

xpress wellness urgent care durant

Xpress Wellness Urgent Care Durant: Your Go-To for Non-Emergency Medical Needs

Are you in Durant, Oklahoma, and need quick, reliable medical attention for a non-life-threatening issue? Feeling under the weather, battling a sudden injury, or simply need a quick checkup? Then this post is for you. We'll delve into everything you need to know about Xpress Wellness Urgent Care Durant, exploring its services, convenience, and why it's the preferred choice for many in the community. We'll cover everything from appointment scheduling to the types of illnesses and injuries they handle, ensuring you're fully informed before your next visit.

Understanding Xpress Wellness Urgent Care Durant's Services

Xpress Wellness Urgent Care Durant stands out as a convenient and efficient option for urgent medical care. Unlike emergency rooms, which are designed for life-threatening situations, Xpress Wellness handles a wide range of non-emergency medical needs. This includes, but is not limited to:

Minor Injuries: Sprains, strains, cuts, burns, and lacerations are all treated effectively and efficiently. Their team is trained to provide prompt care, minimizing discomfort and ensuring proper healing.

Illnesses: Dealing with a sudden onset of flu-like symptoms, a persistent cough, a severe headache, or other common illnesses? Xpress Wellness offers diagnosis and treatment to alleviate your symptoms and get you back on your feet.

Physical Exams and Health Screenings: Need a quick physical for work, school, or sports? Or perhaps you're interested in routine health screenings? Xpress Wellness provides these services, contributing to your overall well-being.

On-Site Lab Services: Many urgent care needs require quick lab testing. The convenience of having lab services available on-site at Xpress Wellness eliminates the need for separate appointments and speeds up the diagnosis process. This streamlined approach minimizes waiting times and gets you the answers you need quickly.

Digital X-Rays: Rapid and accurate diagnosis is paramount. Xpress Wellness Urgent Care Durant utilizes digital X-ray technology, allowing for immediate imaging and assessment of injuries, reducing wait times and improving overall care.

Why Choose Xpress Wellness Urgent Care Durant Over Other Options?

Several factors make Xpress Wellness Urgent Care Durant a top choice for residents:

Convenience and Accessibility: Located conveniently in Durant, Xpress Wellness is easily accessible, saving you valuable time and reducing travel stress, especially when you're feeling unwell.

Shorter Wait Times: Unlike emergency rooms that often experience long wait times, Xpress Wellness prioritizes efficient patient flow, leading to significantly shorter wait times. This is particularly beneficial when you're already feeling unwell or dealing with pain.

Affordable Care: Xpress Wellness aims to offer affordable urgent care services, making quality medical attention accessible to a wider range of individuals. While it's crucial to check their insurance coverage options, they often offer competitive pricing compared to other healthcare providers.

Experienced and Caring Medical Professionals: The clinic boasts a team of experienced and compassionate medical professionals dedicated to providing high-quality care in a comfortable and supportive environment. They prioritize patient comfort and understanding throughout the entire process.

Comprehensive Services Under One Roof: From diagnosis to treatment and even lab work, Xpress Wellness strives to offer comprehensive services under one roof, streamlining your healthcare experience and eliminating the need for multiple visits to different specialists.

How to Schedule an Appointment at Xpress Wellness Urgent Care Durant

Scheduling an appointment is quick and easy. You can typically walk in without an appointment, though checking their website or calling ahead might provide you with an estimate of wait times. Most find the process straightforward and hassle-free, allowing you to receive care promptly. Their website likely provides detailed instructions on how to book appointments online if this is an option.

Beyond the Basics: What Sets Xpress Wellness Apart?

While the services listed above are standard for most urgent care facilities, Xpress Wellness strives to go the extra mile. They focus on building strong relationships with their patients, fostering a sense of trust and providing personalized care. This commitment to patient well-being sets them apart from generic urgent care clinics. They emphasize clear communication, ensuring patients understand their diagnoses, treatment plans, and any necessary follow-up care.

Conclusion

Xpress Wellness Urgent Care Durant is a valuable asset to the community, offering convenient, accessible, and affordable urgent medical care. Their dedication to efficient service, experienced staff, and patient-centric approach makes them a reliable choice for various non-emergency medical needs. Whether you're facing a minor injury, a sudden illness, or need a routine checkup, Xpress Wellness provides a comprehensive and comfortable solution. Remember to check their website or call ahead for the most up-to-date information on hours, services, and insurance acceptance.

Frequently Asked Questions (FAQs)

1. Does Xpress Wellness Urgent Care Durant accept my insurance? It's best to contact Xpress Wellness directly or check their website to verify which insurance providers they accept. Their insurance coverage may vary.
1. What are the hours of operation for Xpress Wellness Urgent Care Durant? The hours of operation may vary, so it's best to check their official website or contact them directly for the most current information.
1. Do I need an appointment to visit Xpress Wellness Urgent Care Durant? While walk-ins are generally accepted, scheduling an appointment online or over the phone is often recommended, particularly during peak hours, to minimize wait times.
1. What types of payment methods does Xpress Wellness Urgent Care Durant accept? This information is generally available on their website or by contacting them directly. Expect common payment methods like credit cards, debit cards, and possibly cash.
1. What should I bring to my appointment at Xpress Wellness Urgent Care Durant? Bring your insurance card and a form of identification. It's also helpful to bring a list of current medications you're taking and any relevant medical history information.

xpress wellness urgent care durant: Around Sherman Annette Swan, 2022-06-06 When Sherman's first settler, Dearing Dorman, came to live in the town in 1823, he laid claim to land that was plentiful with trees and rich soil. With the opening of the Erie Canal in 1825, more settlers started making their way to this area of Chautauqua County, helping the town of Sherman to grow rapidly. And with French Creek running through the township, it seemed only logical that the village of Sherman would start to take shape near the creek. Sherman's history runs deep through these early settlers and is evident in the town's commitment to keep its history and traditions alive through the Yorker Museum and annual Sherman School Alumni Reunion and Sherman Day celebrations.

xpress wellness urgent care durant: *Federal Register Index* ,

xpress wellness urgent care durant: **The Protestant Bible Correctly Translated** William Harwood, 2017-07-21 There has long been a need for a translation of the Judaeo-Christian Bible that did not deliberately mistranslate certain words and sentences for the purpose of concealing that the biblical authors' beliefs were quite different from those of modern Jews, Christians and Muslims. For

example, The LORD is a falsification of the proper name Yahweh, a god like Zeus or Jupiter. But the most blatant fraud has been the rendering of the Hebrew word allahiyim as the male proper name, God. Allahiyim is neither a proper name nor singular nor unisexual. Al means a god. The suffix -ah is a feminine singular inflection, so that allah means goddess. The suffix -iyim is a masculine plural inflection, making allahiyim a dual-sex, generic plural, male and female gods, or, in the common gender, gods. This translation corrects such falsifications. For extra copies contact: www.worldaudience.org

xpress wellness urgent care durant: *Football Physics* Timothy Gay, 2004-10-01 The scientific principles underlying the dynamics of football, including blocking, tackling, and passing is made comprehensible in a study that highlights moments and feats in the game such as Franco Harris's Immaculate Reception.

xpress wellness urgent care durant: Symposium on Development of Upper Respiratory Anatomy and Function James F. Bosma, Jane Showacre, 1975 This Symposium resulted from a linkage of interests of the National Institute of Child Health and Human Development, the National Institute of Dental Research, and the Fogarty International Center. The Perinatal Biology and Infant Mortality Program of the NICHD sponsors investigations of pregnancy, maternal health, intrauterine growth and infant development. A major role is in the instigation and the support of research pertinent to the sudden infant death syndrome (SIDS). The NIDR Section on Oral and Pharyngeal Development studies the infant performances of feeding, vocalization, and positioning, relating these to changes in local sensory resources. The FIC, through its Conference and Seminar Program, furthers international research pertinent to medicine. This conference of developmental anatomists and physiologists with clinicians concerned with the developmentally calendared entity of SIDS resulted in a productive and provocative exchange. We learned from each other and with each other. This volume is composed of chapters which were prepared after the conference, based in varying degree on the typescript of the spoken presentations. The questions and comments of the discussions were edited by the contributors and the responses by the chapter authors.

xpress wellness urgent care durant: *Parliamentary and Health Service Ombudsman: Midwifery Supervision and Regulation: Recommendations for Change - HC 865* Great Britain: Parliamentary and Health Service Ombudsman, 2013-12-10 The Ombudsman investigated three cases in which local statutory supervision of midwives failed, all of which occurred at Morecambe Bay NHS Foundation Trust. The cases clearly illuminate a potential muddling of the supervisory and regulatory role of supervisors of midwives. The current arrangements do not always allow information about poor care to be escalated effectively into hospital clinical governance or the regulatory system. This means the current system operates in a way that risks failure to learn from mistakes, which cannot be in the interests of the safety of mothers and babies and must change. Working with the Nursing and Midwifery Council (NMC), the Professional Standards Authority for Health and Social Care, NHS England and the Department of Health, the Ombudsman has identified two key principles that will form the basis of proposals to change the system of midwifery regulation: that midwifery supervision and regulation should be separated; that the NMC should be in direct control of regulatory activity. The Department of Health should convey these recommendations to its counterparts in Northern Ireland, Scotland and Wales and develop proposals to put these principles into effect.

xpress wellness urgent care durant: *Valeska Soares* Vanessa K. Davidson, 2017 This catalogue was published on the occasion of the exhibition Valeska Soares: Any Moment Now, organized by Julie Joyce and Vanessa Davidson, and presented at the Santa Barbara Museum of Art, September 17-December 31, 2017, and the Phoenix Art Museum, March 24-July 15 2018.

xpress wellness urgent care durant: A Series of Plays in which it is Attempted to Delineate the Stronger Passions of the Mind: Each Passion Being the Subject of a Tragedy and a Comedy Joanna Baillie, 1806

xpress wellness urgent care durant: *Folk & Traditional Arts* , 1994

xpress wellness urgent care durant: *Fractional Leadership* Ben Wolf, 2021-10-05 Do you

own a small or midsize business? Wish you could find (and afford) game-changing executive talent to take your business to the next level? Now, you can. Fractional Leadership shows you step-by-step how to land the experienced, been-there-done-that executive talent you thought was out of reach. If you're ready to step up your game in marketing, sales, operations, finance, or technology but you can't justify hiring a top-dollar executive full-time, a fractional leader can help you bridge the gap. Through personal stories and real-world examples, you'll learn exactly what fractional leaders are, how business owners use them to break through the ceilings they hit in their business growth, the kinds of problems that are perfect for them, and how to find the right fractional leader for maximum impact and performance. Stop waiting until you can afford a full-time C-level suite. Engage experts who can break through those challenges and take your business to the next level today.

xpress wellness urgent care durant: The Art of Leaving Ayelet Tsabari, 2019-02-19 An intimate memoir in essays by an award-winning Israeli writer who travels the world, from New York to India, searching for love, belonging, and an escape from grief following the death of her father when she was a young girl NAMED ONE OF THE BEST BOOKS OF THE YEAR BY KIRKUS REVIEWS This searching collection opens with the death of Ayelet Tsabari's father when she was just nine years old. His passing left her feeling rootless, devastated, and driven to question her complex identity as an Israeli of Yemeni descent in a country that suppressed and devalued her ancestors' traditions. In *The Art of Leaving*, Tsabari tells her story, from her early love of writing and words, to her rebellion during her mandatory service in the Israeli army. She travels from Israel to New York, Canada, Thailand, and India, falling in and out of love with countries, men and women, drugs and alcohol, running away from responsibilities and refusing to settle in one place. She recounts her first marriage, her struggle to define herself as a writer in a new language, her decision to become a mother, and finally her rediscovery and embrace of her family history—a history marked by generations of headstrong women who struggled to choose between their hearts and their homes. Eventually, she realizes that she must reconcile the memories of her father and the sadness of her past if she is ever going to come to terms with herself. With fierce, emotional prose, Ayelet Tsabari crafts a beautiful meditation about the lengths we will travel to try to escape our grief, the universal search to find a place where we belong, and the sense of home we eventually find within ourselves. Praise for *The Art of Leaving* "The Art of Leaving is, in large part, about what is passed down to us, and how we react to whatever it is. . . . [It] is not self-help—we cannot become whatever we put our mind to—yet it suggests that we can begin to heal from what has broken us, if we only let ourselves. . . . Tsabari's intense prose gave me pause."—The New York Times Book Review "Shortlist" "Told in a series of fierce, unflinching essays . . . an Israeli Canadian author explores her upbringing and the death of her father in this stark, beautiful memoir." —Shelf Awareness (starred review) "The Art of Leaving will take you on an emotional journey you won't soon forget."—Hello Giggles "Candid, affecting . . . [Ayelet Tsabari's] linked essays cohere into a tender, moving memoir."—Kirkus Reviews (starred review)

xpress wellness urgent care durant: New Critical Essays Roland Barthes, 2009-12-03 *New Critical* gathers Roland Barthes's essays on classic texts of French literature, works by La Rochefoucauld, Chateaubriand, Proust, Flaubert, Fromentin, and Lori. Like an artist sketching, Barthes in these essays is working out the more fascinating details of his larger theories. In the innocuously names Proust and Names and Flaubert and Sentences, Barthes explores the relation of the author to writing that begins his transition to his later thought. In his studies of La Rochefoucauld's maxims and the illustrative plates of the Encyclopedia, Barthes reveals new vistas on common cultural artifacts, while *Where to Begin?* offers a glimpse into his own analytical processes. The concluding essays on Fromentin and Loti show the breadth of Barthes's inquiry. As a whole, the essays demonstrate both the acuity and freshness of Barthes's critical mind and the gracefulness of his own use of language.

xpress wellness urgent care durant: Energy Management in Plastics Processing Robin Kent, 2018-07-06 *Energy Management in Plastics Processing: Strategies, Targets, Techniques, and Tools*, Third Edition, addresses energy benchmarking and site surveys, how to understand energy

supplies and bills, and how to measure and manage energy usage and carbon footprinting. The book's approach highlights the need to reduce the kWh/kg of materials processed and the resulting permanent reductions in consumption and costs. Every topic is covered in a 2-page spread, providing the reader with clear actions and key tips for success. This revised third edition covers new developments in energy management, power supply considerations, automation, assembly operations, water footprinting, and transport considerations, and more. Users will find a practical workbook that not only shows how to reduce energy consumption in all the major plastics shaping processes (moulding, extrusion, forming), but also provides tactics that will benefit other locations in plants (e.g. in factory services and nonmanufacturing areas). - Enables plastics processors in their desire to institute an effective energy management system, both in processing and elsewhere in the plant - Provides a holistic perspective, shining a light on areas where energy management methods may have not been previously considered - Acts as a roadmap to help companies move towards improved sustainability and cost savings

xpress wellness urgent care durant: Antoine of Oregon : A Story of the Oregon Trail

James Otis, 2013 Antoine of Oregon : A Story of the Oregon Trail The author of this series of stories for children has endeavored simply to show why and how the descendants of the early colonists fought their way through the wilderness in search of new homes. The several narratives deal with the struggles of those adventurous people who forced their way westward, ever westward, whether in hope of gain or in answer to the call of the wild, and who, in so doing, wrote their names with their blood across this country of ours from the Ohio to the Columbia. To excite in the hearts of the young people of this land a desire to know more regarding the building up of this great nation, and at the same time to entertain in such a manner as may stimulate to noble deeds, is the real aim of these stories. In them there is nothing of romance, but only a careful, truthful record of the part played by children in the great battles with those forces, human as well as natural, which, for so long a time, held a vast 4 portion of this broad land against the advance of home seekers. With the knowledge of what has been done by our own people in our own land, surely there is no reason why one should resort to fiction in order to depict scenes of heroism, daring, and sublime disregard of suffering in nearly every form.

xpress wellness urgent care durant: JavaScript Ravi Tomar, Sarishma Dangi, 2021-12-12

JavaScript is an easy-to-use, flexible, dynamic, prototype-based programming language predominantly used over the web. Although the initial focus of the language was to assist in the generation of dynamic web content, it soon found its way into numerous other applications. This book aims to cover the fundamentals of the language by providing a strong start for people who wish to start their journey to the JavaScript programming language. It provides the mandatory theoretical background, which is much needed for implementation of the exhaustive hands-on exercises and includes over 4000 lines of code for grasping a maximum understanding of the material. FEATURES A strong theoretical background and understanding of the fundamentals of the JavaScript language Hands-on and demo exercises at the end of every chapter Exercises, theory-based questions, MCQs and true/false questions for helping readers to evaluate their understanding from time to time A dedicated chapter providing extended case studies for using the language This book is targeted at undergraduate as well as postgraduate students who want to learn about front-end programming or who wish to learn a lightweight, easy-to-use programming language for working on their projects. For programmers having experience in other languages, it will serve as a quick summary to get a hold of a new language.

xpress wellness urgent care durant: Local Arts Agencies , 1995

xpress wellness urgent care durant: The Muscadine Vine Jo Ann Johnson, 2010

xpress wellness urgent care durant: Road Maintenance and Rehabilitation Organisation for Economic Co-operation and Development, 1994

xpress wellness urgent care durant: Handbook of Conservation Mary Lathrop Tucker ("Mrs. F. H. Tucker, "), 1911

xpress wellness urgent care durant: JD's Knight Angels Deb D. Donohue, 2020-11-30

Jerome Drake is a private investigator and also owns and operates JD's Knight Angels, a Denver, Colorado based trucking company. Jerome's team, which includes three X-police officers and five X-military men has recently joined an FBI task force to hunt and track down sex traffickers. They are strategically placed around the country searching for these heinous criminals. Jerome and his team of eighteen drivers deliver refrigerated food to large distribution centers nationwide which provides a way for the team to locate and track sex criminals. While the team tracks and takes down traffickers, they search for clues to the whereabouts of Jerome's twin sister, Jillian, who went missing from Evergreen, Colorado, forty-one years ago. Jerome has a suspicion that she was abducted by traffickers. With the help of the team, he finds clues to the mystery of Jillian's disappearance. Meanwhile, Jake Losato, a tremendously skilled tracker on the task force has been searching for his girlfriend, Grace Nadaeu, who went missing from a night club thirty-nine years ago. His story intertwines with other characters throughout the book. Sarah Beaulieu is a vigilante sort who conceals her identity. She helps the task force locate traffickers by calling them with anonymous leads and surprising gutsy, dangerous interaction. She and her hacker genius friend, Trevor, figure out how to locate and track sex criminals. Once the team gets close to the criminals, Sarah figures out how to rescue the young women and takes them to safe havens. Sarah has had a difficult life with tremendous sadness in her past. Sarah decided to work to rescue girls from traffickers when her best friend, Grace, went missing from a night club in Edmonton, Alberta, Canada, many years ago. She tells her story, which weaves in and out with other characters. My story is fictional, however, included in the book are references about actual arrests that have taken place all over the country and the rescue of many young women. Many of the characters and their stories are based on my own experiences and travels throughout the lower forty-eight United States, Alaska and Canada.

xpress wellness urgent care durant: Trichier Alessandra Ceretto,

xpress wellness urgent care durant: Fresh from the Farm 6pk Rigby, 2006

xpress wellness urgent care durant: Dear Black Girls Shanice Nicole, 2021-02-08 Dear Black Girls is a letter to all Black girls. Every day poet and educator Shanice Nicole is reminded of how special Black girls are and of how lucky she is to be one. Illustrations by Kezna Dalz support the book's message that no two Black girls are the same but they are all special--that to be a Black girl is a true gift. In this celebratory poem, Kezna and Shanice remind young readers that despite differences, they all deserve to be loved just the way they are.

xpress wellness urgent care durant: The Constitution of India B. Ambedkar, We The People of INDIA, 2019-06-06 The Constitution of India is the supreme law of land. The document lays down extensively the framework demarcating fundamental political code, structure, procedures, powers, and duties of government institutions and sets out fundamental rights, directive principles, and the duties of citizens. It is the longest written constitution of any country on earth. B. R. Ambedkar, chairman of the drafting committee, is widely considered to be its chief architect. Constitution is a living document, an instrument which makes the government system work. Its flexibility lies in its amendments. In this edition, the text of the Constitution of India has been brought up-to-date by incorporating therein all amendments made by Parliament up to and including the Constitution (One Hundredth Amendment) Act, 2015 which contains details of acquired and transferred territories between the Governments of India and Bangladesh and the same has been included in Annexure. Good Readable Print !

xpress wellness urgent care durant: The Report of the Morecambe Bay Investigation Bill Kirkup, Morecambe Bay Investigation, 2015 For the great majority, pregnancy and childbirth should be a positive and happy experience that culminates in a healthy mother and baby. This means, however, that on those occasions when things do go wrong, the effects are even more devastating than in other areas of healthcare. Maternity care must reconcile these dual aspects in order to be safe, effective and responsive. When it does not, the consequences may be stark. This Report details a distressing chain of events that began with serious failures of clinical care in the maternity unit at Furness General Hospital, part of what became the University Hospitals of Morecambe Bay NHS

Foundation Trust. The result was avoidable harm to mothers and babies, including tragic and unnecessary deaths. What followed was a pattern of failure to recognise the nature and severity of the problem, with, in some cases, denial that any problem existed, and a series of missed opportunities to intervene that involved almost every level of the NHS. These events have finally been brought to light thanks to the efforts of some diligent and courageous families, who persistently refused to accept what they were being told. Those families deserve great credit. This Report includes detailed and damning criticisms of the maternity unit, the Trust and the regulatory and supervisory system. This Report sets out why that is and how it could have been avoided.

xpress wellness urgent care durant: Observations on the Physical, Intellectual, and Moral Qualities of Our Colored Population: with Remarks on the Subject of Emancipation and Colonization Ebenezer Baldwin, 1834

xpress wellness urgent care durant: Commodity Trading Manual , 1982

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