

allegheny health and wellness wexford

Allegheny Health and Wellness Wexford: Your Guide to Comprehensive Care

Are you searching for top-tier healthcare in the Wexford, Pennsylvania area? Finding the right healthcare provider can feel overwhelming, but this comprehensive guide to Allegheny Health Network (AHN) services in Wexford will help you navigate the options and discover the comprehensive care available right in your community. We'll delve into the services offered, the quality of care, and how to access these vital resources. Whether you need a routine checkup, specialist care, or emergency services, this post will provide you with all the information you need to make informed decisions about your health and well-being.

Understanding Allegheny Health Network (AHN) in Wexford

Allegheny Health Network (AHN) is a prominent healthcare system serving western Pennsylvania. Their Wexford location offers a range of services designed to meet the diverse healthcare needs of the community. This isn't just about quick fixes; AHN Wexford prioritizes preventative care, early diagnosis, and personalized treatment plans to help you achieve optimal health. This dedication to holistic wellness sets them apart.

A Comprehensive Range of Services at Allegheny Health and Wellness Wexford

AHN Wexford boasts a diverse array of services, catering to individuals and families across a spectrum of healthcare needs. Let's explore some key areas:

1. **Primary Care:** The foundation of good health lies in consistent primary care. AHN Wexford offers primary care physicians who provide preventative care, manage chronic conditions, and offer personalized health guidance. This includes routine checkups, vaccinations, and screenings crucial for early disease detection.
1. **Specialist Care:** Beyond primary care, AHN Wexford provides access to a network of specialists. This could include cardiologists, dermatologists, endocrinologists, and many others. This means you can

receive specialized care without the need to travel far from home. The ease of access to specialists is a significant advantage for residents of Wexford.

1. **Diagnostic Imaging and Testing:** Accurate diagnosis is critical for effective treatment. AHN Wexford offers state-of-the-art diagnostic imaging services, including X-rays, ultrasounds, CT scans, and MRI scans, all performed by highly trained professionals utilizing the latest technology. This ensures quick and precise results, enabling faster diagnosis and treatment plans.
1. **Urgent Care:** Unexpected illnesses and injuries happen. AHN Wexford's urgent care facility provides immediate care for non-life-threatening conditions, eliminating the need for a trip to the emergency room for less critical situations. This offers a convenient and efficient solution for minor medical emergencies.
1. **Rehabilitation Services:** Recovery from injury or illness often requires rehabilitation. AHN Wexford's rehabilitation services can help you regain strength, mobility, and function after surgery, injury, or illness. This might include physical therapy, occupational therapy, and speech therapy, all designed to improve your quality of life.
1. **Wellness Programs:** AHN Wexford is committed to preventative health. They offer a variety of wellness programs designed to promote healthy lifestyles and prevent disease. These programs may include nutrition counseling, weight management programs, and stress reduction techniques, empowering individuals to take control of their well-being.

The Allegheny Health Network Wexford Advantage: Quality and Convenience

The choice of a healthcare provider is a crucial one. AHN Wexford distinguishes itself through several key advantages:

Experienced and Compassionate Staff: The facility prides itself on employing highly skilled and compassionate medical professionals dedicated to providing exceptional patient care. This commitment to

patient well-being is reflected in consistently positive patient reviews.

State-of-the-Art Technology: AHN Wexford utilizes cutting-edge technology and medical equipment, ensuring accurate diagnoses and effective treatments. This commitment to innovation is a key factor in the quality of care delivered.

Convenient Location and Accessibility: The Wexford location offers easy accessibility for residents of Wexford and surrounding communities, minimizing travel time and maximizing convenience for patients.

Integrated Care: AHN's integrated system ensures seamless communication and coordination of care among specialists, streamlining the treatment process and improving patient outcomes.

Focus on Patient Experience: AHN Wexford prioritizes creating a positive and supportive patient experience, making healthcare less stressful and more comfortable for patients.

Finding the Right Care at Allegheny Health and Wellness Wexford

To access the services at Allegheny Health and Wellness Wexford, you can:

Visit their website: The AHN website provides detailed information on services, physician profiles, and appointment scheduling.

Call their scheduling line: A dedicated phone line allows you to schedule appointments directly with the various departments.

Use online appointment scheduling: Many AHN Wexford services offer convenient online appointment scheduling, saving you time and effort.

Conclusion

Allegheny Health and Wellness Wexford offers a comprehensive and convenient healthcare solution for the Wexford community. From primary care to specialized services and advanced diagnostics, they provide high-quality care delivered by experienced professionals within a patient-centered environment. By understanding the services available and how to access them, you can make informed choices about your healthcare and prioritize your well-being.

Frequently Asked Questions (FAQs)

1. Does Allegheny Health and Wellness Wexford accept my insurance? AHN Wexford accepts a wide range of insurance plans, but it's crucial to verify your specific plan's coverage by contacting the facility directly or reviewing their website's insurance information.

1. How do I schedule an appointment with a specific doctor? You can typically schedule appointments online through the AHN website or by calling their scheduling number. Physician contact information is often available on the website.

1. What are the hours of operation for the urgent care facility? The urgent care facility's hours of operation will be listed on the AHN Wexford website. These hours may vary, so it's essential to check before visiting.

1. Does AHN Wexford offer telehealth services? Check the AHN website for information on telehealth availability. Many healthcare systems offer virtual appointments, providing convenient access to care.

1. What types of specialists are available at the Wexford location? The specific specialists available at the Wexford location will be listed on the AHN website. You can search for specific specialists by name or specialty to find the right provider for your needs.

allegheny health and wellness wexford: Cerebrovascular Neurosurgery Dr Peter Nakaji, Dr Michael Levitt, 2019-08-15 Part of the Neurosurgery by Example series, this volume on cerebrovascular neurosurgery presents exemplary cases in which renowned authors guide readers through the assessment and planning, decision making, surgical procedure, after care, and complication management of common and uncommon disorders. The cases explore the spectrum of clinical diversity and complexity within cerebrovascular neurosurgery, including aneurysms, ischemic/occlusive disease, arteriovenous malformation, dural arteriovenous fistula, and more. Each chapter also contains 'pivot points' that illuminate changes required to manage patients in alternate or atypical situations, and pearls for accurate diagnosis, successful treatment, and effective complication management. Containing a focused review of medical evidence and expected outcomes, Cerebrovascular Neurosurgery is appropriate for neurosurgeons who wish to learn more about a subspecialty, and those preparing for the American Board of Neurological Surgery oral examination.

allegheny health and wellness wexford: Creating Relationship Wellness Stephanie Wijkstrom, 2021 Mindfulness for your marriage is a tool book to be used by couples who want to gain the skill of relationship wellness. Each chapter offers evidence-based, and therapist verified techniques to gain insight into yourself and your partners world. Mindfulness for your marriage offers skills-based interventions that draw upon the fields of mindfulness and behavioral psychology, both recognized as pathways to enrichment. Each segment of this text builds upon the previous in an effort to lead the reader toward a mastery of relationship wellness. Divorce, separation, or

disconnection do not always need to be the solution, a new approach to your problems will empower your path to reconnection. Prepare to break down specific methods of mindfulness and apply them during each chapter's exercises as you practice to enhance your relationship. Each segment ends with practical exercises to do together or independently. In this unique text, you are offered thoughtful meditations that make relationship improvement understandable and easy. The writer houses an intimate understanding of human emotions and connections that she intersects in a meaningful way. It is not necessary to wait to improve your love until it is ailing, but here and now, relationship enhancement is offered as a preventative strategy in the attainment of interconnected wellbeing.

allegheny health and wellness wexford: The Hormone Shift Dawn M. Cutillo, 2012 Would you like to lose five pounds, stop your hot flashes and sleep better, THIS WEEK? These results are attainable when your hormones get into balance. The author explains how natural, safe solutions can bring fast results that last. From her twenty-three years of experience in the health field, and after helping thousands of women at her Lancaster, Pa. health center, she has noted growing trends that ALL stem from a simple hormone imbalance: The inability for women to lose weight efficiently after the age of 35 due to a slowed metabolism. The increased use of strong mood medications for depression/anxiety that do not improve mood satisfactorily for most women and also cause unpleasant side effects. The increase in fatigue experienced by women and the increased use of synthetic thyroid medication that does not satisfactorily resolve all the woman's symptoms. The increased use of the birth control pill for heavy, painful periods and menstrual irregularity that temporarily solves the problem but will cause health issues over time. The increased number of ablations, hysterectomies and other invasive procedures performed for cysts, fibroids, endometriosis. Women still fear breast cancer due to not knowing its true cause. CONCLUSION: Frustration is rising due to NOT getting validation about concerns or answers on these issues from the medical field or health/nutrition industry! Are Your Hormones Imbalanced? Perhaps your hormones have shifted a bit due to stress, age, pregnancy or menopause. Are you left feeling frustrated from trying to deal with many issues that do not seem to respond to diet, exercise, herbs, medication or even surgical procedures? Learn the ONE MAIN hormonal shift that occurs in almost all American women, starting at puberty and peaking around menopause along with its ONE MAIN origin. The author will give you simple steps on how to reverse this hormonal shift so that within a month you can be: Losing weight quickly (even if NOTHING worked up until now) Relieving your hot flashes/night sweats Deepening your sleep Easing your anxiety/irritability and mood swings Seeing your depression lift Regulating your menstrual cycle - easing symptoms of PMS Decreasing your chance of female-related cancers Reversing your other PMS/menopausal symptoms or conditions that affect your overall health. You will understand that when hormones are balanced you will look and feel your best while preventing female-related cancers...and slowing the aging process as an extra benefit! If you are one of the many women saying.... These constant hot flashes are driving me crazy! Is everyone around me trying to get on my last nerve? I'm counting FLOCKS of sheep and still can't sleep! I'm working out, eating like a bird and can't lose a single pound! Sex? Are you kidding? I'd rather be sleeping or eating. My thyroid medicine just doesn't seem like it's helping me lose weight. Depressed? That's an understatement, nothing is really fun anymore. This book is a must-read!

allegheny health and wellness wexford: Minimally Invasive Neurosurgery Mark R. Proctor, Peter McL. Black, 2005-04-14 Recognized clinical leaders in neurosurgery and neuroradiology review the cutting-edge techniques and technologies now available and describe how minimally invasive techniques have influenced their subspecialties. On the radiology side, the authors explain the latest developments in magnetic resonance spectroscopy, functional imaging, and brain mapping, with emphasis on the application of image navigation directly in the operating room, using both preoperative and intraoperative systems. On the surgical side, some of the world's leading surgeons in pediatric neurosurgery, cerebrovascular surgery, neurosurgical oncology, spinal and peripheral nerve surgery, and trauma surgery detail how they use the powerful new minimally

invasive techniques in the own practices. Among the novel approaches discussed are radiofrequency, radiosurgery, thermal therapy, and minimally invasive techniques that allow molecular neurosurgery via gene and viral vectors and local delivery systems.

allegheny health and wellness wexford: Malignant Pleural Mesothelioma Ken O'Byrne, Valerie W. Rusch, 2006 This book provides health professionals and scientists with a comprehensive overview of the mesothelioma - an asbestos induced malignancy. It includes chapters on epidemiology, diagnosis, histopathology, radiology, surgery, chemotherapy, immune therapy, and radiotherapy as well as the molecular biology and future therapies.

allegheny health and wellness wexford: OB/GYN Nurse Practitioner National Learning Corporation, 2016 The Certified Nurse Examination Series prepares individuals for licensing and certification conducted by the American Nurses Credentialing Center (ANCC), the National Certification Corporation (NCC), the National League for Nursing (NLN), and other organizations.

allegheny health and wellness wexford: Spinal Instability Robert N.N. Holtzman, H. Winston, Paul C. McCormick, Jean-Pierre C. Farcy, 2012-12-06 In this volume, world authorities on spinal surgery from the fields of Neurosurgery, Orthopaedic Surgery, and Neuroscience present current data on the basic science and clinical management of the unstable spine. Unique to this book: a frank presentation of controversies in the field.

allegheny health and wellness wexford: Elective Hand Surgery Michel Merle, Aymeric Y. T. Lim, 2011 The volume contains essential information on elective (non-emergency) hand surgery practice. The author, M Merle, a world authority in surgery of the rheumatoid hand, synthesizes the depth of his experience into the book, and presents the management of these conditions in a clear manner. All the elective procedures are described in great detail and depth. The quality of illustrations is outstanding and is superior to any other hand textbooks on the market. There are very few textbooks on elective hand surgery and this will be an essential resource for orthopedic surgeons, rheumatologists, and physiotherapists.

allegheny health and wellness wexford: An Alternative History of Pittsburgh Ed Simon, 2021-05-04 "[An] epic, atomic history of the Steel City . . . a work of literature, a series of linked creative nonfiction essays, an historical story cycle." —Phillip Maciak, Los Angeles Review of Books The land surrounding the confluence of the Allegheny, Monongahela, and Ohio rivers has supported communities of humans for millennia. Over the past four centuries, however, it has been transformed countless times by the many people who call it home. In this brief, lyrical, and idiosyncratic collection, Ed Simon, a staff writer at The Millions, follows the story of Pittsburgh through a series of interconnected segments, covering all manner of beloved people, places, and things, including: • Paleolithic Pittsburgh • The Whiskey Rebellion • The attempted assassination of Henry Frick • The Harmonists • The Mystery, Pittsburgh's radical, Black nationalist newspaper • The myth of Joe Magarac • Billy Strayhorn, Duke Ellington, Andy Warhol, and much, much more. Accessible and funny, An Alternative History of Pittsburgh is a must-read for anyone curious about this storied city, and for Pittsburghers who think they know it all too well already. "[A] rich and idiosyncratic history . . . Even Pittsburgh history buffs will learn something new." —Publishers Weekly "Simon tells the story of the city and all the changes that made it what it is today in a way that's entirely new, by the hand of someone who is deeply familiar." —Juliana Rose Pignataro, Newsweek "A sparkling new take on everyone's favorite Rust Belt metropolis." —Justin Velluci, Jewish Chronicle "A brilliant look at how geology and art, politics and religion, disaster and luck combine to build America's great cities—one that will leave you wondering what secrets your own hometown might be hiding." —Anjali Sachdeva, author of All the Names They Used for God

allegheny health and wellness wexford: Childhood Asthma Stanley J Szeffler, Soren Pedersen, 2005-09-26 This reference collects the latest studies on the development, diagnosis, and treatment of childhood asthma and offers current perspectives on new technologies that will shape the management of pediatric asthma in the forthcoming decade-illustrating how advances in pulmonary function measurement, inflammatory markers, imaging, and pharmacogenetics

allegheny health and wellness wexford: Robotic Hernia Surgery Omar Yusef Kudsi,

2020-07-03 This atlas demonstrates how to perform each available extraperitoneal hernia repair via a set of high-quality annotated images showing step-by-step guidance on how to perform the surgery. Robotic extraperitoneal hernia procedures are considered great teaching procedures especially with a dual teaching console. The book bridges the gap between traditional hernia and laparoscopic hernia texts by combining both approaches to create a book with a unique visual approach. Preoperative, intraoperative, and postoperative figures are integrated to highlight the importance of these step-by-step procedures, enhance skill and efficiency, and avoid surgical pitfalls. Detailed descriptive figures accompany step-by-step instructions and include specific anatomical annotations that describe the anatomy and layers of the abdominal wall during hernia procedures. Robotic Hernia Surgery provides a comprehensive, insightful and state-of-art review of this field, and serves as a valuable resource for surgeons, surgeons in training, and students with an interest in hernia and robotic hernia surgery.

allegheny health and wellness wexford: Successful Bowhunting Marion Ray James, 1985

allegheny health and wellness wexford: Gynecologic Cancer Patricia J. Eifel, David M. Gershenson, John J. Kavanagh, Elvio G. Silva, 2005-12-21 Gynecologic cancer includes cancer of the female lower genital tract: vagina, vulva, cervix, endometrium, uterus, and ovaries. Gynecologic Cancer is the fourth volume in the M.D. Anderson Cancer Care Series, featuring the current standard approach to gynecologic cancer care from the experts at M.D. Anderson Cancer Center. Designed for the practicing oncologist, this clinical guidebook allows for quick, authoritative access to the latest and best multimodality therapies. Topics covered in this volume include primary prevention and early detection, preinvasive diseases of female lower genital tract, pathology and imaging of gynecologica malignancies, treatment of vaginal, cervical, endometrial, uterine cancers. Discussions also address fertility-sparing options for treatment of women with gynecologica cancers as well as sexuality in women with gyn malignancies. Each of the 20 chapters ends with an up-to-date list of suggested readings, as well as key practice points highlighting the most principles and practices of each chapter for at-a-glance reference. More than 80 illustrations complement the text. This thorough, practical volume is the essential clinical guide for the oncologists, surgeons, and all physicians involved in the care of patients with gynecologic cancer.

allegheny health and wellness wexford: Learning to Speak Alzheimer's Joanne Koenig Coste, 2004-09-08 A guide to more successful communication for the millions of Americans caring for someone with dementia: "Offers a fresh approach and hope."—NPR Revolutionizing the way we perceive and live with Alzheimer's, Joanne Koenig Coste offers a practical approach to the emotional well-being of both patients and caregivers that emphasizes relating to patients in their own reality. Her accessible and comprehensive method, which she calls habilitation, works to enhance communication between care partners and patients and has proven successful with thousands of people living with dementia. Learning to Speak Alzheimer's also offers hundreds of practical tips, including how to: · cope with the diagnosis and adjust to the disease's progression · help the patient talk about the illness · face the issue of driving · make meals and bath times as pleasant as possible · adjust room design for the patient's comfort · deal with wandering, paranoia, and aggression "A fine addition to Alzheimer's and caregiving collections."—Library Journal (starred review) "Promises to transform not only the lives of patients but those of care providers...This book is a gift."—Sue Levkoff, coauthor of Aging Well

allegheny health and wellness wexford: Transanal Endoscopic Microsurgery Peter Cataldo, Gerhard F. Buess, 2008-12-03 Cancer of the rectum continues to be a significant health problem in industrialized countries around the world. Relative 5-year survival rates in the USA for cancer of the rectum from 1995 to 2001 improved to 65%, a 15% improvement over 20 years (American Cancer Society, 2007). The reasons for this dramatic improvement include more accurate pre-operative staging, aggressive neoadjuvant therapy and improved surgical technique as well as specialty-trained surgeons. Despite advances in nonoperative techniques of radiation therapy, chemotherapy and immunotherapy, surgical extirpation continues to be the cornerstone of curative treatment of this potentially lethal disease. Radical cancer excision with total mesorectal excision

has become the preferred surgical procedure for even early-stage cancers of the rectum. Over the past decade the enthusiasm for local excision (and other local treatments) has given way to persuasive (predominantly retrospective) evidence that the incidence of locoregional recurrence due to unsuspected lymphatic metastases and positive lateral margins is unacceptably high even for stage T tumors. Vigorous attempts to find characteristics of the 1 tumor that would allow successful local treatments are ongoing.

allegHENy health and wellness wexford: *The Official SAT Study Guide, 2018 Edition* The College Board, 2018-10-23 Review every skill and question type needed for SAT success – now with eight total practice tests. The 2018 edition of The Official SAT Study Guide doubles the number of official SAT® practice tests to eight – all of them created by the test maker. As part of the College Board's commitment to transparency, all practice tests are available on the College Board's website, but The Official SAT Study Guide is the only place to find them in print along with over 250 pages of additional instruction, guidance, and test information. With updated guidance and practice problems that reflect the most recent information, this new edition takes the best-selling SAT guide and makes it even more relevant and useful. Be ready for the SAT with strategies and up-to-date information straight from the exam writers. The Official SAT Study Guide will help students get ready for the SAT with: • 8 official SAT practice tests, written in the exact same process and by the same team of authors as the actual exam • detailed descriptions of the math and evidenced based reading and writing sections • targeted practice questions for each SAT question type • guidance on the new optional essay, including practice essay questions with sample responses • seamless integration with Official SAT Practice on Khan Academy

allegHENy health and wellness wexford: *Principles of Posterior Fossa Surgery* Anil Nanda, 2011-11-08 A comprehensive review of surgical approaches and techniques for the posterior fossa The ability to operate successfully in the posterior fossa requires a thorough understanding of its neuroanatomy and physiology, accurate localization of lesions, and optimal surgical technique. Principles of Posterior Fossa Surgery provides an in-depth review of this complex surgical region, with detailed coverage of anatomy, pathology, imaging, disease-based management, and surgical approaches. Written by a team of highly respected specialists, it will be a valued reference and refresher for clinicians who perform posterior fossa surgery, as well as for trainees. Special Features: Begins with a useful framework in neuroimaging, neuropathology, and microsurgical anatomy of the posterior cranial fossa Covers a wide range of approaches and pathologies in the region, including congenital Chiari malformations, infections, trauma, aneurysms, and tumors Highlights the anatomy of common surgical approaches, with numerous radiographic and endoscopic images that aid in visualizing concepts Provides full coverage of surgical techniques, starting with basic concepts and progressing to operations on more challenging entities like petroclival meningiomas, jugular bulb tumors, acoustic neuromas, complex basilar aneurysms, and posterior circulation aneurysms Includes comprehensive sections on surgical management of pediatric posterior fossa tumors and shunt surgery for lesions Shares the insights of prominent neurosurgeons from top centers around the world, who discuss their preferred strategies for tackling this challenging area of the brain Focusing solely on the posterior fossa, this book fills an important gap for neurosurgeons, skull base specialists, and residents and fellows who are training in this anatomically challenging region. It will enrich their understanding and knowledge of the field, expand their surgical armamentarium, and help achieve the most successful clinical outcomes.

allegHENy health and wellness wexford: *The Herbal Drugstore* Linda B. White, Steven Foster, The Staff Of Herbs For Health, 2003-04-05 Ease Symptoms, Fight Disease, and Supercharge Immunity--All Without Drugs or Chemicals! You're about to enter a completely different kind of drugstore. One where herbal medicines are offered right alongside conventional pharmaceuticals. Where bottles of feverfew stand next to bottles of aspirin, and echinacea has its place among other cold and flu remedies. The Herbal Drugstore is the only place where you can compare mainstream drug treatments and their herbal alternatives for close to 100 common health problems. You'll find herbs that have the same healing powers as many prescription and over-the-counter

medications--only they're cheaper and gentler, with few or no side effects. Whether you need fast first-aid or long-term relief, The Herbal Drugstore has a remedy for you. Here's just a sampling: * Immobilized by arthritis? Rub on capsaicin cream, a natural pain reliever made from hot peppers * Can't sleep? Start snoozing with valerian--it's as effective as Valium, but it isn't addictive * Want to lose a few pounds? Get a helping hand from psyllium, an herbal alternative to appetite suppressants * Feeling stressed? Calm jangled nerves with ginseng--it won't undermine alertness * Battling bronchitis? Clear up that cough with licorice, a natural expectorant * Need help with high blood pressure? Turn to hawthorn--it has much in common with beta blockers, except for the side effects The Herbal Drugstore features these and many more herbal remedies--712 in all! They're profiled right next to their pharmaceutical counterparts, so you can make your own comparisons and decide which treatments are best for you.

allegheny health and wellness wexford: Cartilage Restoration Jack Farr, Andreas H. Gomoll, 2013-08-15 Attempting to bridge the gap between the science and art of cartilage restoration, *Cartilage Restoration: Practical Clinical Applications* combines an overview of clinical research and methodologies with clinical cases to help guide the orthopedic treatment and care of patients presenting with cartilage issues. With chapters written by internationally-renowned orthopedic surgeons, topics include an overview of current surgical options, debridement and marrow stimulation, autograft plug transfer, allografts, cell therapy, and meniscal issues. *Cartilage Restoration* is a valuable resource for orthopedic surgeons, residents, and fellows.

allegheny health and wellness wexford: Geriatric Dermatology R.A. Norman, 2020-08-26 Over the past few years the world's population has continued on its remarkable transition from a state of high birth and death rates to one characterized by low birth and death rates. Consequently, primary care physicians and dermatologists will see more elderly patients presenting age-related dermatological conditions. There has never been a better time for a book devoted entirely to skin care in the elderly. *Geriatric Dermatology* draws together a panel of experts who provide an overview of the diagnosis and treatment of geriatric skin diseases. It begins with a general review of the aging of the world's population and the major dermatological problems that often arise in elderly patients. An added benefit is the book's coverage of geriatric skin care in nursing homes, adult congregate living, and subacute and home health settings, a subject not always found in conventional dermatology texts. The book includes: A summary of the dermatological disorders frequently encountered in the elderly, including eczematous dermatitis, skin infections, and neoplasias A description of the most common geriatric hair and scalp disorders, including graying, alopecia, and scalp psoriasis Comprehensive coverage of the diagnosis and treatment of leg, foot, and nail diseases Detailed discussion of the treatment of superficial mycoses, scabies, and pediculosis Less common geriatric conditions such as blistering diseases Major adverse drug reactions on the skin Leg ulcers due to venous insufficiency, arterial diseases, and diabetic nephropathy Diagnosis and treatment of diabetic complications of dermatology, such scleroderma and dermatopathy The study of diseases that impact the elderly population is a crucial and growing area of interest in medicine. Geriatricians, primary care physicians, dermatologists, and others involved in the care of the elderly will inevitably see an increase in skin diseases specific to aging. The comprehensive coverage provided by *Geriatric Dermatology* facilitates the diagnosis and management of these geriatric skin diseases from the common to the rare and unusual.

allegheny health and wellness wexford: Steel William Metcalf, 1896

allegheny health and wellness wexford: Perinatal Palliative Care Erin M. Denney-Koelsch, Denise Côté-Arsenault, 2020-02-05 This unique book is a first-of-its-kind resource that comprehensively covers each facet and challenge of providing optimal perinatal palliative care. Designed for a wide and multi-disciplinary audience, the subjects covered range from theoretical to the clinical and the practically relevant, and all chapters include case studies that provide real-world scenarios as additional teaching tools for the reader. *Perinatal Palliative Care: A Clinical Guide* is divided into four sections. Part One provides the foundation, covering an overview of the field, key theories that guide the practice of perinatal palliative care, and includes a discussion of perinatal

ethics and parental experiences and needs upon receiving a life-limiting fetal diagnosis. Part Two delves further into practical clinical care, guiding readers through issues of obstetrical management, genetic counseling, neonatal pain management, non-pain symptom management, spiritual care, and perinatal bereavement care. Part Three discusses models of perinatal palliative care, closely examining evidence for different types of PPC programs: from hospital-based programs, to community-based care, and examines issues of interdisciplinary PPC care coordination, birth planning, and team support. Finally, Part Four concludes the book with a close look at special considerations in the field. In this section, racial, ethnic, and cultural perspectives and implications for PPC are discussed, along with lessons in how to provide PPC for a wide-range of clinical and other healthcare workers. The book closes with a look to the future of the field of perinatal palliative care. Thorough and practical, *Perinatal Palliative Care: A Clinical Guide* is an ideal resource for any healthcare practitioner working with these vulnerable patient populations, from palliative care specialists, to obstetricians, midwives, neonatologists, hospice providers, nurses, doulas, social workers, chaplains, therapists, ethicists, and child life specialists.

allegheny health and wellness wexford: ISIS Practice Guidelines for Spinal Diagnostic and Treatment Procedures Nikolai Bogduk, 2014-07-01 The ISIS 2nd Edition Practice Guidelines book represents the finest compendium of evidence-based information on spinal interventions available today. Years of research, literature review and peer-review is assembled within the pages by the experts in the field. This book is a necessity if you treat or plan to treat patients with spine pain.

allegheny health and wellness wexford: Cook for Your Gut Health America's Test Kitchen, 2021-04-06 A creative, flavorful collection of more than 100 low-FODMAP and gut health-supporting recipes with the vibrant vegetables, hearty grains, and optimal fiber you need. Developed with the guidance of nutritionist and dietitian Alicia A. Romano, America's Test Kitchen not only delivers a wealth of foolproof recipes that support the gut, but also provides an in-depth education on the evolving science of the gut. Whether you're trying to calm occasional gastrointestinal symptoms, or you suffer from issues such as IBS, acid reflux, or GERD, you'll be pleased to find: A focus on the best ingredients: This physician-backed way of eating for the gut emphasizes hearty, high-fiber, and low-lactose ingredients, while also including low-FODMAP recipes (those that eliminate certain hard-to-digest carbohydrates). Customization: We offer options for making each recipe dairy or gluten free, and ideas for eliminating high-FODMAP ingredients from the few recipes that have them (think crunchy swaps for certain bothersome nuts or better-tolerated vegetable substitutions). Clever cooking solutions: Onions and garlic are foundational ingredients but can commonly bother those with gut issues. Find ways to substitute chives or scallion greens; start your recipes with garlic-infused oil; and make your own chicken and vegetable broths without them. Learn how to boost taste with ginger, lemon grass, or healthful spices. There's good reason to eat with your gut in mind. A healthy gut optimizes digestion. It's vital to helping us absorb nutrients and plays a role in supporting our immunity and emotional health. You'll cook with flavor, flair, and ease.

allegheny health and wellness wexford: This Republic of Suffering Drew Gilpin Faust, 2009-01-06 NATIONAL BESTSELLER • NATIONAL BOOK AWARD FINALIST • An extraordinary ... profoundly moving history (The New York Times Book Review) of the American Civil War that reveals the ways that death on such a scale changed not only individual lives but the life of the nation. An estimated 750,000 soldiers lost their lives in the American Civil War. An equivalent proportion of today's population would be seven and a half million. In *This Republic of Suffering*, Drew Gilpin Faust describes how the survivors managed on a practical level and how a deeply religious culture struggled to reconcile the unprecedented carnage with its belief in a benevolent God. Throughout, the voices of soldiers and their families, of statesmen, generals, preachers, poets, surgeons, nurses, northerners and southerners come together to give us a vivid understanding of the Civil War's most fundamental and widely shared reality. With a new introduction by the author, and a new foreword by Mike Mullen, 17th Chairman of the Joint Chiefs of Staff.

allegheny health and wellness wexford: Four Perfect Pebbles Lila Perl, Marion Blumenthal Lazan, 2016-10-18 The twentieth-anniversary edition of Marion Blumenthal Lazan's acclaimed

Holocaust memoir features new material by the author, a reading group guide, a map, and additional photographs. "The writing is direct, devastating, with no rhetoric or exploitation. The truth is in what's said and in what is left out."—ALA Booklist (starred review) Marion Blumenthal Lazan's unforgettable and acclaimed memoir recalls the devastating years that shaped her childhood. Following Hitler's rise to power, the Blumenthal family—father, mother, Marion, and her brother, Albert—were trapped in Nazi Germany. They managed eventually to get to Holland, but soon thereafter it was occupied by the Nazis. For the next six and a half years the Blumenthals were forced to live in refugee, transit, and prison camps, including Westerbork in Holland and Bergen-Belsen in Germany, before finally making it to the United States. Their story is one of horror and hardship, but it is also a story of courage, hope, and the will to survive. *Four Perfect Pebbles* features forty archival photographs, including several new to this edition, an epilogue, a bibliography, a map, a reading group guide, an index, and a new afterword by the author. First published in 1996, the book was an ALA Notable Book, an ALA Quick Pick for Reluctant Readers, and IRA Young Adults' Choice, and a Notable Trade Book in the Field of Social Studies, and the recipient of many other honors. "A harrowing and often moving account."—School Library Journal

alleggheny health and wellness wexford: Groups Marianne Schneider Corey, Gerald Corey, 2006 Offers examples, guidelines, insights, and ideas that demonstrate how group leaders can apply the basic issues and key concepts of the group process to a variety of groups. This work features a focus on group work with children, the elderly, issues in both women's and men's groups and in school settings.

alleggheny health and wellness wexford: Excellence in the Arts Virginia Loh-Hagan, 2022-08

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