

who to call for wellness check

Who to Call for a Wellness Check: Your Guide to Getting Help

Worried about a loved one? Feeling concerned about someone's well-being, but unsure who to reach out to? Knowing who to call for a wellness check can be crucial in ensuring someone's safety and providing necessary support. This comprehensive guide will equip you with the knowledge and resources to navigate this often stressful situation, providing you with a clear understanding of the various agencies and individuals you can contact, depending on the specifics of your concern. We'll cover everything from immediate emergencies to more gradual concerns, offering practical advice and steps you can take to get the help you need.

Understanding the Urgency: When to Call 911

Let's start with the most critical scenario: immediate danger. If you believe someone is in immediate danger of harming themselves or others – experiencing a suicidal crisis, actively harming themselves, or exhibiting violent behavior – call 911 immediately. This is the number for emergency services, and they are trained to handle life-threatening situations. Don't hesitate; acting swiftly can be lifesaving.

Remember, "immediate danger" encompasses a wide range of situations. This includes but is not limited to:

Suicidal ideation with a plan: If someone has expressed a clear plan to end their life, this is an emergency.

Overdose: Suspected drug or alcohol overdose requires immediate medical attention.

Self-harm: If someone is actively cutting, burning, or otherwise harming themselves, call 911 immediately.

Violent behavior: If someone is exhibiting dangerous or threatening behavior towards themselves or others, emergency services are necessary.

Less Urgent Situations: Who to Call for a Non-Emergency Wellness Check

Many wellness checks aren't emergencies, but still require attention. If you're concerned about someone's well-being but there's no immediate threat of harm, your options broaden. Consider these avenues:

1. **Local Police Department:** Your local police department's non-emergency line is a valuable resource. They can perform a wellness check, especially if you're unable to reach the individual yourself or if you have concerns about their safety based on

unusual behavior or lack of contact. Be prepared to provide the individual's name, address, phone number, and details about your concerns.

1. Family and Friends: Sometimes, the best approach is to reach out to someone close to the individual. A friend, family member, or neighbor might be able to check in on them directly. This can provide a less intrusive approach, particularly if the concern is relatively minor.
1. Mental Health Hotlines: If your concern relates to mental health, contacting a crisis hotline is crucial. These hotlines provide confidential support and can connect individuals with appropriate resources. The National Suicide Prevention Lifeline (988) is a great starting point, offering 24/7 support for individuals in distress.
1. Doctor or Therapist: If the individual has a doctor or therapist, contacting them can be helpful, particularly if there's a known history of mental health challenges or physical health concerns. They can assess the situation and offer professional advice or intervention.
1. Social Workers and Case Managers: For individuals receiving social services, a social worker or case manager can be contacted. They often have established relationships with those they support and can provide timely intervention.
1. Assisted Living Facilities or Nursing Homes: If the person lives in an assisted living facility or nursing home, contact the facility directly to report your concerns. They have staff trained to monitor residents' well-being.

Gathering Information Before You Call

Before contacting any agency, gather as much information as possible:

The individual's full name and address: Accuracy is key.

Phone numbers: Both cell and landline, if applicable.

Description of your concerns: Be specific and factual about what worries you.

Recent behavior or events: Any unusual changes in behavior or recent significant events can be helpful information.

Medical history (if known): This can aid responders in understanding the situation.

What to Expect After You Make a Call

After making a call, you might be asked follow-up questions to assess the urgency of the situation. Be patient and cooperative. The agencies you contact will follow their protocols to ensure the individual's safety and well-being. You may not receive immediate updates, but you should generally receive some feedback on the actions taken.

Conclusion

Knowing who to call for a wellness check is an invaluable skill. From immediate emergencies to more gradual concerns, understanding the different resources available is crucial in ensuring the safety and well-being of others. Remember to prioritize immediate action in emergency situations and gather relevant information before contacting any agency. By following the steps outlined above, you can contribute to helping someone in need.

FAQs

1. Can I remain anonymous when requesting a wellness check? While some agencies may allow for some degree of anonymity, providing identifying information will generally lead to a more efficient response.
1. What if the person refuses help? If the individual refuses assistance, agencies may have limited options, but they will document the situation. Continued concern may warrant further contact.
1. Are there costs associated with a wellness check? Most non-emergency wellness checks do not incur direct costs to the person requesting the check. Emergency services are generally publicly funded.
1. What if I'm concerned about someone living in another state? You can still contact authorities in that state. Provide them with the individual's address and information about your concerns. They will have local resources to assist.
1. How long does it typically take for a wellness check to be completed? Response times

vary based on the urgency of the situation and the availability of resources. In urgent cases, a response can be immediate. For less urgent situations, it may take longer.

who to call for wellness check: *Ask a Manager* Alison Green, 2018-05-01 From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

who to call for wellness check: *Roll Call* Bobby Kipper, Joe St. John, 2021 Written by two seasoned law enforcement professionals, Bobby Kipper and Joe St. John, *Roll Call* is a Christian Spiritual Guide for other law enforcement professionals. Police work is a stressful and often dangerous job that puts a burden on the individual that most people will never understand. It also forces the police officer to see the world in a very real light and that light is not always positive. Kipper and St. John understand the challenges to staying spiritual in an often-harsh world. It is easy to lose focus on a loving and caring God in the midst of turmoil. It is easy to lose hope when a person sees so much hopelessness. *Roll Call* is as an easy-to-carry book that an officer can read in these troubling times. During a break from all the chaos, the officer can read a quick chapter and refocus on a loving God and the peace of Jesus. *Roll Call* is a "no-nonsense" book that places the Christian Faith in the forefront of the officers' lives. In these drastic times of today and with the problems facing law enforcement, there is no better time for the faith community to have a police "Roll Call."

who to call for wellness check: *Wellness Wake Up Call* David J. Barczyk, 2014-06-24 With few exceptions, the human body is a self-healing organism that would function perfectly when given the things it needs, such as nutrition, exercise, and social and spiritual food. Most of the time, however, life gets in the way. The good news is that everyone has the chance to make right with physical, emotional, and spiritual needs and to live in a way that allows the body to function better. For those headed in the wrong direction, inaction is a choice. Reversing downward spirals to get life back on track requires each person to make a choice to live differently.

who to call for wellness check: *Family Guide to Mental Illness and the Law* Linda Tashbook, 2019 *Family Guide to Mental Illness and the Law* offers the nuts-and-bolts legal information and

problem-solving steps families need. This accessible resource explains how common legal issues uniquely impact people with various forms of mental illness and what family members can do to help.

who to call for wellness check: Woman's Welfare , 1905

who to call for wellness check: Policing Mental Health Laura Huey, Jennifer L. Schulenberg, Jacek Koziarski, 2022-02-01 This brief addresses the question of the various ways in which mental health-related issues have become police responsibility. It provides a detailed understanding of the myriad of ways in which police are often called upon to be the primary responder to mental health-related issues, well beyond the standard media images of individuals in extreme crisis. Drawing upon the results of two separate ethnographies of police practices in Canada, this volume examines how public policing has become entangled in cases of persons with mental illness (PMI). It examines two aspects of the police role and mandate that brings police officers into contact with individuals dealing with mental health disorders: public safety, and crime prevention and response. It explores police perceptions towards the roles they play in the lives of PMI, and police demands in these types of calls for service that have transformed aspects of public policing. Appropriate for policing researchers, law enforcement and public policymakers, this book presents the argument that tackling this matter requires knowledge of police involvement in situations with PMI, as well as a set of evidence-based policy options that will not generate additional resource or other strains.

who to call for wellness check: That's a Pretty Thing to Call It Leigh Sugar, 2023-10-03 Frank, eye-opening writing by arts in corrections educators Poetry and prose by artists, writers, and activists who've taught workshops in U.S. criminal legal institutions, including acclaimed writers Ellen Bass, Joshua Bennett, Jill McDounough, E. Ethelbert Miller, Idra Novey, Joy Priest, Paisley Rekdal, Christopher Soto, and Michael Torres; the late arts in corrections pioneers Buzz Alexander and Judith Tannenbaum; and Guggenheim Award-winning choreographer Pat Graney. These educators demonstrate a diverse range of experiences. Among the questions they ask: Does our work support the continuation or deconstruction of a mass incarcerating society? What led me to teach in prison? How do I resist the "savior" or "helper" narrative? A book for anyone seeking to understand the prison industrial complex from a human perspective. All author royalties from this book will be donated to Dances for Solidarity, a project that brings arts opportunities to people incarcerated in solitary confinement.

who to call for wellness check: The Doppelgangers David Ray, 2016-05-26 In September of 2006, David Blue and his girlfriend Deanne Rae Byrd witnessed horrifying and haunting occurrences at their farm in Port Clinton, Ohio, which challenged their reasoning and logic. They were joined by some unwelcomed and harmful guests, which resulted in David being committed to a psychiatric hospital for six months. David is ready to be released from the hospital-but not from the nightmares that landed him there in the first place. Vowing never to return to the family farm in Port Clinton, David and Deanne are unavoidably pulled back by dark forces. They will not be alone, because joining them is a man in a ballerinas tutu, and sneakers wearing a clowns mask. At the farm, the couple also finds a strange little teddy bear and a horde of creepy little kids. In the meantime, people are disappearing, all the way from Columbus to Port Clinton. A skeleton key with a red ribbon drives a group of strangers to Davids farm. What these strangers cant anticipate is the horror that awaits them.

who to call for wellness check: Pastor Is a Verb Keith Prekker, 2024-06-24 Whether your Sundays are for going hiking, going to church, or doing chores, have you ever had the stray thought: What does a pastor do, anyway, outside of those Sunday services? From comical and silly to poignant and profound, from sweet and generous to outrageous and all-too-human - the many stories in Pastor Is a Verb: Life Beyond Sunday draw you in, giving an entertaining and illuminating account of one Lutheran pastor's experiences as he shares his stories from more than fifty years of serving in a variety of settings. Extraordinary and truly unexpected things may come a pastor's way - you will read about them in these stories, as well as some of the more mundane activities that you never knew fill a pastor's week and life. These wide-ranging, honest, and inviting stories are an attempt to

answer the question the author has been asked throughout his career, "What do you actually do during the week, Pastor?"

who to call for wellness check: *Crime Without Criminals?* United States. Congress. Senate. Special Committee on Aging, 2004

who to call for wellness check: Wisdom and Understanding Nija Walker, 2022-06-17
Wisdom & Understanding provides answers to many of life's greatest challenges. The book explains clearly how to transform yourself into the greatest version of you. It also provides you with great insight into how to connect with and grow your personal relationship with God. This book is strategically divided into ten chapters that address significant core values. Wisdom & Understanding reveals the truth about the purpose for our lives and how to achieve true success.

who to call for wellness check: They Call Me Picky That Do Talk of Me Cynthia Lauri, 2016-08-26
Cynthia Lauri shares her story of her lifelong battle with weight that impacted her life on every level and eventually led to a mental breakdown. Now in her sixties she reflects on the tragic reality that she kept putting her life on hold until she could get thin enough to live it the way she dreamed it could be. A cautionary tale to anyone else waiting to be thin before they can begin living their life.

who to call for wellness check: Deadly Christmas Memories Laura Scott, Terri Reed, 2022-10-25
A Christmas to remember Christmas Amnesia by Laura Scott Assaulted a week before a high-profile drug-trafficking trial, assistant district attorney Madison Callahan suffers amnesia. She's unable to recall the identity of her attacker, and everyone is suspect—except the handsome policeman who saved her, Officer Noah Sinclair. But helping Madison regain her memory may end their unlikely alliance. Because once she remembers him, Noah might be the last man she'll want to rely on... Identity Unknown by Terri Reed When a man washes up on the shores of Calico Bay with no memory, it becomes clear to deputy sheriff Audrey Martin that he's marked for murder. And the arrival of men claiming he's Canadian Border Services officer Nathaniel Longhorn further complicates the matter. As his memories return, Nathaniel is determined to uncover who wants him dead. But unless Audrey can help him find the truth, this Christmas might be their last. USA TODAY Bestselling Author Laura Scott 2 Thrilling Stories Christmas Amnesia and Identity Unknown

who to call for wellness check: An Unfair Advantage Juanita Tischendorf, 2015-11-04
Homicide investigations are clearly one of the highest priorities for any state or local law enforcement agency. In murder investigations, many agencies follow the 72-hour rule, in which officers closely investigate the first 48 hours after the homicide occurred and the 24 hours prior to the homicide. The investigations success is judged by the final outcome.

who to call for wellness check: Love Me Dead Lisa Renee Jones, L.R. Jones, 2019-07-23
Women are dying. The killer wants to play a game with Lilah Love. Lilah doesn't play games, she doesn't submit to demands. The love of her life, her ex-lover, that isn't so ex at all, Kane Mendez, knows that all too well, but like the hero, or perhaps criminal that he is, he'll try to play the game for her. But this killer isn't playing with Kane, demanding Lilah step up or more blood will be shed. Lilah claims her role on the game board, and she'll do it to save lives, but she isn't happy. And when Lilah isn't happy, someone is going to die alright, and it won't be her fault. It will, however, be her duty.

who to call for wellness check: State of Bliss Marie Force, 2023-12-25
When you have their jobs, there's no such thing as a peaceful vacation... Sam and Nick are ready to get out of DC—and the White House—for a much-needed vacation to celebrate their second anniversary. Due to ongoing political pressures, they decide to scuttle their plans for a return to Bora Bora to stay closer to home at their favorite oceanfront house at Dewey Beach in Delaware. But before they can make their escape, Sam is summoned back to work to deal with yet another crisis in the ongoing investigation into former Lieutenant Stahl. Just when they think they've seen the full scope of his depravity, there is more. Sam leaves Gonzo, Freddie and the rest of the squad in charge of a new investigation of a murdered college student while Gigi and Cameron deal with the Internal Affairs Board and plot their strategy to deal with a lawsuit from the Patrick family. Meanwhile, Nick's mother is working on a plea deal with an unexpected new advocate who wants her to reconcile with her estranged son. As

always for the first couple, nothing ever goes according to plan, but the chance to spend a week mostly alone is just what they needed until their children, family and friends join them for the final weekend at the beach. It's March in Dewey, and Sam and Nick are snuggling in front of the fire as they prepare to begin their third year of marriage. Happy holidays from Marie, Sam and Nick as STATE OF BLISS releases Christmas week!

who to call for wellness check: In the Wind Ron Peterson Jr, 2024-07-30 In 1981, detective Kay Schucker was the lead investigator in the high-profile missing persons case of Old Dominion University student Janice Starr. The beautiful coed disappeared without a trace from ODU's Norfolk, Virginia campus. Among the only leads was Janice's diary, which included detailed journal entries about her daily activities. As Kay studied the diary—going several years back—she learned that Janice, a US Army veteran, had faced the same challenges in the military that Kay did in law enforcement. They were both women trying to succeed in a man's world. Feeling a kinship toward Janice, Kay became consumed with unraveling the mystery of Janice's disappearance and possible death. As the investigation unfolded, Kay began to suspect that Janice had an affair with her ROTC professor at ODU, Army captain Dwight Beddingfield—a well-respected family man married with three kids. Kay was warned by superiors to tread lightly in her investigation of Beddingfield and cautioned not to dig too deeply. But she soon uncovered a life insurance scheme and discovered that Janice had been assigned a series of dangerous tasks by Captain Beddingfield. Did these circumstances play a role in Janice's demise? Was the highly regarded Beddingfield actually a killer? If so, what did he do with Janice's remains?

who to call for wellness check: Jr.'s Angel Victor C. Brown Jr., Joan L. Brown, 2015-01-31 How did an angel enter Victor Wolf's life? The answer was simple at the hockey rink when a little schoolteacher asked a favor of him: to bring her the head of a poisonous snake when he went snake hunting. She didn't look like an angel. The deep discolored circles under her eyes reminded the coach of a raccoon. She looked as though she hadn't had a good night's sleep in a while. The tough hockey coach didn't look much better. He also had circles that everyone said were from too much nightlife. They each had their dark secrets. Jr.'s Angel intertwines the coach and the teacher as they reveal details of their pasts. The coach played a chess game with God for much of his life. As the game neared its end, the coach realized that God would always be the Winner. As though to make amends, God sent him the only woman Victor Wolf ever really loved. The file cabinet is nearly empty, although a few notes remain. Now I had begun to store my notes that covered twenty years of my life and adventures with my husband. As I filed some papers, I came across a book by one of Vics favorite authors, Ernest Hemingway. Hidden inside was a quote by Hemingway, Every man's life ends the same way. It is only the details of how he lived and how he died that distinguish one man from another. This folded scrap of paper held a clue to Vics philosophy. Vic loved Hemingway because the man wrote about how he had experienced life. Vic knew the best fiction had to be based upon reality and experience. Vics notes and writings revealed how he lived life. But his life held sorrow and disappointment, until he met the woman who introduced him to the concept of love. Vics story had left many unanswered questions. This book fills in the missing gaps of many characters. Jr.'s Angel is a tribute to love, a word that a tough guy couldn't speak until he fell under the influence of a little schoolteacher who had been abused and put in a corner. She survived somehow. Once she met the tough guy, she flourished. The two found each other: warrior and angel. Unselfish love and dedication allowed each to thrive. He became her true love and hero; she became his angel on this earth.

who to call for wellness check: The Rebound Jennifer Bernard, 2023-06-27 This summer at Lake Bittersweet is going to be a scorcher... Firefighter Jason Mosedale doesn't take anything seriously except fires—not even himself. With his lighthearted approach to everything from dating to raising his teenage sister, he loves his life just how it is. But if he wants to catch the attention of gorgeous Kendra, he's going to have to break out of his comfort zone and prove that he's more than the charming town heartthrob. Kendra Carter has always been an overachiever, which is why losing her business and her boyfriend in one swoop was so soul crushing. Now she's back home in good old

Lake Bittersweet, running her father's restaurant and licking her wounds. If she isn't the big success everyone expects, who is she? Maybe what she needs is a sexy distraction in the form of a gorgeous fireman--even if she could never take Jason seriously. So what if they're both on the rebound? As long as they agree it's just for now, not forever, no one will get hurt. Between toxic exes, heroic rescues, and a teenager's secret, who has time for romance anyway? But that's the thing about a rebound...you never know where it's going to end up.

who to call for wellness check: When Demons Float Susan Thistlethwaite, 2019-09-27 Kristin Ginelli, Chicago-cop-turned-religion-professor, is horrified when her new Muslim faculty colleague is targeted with a hate crime by self-styled white supremacists. She investigates, wading into the disgusting waters of white supremacist hate online. She is stunned to learn how young people and adults are being tempted into hate and violence on the Internet. As she teaches her religion classes, she comes to realize this is what philosophers and theologians have meant by the demonic. In this kind of extremism, hate rises to the surface and it is hard to keep it down. When a student is killed, and Kristin is threatened, she has to cut through the university's stalling and what looks increasingly like corruption in the Chicago police and Immigration and Customs Enforcement (ICE) to find the killers and try to stem the tide of hate.

who to call for wellness check: Becoming Abolitionists Derecka Purnell, 2022-10-04 One of the New York Times' 6 New Paperbacks to Read Now in paperback and with new material, a 2021 Kirkus Best Book of the year in both Nonfiction and Current Events, the book Naomi Klein called: "a triumph of political imagination and a tremendous gift to all movements struggling towards liberation." For more than a century, activists in the United States have tried to reform the police. Millions of people continue to protest police violence because these solutions do not match the problem: the police cannot be reformed. In her critically acclaimed first book *Becoming Abolitionists*, Purnell draws from her experiences as a lawyer, writer, and organizer initially skeptical about police abolition. She saw too much sexual violence and buried too many friends to consider getting rid of police in her hometown of St. Louis, let alone the nation. But the police were a placebo. Calling them felt like something, and something feels like everything when the other option seems like nothing. Purnell details how multi-racial social movements rooted in rebellion, risk-taking, and revolutionary love pushed her and a generation of activists toward abolition. The book travels across geography and time, and offers lessons that activists have learned from Ferguson to South Africa, from Reconstruction to contemporary protests against police shootings. Here, Purnell invites readers to envision new systems that work to address the root causes of violence. *Becoming Abolitionists* shows that abolition is not solely about getting rid of police, but a commitment to create and support different answers to the problem of harm in society, and, most excitingly, an opportunity to reduce and eliminate harm in the first place.

who to call for wellness check: The Tangled Tale of the Woolgathering Castoffs Sharon J. Mondragón, 2024-01-23 A humorous, heartwarming tale of love, loss, and the power of community Fair Meadows Retirement Community might as well be a country club for most of the retirees enjoying the pool, golf course, and book clubs. But for the caregivers whose family members reside upstairs in the special Memory Care Unit, vacation is over. Comforting these caregivers is exactly why the Woolgatherers group has formed. They make prayer shawls to support those affected by the heartbreaking reality of not being recognized by a loved one--people like Sam Talbot, who has been barely existing since his wife moved into Memory Care. He finds that his life has lost all color and meaning without her. That's something the Woolgatherers can't bear to see. Flirtatious Jenny Alderman, cranky crocheter Edna O'Brian, kind Rose Harker, and the rest of the prayer shawl group weave him into the circle. Sam has no idea how he got tangled up with them, and he's no good at knitting. But when one member talks him into taking up his wife's old crochet hooks, he discovers that this one small gesture might just have the power to heal his life--or even save it. Full of Sharon Mondragon's characteristic humor and heart, this book wrestles with the loneliness of being the forgotten spouse of a dementia patient, moving past the fear that the spouses often face into the love and compassion that can make all the difference.

who to call for wellness check: *The Case of the Filthy Beast* Emily Karmazin, 2024-08-19 Nurse Lexi's perfect life unravels after a mysterious death. Unconvinced by the official story, she and her best friend Zelda embark on a thrilling hunt for the truth. Facing danger, betrayal, and a shocking revelation, they risk everything to expose a killer lurking in their midst.

who to call for wellness check: *Still The One For You* Bianca, 2018-08-07 Whoever said love was enough, lied. Married fresh out of high school, Xander 'Xan' and Tomelia 'Tomi' Williams are ready to spend the rest of their lives together. With a bond thicker than most, Xan and Tomi are committed to the vows they took, or at least they thought they were until the aisle they walked down separates, taking them on opposite paths. Stuck caring for his ailing parents, Xan foregoes college and enters the workforce to pay for their piling medical bills. The jobs that he works are dead end and pay very little, but Xan doesn't mind as long as his parents are taken care of. Xan loves Tomi within the depths of his soul and couldn't wish for a more loyal lady. Now the breadwinner of the family, Tomi feels unloved and is tired of carrying the load on her back. She understands that being an only child, Xan wants to do everything he can for his parents, but it's driving a wedge between the two of them and causing her to resent him. In search of peace from her home life, she finds some relief in monetary form from well-known Shea Reed. She learns quickly that everything that glitters isn't gold, but will it be too late to work things out with Xander, the one man that loves her unconditionally?

who to call for wellness check: *The Best Is yet to Come* Tara R. Alemany, 2013-11-11 After twelve years of living alone as a single parent, she hadn't expected to find love again. She'd pretty much given up on the idea so when Frank unexpectedly came into her life, the result of an errant e-mail, he turned her world upside down. Four months later, his unexpected death brought it to a crashing halt. Join Tara on her journey as she shares the story of their time together and, more importantly, the lessons she learned as she rode waves of unanticipated love and grief to ultimately come to the strongest place she'd ever been in her life. This true story will speak to and inspire anyone who has ever suffered the loss of a dream by showing how you too can change your perception of that loss from an anchor that holds you back into a beautiful gift that dares you to believe that the best is yet to come.

who to call for wellness check: *Do Not Forsake Me* Paul Rader, 2024-08-30 Four factors are rapidly converging into a "silver tsunami" that will soon challenge every aspect of American society: 1) the increasing number of people living with dementias; 2) the mounting number of people providing dementia care, whether they want to or not; 3) the spiraling healthcare costs of dementia care; and 4) the lack of geriatricians to provide medical care and oversight. The way dementia care is currently provided is simply not sustainable. Congregations and other community groups must on the one hand find ways to support those providing dementia care, and on the other hand become involved in long-term efforts to make such care reliable, reasonable, and affordable so that those with dementia will not be forsaken.

who to call for wellness check: *If You Can't Quit Cryin', You Can't Come Here No More* Betty Frizzell, 2021-03-16 On May 12, 2013, 48-year-old Vicky Isaac of rural Puxico, Missouri—a woman with a history of learning disabilities, traumatic brain injuries, and drug addiction—loaded a .22 caliber handgun and shot her violent addict husband while he slept in the trailer they shared with Vicky's adult son. Or did she? According to police reports, Vicky called 911 and confessed to the crime. Was this another sad case of murder amongst addicts or something more? Betty Frizzell escaped her family's legacy of crime, addiction, and abuse to become a respected law enforcement officer and teacher. Drawn back to the town and people of her past, Betty works to uncover the truth of murder and her family's history of violence. Her investigation uncovers sad realities about mental illness, small-town politics, and a society that doesn't care about "poor, white trash". There are never easy answers when the odds are stacked against you and no amount of "elegies" will save your family.

who to call for wellness check: *The Littlest Boss* Janet Lee Nye, 2017-09-01 Her daughter always comes first Successful ER nurse Tiana Nelson has sacrificed a lot to provide for her daughter,

Lily. She won't let anything, or anyone, jeopardize all she's accomplished. Not even handsome and charming engineer DeShawn Adams. But she's running into him everywhere, and when he connects with Lily, ignoring their attraction is impossible. After an unexpected visit from DeShawn's past, it's clear that his life isn't as settled as it seems. Tiana can't expose Lily to danger, but walking away from DeShawn isn't easy. Not when Tiana is beginning to suspect that the best thing she can give Lily—and herself—is a future with him.

who to call for wellness check: Alive... For A Reason Jaiden Jackson Smith, 2024-02-15 She Almost Died... In the ordinary life of Julia, a hidden danger looms, threatening to unravel everything she holds dear. Unbeknownst to her, an insidious blood disorder, affecting her brain, poised to strike without warning. Prepare for a heart-stopping journey as Alive For A Reason ... unfolds, a mesmerizing story that will grip you from the first page. When fate intervenes, a courageous coworker's timely discovery becomes a lifeline, unleashing a race against time to save Julia's life. This compelling memoir is a testament to the resilience of the human spirit, taking you to an unforgettable odyssey of survival, hope, and redemption. As Julia fights for her life, you emotionally cling to every word as if your own breath depends on it. Unveiling the fragility of life, Alive For A Reason ... is an electrifying reminder that what you don't know could kill you, and it's not the pandemic. With each turn of the page, you'll be drawn deeper into Julia's extraordinary story – that will leave you breathless, and your heart pounding with anticipation. Don't miss this opportunity to experience Alive For A Reason, her debut memoir that will leave an indelible mark on your soul. Embrace the power of survival, the discovery of inner strength, and hold on tight- as you embark on an unforgettable journey of Julia's story.

who to call for wellness check: A Thirst That Never Ceases Judy Owens, 2021-09-09 A Thirst that Never Ceases is about a family of faith believers whose religious way of thinking has been reconditioned with each challenging struggle they experience in life. This family learns that their religious mentality may be sufficient in the protocol of church but does not bring comfort to them in the midst of a storm. In spite of their mistakes and at times bad decisions, they support each other in love. The works of their faith become more evident as they find strength in their experience of God's living Word, holding steadfast to the belief, "For where two or three are gathered together in my name, there am I in the midst of them" (Matt. 18:20). Just like an eagle, they do not flee from a storm but uses the wind of the storm to gain altitude in soaring high above the storm. Many times, they find themselves in the midst of wolves; however, they remain harmless as a dove while allowing God's wisdom to guide them. As this family is divinely guided into the pathway of righteousness, their love for God will help them in understanding that falling in love with God is not about falling in love with religion but in relationship with him.

who to call for wellness check: Bare, Bear Bones M. Susan Thuillard, 2011-05-25 Bare, Bear Bones is the story of a serial killer. Andy is tortured by childhood events that molded his confused, warped mind. Obscurity is his friend as he uses his good looks and finesse to hide his wicked fantasies and lure women into his evil plots. It's also a story of youth, beauty, and insecurities. Young girls who seek Mr. Right see the handsome truck driver and sigh. Some are fortunate enough to catch his attention and then.....well, you decide. This story is sure to raise goose bumps, cause you to search the shadows, and send shivers up and down your spine. Lock the doors, and keep a good watch out for young girls and strangers, bears and beasts.

who to call for wellness check: This Wicked City Michael Walsh, 2023-12-13 Crime and corruption are rising in Ocean Park, a tired factory town in northern Massachusetts. The police and fire departments are no help—they're staging a work slowdown to protest a pay freeze caused by city budget cuts. Police Detective Matt Conley is disgusted with the dereliction of duty, and when tasked with solving the murder of a young Haitian immigrant, he infuriates the force by teaming with the victim's friend Emmanuel to find the killer. They encounter an enterprising family of Voodoo worshipers, a ruthless real estate magnate, and a clever, love-struck arsonist in their search for justice. This Wicked City is a mystery powered by its characters' struggles with love, loyalty, and sacrifice.

who to call for wellness check: *Your Consent Is Not Required* Rob Wipond, 2023-01-24

Asylums are supposed to be in the past. However, though the buildings were closed, many of the practices lived on. In fact, more law-abiding Americans today are being involuntarily committed and forcibly treated “for their own good” than at any time in history. In the first work of investigative journalism in decades to give a comprehensive view into contemporary psychiatric incarceration and forced interventions, *Your Consent Is Not Required* exposes how rising numbers of people from many walks of life are being subjected against their will to surveillance, indefinite detention, and powerful tranquilizing drugs, restraints, seclusion, and electroshock. There’s a common misconception that, due to asylum closures, only “dangerous” people get committed now. But forced psychiatric interventions today occur in thousands of public and private hospitals, and also in group and long-term care facilities, troubled-teen and residential treatment centers, and even in people’s own homes under outpatient commitment orders. Intended to “help,” for many people the experiences are terrifying, traumatizing, and permanently damaging. Driven partly by individuals’ genuine concerns for the “mental health” of others, and partly by institutions entangled with goals of power, profit, and social control, psychiatric coercion is increasingly used to: manage school children and the elderly quell family conflicts police the streets control people in shelters, community living, and prisons fraudulently increase hospital profits “resolve” workplace disagreements detain protesters and discredit whistleblowers Thoroughly researched, with alarming true stories and hard data from the US and Canada, Rob Wipond’s *Your Consent Is Not Required* builds an unassailable case for greater transparency, vigilance, and change.

who to call for wellness check: *Santa Fe Heat* Gloria H. Giroux, 2021-05-17 The 1980s were a miasma of new thoughts, fashions, music, and ideas and for many people a respite from the turbulent ’70s. The city of Santa Fe is bursting with the new veneer. Even so, there are dark clouds roiling over the city and its inhabitants, stoking fires that will consume the innocent as well as the guilty. The next generation of the Grayhawk clan and their close relatives and friends has begun to make its mark, many choosing the professions of their parents or friends. Although their development is generally positive, the plague of the decade has infiltrated their lives and changed the course of many. Besides the personal impacts of life, the clan finds themselves battling evil on two fronts. One antagonist is executing vengeance on people who have wrought inhuman savagery on the world, seeking true “eye for an eye” justice. The other seeks a much more personal vengeance directed at Memphis Grayhawk and his family and lurks in the background until the time is ready to strike. The passion and determination of all factions heats up until it bursts into a roaring conflagration. Will it consume only the unremorseful perpetrators, or will the flames of hatred burn everything in sight, leaving only ash and destruction?

who to call for wellness check: *Rumors and Romance* Kat Thomas, 2026-10-15 When a group of friends begin to have secrets and it threatens the happiness of one of the group he breaks off to find the love of his life. Though the wickedness of the lies and rumors continued behind his back Mack Paulin found the love of his life within Henni Hanson. Henni was completely different then anything Mack had every met. Young and a doctor who was social stunted because of the intelligence level. She was removed from her own family due to her parents divorce and wasn't close to anyone except her twin brother. Her twin wanted her to act her age though she had no idea what that meant. When she met Mack though her life changed with the thoughts of a new friend. That friendship grew into something she didn't understand. With Mack's help she started to become a new person. Over the course of years and more rumors in lies it was clear to the couple that they needed to confront everything head on. This led the group of friends fracturing and then half went on to move forward and the others were left in the dust. That is when the case of the multi-murder happened and their friend and co-worker Max Anderson walked into their lives. They knew the traps of friendship were always there around them and they came together when they all had too. Also known as The friend Trap

who to call for wellness check: *Where Monsters Hide* M. William Phelps, 2020-02-25 An unexplained disappearance spirals into an unrelenting murder mystery. In October 2014, local

Michigan police chief Laura Frizzo faced a perplexing missing-person case. It was not like Chris Regan, a devoted father and dependable employee, to take off without explanation. When Frizzo learned Chris was having an affair with Kelly Cochran, a married co-worker, suspicion fell on Kelly's hulking husband, Jason. Soon after that the Cochrans abruptly moved to Indiana. Sixteen months later, Jason Cochran died from a drug overdose. Friends and family rallied around the grieving Kelly. But when the coroner ruled Jason's death a homicide, no one reacted more bizarrely than his widow. Detectives tried to put Kelly's past into focus. But the horrific truth was hidden under a near-perfect patchwork of lies. Veteran investigative journalist M. William Phelps expertly reveals Kelly Cochran's staggering saga of murder, revenge, and payback. "Anything by Phelps is an eye-opening experience." —Suspense Magazine "Phelps knows how to work it." —Marilyn Stasio, The New York Times Book Review "Master of true crime." —Real Crime magazine

who to call for wellness check: Police Brutality and White Supremacy: The Fight Against American Traditions Etan Thomas, 2022-01-11 An NBA veteran offers engaging interviews and reflections that explore police brutality, white supremacy, and the struggle for racial justice in America. Thomas's interviews demand careful reading by all who want to expose racism, hold police accountable, and create an American society that practices social justice. —Library Journal, a Best Book of the Year in Political Science/Civil Rights My family and I are extremely grateful for the support and love from my brother in the movement, Etan Thomas. —Emerald Garner, daughter of Eric Garner Etan Thomas, an eleven-year NBA veteran and lifelong advocate for social justice, weaves together his personal experiences with police violence and white supremacy with multiple interviews of family members of victims of police brutality like exonerated Central Park Five survivor Raymond Santana and Rodney King's daughter Lora Dene King; as well as activist athletes and other public figures such as Steph Curry, Chuck D, Isiah Thomas, Sue Bird, Jake Tapper, Jemele Hill, Stan Van Gundy, Kyle Korver, Mark Cuban, Rick Strom, and many more. Thomas speaks with retired police officers about their efforts to change policing, and white allies about their experiences with privilege and their ability to influence other white people. Thomas also examines the history of racism, white supremacy, and the prevalence of both in the current moment. He looks at the origins of white supremacy in the US, dating back to the country's inception, and explores how it was interwoven into Christianity--interviewing leading voices both in and outside of the church. Finally, with prominent voices in the media and education, Thomas discusses the continued cultivation of these injustices in American society. Police Brutality and White Supremacy demands accountability and justice for those responsible for and impacted by police violence and terror. It offers practical solutions to work against the promotion of white supremacy in law enforcement, Christianity, early education, and across the public sphere. Featuring original interviews with: Steph Curry, Chuck D, Yamiche Alcindor, Isiah Thomas, Jemele Hill, Craig Hodges, Stan Van Gundy, Mark Cuban, Jake Tapper, Mahmoud Abdul-Rauf, Sue Bird, Kyle Korver, Rick Strom, Cenk Uygur, Tim Wise, Chris Broussard, Breanna Stewart, Rex Chapman, Stephen Jackson, Kori McCoy, Lora Dene King, Chikesia Clemons, Raymond Santana, Alissa Findley, Amber and Ashley Carr, Michelle and Ashley Monterrosa, Chairman Fred Hampton Jr., Abiodun Oyewole, Marc Lamont Hill, Officer Carlton Berkley, Pastor John K. Jenkins Sr., Officer Joe Ested, Captain Sonia Pruitt, and Bishop Talbert Swan.

who to call for wellness check: The Violent Person at Work Laurence Barton, 2020-04-10 Stalking. Sexual harassment. Mass shootings. Employers are increasingly expected to have a plan to identify and manage threats posed by employees in the workplace. But how do you manage the violent person at work? In his authoritative new guide, Laurence Barton draws on over 30 years' experience as the world's leading threat assessor to outline how to prevent, manage and mitigate workplace violence. He shows businesses and organizations of all sizes how to navigate new privacy laws, different management structures and legal considerations in order to take straightforward, practical steps to minimize and ultimately prevent risk. The Violent Person at Work is an invaluable new handbook for businesses and HR, legal and security professionals worldwide.

who to call for wellness check: Wrangling the Rancher Jeannie Watt, 2017-09-01 It's a thin

line between aggravation and...attraction! She was definitely not part of Cole Bryan's lease agreement. The rented farm is Cole's only chance for peace and quiet...until his landlord's gorgeous, city-livin' granddaughter, Taylor Evans, shows up looking for a place to stay. With nowhere else to go, Taylor isn't taking his "no" for an answer. Cole plans to wait her out. Taylor's obviously not made for rural life, and she can't get out of Montana soon enough. But he never counted on her grit and determination—or the unexpected pull between them. Now the only way Cole can keep to himself is by compromising his heart...

who to call for wellness check: *Harlequin Superromance September 2017 Box Set* Jeannie Watt, Nadia Nichols, Kristina Knight, Janet Lee Nye, 2017-09-01 Harlequin® Superromance brings you a collection of four new novels, available now! Experience powerful relationships that deliver a strong emotional punch and a guaranteed happily ever after. This Superromance box set includes: WRANGLING THE RANCHER The Brodys of Lightning Creek By Jeannie Watt Taylor Evans is living on her grandfather's farm. Temporarily. She can't wait to get back to a big-city job, and Cole Bryan, the rancher leasing the property, clearly wants to be left alone. So why does she find him so intriguing? MONTANA UNBRANDED Home on the Ranch By Nadia Nichols DEA agent Joe Ferguson believes it's safer to remain free and unattached. Until he meets Dani Jardine. Dani's passion for wild horses is contagious, and when these animals are in danger, Joe helps this strong woman protect them. Then the stakes get higher in a showdown with a mob boss, forcing Joe to take stock of how he's living his life and who he wants to share it with. BREAKUP IN A SMALL TOWN A Slippery Rock Novel By Kristina Knight When Adam Buchanan rushed in to rescue children trapped in a day-care center during a tornado, he never imagined that his selfless act could cost him the family he holds most dear. But he's about to learn a whole lot more about true courage THE LITTLEST BOSS The Cleaning Crew By Janet Lee Nye Tiana Nelson—the woman DeShawn Adams never forgot—is back. He wants to get closer to the ER nurse and her adorable daughter, but after a surprise visit reminds him that he can't bury the past, he has to make the choice of a lifetime. Look for 4 compelling new stories every month from Harlequin® Superromance!

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