence is intergenerational, and peace begins when you say yes to peace. The violence stops when you have the courage to say yes to peace. Poetry is a tool; healing and restorative poetry is a creative art. This coffee-table poetry book, *Peace Begins When Family Violence Ends*, is an initiation and invitation for you to choose forgiveness and peace.

carolina behavioral health and wellness: Courage to Change—One Day at a Time in

Al-Anon II Al-Anon Family Groups, 2018-08-01 More daily inspiration from a fresh, diverse perspective. Insightful reflections reveal surprisingly simple things that can transform lives.

carolina behavioral health and wellness: Behavioral Health Barometer (United States) - Volume 5 U.S. Department of Health and Human Services, 2019-11-19 The Behavioral Health Barometer: United States, Volume 5: Indicators as measured through the 2017 National Survey on Drug Use and Health and the National Survey of Substance Abuse Treatment Services, is one of a series of national, regional, and state reports that provide a snapshot of behavioral health in the United States. The reports present a set of substance use and mental health indicators as measured through the National Survey on Drug Use and Health (NSDUH) and the National Survey of Substance Abuse Treatment Services (N-SSATS), sponsored by SAMHSA.

carolina behavioral health and wellness: Improving the Quality of Health Care for Mental and Substance-Use Conditions Institute of Medicine, Board on Health Care Services, Committee on Crossing the Quality Chasm: Adaptation to Mental Health and Addictive Disorders, 2006-03-29 Each year, more than 33 million Americans receive health care for mental or substance-use conditions, or both. Together, mental and substance-use illnesses are the leading cause of death and disability for women, the highest for men ages 15-44, and the second highest for all men. Effective treatments exist, but services are frequently fragmented and, as with general health care, there are barriers that prevent many from receiving these treatments as designed or at all. The consequences of this are serious—for these individuals and their families; their employers and the workforce; for the nation's economy; as well as the education, welfare, and justice systems. Improving the Quality of Health Care for Mental and Substance-Use Conditions examines the distinctive characteristics of health care for mental and substance-use conditions, including payment, benefit coverage, and regulatory issues, as well as health care organization and delivery issues. This new volume in the Quality Chasm series puts forth an agenda for improving the quality of this care based on this analysis. Patients and their families, primary health care providers, specialty mental health and substance-use treatment providers, health care organizations, health plans, purchasers of group health care, and all involved in health care for mental and substance-use conditions will benefit from this guide to achieving better care.

carolina behavioral health and wellness: Ties That Enable Teresa L. Scheid, S. Megan Smith, 2021-08-13 Communities are the primary source of social solidarity, and given the diversity of communities, solutions to the problems faced by individuals living with severe mental health problems must start with community level initiatives. Ties that Enable examines the role of a faith-based community group in providing a sense of place and belonging as well as reinforcing a valued social identity.

carolina behavioral health and wellness: Communities in Action National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Community-Based Solutions to Promote Health Equity in the United States, 2017-04-27 In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. Communities in Action: Pathways to Health Equity seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

carolina behavioral health and wellness: Responding to Family Violence Christine E. Murray, Kelly N. Graves, 2013-05-07 The comprehensive theory- and research-based guidelines provided in this text help answer the personal and professional questions therapists have as they provide competent clinical treatment to clients who have experienced family violence. It presents academic, scholarly, and statistical terms in an accessible and user-friendly way, with useful take-away points for practitioners such as clarifying contradictory findings, summarizing major research-based implications and guidelines, and addressing the unique clinical challenges faced by mental health professionals. Both professionals and students in graduate-level mental health training programs will find the presentation of information and exercises highly useful, and will appreciate the breadth of topics covered: intimate partner violence, battering, child maltreatment and adult survivors, co-occurring substance abuse, the abuse of vulnerable populations, cultural issues, prevention, and self-care. Professionals and students alike will find that, with this book, they can help their clients overcome the significant traumas and challenges they face to let their strength and resilience shine through.

carolina behavioral health and wellness: Evaluation of the Department of Veterans Affairs Mental Health Services National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee to Evaluate the Department of Veterans Affairs Mental Health Services, 2018-03-29 Approximately 4 million U.S. service members took part in the wars in Afghanistan and Iraq. Shortly after troops started returning from their deployments, some active-duty service members and veterans began experiencing mental health problems. Given the stressors associated with war, it is not surprising that some service members developed such mental health conditions as posttraumatic stress disorder, depression, and substance use disorder. Subsequent epidemiologic studies conducted on military and veteran populations that served in the operations in Afghanistan and Iraq provided scientific evidence that those who fought were in fact being diagnosed with mental illnesses and experiencing mental health-related outcomes—in particular, suicide—at a higher rate than the general population. This report provides a comprehensive assessment of the quality, capacity, and access to mental health care services for veterans who served in the Armed Forces in Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn. It includes an analysis of not only the quality and capacity of mental health care services within the Department of Veterans Affairs, but also barriers faced by patients in utilizing those services.

carolina behavioral health and wellness: Latinx Mental Health: From Surviving to Thriving Delgado-Romero, Edward A., 2022-10-14 Despite similar vulnerability to mental illness as the general population, adults within the Latinx community often do not receive treatment for severe mental illnesses. Latinx communities face health disparities and lack of access to mental healthcare due to language barriers, lack of health insurance coverage, lack of cultural competence from healthcare practitioners, and more. It is essential to promote positive mental health practices within the Latinx community and to educate healthcare practitioners in cultural competence. *Latinx Mental Health: From Surviving to Thriving* focuses on the research and practical experiences that foster cultural resilience and strength. Rather than advocating for an assimilative model of coping, this book focuses on the way that Latinx issues can be studied and addressed in a culturally and linguistically appropriate way. This publication seeks to inspire a new generation of mental health researchers and practitioners to engage with the Latinx population in a strength-based way. Covering topics such as LGBTQ+ Latinxs, health disparities, and intergenerational trauma, this premier reference work is an excellent resource for psychologists, psychiatrists, therapists, sociologists, government officials, healthcare professionals, students and faculty of higher education, librarians, researchers, and academicians.

carolina behavioral health and wellness: Community Psychology and Community Mental Health Geoffrey Nelson, Bret Kloos, Jose Ornelas, 2014-08-13 Mental health practices and programs around the world face growing criticism from policymakers, consumers, and service providers for being ineffective, overly reliant on treatment by professionals, and overly focused on symptoms.

Many have called for new paradigms of mental health and new practices that can better support recovery, community integration, and adaptive functioning for persons diagnosed with psychiatric disabilities. While there has recently been much discourse about transformation and recovery, there has yet to be a critical and systematic review that unpacks the concept of mental health systems transformation or that examines strategies for how to create transformative change in mental health. Community Psychology and Community Mental Health provides empirical justification and a conceptual foundation for transformative change in mental health, based on community psychology values and principles of ecology, collaboration, empowerment, and social justice. Chapters provide strategies for making changes at the level of society, policy, organizations, community settings, and mental health practices. The editors and authors draw from experience in different countries in recognition of the need to tailor change strategies to different contexts. The common experiences of the international perspectives represented underscore the importance and the need for a new paradigm while demonstrating that there are many alternatives and opportunities for pursuing transformative change. This book will be of interest to community mental health professionals, researchers, and students, as well as policymakers, administrators, and those with lived experience of mental health issues.

carolina behavioral health and wellness: The Affordable Care Act United States. Congress. Senate. Committee on Health, Education, Labor, and Pensions, 2013

carolina behavioral health and wellness: Design for Mental and Behavioral Health Mardelle McCuskey Shepley, Samira Pasha, 2017-05-18 Studies confirm that the physical environment influences health outcomes, emotional state, preference, satisfaction and orientation, but very little research has focused on mental and behavioural health settings. This book summarizes design principles and design research for individuals who are intending to design new mental and behavioural health facilities and those wishing to evaluate the quality of their existing facilities. The authors discuss mental and behavioural health systems, design guidelines, design research and existing standards, and provide examples of best practice. As behavioural and mental health populations vary in their needs, the primary focus is limited to environments that support acute care, outpatient and emergency care, residential care, veterans, pediatric patients, and the treatment of chemical dependency.

carolina behavioral health and wellness: Virtual Mental Health Care for Rural and Underserved Settings Donald M. Hilty, Matthew C. Mishkind, Tania S. Malik, Allison Crawford, 2022-10-26 This book focuses on the critical area of delivering mental health services in rural settings. It is designed as a practical guide to the technological provision of timely, effective, evidence-based care, helpful to the novice and the experienced practitioner alike. The benefits of this approach are: Improved access to and improved quality of care Technical support for providers and administrators A means of providing missing specialty care An ability to maximize scarce resources and significant flexibility for health service delivery. The book will cover how to adjust therapeutic skills to patients' needs, models of care and the particular technology used. It shows how rudimentary design of workflow can assist in integrating care, and highlights the importance of allowing for cultural needs (both rural geography and ethnic/race). Administrative issues are also addressed (e.g., privacy, reimbursement). The chapters are short and designed for maximum practicality, including learning objectives, cases and summaries emphasizing "what to do and how to do it."

carolina behavioral health and wellness: Handbook of Mental Health Administration and Management William H. Reid, Stuart B. Silver, 2013-08-21 Clinicians who understand mental health care administration in addition to their clinical fields are likely to be valuable to the organizations in which they work. This handbook is an accessible source of information for professionals coming from either clinical or management backgrounds. Sections offer coverage in: mental health administrative principles, mental health care management, business, finance and funding of care, information technology, human resources and legal issues.

carolina behavioral health and wellness: Child and Adolescent Behavioral Health Edilma

L. Yearwood, Geraldine S. Pearson, Jamesetta A. Newland, 2012-01-18 As an increasing number of children and adolescents with psychiatric symptoms go unrecognized in our current healthcare system, the ability to identify and treat these issues in multiple healthcare settings has become vitally important. With access to primary care providers increasing and a shortage of child psychiatric providers, collaboration between psychiatric, pediatric and family advanced practice nurses is essential to improving care for this vulnerable population. Child and Adolescent Behavioral Health provides a practical reference to aid in this endeavour. Written and reviewed by over 70 nurse experts, it is a must-have reference for all practitioners caring for children and adolescents.

carolina behavioral health and wellness: A Design Thinking, Systems Approach to Well-Being Within Education and Practice National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Global Health, Global Forum on Innovation in Health Professional Education, 2019-04-04 The mental health and well-being of health professionals is a topic that is broad, exceptionally relevant, and urgent to address. It is both a local and a global issue, and affects professionals in all stages of their careers. To explore this topic, the Global Forum on Innovation in Health Professional Education held a 1.5 day workshop. This publication summarizes the presentations and discussions from the workshop.

carolina behavioral health and wellness: Handbook of Mental Health in African American Youth Alfiee M. Breland-Noble, Cheryl S. Al-Mateen, Nirbhay N. Singh, 2016-01-22 This handbook fills major gaps in the child and adolescent mental health literature by focusing on the unique challenges and resiliencies of African American youth. It combines a cultural perspective on the needs of the population with best-practice approaches to interventions. Chapters provide expert insights into sociocultural factors that influence mental health, the prevalence of particular disorders among African American adolescents, ethnically salient assessment and diagnostic methods, and the evidence base for specific models. The information presented in this handbook helps bring the field closer to critical goals: increasing access to treatment, preventing misdiagnosis and over hospitalization, and reducing and ending disparities in research and care. Topics featured in this book include: The epidemiology of mental disorders in African American youth. Culturally relevant diagnosis and assessment of mental illness. Uses of dialectical behavioral therapy and interpersonal therapy. Community approaches to promoting positive mental health and psychosocial well-being. Culturally relevant psychopharmacology. Future directions for the field. The Handbook of Mental Health in African American Youth is a must-have resource for researchers, professors, and graduate students as well as clinicians and related professionals in child and school psychology, public health, family studies, child and adolescent psychiatry, family medicine, and social work.

carolina behavioral health and wellness: Health as a Virtue Melanie L. Dobson, 2014-06-25 How are we to care for our bodies and our health as part of faithful Christian living? Melanie Dobson excavates from Thomas Aquinas an answer for how contemporary Christians might live well in the midst of a very sick culture. Through a close reading of Aquinas's Treatise on Habit, Dobson reveals that the moral practice of habit does indeed include health. Thomas's keen understanding of the human person and of human longings supports the book's argument for a practice of health that directs us deep into the heart of God. Field research with clergy and missionaries offers concrete examples of the implementation of habits of health as part of the life of Christian virtue. The stories from the Clergy Health Initiative and Word Made Flesh missionary organization exhibit transformations that ushered Christian leaders into deeper love of God, neighbor, and themselves. In the end, the theology of habits of health means that our quotidian care of our bodies is not only faithful, but directs us into a life of flourishing.

carolina behavioral health and wellness: Psychiatric-Mental Health Guidelines for Advanced Practice Nurses Brenda Marshall, EdD, PMHNP-BC, ANEF, Julie Bliss, EdD, RN, Suzanne Drake, PhD, APN, 2024-12-15 Delivers a breadth of content encompassing all aspects of psych-mental health care along the provider continuum This unique clinical reference supports APRNs and PMH-NPs as they strive to provide high-quality evidence-based care to patients with mental health issues and conditions. Designed to support the ongoing needs and changing practice

requirements of these nursing professionals, this new text provides a comprehensive examination of best-practice psychiatric methods, ethical concerns, patient assessment, and management strategies. These accessible guidelines for clinicians in a variety of settings bring together scientific skills backed by theory and professional knowledge along with helpful recommendations to bolster the clinician's psychiatric skills. With an easy-to-navigate format, the book encompasses five distinct sections covering general psychiatric nursing guidelines, diagnostic specific procedures and patient treatment planning, cultural and other considerations for special populations, the administrative basics for establishing an APRN practice, and additional topics related to mental health. Reflecting expertise from authors versed in varied practice fields and numerous subspecialties, the resource combines evidence-based practice, advanced research, and practical, humanistic approaches. Key Features: Provides comprehensive psychiatric-mental health guidelines to advanced practice nurses in easy-to-access format Delivers step-by-step coverage of conducting psychiatric assessments and making referrals Covers polypharmacy, differential diagnosis, and patient education Includes coverage of special populations including LGBTQ+, homeless and indigent, veterans and survivors of war, and many others

carolina behavioral health and wellness: *The Morehouse Model* Ronald L. Braithwaite, Tabia Henry Akintobi, Daniel S. Blumenthal, W. Mary Langley, 2020-06-16 How can the example of Morehouse School of Medicine help other health-oriented universities create ideal collaborations between faculty and community-based organizations? Among the 154 medical schools in the United States, Morehouse School of Medicine stands out for its formidable success in improving its surrounding communities. Over its history, Morehouse has become known as an institution committed to community engagement with an interest in closing the health equity gap between people of color and the white majority population. In *The Morehouse Model*, Ronald L. Braithwaite and his coauthors reveal the lessons learned over the decades since the school's founding—lessons that other medical schools and health systems will be eager to learn in the hope of replicating Morehouse's success. Describing the philosophical, cultural, and contextual grounding of the Morehouse Model, they give concrete examples of it in action before explaining how to foster the collaboration between community-based organizations and university faculty that is essential to making this model of care and research work. Arguing that establishing ongoing collaborative projects requires genuineness, transparency, and trust from everyone involved, the authors offer a theory of citizen participation as a critical element for facilitating behavioral change. Drawing on case studies, exploratory research, surveys, interventions, and secondary analysis, they extrapolate lessons to advance the field of community-based participatory research alongside community health. Written by well-respected leaders in the effort to reduce health inequities, *The Morehouse Model* is rooted in social action and social justice constructs. It will be a touchstone for anyone conducting community-based participatory research, as well as any institution that wants to have a positive effect on its local community.

carolina behavioral health and wellness: *The Precipice of Mental Health* Achea Redd, 2022-05-03 The mental health crisis is worse than ever: In an age of increasing isolation, insecurity, and loss, people are suffering, and not everyone is able to afford or access the help that they need. Mental health activist Achea Redd wants to change that, because for her, it's personal. Though Redd seemingly led a charmed life as the daughter of a pastor and wife of NBA legend and former Olympian Michael Redd, the mother of two battled debilitating mental illness. In *The Precipice of Mental Health*, Redd shares her remarkably reflective story about the societal issues of mental health and her personal mental health struggles, including eating disorders, panic attacks, suicidal ideation, and the impact COVID-19 had on her battle. --

carolina behavioral health and wellness: *Humanizing Education for Immigrant and Refugee Youth* Monisha Bajaj, Daniel Walsh, Lesley Bartlett, Gabriela Martínez, 2022 This important book offers strategies, models, and concrete ideas for better serving newcomer immigrant and refugee youth in U.S. schools, with a focus on grades 6–12. The authors present 20 strategies grouped under three categories: (1) classroom and instructional design, (2) school design, and (3)

extracurricular, community, and alumni partnerships. Each chapter provides research-based information, classroom examples, tips for implementing each strategy, and additional resources. Readers will find engaging profiles of schools, students, and alumni interspersed throughout the book, offering both varied perspectives and practical advice. Humanizing Education for Immigrant and Refugee Youth will assist today's educators, school leaders, policymakers, and scholars interested in the holistic success and well-being of immigrant and refugee students. Book Features: Practical strategies for educators and school leaders are rooted in empirical research and classroom narratives from across the United States. Multiple, real-life examples are used to illustrate each strategy. Each chapter concludes with a brief summary and recommended resources. School and student profiles demonstrate what the strategies look like in practice, as well as their benefits for students. Diverse perspectives are presented by researchers, classroom teachers, school leaders, and newcomer students.

carolina behavioral health and wellness: Textbook of Women's Reproductive Mental Health Lucy A. Hutner, M.D., Lisa A. Catapano, M.D., Ph.D., Sarah M. Nagle-Yang, M.D., Katherine E. Williams, M.D., Lauren M. Osborne, M.D. , 2021-12-07 More women (47.6%) receive mental health services compared with men (34.8%). Women are twice as likely as men to develop major depressive disorder. Furthermore, 10%-15% of women experience depression during the perinatal period, which makes depression one of the most common complications of childbirth (Gaynes et al. 2005). These statistics illustrate that psychiatric disorders in women are common during the reproductive years and that the hormonal fluctuations associated with the reproductive life cycle contribute to the etiology of mental illness in women. Medical practitioners in all fields will encounter female patients with mental illness across the lifespan, particularly major depressive and anxiety disorders. Consequently, there is a great imperative for high-quality educational materials that increase the competency of providers. This outstanding work is divided into two parts. Part I provides a comprehensive overview of the reproductive life cycle and covers mental health concerns across the lifespan, including the relationship between gynecological and sexual health and mental health as well as infertility, the premenstrual period, and perimenopause. Part II is devoted to the perinatal period and offers a conceptual framework for a clinical approach to the pregnant and postpartum patient, followed by evidence-based reviews of the management of psychiatric disorders (by diagnostic category), as well as covering stress in pregnancy, infant mental health, and legal/forensic issues. Critical summaries of the epidemiology, risk factors, screening methods, and clinical features are presented. This book must be required reading for all faculty and trainees who will care for women--

carolina behavioral health and wellness: An Innovative Approach to Career Counseling Angie C. Smith, PhD, LCMHC-S, ACS, NCC, Katherine Peterssen, MEd, NCC, LCMHCA, 2023-04-15 Captures the changing landscape of career counseling—useful well beyond the classroom Written expressly for career counselors in contemporary practice, this accessible text delivers the wisdom and insight of experienced practitioners who bring the core tenets of career development counseling to life with practical applications, diverse stories from the field, and activities to reinforce knowledge. The authors interweave research, theory, and the challenges of daily practice—encompassing both career and mental health considerations—and demonstrate proven strategies for working with varied populations in multiple settings. All chapters include learning objectives, a warm-up exercise, and the contributions of experts in each content area. Each chapter links subject topics to counseling skills and examines the use of cutting-edge technology in career counseling practice along with examples and tips. Case studies demonstrating real-world applications emphasize ethical dilemmas and highlight diverse approaches, clients, and settings. Chapters also provide key terms and resources for further study and reflective questions and activities in each chapter encourage students to revisit chapter content and apply key concepts. Additional resources include information on resume development, interview preparation, cover letters, mock interview scripts, and career fair preparation tools. Instructors will welcome an Instructor Manual, Test Banks, Instructor Chapter PowerPoints, and Video Podcasts with content

experts. Additional student resources and worksheets are also available for download. Key Features: Shares wisdom and real-life career-related experiences and strategies from practitioners working with varied settings and populations Engages students in their own professional preparation with examples of activities they can use with their future clients Explores the use of the newest technology in career counseling Emphasizes the need for mental health and wellbeing in relation to career counseling Discusses ethical dilemmas faced by career counselors in many settings and how they were successfully resolved Includes reflection activities, practitioner perspectives, student voices, counseling skills connections, mindful moments, tech tools, and more in each chapter

carolina behavioral health and wellness: *Plunkett's Health Care Industry Almanac* Jack W. Plunkett, 2008-10 This acclaimed and popular text is the only complete market research guide to the American health care industry--a tool for strategic planning, competitive intelligence, employment searches or financial research. Covers national health expenditures, technologies, patient populations, research, Medicare, Medicaid, managed care. Contains trends, statistical tables and an in-depth glossary. Features in-depth profiles of the 500 major firms in all health industry sectors.

carolina behavioral health and wellness: *Creating a Person-Centered Library* Elizabeth A. Wahler, Sarah C. Johnson, 2023-12-28 Creating a Person-Centered Library provides a comprehensive overview of various services, programs, and collaborations to help libraries serve high-needs patrons as well as strategies for supporting staff working with these individuals. While public libraries are struggling to address growing numbers of high-needs patrons experiencing homelessness, food insecurity, mental health problems, substance abuse, and poverty-related needs, this book will help librarians build or contribute to library services that will best address patrons' psychosocial needs. The authors, experienced in both library and social work, begin by providing an overview of patrons' psychosocial needs, structural and societal reasons for the shift in these needs, and how these changes impact libraries and library staff. Chapters focus on best practices for libraries providing person-centered services and share lessons learned, including information about special considerations for certain patron populations that might be served by individual libraries. The book concludes with information about how library organizations can support public library staff. Librarians and library students who are concerned about both patrons and library staff will find the practical advice in this book invaluable.

carolina behavioral health and wellness: *Combat and operational behavioral health* , 2011

carolina behavioral health and wellness: *Index Medicus* , 2003 Vols. for 1963- include as pt. 2 of the Jan. issue: Medical subject headings.

carolina behavioral health and wellness: School Social Work Leticia Villarreal Sosa, Tory Cox, Michelle Alvarez, 2016-09-12 School Social Work: National Perspectives on Practice in Schools aims to provide a contemporary understanding of school social work practice given the changing educational context. While unique in that the content aligns with the newly developed national practice model developed by SSWAA, the text includes several other useful features. For one, practice and policy are approached from an intersectionality perspective, which provides a framework for thinking about various systems of oppression and allows the practitioner to account for the unique experience of students based on migration experience, sexuality, race, ethnicity, and gender. Theory and practice (alongside case studies) also illustrate school social work across the United States in a variety of settings. And finally, the authors -- including school social work practitioners and school social work researchers/academics -- are representative of various regions in the country, thereby providing a national overview of the profession. School Social Work is an undeniably invaluable resource for school social workers, school social work students, and school-based clinicians.

carolina behavioral health and wellness: Cumulated Index Medicus , 1999

carolina behavioral health and wellness: Clinical Methods in Medical Family Therapy Tai Mendenhall, Angela Lamson, Jennifer Hodgson, Macaran Baird, 2018-03-24 This landmark text describes research-informed practices and applications of Medical Family Therapy (MedFT) across a range of care environments and clinical populations (e.g., family medicine, obstetrics and

gynecology, psychiatry, alcohol and drug treatment, community health centers, and military and veteran health systems). It is a timely release for a rapidly growing field. It includes the work of some of MedFT's most innovative leaders, who expertly: illustrate MedFT in action across primary, secondary, tertiary, and other unique health contexts describe the make-up of healthcare teams tailored to each chapter's distinct environment(s) highlight fundamental knowledge and critical skillsets across diverse healthcare contexts detail research-informed practices for MedFTs who treat patients, couples, families, and communities Clinical Methods in Medical Family Therapy is a comprehensive source for any behavioral health student, trainee, or professional looking to understand the necessary skills for MedFTs entering the healthcare workforce. It is also an essential read for trainers and instructors who are covering the fundamental MedFT knowledge and skills across diverse healthcare contexts. This text was written to be applicable for a wide variety of healthcare disciplines, including family therapy, counseling nursing, medicine, psychology and social work.

carolina behavioral health and wellness: *Wellness Centers* Joan Whaley Gallup, 1999-04-26 Bringing together the best aspects of ambulatory care, complementary medicine, and fitness clubs under one roof, wellness centers are poised to become an essential vehicle of healthcare delivery for the 21st century. Although wellness-based programs have been instituted by nearly every hospital system in North America, very little has been published on this rapidly emerging building type. Wellness Centers enables design professionals and others to understand the fitness and healthcare requirements of these facilities, and to address them effectively in their work. Providing essential insights into balancing the healthcare and retail demands of wellness centers, Joan Whaley Gallup reviews every step of the planning and development process, addressing project assessment, financing, programming, and marketing. She draws on her extensive expertise in creating wellness centers to cover a full range of development and design considerations, including design guidelines for lobby/waiting areas, clinical space, administrative areas, pools, saunas, and indoor gardens. Finally, an inspiring project portfolio profiles an impressive roster of successful wellness centers from around the world. With useful information on code compliance, plus floor plans, schematic designs, and more, this book is a vital professional resource for anyone involved in wellness center design, planning, or management. The wellness center is the most positive, nurturing, life-affirming building type ever to evolve in the history of healthcare facilities design. . . . By turning inside out the trends of past centuries, we can now focus on wellness. We can create buildings that will nurture and sustain us, healing environments that will serve to support happy, life-enhancing activities. Centers for wellness are centers for life.-from the Preface The first book of its kind, Wellness Centers offers design professionals and others complete cutting-edge coverage of these complex new facilities, from planning and development issues to design guidelines and case examples of successful wellness centers from around the world. Written by an architect with extensive experience in the field, this book provides a firm foundation in wellness center design, planning, and management-essential reading for anyone involved in this rapidly growing area of healthcare design.

carolina behavioral health and wellness: *Public Health in Appalachia* Wendy Welch, 2014-07-15 The Appalachian region of the United States sees hunger, poverty, disability, preventable illness and premature death in disproportionately high numbers. Yet, Appalachia also knows the quiet strength of people working together to lift one another up as a community. In this collection of essays, health professionals explore how clinics and communities address the barriers to healthcare that continue to plague this underserved region and discuss theoretical perspectives about Appalachian healthcare. Topics include regional dental care, cancer and diabetes treatment, the integration of primary care and behavioral health, telehealth, the importance of patient responsibility, and the effects of faith, fatalism and family dynamics on the health of Appalachian youth. Avoiding simplification and stereotype while presenting data, analysis and anecdotes, this volume gives a detailed picture of Appalachia's complex and multi-faceted public health challenges. Instructors considering this book for use in a course may request an examination copy here.

carolina behavioral health and wellness: *More than Medicine* Robert M. Kaplan, 2019-02-04

Stanford's pioneering behavioral scientist draws on a lifetime of research and experience guiding the NIH to make the case that America needs to radically rethink its approach to health care if it wants to stop overspending and overprescribing and improve people's lives. American science produces the best—and most expensive—medical treatments in the world. Yet U.S. citizens lag behind their global peers in life expectancy and quality of life. Robert Kaplan brings together extensive data to make the case that health care priorities in the United States are sorely misplaced. America's medical system is invested in attacking disease, but not in addressing the social, behavioral, and environmental problems that engender disease in the first place. Medicine is important, but many Americans act as though it were all important. The United States stakes much of its health funding on the promise of high-tech diagnostics and miracle treatments, while ignoring strong evidence that many of the most significant pathways to health are nonmedical. Americans spend millions on drugs for high cholesterol, which increase life expectancy by only six to eight months on average. But they underfund education, which might extend life expectancy by as much as twelve years. Wars on infectious disease have paid off, but clinical trials for chronic conditions—costing billions—rarely confirm that new treatments extend life. Meanwhile, the National Institutes of Health spends just 3 percent of its budget on research on the social and behavioral determinants of health, even though these factors account for 50 percent of premature deaths. America's failure to take prevention seriously costs lives. More than Medicine argues that we need a shakeup in how we invest resources, and it offers a bold new vision for longer, healthier living.

carolina behavioral health and wellness: TECHNOLOGY IN MENTAL HEALTH Stephen Goss, Kate Anthony, LoriAnne Sykes Stretch, DeeAnna Merz Nagel, 2016-07-01 In the half-decade since publication of the first edition, there have been significant changes in society brought about by the exploding rise of technology in everyday lives that also have an impact on our mental health. The most important of these has been the shift in the way human interaction itself is conducted, especially with electronic text-based exchanges. This expanded second edition is an extensive body of work. It contains 39 chapters on different aspects of technological innovation in mental health care from 54 expert contributors from all over the globe, appropriate for a subject that holds such promise for a worldwide clientele and that applies to professionals in every country. The book is now presented in two clear sections, the first addressing the technologies as they apply to being used within counseling and psychotherapy itself, and the second section applying to training and supervision. Each chapter offers an introduction to the technology and discussion of its application to the therapeutic intervention being discussed, in each case brought to life through vivid case material that shows its use in practice. Chapters also contain an examination of the ethical implications and cautions of the possibilities these technologies offer, now and in the future. While the question once was, should technology be used in the delivery of mental health services, the question now is how to best use technology, with whom, and when. Whether one has been a therapist for a long time, is a student, or is simply new to the field, this text will serve as an important and integral tool for better understanding the psychological struggles of one's clients and the impact that technology will have on one's practice. Psychotherapists, psychiatrists, counselors, social workers, nurses, and, in fact, every professional in the field of mental health care can make use of the exciting opportunities technology presents.

carolina behavioral health and wellness: Investing in Interventions That Address Non-Medical, Health-Related Social Needs National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, 2019-10-27 With U.S. health care costs projected to grow at an average rate of 5.5 percent per year from 2018 to 2027, or 0.8 percentage points faster than the gross domestic product, and reach nearly \$6.0 trillion per year by 2027, policy makers and a wide range of stakeholders are searching for plausible actions the nation can take to slow this rise and keep health expenditures from consuming an ever greater portion of U.S. economic output. While health care services are essential to health, there is growing recognition that social determinants of health are important influences on

population health. Supporting this idea are estimates that while health care accounts for some 10 to 20 percent of the determinants of health, socioeconomic factors and factors related to the physical environment are estimated to account for up to 50 percent of the determinants of health. Challenges related to the social determinants of health at the individual level include housing insecurity and poor housing quality, food insecurity, limitations in access to transportation, and lack of social support. These social needs affect access to care and health care utilization as well as health outcomes. Health care systems have begun exploring ways to address non-medical, health-related social needs as a way to reduce health care costs. To explore the potential effect of addressing non-medical health-related social needs on improving population health and reducing health care spending in a value-driven health care delivery system, the National Academies of Science, Engineering, and Medicine held a full-day public workshop titled Investing in Interventions that Address Non-Medical, Health-Related Social Needs on April 26, 2019, in Washington, DC. The objectives of the workshop were to explore effective practices and the supporting evidence base for addressing the non-medical health-related social needs of individuals, such as housing and food insecurities; review assessments of return on investment (ROI) for payers, healthy systems, and communities; and identify gaps and opportunities for research and steps that could help to further the understanding of the ROI on addressing non-medical health-related social needs. This publication summarizes the presentations and discussions from the workshop.

ADDITIONAL RESOURCES

CAROLINA BEHAVIORAL HEALTH AND WELLNESS

[Carolina Behavioral Health And Wellness](#)

Carolina Behavioral Health And Wellness

Related Articles

- [business travel packing list](#)
- [calm spirit acupuncture and wellness inc](#)
- [business loan agreement format](#)

[Back to Home](#)