

broussard primary care and wellness

Broussard Primary Care and Wellness: Your Partner in Total Well-being

Are you searching for a primary care provider in Broussard, Louisiana, that prioritizes your overall wellness? Look no further! This comprehensive guide dives deep into Broussard Primary Care and Wellness, exploring what sets them apart, the services they offer, and how they can help you achieve a healthier, happier life. We'll cover everything from their convenient location and welcoming atmosphere to the breadth of medical expertise available under one roof. Get ready to discover your new healthcare home.

Understanding Broussard Primary Care and Wellness: More Than Just Check-ups

Broussard Primary Care and Wellness isn't your typical doctor's office. It's a holistic approach to healthcare, focusing not just on treating illnesses but on preventing them and promoting a vibrant, healthy lifestyle. They understand that true wellness encompasses physical, mental, and emotional well-being, and their services reflect this philosophy. Forget impersonal, rushed appointments; here, you'll find a dedicated team committed to building lasting relationships with their patients and providing personalized care tailored to individual needs.

A Comprehensive Range of Services: Meeting Your Healthcare Needs

This clinic boasts a diverse range of services designed to address a wide spectrum of health concerns. Let's explore some key offerings:

1. **Preventative Care:** This is the cornerstone of their approach. Regular check-ups, screenings (including cancer screenings, cholesterol checks, and blood pressure monitoring), vaccinations, and personalized health assessments are all crucial components of preventing future health problems. Proactive care is significantly more effective and less costly than reactive treatment.
1. **Chronic Disease Management:** Living with chronic conditions like diabetes, hypertension, or heart disease can be challenging. Broussard Primary Care and Wellness provides expert guidance and

support to help you manage your condition effectively, improve your quality of life, and prevent complications. They utilize a collaborative approach, working with specialists when necessary.

1. **Acute Illness Treatment:** When you're feeling unwell, you need quick, reliable care. This clinic provides treatment for a wide variety of acute illnesses, from the common cold and flu to more serious conditions. They offer prompt diagnosis and treatment plans to help you recover swiftly.
1. **Women's Health:** Catering specifically to women's health needs, they provide comprehensive services including well-woman exams, family planning, and management of conditions specific to women.
1. **Men's Health:** Similarly, they offer specialized care for men, including prostate exams, testosterone management, and screenings for conditions commonly affecting men.
1. **Pediatric Care:** Broussard Primary Care and Wellness provides a welcoming and comfortable environment for children, focusing on their unique needs and growth throughout their development.
1. **On-site Lab Services:** Convenience is key. Having on-site laboratory services means faster results and less hassle for patients.
1. **Telemedicine Options:** In today's fast-paced world, telehealth is invaluable. This clinic offers convenient telemedicine appointments, allowing you to connect with your doctor from the comfort of your home.

The Broussard Advantage: What Sets Them Apart

Several factors distinguish Broussard Primary Care and Wellness from other healthcare providers in the area:

Patient-Centered Approach: The focus is always on the patient. They strive to understand individual needs and preferences, building a strong doctor-patient relationship based on trust and mutual respect.

Convenient Location and Accessibility: Their location in Broussard makes accessing quality care easy and convenient for residents of the area.

Experienced and Compassionate Staff: The team is comprised of highly skilled medical professionals who are dedicated to providing exceptional care with empathy and understanding.

Technological Advancement: They utilize the latest technology and medical advancements to provide accurate diagnoses and effective treatment plans.

Commitment to Community: They're invested in the well-being of the Broussard community and actively participate in local health initiatives.

Finding the Right Care: Contacting Broussard Primary Care and Wellness

Ready to experience the difference? Contact Broussard Primary Care and Wellness today to schedule an appointment. You can find their contact information on their website (insert website address here) or call them directly at (insert phone number here). Don't delay your path to better health.

Conclusion

Broussard Primary Care and Wellness offers a comprehensive, patient-centered approach to healthcare that goes beyond treating illness. Their commitment to preventative care, personalized service, and advanced technology makes them an ideal choice for individuals and families seeking a true partner in their overall well-being. Prioritizing your health is an investment in your future, and with Broussard Primary Care and Wellness, you're making a smart one.

Frequently Asked Questions (FAQs)

1. Do I need a referral to see a specialist through Broussard Primary Care and Wellness? While referrals may be necessary depending on your insurance plan, the staff at Broussard Primary Care and

Wellness will work with you to ensure you get the appropriate specialist care if needed.

1. What insurance plans do you accept? They accept a wide range of insurance plans. Contact them directly to verify your specific plan's coverage.

1. What are your hours of operation? Their hours are conveniently listed on their website. Check their website for the most up-to-date information.

1. Do you offer same-day appointments? While same-day appointments aren't always guaranteed, they make every effort to accommodate urgent needs. Call them to inquire about availability.

1. What forms of payment do you accept? They typically accept various payment methods including cash, credit cards, and checks. Contact them directly to confirm accepted payment options.

broussard primary care and wellness: The First Episode of Psychosis Michael T Compton, Beth Broussard, 2009-04-28 The First Episode of Psychosis is the ideal book for patients experiencing the frightening and confusing initial episode of psychosis, which often occurs during late adolescence or early adulthood, and which affects nearly 3% of all people over the course of their lifetime. The book covers a range of disorders, focusing on primary psychotic disorders such as schizophrenia and schizophreniform disorder, clearly describing symptoms, early warning signs, and treatment--information that is essential for patients and families faced with the challenges posed by psychosis. The book also discusses psychiatric evaluation, healthy lifestyle choices, and the stigma often associated with mental illnesses. Worksheets allow readers to keep records of symptoms to facilitate communication with care providers, and an extensive glossary clarifies the dizzying array of terms used by medical professionals. Optimistic, practical, and recovery-oriented, The First Episode of Psychosis will help patients and their families to take an active, informed role in their care to ensure the best possible prognosis.

broussard primary care and wellness: National Prevention Strategy: America's Plan for Better Health and Wellness Regina M. Benjamin, 2011 The Affordable Care Act, landmark health legislation passed in 2010, called for the development of the National Prevention Strategy to realize the benefits of prevention for all Americans' health. This Strategy builds on the law's efforts to lower health care costs, improve the quality of care, and provide coverage options for the uninsured.

Contents: Nat. Leadership; Partners in Prevention; Healthy and Safe Community Environ.; Clinical and Community Preventive Services; Elimination of Health Disparities; Priorities: Tobacco Free Living; Preventing Drug Abuse and Excessive Alcohol Use; Healthy Eating; Active Living; Injury and Violence Free Living; Reproductive and Sexual Health; Mental and Emotional Well-being. Illus. A print on demand report.

broussard primary care and wellness: Next Medicine Walter Bortz, MD, 2011-01-03 Every year, the average American spends about \$7,300 on medical expenses. The typical Canadian pays \$2,700, the Briton only \$2,000. And yet, according to the World Health Organization, our healthcare system, in terms of total quality, ranks thirty-eighth in the world, right between Costa Rica and Slovenia. Not only do 40 million Americans lack health insurance, but more than 200,000 die each year because of medical mistakes. Our average life expectancy is lower than Cuba's. In Next Medicine, Dr. Walter Bortz zeroes in on why the American medicine is spiraling toward disaster. A physician with fifty years of experience and a leading authority on aging, Bortz argues that the financial interests of biotech and drug companies have distorted the healthcare system. Thanks to them, medicine today is economically motivated to treat disease rather than to prevent it. Heart disease, for example, is widely treated with drug interventions and invasive surgery--both of which are extravagantly profitable for pharmaceutical giants and hospitals. Daily exercise and a healthy diet, on the other hand, can prevent heart disease, and can be obtained by patients essentially for free--but there's no money in that. The medical-industrial complex has a vested interest in keeping us sick, and until that changes medicine will fail to effectively address the leading cause of disability and mortality today: chronic diseases like diabetes that are largely preventable. Bortz proposes a medical system that emphasizes personal responsibility and provides incentives for healthy lifestyle choices, along with new training for medical professionals. Through a lively narrative full of personal anecdotes and jarring statistics, Bortz makes a powerful case for a radically new medical system--one that is based on rigorous science and loosens the strangle hold of corporate interests on American health.

broussard primary care and wellness: The Calling Christopher Chen, Gordon Chen, 2022-08-16 A CT scan revealed Dr. James Chen, a Miami physician, had a cancerous, inoperable, tumor behind his nose. The prognosis was bleak. Dr. Chen had eight weeks to live. Dr. Chen and his sons, Chris and Gordon, looked for a miracle. Chris was completing a cardiology fellowship. Gordon was finishing medical school. They knew what they were up against. Even still, they were shocked when a local oncologist told them, "The first available appointment is in six weeks." James and his sons were suddenly patients, forced to look at the healthcare system from the other end of the stethoscope. They didn't like what they saw--expensive, uncoordinated, and ineffective care. At one point James asked his sons, "If a family of doctors with connections can't navigate this system, what chance do my patients have?" The Chens found their calling. Together with James' wife Mary, Chris's wife Stephanie (an attorney), and Gordon's wife Jessica (another doctor) they created ChenMed, a physician-led company that serves the underserved. ChenMed puts their patients from forgotten communities first and focuses on accountable, compassionate care that improves health. In The Calling, Chris and Gordon share how the family succeeded beyond their wildest expectations through a combination of determination, data, family, and faith. They turned what could have been a tragedy into an opportunity that will revolutionize healthcare delivery for years to come. The Calling will give you hope.

broussard primary care and wellness: American Indian Health Everett R. Rhoades, 2003-05-22 Disease processes among American Indians and Alaska Natives often have distinct manifestations that need to be considered by clinicians and health policy makers involved with these populations. Equally important, all aspects of Indian life—including health—are governed by the special relationship between Indian tribes and the U.S. federal government. For American Indian Health, Everett R. Rhoades has gathered a distinguished group of scholars and practitioners to present a comprehensive assessment of the health of American Indian peoples today and the delivery of health services to them.

broussard primary care and wellness: *The Last Second* Catherine Coulter, J.T. Ellison, 2020-03-31 The New York Times bestselling Brit in the FBI series continues with this thrilling “popcorn movie in print form” (Associated Press) pitting special agents Nicholas Drummond and Michaela Caine against a private French space agency that has the power to end the world as we know it. Galactus, France’s answer to SpaceX, has just launched a communications satellite into orbit, but the payload actually harbors a frightening weapon: a nuclear bomb that can trigger a massive electromagnetic pulse (EMP). When the satellite is in position, Galactus’s second-in-command, Dr. Nevaeh Patel, will have the power to lay waste to the world. A former astronaut, Patel believes she is following the directions of the Numen, aliens who saved her life when she space-walked outside the International Space Station. She is convinced that with the Holy Grail—just discovered by the owner of Galactus, eccentric treasure hunter Jean-Pierre Broussard—she can be reunited with the Numen, change the world’s destiny, and become immortal with them. The countdown has begun when Special Agents Nicholas Drummond and Michaela Caine are thrown into the pending disaster. They must stop the EMP that would wreak havoc on communication and electronic systems on Earth, resulting in chaos and anarchy. With their high-octane and suspenseful prose, “Coulter and Ellison are a thriller writer’s dream team, and *The Last Second* is some of their best work yet” (The Real Book Spy).

broussard primary care and wellness: *Promoting Family Wellness and Preventing Child Maltreatment* Isaac Prilleltensky, Geoffrey Brian Nelson, Leslea Peirson, 2001-01-01 Deals with the promotion of emotional well-being in families, and the prevention of child maltreatment. Values, policies and resources are examined as both facilitators of, and barriers to, effective action.

broussard primary care and wellness: *Clinical Guidelines in Primary Care* Amelie Hollier, 2016

broussard primary care and wellness: *Health Behavior* Karen Glanz, Barbara K. Rimer, K. Viswanath, 2015-07-27 The essential health behavior text, updated with the latest theories, research, and issues *Health Behavior: Theory, Research and Practice* provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, *Health Behavior: Theory, Research and Practice* provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health.

broussard primary care and wellness: *Thoracic Outlet Syndrome* Karl A. Illeg, Robert W. Thompson, Julie Ann Freischlag, Dean M. Donahue, Sheldon E. Jordan, Ying Wei Lum, Hugh A. Gelabert, 2021-01-25 This extensively revised edition is an essential reference for physicians involved in the diagnosis, referral and treatment of the thoracic outlet syndrome (TOS). TOS is made up of a constellation of problems resulting from pathology at the thoracic outlet in the neck. Busy specialty practice sees multiple affected patients in every clinic, but TOS can often be difficult to diagnosis. *Thoracic Outlet Syndrome* explores all possible ancillary care issues surrounding this

complex condition, including rehabilitation, disability, natural history and medicolegal issues, and aims to stimulate research, discussion and a sense of community between professionals involved in this area. Vascular and thoracic surgeons, neurosurgeons, neurologists, psychiatrists and psychologists, physical therapists, occupational medicine specialists and pain specialists will find this book a must read for successful treatment, referral and diagnosis of TOS in clinical practice.

broussard primary care and wellness: *Changing Numbers, Changing Needs* National Research Council, Division of Behavioral and Social Sciences and Education, Commission on Behavioral and Social Sciences and Education, Committee on Population, 1996-10-11 The reported population of American Indians and Alaska Natives has grown rapidly over the past 20 years. These changes raise questions for the Indian Health Service and other agencies responsible for serving the American Indian population. How big is the population? What are its health care and insurance needs? This volume presents an up-to-date summary of what is known about the demography of American Indian and Alaska Native population—their age and geographic distributions, household structure, employment, and disability and disease patterns. This information is critical for health care planners who must determine the eligible population for Indian health services and the costs of providing them. The volume will also be of interest to researchers and policymakers concerned about the future characteristics and needs of the American Indian population.

broussard primary care and wellness: *Commerce Business Daily* , 1998-10

broussard primary care and wellness: *Musculoskeletal Imaging* Philip G. Conaghan, Philip O'Connor, David A. Isenberg, 2010-03-18 Diseases of the joints and surrounding tissues cannot be visualised without the help of imaging techniques. These range from x-rays (which have been available for over 100 years) to the highly sophisticated magnetic resonance imaging scanning. The variety of imaging techniques and indeed the quality of these images has improved radically in the past decade and this book attempts to capture the way in which rheumatologists and their colleagues can use a wide variety of techniques to analyse musculoskeletal diseases which are known to exist. This handbook provides the reader with an insight into both which imaging techniques should be applied to particular clinical problems and how the results can be used to determine the diagnosis and management of musculoskeletal conditions. It is extensively illustrated with examples of the various imaging techniques and joints to aid understanding, and is organised by anatomical region and specific musculoskeletal disorder to allow easy access to information.

broussard primary care and wellness: *Child Health and the Family* Shirley Steele, 1981

broussard primary care and wellness: *Writing Literature Reviews* Jose L. Galvan, Melisa C. Galvan, 2017-04-05 Guideline 12: If the Results of Previous Studies Are Inconsistent or Widely Varying, Cite Them Separately

broussard primary care and wellness: *Creating Equal Opportunities for a Healthy Weight* Institute of Medicine, Food and Nutrition Board, Standing Committee on Childhood Obesity Prevention, 2013-12-25 Creating Equal Opportunities for a Healthy Weight is the summary of a workshop convened by the Institute of Medicine's Standing Committee on Childhood Obesity Prevention in June 2013 to examine income, race, and ethnicity, and how these factors intersect with childhood obesity and its prevention. Registered participants, along with viewers of a simultaneous webcast of the workshop, heard a series of presentations by researchers, policy makers, advocates, and other stakeholders focused on health disparities associated with income, race, ethnicity, and other characteristics and on how these factors intersect with obesity and its prevention. The workshop featured invited presentations and discussions concerning physical activity, healthy food access, food marketing and messaging, and the roles of employers, health care professionals, and schools. The IOM 2012 report *Accelerating Progress in Obesity Prevention* acknowledged that a variety of characteristics linked historically to social exclusion or discrimination, including race, ethnicity, religion, socioeconomic status, gender, age, mental health, disability, sexual orientation or gender identity, geographic location, and immigrant status, can thereby affect opportunities for physical activity, healthy eating, health care, work, and education. In many parts of the United States, certain racial and ethnic groups and low-income individuals and families live, learn, work,

and play in places that lack health-promoting resources such as parks, recreational facilities, high-quality grocery stores, and walkable streets. These same neighborhoods may have characteristics such as heavy traffic or other unsafe conditions that discourage people from walking or being physically active outdoors. The combination of unhealthy social and environmental risk factors, including limited access to healthy foods and opportunities for physical activity, can contribute to increased levels of chronic stress among community members, which have been linked to increased levels of sedentary activity and increased calorie consumption. Creating Equal Opportunities for a Healthy Weight focuses on the key obesity prevention goals and recommendations outlined in Accelerating Progress in Obesity Prevention through the lens of health equity. This report explores critical aspects of obesity prevention, while discussing potential future research, policy, and action that could lead to equity in opportunities to achieve a healthy weight.

broussard primary care and wellness: *Rural Mental Health* K. Bryant Smalley, Jacob C. Warren, Jackson P. Rainer, 2012-06-20 Print+CourseSmart

broussard primary care and wellness: *Autism* John W. Oller, Stephen Oller, 2010-10-25 Speech/Language/Hearing

broussard primary care and wellness: *Dermatologic Surgery* Allison T Vidimos, Christie T. Ammirati, Christine Poblete-Lopez, 2008-11-03 This title in the Requisites in Dermatology series is the perfect resource for quick reference and rapid review in dermatologic surgery. It succinctly presents all of the most essential clinical and foundational knowledge you need for certification, recertification, or practice. An extremely user-friendly full-color format, replete with full-color clinical photographs and other pertinent illustrations, makes it easy to locate and read up on any topic. Plus, full-text online access lets you consult the book from any computer, download all of the images, watch online lectures, and more. Expert discussions guide you through the diagnosis and indications for operative treatment, then give clear guidance on performing the most important and commonly used techniques. Full-color photographs depict significant details of clinical presentation, operative technique, and postoperative outcome. A highly user-friendly full-color format and a consistent chapter template guide you effortlessly through all the information you need to know about any topic. Key Points call attention to the most important takeaways in each chapter. Abundant algorithms streamline diagnostic and therapeutic decision making. The book's compact size makes it equally convenient for reference in the office, clinic, laboratory, or break room. Full-text online access lets you consult the book from any computer, perform quick searches, download all of the illustrations, and clip content for download onto your handheld device. You'll also find online lectures from the chapter authors, self tests, additional downloadable figures, and other exciting materials. Your purchase entitles you to access the web site until the next edition is published, or until the current edition is no longer offered for sale by Elsevier, whichever occurs first. If the next edition is published less than one year after your purchase, you will be entitled to online access for one year from your date of purchase. Elsevier reserves the right to offer a suitable replacement product (such as a downloadable or CD-ROM-based electronic version) should online access to the web site be discontinued.

broussard primary care and wellness: *Handbook of Program Development for Health Behavior Research and Practice* Steve Sussman, 2000-11-09 The Handbook of Program Development for Health Behavior Research and Practice guides the reader from program development theory through program activity analysis and selection, immediate impact studies, and intermediate and long-term outcome measurement. The handbook consists of five parts, providing a wealth of information about: - The history and rationale for engaging in health behavior program development, including a case study that shows how to apply the six-step program development model and ways of surmounting the hurdles to engaging in program development - The role of theory in program development, the use of assessment studies to fill in gaps in theory regarding what leads to health-related behavior, and many issues and resources relevant to pooling information about prior interventions - Perceived efficacy (i.e. concept evaluation) methods of activity selection, including verbal and paper-and-pencil methods of selecting potentially useful activities - Immediate-impact

studies of activities and program creation - Ways to find immediate-outcome measures that predict longer-term outcome measures, and future issues to consider in the arena of health behavior program development. Each section consists of an overview; one or more commentaries from recognized theorists, researchers, and practitioners in the health field, and case studies that provide guidelines on addressing relevant aspects of program development. These case studies will provide useful information for discussion, research, and application. In all, this handbook provides 20 chapters of detailed and useful information for researchers, academics, public health practitioners, students, policymakers, and those who engage in any aspect of health program development or evaluation.

broussard primary care and wellness: Agile Implementation Malaz Boustani, Jose Azar, Craig A. Solid, 2020-01-07 Agile Implementation describes the underlying theories and frameworks that explain health delivery systems and lays out the 8 steps of the Agile Implementation Model founded by Malaz Boustani, MD, MPH and Jose Azar, MD. In today's complex healthcare environment, implementing evidence-based care into real-world practices is difficult and time consuming. Even methods that are known to be effective allow for limited flexibility and therefore fail as often as they succeed. Through much study and experimentation, Malaz Boustani, MD, MPH, Jose Azar, MD, and Craig A. Solid, PhD have come to understand how individuals' interactions within the complex social systems of hospitals, clinics, and other care delivery organizations shape the decisions and behaviors of those involved. Upon this foundation and through leveraging theories of behavioral economics, we have developed the Agile Implementation Model, a process for selecting, adapting, implementing, evaluating, sustaining, and scaling evidence-based healthcare interventions. This model acknowledges the uniqueness of each individual facility and considers individuals within the system to be semiautonomous but interconnected. In tandem with illustrative examples, Agile Implementation describes the underlying theories and frameworks that explain health delivery systems and lays out the 8 steps of the Agile Implementation Model. Upon completing Agile Implementation, readers have a better understanding of why certain quality initiatives succeed while others fail and have tangible, actionable tools for implementing effective and sustainable change in the healthcare setting.

broussard primary care and wellness: Breaking Free of Child Anxiety and OCD Eli R. Lebowitz, 2021 Anxiety disorders and OCD are the most common mental health problems of childhood and adolescence. This book provides a complete, step-by-step program for parents looking to alleviate their children's anxiety by changing the way they themselves respond to their children's symptoms.

broussard primary care and wellness: Tennis Medicine Giovanni Di Giacomo, Todd S. Ellenbecker, W. Ben Kibler, 2019-01-08 This book will serve as a key resource for all clinicians working in orthopedics, sports medicine, and rehabilitation for the sport of tennis. It provides clinically useful information on evaluation and treatment of the tennis player, covering the entire body and both general medical and orthopedic musculoskeletal topics. Individual sections focus on tennis-related injuries to the shoulder, the elbow, wrist, and hand, the lower extremities, and the core/spine, explaining treatment and rehabilitation approaches in detail. Furthermore, sufficient sport science information is presented to provide the clinical reader with extensive knowledge of tennis biomechanics and the physiological aspects of training and rehabilitation. Medical issues in tennis players, such as nutrition and hydration, are also discussed, and a closing section focuses on other key topics, including movement dysfunction, periodization, core training, and strength and conditioning specifics. The expansive list of worldwide contributors and experts coupled with the comprehensive and far-reaching chapter provision make this the highest-level tennis medicine book ever published.

broussard primary care and wellness: Abstracts ... Annual Meeting of the American Public Health Association and Related Organizations American Public Health Association. Annual Meeting, 1996

broussard primary care and wellness: The Starch Solution John McDougall, Mary

McDougall, 2013-06-04 Pick up that bread! This doctor-approved method lets you keep the carbs and lose the pounds! "The Starch Solution is one of the most important books ever written on healthy eating."—John P. Mackey, co-CEO and director of Whole Foods Market, Inc. Fear of the almighty carb has taken over the diet industry for the past few decades—from Atkins to Dukan—even the mere mention of a starch-heavy food is enough to trigger an avalanche of shame and longing. But the truth is, carbs are not the enemy! Bestselling author John A. McDougall and his kitchen-savvy wife, Mary, prove that a starch-rich diet can actually help you attain your weight loss goals, prevent a variety of ills, and even cure common diseases. By fueling your body primarily with carbohydrates rather than proteins and fats, you will feel satisfied, boost energy, and look and feel your best. Based on the latest scientific research, this easy-to-follow plan teaches you what to eat and what to avoid, how to make healthy swaps for your favorite foods, and smart choices when dining out. Including a 7-Day Sure-Start Plan, helpful weekly menu planner, and nearly 100 delicious, affordable recipes, The Starch Solution is a groundbreaking program that will help you shed pounds, improve your health, save money, and change your life.

broussard primary care and wellness: Gastrointestinal Imaging Angela D. Levy, Koenraad J. Morteale, Benjamin M. Yeh, 2015 This volume presents a comprehensive review of gastrointestinal pathologies commonly encountered by practising radiologists and residents in training. The chapters are organised by organ system and include the pharynx and esophagus, stomach, small bowel, appendix, colon, anorectum, liver, gallbladder, bile ducts, pancreas, spleen, peritoneum, mesentery, and abdominal wall, and one on multisystem disorders. The book offers a guided approach to imaging diagnosis with examples of all imaging modalities complimented by the basics of technique and interpretation and the nuances necessary to reach the best diagnosis.

broussard primary care and wellness: Anatomy of an Illness As Perceived By the Patient Norman Cousins, 2005-07-12 The story of a recovery from a crippling disease and the physician patient partnership that beat the odds by using the patient's own capabilities.

broussard primary care and wellness: Prevention and Treatment of Childhood Obesity Christine L. Williams, Sue Y. S. Kimm, 1993 This volume, containing 24 papers and 19 poster papers, reviews the etiology and epidemiology of childhood obesity. It explores genetic and contributory environmental factors. It also describes recent research and educational efforts in prevention of the condition, including programmes aimed at high-risk minority populations.

broussard primary care and wellness: Bridging the Evidence Gap in Obesity Prevention Institute of Medicine, Food and Nutrition Board, Committee on an Evidence Framework for Obesity Prevention Decision Making, 2010-12-24 To battle the obesity epidemic in America, health care professionals and policymakers need relevant, useful data on the effectiveness of obesity prevention policies and programs. Bridging the Evidence Gap in Obesity Prevention identifies a new approach to decision making and research on obesity prevention to use a systems perspective to gain a broader understanding of the context of obesity and the many factors that influence it.

broussard primary care and wellness: A Quarter Century of Community Psychology Tracey A. Revenson, Anthony R. D'Augelli, Sabine E. French, Diane Hughes, David E. Livert, Edward Seidman, Marybeth Shinn, Hirokazu Yoshikawa, 2011-06-27 This work contains original research from the first 25 years of the American Journal of Community Psychology, selected to reflect community psychology's rich tradition of theory, empirical research, action, and innovative methods. This volume will be of interest to community mental health workers, social science and social work researchers, health care professionals, policymakers, and educators in the fields of community and preventative psychology.

broussard primary care and wellness: Radical Prostatectomy James A. Eastham, Edward M. Schaeffer, 2013-11-13 Radical Prostatectomy: Surgical Perspectives provides surgeons with a comprehensive overview of the anatomical approach to radical prostatectomy, whether done through an open (retropubic) or robotic-assisted laparoscopic approach. All chapters are structured to provide a step-by-step approach to the most technically demanding and most common oncologic procedure in urology surgery. The book includes highly practical presentations of typical surgical

patients seen in the clinical practice of urology and relies heavily on illustrations and intraoperative photographs to clearly complement the text. In addition, the book includes a detailed description of the management of uncommon but potentially serious intraoperative complications, including major vascular injury, ureteral transaction, and rectotomy. Written by authors from a variety of integrated disciplines, including anesthesia, cardiology, and nursing *Radical Prostatectomy: Surgical Perspectives* is a unique and valuable resource in the field of urology both for those currently in training and for those already in surgical practices.

broussard primary care and wellness: *Mindfulness* Katie Witkiewitz, Corey R. Roos, Dana Dharmakaya Colgan, Sarah Bowen, 2018-03-13 Clear and compact guidance on integrating mindfulness into practice This clear and concise book provides practical, evidence-based guidance on the use of mindfulness in treatment: its mechanism of action, the disorders for which there is empirical evidence of efficacy, mindfulness practices and techniques, and how to integrate them into clinical practice. Leading experts describe the concepts and roots of mindfulness, and examine the science that has led to this extraordinarily rich and ancient practice becoming a foundation to many contemporary, evidenced-based approaches in psychotherapy. The efficacy of mindfulness-based interventions in conditions as diverse as borderline personality disorder, post-traumatic stress disorder, depression, alcohol and substance use, emotional dysregulation, attention-deficit hyperactivity disorder, chronic stress, eating disorders, and other medical conditions including type 2 diabetes and rheumatoid arthritis is also described. The book is invaluable reading for all those curious about the current science around mindfulness and about how and when to incorporate it effectively into clinical practice.

broussard primary care and wellness: *Who's who in American Nursing* , 1996

broussard primary care and wellness: *Tele-oncology* Giovanna Gatti, Gabriella Pravettoni, Fabio Capello, 2015-06-09 This book explains how telemedicine can offer solutions capable of improving the care and survival rates of cancer patients and can also help patients to live a normal life in spite of their condition. Different fields of application – community, hospital and home based – are examined, and detailed attention is paid to the use of tele-oncology in rural/extreme rural settings and in developing countries. The impact of new technologies and the opportunities afforded by the social web are both discussed. The concluding chapters consider eLearning in relation to cancer care and assess the scope for education to improve prevention. No medical condition can shatter people's lives as cancer does today and the need to develop strategies to reduce the disease burden and improve quality of life is paramount. Readers will find this new volume in Springer's TElE Health series to be a rich source of information on the important contribution that can be made by telemedicine in achieving these goals.

broussard primary care and wellness: *Advancing Oral Health in America* Institute of Medicine, Board on Health Care Services, Committee on an Oral Health Initiative, 2012-01-05 Though it is highly preventable, tooth decay is a common chronic disease both in the United States and worldwide. Evidence shows that decay and other oral diseases may be associated with adverse pregnancy outcomes, respiratory disease, cardiovascular disease, and diabetes. However, individuals and many health care professionals remain unaware of the risk factors and preventive approaches for many oral diseases. They do not fully appreciate how oral health affects overall health and well-being. In *Advancing Oral Health in America*, the Institute of Medicine (IOM) highlights the vital role that the Department of Health and Human Services (HHS) can play in improving oral health and oral health care in the United States. The IOM recommends that HHS design an oral health initiative which has clearly articulated goals, is coordinated effectively, adequately funded and has high-level accountability. In addition, the IOM stresses three key areas needed for successfully maintaining oral health as a priority issue: strong leadership, sustained interest, and the involvement of multiple stakeholders from both the public and private sectors. *Advancing Oral Health in America* provides practical recommendations that the Department of Health and Human Services can use to improve oral health care in America. The report will serve as a vital resource for federal health agencies, health care professionals, policy makers, researchers,

and public and private health organizations.

broussard primary care and wellness: Preventing Childhood Obesity Institute of Medicine, Board on Health Promotion and Disease Prevention, Food and Nutrition Board, Committee on Prevention of Obesity in Children and Youth, 2005-01-31 Children's health has made tremendous strides over the past century. In general, life expectancy has increased by more than thirty years since 1900 and much of this improvement is due to the reduction of infant and early childhood mortality. Given this trajectory toward a healthier childhood, we begin the 21st-century with a shocking development—an epidemic of obesity in children and youth. The increased number of obese children throughout the U.S. during the past 25 years has led policymakers to rank it as one of the most critical public health threats of the 21st-century. Preventing Childhood Obesity provides a broad-based examination of the nature, extent, and consequences of obesity in U.S. children and youth, including the social, environmental, medical, and dietary factors responsible for its increased prevalence. The book also offers a prevention-oriented action plan that identifies the most promising array of short-term and longer-term interventions, as well as recommendations for the roles and responsibilities of numerous stakeholders in various sectors of society to reduce its future occurrence. Preventing Childhood Obesity explores the underlying causes of this serious health problem and the actions needed to initiate, support, and sustain the societal and lifestyle changes that can reverse the trend among our children and youth.

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