

wellness dog food ingredients

Wellness Dog Food Ingredients: A Deep Dive into What Your Pup Eats

Choosing the right food for your furry friend can feel overwhelming. With so many brands and options on the market, deciphering the ingredient list can feel like learning a new language. This comprehensive guide focuses specifically on Wellness dog food ingredients, breaking down what to look for (and what to avoid) to ensure your dog receives the optimal nutrition they deserve. We'll explore the benefits of key ingredients, discuss potentially harmful additives, and ultimately help you make informed decisions about your dog's diet. Get ready to become a Wellness dog food ingredient expert!

Understanding the Wellness Dog Food Philosophy

Wellness, as a brand, emphasizes natural ingredients and a holistic approach to pet nutrition. They aim to provide complete and balanced nutrition without relying on artificial fillers, colors, or flavors. This commitment is reflected in their ingredient lists, which generally feature recognizable, whole-food sources. However, it's crucial to remember that "natural" doesn't automatically equate to "healthy," so let's dig deeper into the specifics.

Key Wellness Dog Food Ingredients: The Good Guys

Wellness dog food recipes typically highlight several key ingredients known for their nutritional benefits:

Real Meat & Poultry: You'll often find named meat sources like chicken, turkey, beef, or lamb as the first ingredients. This indicates a higher meat content, providing essential proteins for muscle building,

tissue repair, and overall health. Look for specifics – "chicken meal" is less ideal than "chicken."

Whole Grains: Oats, brown rice, barley, and other whole grains provide carbohydrates for energy. These complex carbohydrates are digested more slowly than refined grains, preventing energy spikes and crashes. They also offer fiber, which supports healthy digestion.

Fruits & Vegetables: Wellness frequently incorporates various fruits and vegetables like cranberries, blueberries, peas, and carrots. These offer a boost of vitamins, minerals, and antioxidants, supporting the immune system and overall well-being. Antioxidants help combat free radical damage, protecting cells from aging and disease.

Healthy Fats: Sources like chicken fat or flaxseed oil provide essential fatty acids like Omega-3 and Omega-6, crucial for skin and coat health, as well as brain function and joint mobility. These fats are also important for nutrient absorption.

Prebiotics & Probiotics: Many Wellness formulas include prebiotics and probiotics to support gut health. Prebiotics feed beneficial bacteria in the gut, while probiotics introduce these beneficial bacteria directly, promoting optimal digestion and immune function.

Wellness Dog Food Ingredients: Potential Concerns and What to Watch Out For

While Wellness aims for high-quality ingredients, it's vital to be a discerning consumer:

Meat By-Products: While not always present in Wellness recipes, it's important to understand that meat by-products are less desirable than named meat sources. They can include parts of the animal not typically consumed by humans, and their nutritional value can vary significantly. Always check the ingredient list carefully.

Artificial Additives: Although Wellness minimizes these, scrutinize the ingredient list for artificial colors, flavors, or preservatives. While some preservatives might be necessary for shelf stability, opt for

recipes with minimal artificial additives whenever possible.

Fillers: Look out for excessive amounts of corn, wheat, or soy. These are often used as inexpensive fillers and can be less digestible than whole grains, potentially leading to digestive upset or weight gain.

Deciphering the Ingredient List: A Practical Guide

Understanding the ingredient list is paramount. Ingredients are listed in descending order by weight. The first few ingredients comprise the largest portion of the food. Look for recognizable, whole-food sources at the beginning of the list. The further down the list an ingredient appears, the less of it is contained in the food.

Always compare different Wellness formulations to see how ingredients vary. Different life stages (puppy, adult, senior) have specific nutritional needs, reflected in the ingredient choices.

Choosing the Right Wellness Dog Food for Your Pup

Consider your dog's specific needs when selecting a Wellness formula. Factors such as age, breed, activity level, and any existing health conditions all play a role. Don't hesitate to consult your veterinarian for personalized recommendations. They can assess your dog's individual nutritional needs and advise you on the best Wellness (or alternative) food option.

Conclusion

Choosing the right dog food is an investment in your dog's health and longevity. Understanding the Wellness dog food ingredients, both the beneficial and potentially less desirable ones, is a crucial step in making informed decisions. By carefully reviewing ingredient lists and prioritizing whole-food sources, you can ensure your canine companion thrives on a nutritionally balanced diet. Remember, reading the fine print and comparing different formulations are key to finding the perfect Wellness food

for your furry best friend.

FAQs

1. Are all Wellness dog foods grain-free? No, not all Wellness dog foods are grain-free. Many formulas include whole grains, while others are designed to be grain-free to cater to dogs with sensitivities.
1. What are the best Wellness dog foods for sensitive stomachs? Wellness Complete Health Sensitive Digestion formula is specifically designed for dogs with sensitive stomachs, often using easily digestible proteins and fibers.
1. Can I switch my dog to Wellness suddenly? It's generally recommended to gradually transition your dog to a new food to avoid digestive upset. Mix the new food with the old food over a period of 7-10 days, gradually increasing the proportion of Wellness food.
1. How can I tell if my dog is allergic to a specific ingredient in Wellness food? Allergic reactions can manifest in various ways, including skin problems, digestive issues, or respiratory symptoms. If you suspect an allergy, consult your veterinarian for testing and dietary adjustments.
1. Where can I purchase Wellness dog food? Wellness dog food is widely available at pet stores,

both online and brick-and-mortar, as well as through select veterinary clinics.

wellness dog food ingredients: The Forever Dog Rodney Habib, Karen Shaw Becker,

2024-09-10 #1 New York Times Bestseller In this pathbreaking guide, two of the world's most popular and trusted pet care advocates reveal new science to teach us how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans--cancer, obesity, diabetes, organ degeneration, and autoimmune disorders--also beset canines. As a result, our beloved companions are vexed with preventable health problems throughout much of their lives and suffer shorter life spans. Because our pets can't make health and lifestyle decisions for themselves, it's up to pet parents to make smart, science-backed choices for lasting vitality and health. The Forever Dog gives us the practical, proven tools to protect our loyal four-legged companions. Rodney Habib and Karen Becker, DVM, globetrotted (pre-pandemic) to galvanize the best wisdom from top geneticists, microbiologists, and longevity researchers; they also interviewed people whose dogs have lived into their 20s and even 30s. The result is this unprecedented and comprehensive guide, filled with surprising information, invaluable advice, and inspiring stories about dogs and the people who love them. The Forever Dog prescriptive plan focuses on diet and nutrition, movement, environmental exposures, and stress reduction, and can be tailored to the genetic predisposition of particular breeds or mixes. The authors discuss various types of food--including what the commercial manufacturers don't want us to know--and offer recipes, easy solutions, and tips for making sure our dogs obtain the nutrients they need. Habib and Dr. Becker also explore how external factors we often don't think about can greatly affect a dog's overall health and wellbeing, from everyday insults to the body and its physiology, to the role our own lifestyles and our vets' choices play. Indeed, the health equation works both ways and can travel up the leash. Medical breakthroughs have expanded our choices for canine health--if you know what they are. This definitive dog-care guide empowers us with the knowledge we need to make wise choices, and to keep our dogs healthy and happy for years to come.

wellness dog food ingredients: Big Kibble Shawn Buckley, Oscar Chavez, 2020-12-01 A big, inside look at the shocking lack of regulation within the pet food industry, and how readers can dramatically improve the quality of their dogs' lives through diet. What's really going into commercial dog food? The answer is horrifying. Big Kibble is big business: \$75 billion globally. A handful of multi-national corporations dominate the industry and together own as many as 80% of all brands. This comes as a surprise to most people, but what's even more shocking is how lax the regulations and guidelines are around these products. The guidelines—or lack thereof—for pet food allow producers to include ever-cheaper ingredients, and create ever-larger earnings. For example, “legal” ingredients in kibble include poultry feces, saw dust, expired food, and diseased meat, among other horrors. Many vets still don't know that kibble is not the best food for dogs because Big Kibble funds the nutrition research. So far, these corporations have been able to cut corners and still market and promote feed-grade food as if it were healthful and beneficial—until now. Just as you are what you eat, so is your dog. Once you stop feeding your dog the junk that's in kibble or cans, you have taken the first steps to improving your dog's health, behavior and happiness. You know the unsavory side of Big Tobacco and Big Pharma. Now Shawn Buckley, Dr. Oscar Chavez, and Wendy Paris explain all you need to know about unsavory Big Kibble—and offer a brighter path forward for

you and your pet.

wellness dog food ingredients: *The Whole Pet Diet* Andi Brown, 2006-09-01 One in four pets is obese, and every year owners spends thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products. If your pets are overweight, ailing, or aging, or you just want them to be as healthy as possible, THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats, and it just might change the way you eat, too.

wellness dog food ingredients: *Nutrient Requirements of Dogs and Cats* National Research Council, Division on Earth and Life Studies, Board on Agriculture and Natural Resources, Committee on Animal Nutrition, Subcommittee on Dog and Cat Nutrition, 2006-07-01 Updating recommendations last made by the National Research Council in the mid-1980s, this report provides nutrient recommendations based on physical activity and stage in life, major factors that influence nutrient needs. It looks at how nutrients are metabolized in the bodies of dogs and cats, indications of nutrient deficiency, and diseases related to poor nutrition. The report provides a valuable resource for industry professionals formulating diets, scientists setting research agendas, government officials developing regulations for pet food labeling, and as a university textbook for dog and cat nutrition. It can also guide pet owners feeding decisions for their pets with information on specific nutrient needs, characteristics of different types of pet foods, and factors to consider when feeding cats and dogs.

wellness dog food ingredients: *The Ultimate Pet Food Guide* Liz Palika, 2009-04-29 The 2007 pet food recalls followed a multitude of pets getting sick and dying from contaminated food; now pet owners must take charge of what they feed their dogs and cats. With *The Ultimate Pet Food Guide*, veteran dog trainer, behaviorist, and author Liz Palika focuses on nutritional needs and covers every type of feeding, including controversial raw diets, homemade cooked food, and commercial foods. Palika also addresses introducing new foods; what "human foods" pets shouldn't eat; free-feeding; responsibility for food safety; where ingredients come from; and red flags in ingredients. Included are over fifty veterinarian- and pet-nutritionist-approved recipes and diets tailored to special-needs pets, such as puppies/kittens and pregnant, older, overweight and/or more sedentary animals.

wellness dog food ingredients: *Yin & Yang Nutrition for Dogs* Judy Morgan DVM, Hue Grant, 2017-11-10 Cooking for dogs according to traditional Chinese medicine food therapy including recipes.

wellness dog food ingredients: *Canine and Feline Nutrition* Linda P. Case, Leighann Daristotle, Michael G. Hayek, Melody Foess Raasch, 2010-05-19 How well can you answer pet owners' questions about proper diet and feeding? *Canine and Feline Nutrition*, 3rd Edition describes the role of nutrition and its effects upon health and wellness and the dietary management of various disorders of dogs and cats. By using the book's cutting-edge research and clinical nutrition information, you'll be able to make recommendations of appropriate pet food and proper feeding guidelines. Pet nutrition experts Linda P. Case, MS, Leighann Daristotle, DVM, PhD, Michael G. Hayek, PhD, and Melody Foess Raasch, DVM, provide complete, head-to-tail coverage and a broad scope of knowledge, so you can help dog and cat owners make sound nutrition and feeding choices to promote their pets' health to prolong their lives. - Tables and boxes provide quick reference to the most important clinical information. - Key points summarize essential information at a glance. - A useful Nutritional Myths and Feeding Practices chapter dispels and corrects common food myths. - New clinical information covers a wide range of emerging nutrition topics including the role of the omega-3 and omega-6 fatty acid families in pet health and disease management. - Coverage of pet food safety and pet food ingredients includes both commercially and home-prepared foods and provides answers to pet owners' questions on these topics. - Completely updated content reflects the

latest findings in clinical nutrition research. - Information regarding functional ingredients and dietary supplementation provides a scientifically based rationale for recommending or advising against dietary supplements. - Guidelines for understanding pet food formulations and health claims differentiate between market-speak and actual clinical benefits for patients, with practice advice for evaluating and selecting appropriate foods.

wellness dog food ingredients: Unlocking the Canine Ancestral Diet Steve Brown, 2009-12 Ancestors and canine cousins of our dogs didn't eat crunchy kibble or meat 'n gravy in a can. They ate what they found or caught... and it wasn't cooked or enriched either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! bull; Learn about the latest research on the importance of protein and healthy fats in your dog's diet. bull; Find out why commercial foods can't include these fragile-but-crucial nutrients, and how you can make sure your dog gets them. bull; Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding-wet or dry!

wellness dog food ingredients: *Health and Nutrition for Dogs and Cats* David G. Wellock, 2013-04-11 While the internet provides pet parents with a great deal of information, finding and understanding that information can be like wading through a bog at midnight without a flashlight. In spite of the internet, pet parents remain desperate for valid resources. *Health and Nutrition for Dogs and Cats* is timely, informative, and delivers sensible information on topics of importance to all pet owners. From reading pet food labels to storing food, from understanding appropriate calorie intake to food allergies, David Wellock helps readers better understand the dietary needs of their dogs and cats. In recent years, Americans have come to pay more attention to the foods they eat. This trend toward a healthier lifestyle quickly found its way into the world of pet foods, allowing better diets to find success in the marketplace. However, the change has been somewhat perplexing for pet parents as they struggle to sort out the various, and sometimes misleading, messages surrounding the new foods available to their pets. Here, a seasoned expert in the care and feeding of dogs and cats, provides fact-filled, no nonsense, understandable information on the topics pet parents need to know in order to purchase and prepare food and develop an appropriate diet for their furry charges.

wellness dog food ingredients: Feed Your Pet Right Marion Nestle, Malden Nesheim, 2010-05-11 Human nutrition expert and author of the critically acclaimed *What to Eat*, Marion Nestle, Ph.D., M.P.H., has joined forces with Malden C. Nesheim, Ph.D., a Cornell animal nutrition expert, to write *Feed Your Pet Right*, the first complete, research-based guide to selecting the best, most healthful foods for your cat or dog. Human nutrition expert and author of the critically acclaimed *What to Eat*, Marion Nestle, Ph.D., M.P.H., has joined forces with Malden C. Nesheim, Ph.D., a Cornell animal nutrition expert, to write *Feed Your Pet Right*, the first complete, research-based guide to selecting the best, most healthful foods for your cat or dog. A comprehensive and objective look at the science behind pet food, it tells a fascinating story while evaluating the range of products available and examining the booming pet food industry and its marketing practices. Drs. Nestle and Nesheim also present the results of their unique research into this sometimes secretive industry. Through conversations with pet food manufacturers and firsthand observations, they reveal how some companies have refused to answer questions or permit visits. The authors also analyze food products, basic ingredients, sources of ingredients, and the optimal ways to feed companion animals. In this engaging narrative, they explain how ethical considerations affect pet food research and product development, how pet foods are regulated, and how companies influence veterinary training and advice. They conclude with specific recommendations for pet owners, the pet food industry, and regulators. A road map to the most nutritious diets for cats and

dogs, *Feed Your Pet Right* is sure to be a reference classic to which all pet owners will turn for years to come.

wellness dog food ingredients: The Ultimate Pet Health Guide Gary Richter, MS, DVM, 2017-08-15 As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say should work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to hack the body's processes, including the immune system.

wellness dog food ingredients: Food Pets Die for Ann N. Martin, 2008 The commercial pet food industry has a secret to hide -- and Ann Martin wants to make sure you know it. Her research reveals some startling facts: that the pet food industry conducts animal testing in order to improve their product, and includes euthanized cats and dogs in the mix to heighten protein content. In this revised and updated edition, Martin continues to explore the shocking processes by which commercial pet foods are produced. She offers alternative recipes for feeding pets, nutritional advice, and an exploration of Pet Peeves, in which she explores several scams aimed at pet owners. This groundbreaking book gives us a glimpse into exactly what we are doing when we buy pet food.

wellness dog food ingredients: Dog Food Logic Linda P. Case, M.S., 2014-02-12
Choosing the right dog food in a world with too many choices
 Walking down the dog food aisle in a pet supply superstore can present you with an overwhelming number of choices. Reading about dog food on the internet can make your head spin with so many opinions and stories. And judging the content that you find on dog food packaging can be confusing and misleading. How can the average dog owner make an informed choice in accordance with her dog's age, size and condition? In her latest book, author Linda Case describes how to make logical, evidence-based decisions for what to feed your dog amid all the options available.

 You will learn
 • How pet food marketers appeal to your emotions to persuade you to buy a particular type of dog food.
 • To distinguish between scientific, evidence-based information and the anecdotal evidence which is so pervasive—and often misleading—in the dog food arena.
 • Is there a scientific basis for dog foods designed specifically for puppies, senior dogs, canine athletes—even various breeds of dogs?
 • How to read and evaluate all of the material included on a typical package of dog food from the ingredients and label claims ("Natural," "Anti-Oxidant," "Low Fat"), to the Nutrient Analysis and Nutritional Adequacy statements.
 • How to avoid choice paralysis and the cognitive traps that can interfere with clear decision making.

 What experts are saying about <I>Dog Food Logic</I>
 Pet food is like a religion for many—but now those strong emotional ties can be backed up with fact. Linda Case separates fact from fiction, explains the complex terms and offers a guide to pet nutrition in simple to comprehend language. Unlike other books on this topic, there is no agenda here—except to present facts and then allow pet owners to make their own logical conclusions, letting the kibble drop where it may.
 Steve Dale, CABC, columnist Tribune Content Agency; radio host Black Dog Radio Productions and WGN Radio (Chicago); contributing editor USA Weekend; special correspondent Cat Fancy; author Good Cat!

 <I>Dog Food Logic</i> is the indispensable guide to the science behind canine nutrition that will help us to make wise, well-informed choices about how and what we feed our dogs. It takes the fear out of trying to

understand proper nutrition and will empower us to determine what is best for the health of our dogs.
 Claudia Kawczynska, Founder and Editor-in-chief of The Bark

Don't read this book if you want someone to tell you what to feed your dog. This is a book for people who want to learn, in a reasoned and thoughtful way, how to figure it out for themselves.<I> Dog Food Logic</I> goes way beyond the usual textbook list of nutritional requirements to cover the pet food industry in all its glory: the history, the business, the marketing, and best of all, the science. Case deftly navigates the most controversial topics in pet food and presents the big picture without interjecting judgment about what approach is best. There's something here for everyone: pet care professionals and dog lovers alike will learn something new from this informative, easy to read, and well researched book.
 Jessica Vogelsang, DVM, CVJ, author, speaker, and CEO of Pawcurious Media

wellness dog food ingredients: Feed Your Best Friend Better Rick Woodford, 2012-04-10 From Rick Woodford, the Dog Food Dude himself, comes Feed Your Best Friend Better, with easy recipes that will make even humans drool a little bit. Healthy food can enable dogs to live longer, healthier lives, just as it can for humans, and with these meals, treats, and cookies, dogs will never miss commercial kibble. Rick has researched nutrition for dogs and has used the same manuals veterinarians use to develop his recipes. Feed Your Best Friend Better makes the transition to homemade dog food simple, so you can make natural pet food for your dog every day. From nutritional value to portion sizes, these recipes will help dog parents know what their dog is eating. The meals are healthy, and dogs love them. Rick Woodford wants dogs in every family to be healthy and happy. His recipes use a variety of herbs and spices for their antioxidant properties but they smell so good everybody in the house will be drooling. Recipes include: * Puppy Pesto * Bacon Yappetizers * Barkscotti * Mutt Loaf * Gingerbread Mailman In addition to 85 recipes other helpful chapters include: * How to Pick out a Commercial Food; making the ingredient label easy to understand with a breakdown of ingredients that are good for the bowl and those that are best left on the shelf. * Determining Portion Size; information on body type and size help readers understand how much food their dogs need to be in the best shape * Problem Mealtime Behaviors; how to deal with the early morning wake up call, reluctant eaters, counter surfing and more

wellness dog food ingredients: Natural Nutrition for Dogs and Cats Kymythy R. Schultze, Kymythy Schulze, 1999 In these pages, Kymythy Schultze has provided an excellent nutritional text to help us build a healthier life for our animal friends.- Dr. Stephen R. Blake, Jr., D.V.M. [This book is] an excellent starting point for us all. Its pages are filled with helpful hints, good advice and most important, logic and common sense.- Dr. Bruce W. Cauble, D.V.M.

wellness dog food ingredients: Dinner PAWsible Cathy Alinovi, Susan Thixton, 2015-05-19 There's a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our pets? Dinner PAWsible is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

wellness dog food ingredients: CANINE NUTRIGENOMICS W. Jean Dodds, DVM, Diana Laverdure, 2014-12-30 Nutrigenomics is the new science of how diet affects gene expression at the

cellular level, creating vibrant health or chronic disease. Optimum health begins in the cells—and this book shows you how to achieve it for your dog!

wellness dog food ingredients: *The Best Dog Diet Ever* by Caroline Griffith Caroline Griffith, 2012-03-29 This is the book your dog, has been waiting for you to read! An absolute must for any dog owner wanting to provide the best for their dog. An easy to read, fun, informative guide to the science and the reasoning behind why feeding raw meat, bones and a small amount of vegetables is the best diet your dog could ever be fed. You will discover how to feed the diet, why to feed the diet and find answers to all your questions, even the controversial ones - included in this logical, enjoyable book. Discover how to feed a raw diet on a budget and fit the diet into your dogs lifestyle Find out how diet could be influencing your dogs behaviour Discover the true nutrients and elements your dogs needs for happiness and well-being Learn the anatomy of your dogs digestive system, and how different it is to a humans! Learn ways the raw diet can boost immunity and improve a dogs ability to Heal. Understand what makes up a raw diet for dogs and how to feed it effectively. Also includes raw feeding insights from Celebrity dog trainer Sophi Stewart, Owner and Trainer of the Lassie movie dogs Bob Weatherwax and Canine behaviour specialist & TV star Jez Rose.

wellness dog food ingredients: *Dog Smart* Linda P. Case, 2018-02-10 Anyone who lives with and loves dogs knows that they are smart. Really smart. They understand our body language and emotions, can be trained to perform important services, are devoted companions, and enjoy walks, tricks, dog sports or just hangin' out on the couch. So, how Dog Smart are you? What do you know or wish to know about the dog's history, perceptions, understanding of humans, and responses to different training methods? These topics and more come under the scrutiny of the Science Dog in Linda Case's latest myth-busting book. Learn to separate fact from fiction about the relationship between dogs and wolves, whether dominance should be a factor in dog training, what forms of reinforcement work best, and how to apply evidence-based training methods. Dog Smart will not only help you to be a better trainer, but will give you the tools for communicating the most current information about dogs to others - including the popular Science Dog character, neighbor Joe (who happens to know a lot about dogs).

wellness dog food ingredients: *Head to Tail Wellness* Stacy Fuchino, 2010-03-04 Extend and enhance the quality of your pet's life Be proactive about your pet's wellness and let Dr. Stacy show you how a reasonable combination of proven Western veterinary know-how and time-tested Eastern therapies can promote health and vitality for your furry companion. Whether it's a matter of harnessing the healing properties of food, eliminating harmful elements from a pet's surroundings, restoring an animal's flow of energy, or treating bothersome symptoms, Dr. Stacy provides a revolutionary East-West approach, blending the best of both worlds to bring your pet's internal and external environments into perfect harmony. Written by a leading veterinarian schooled in both Western veterinary medicine and traditional Eastern medicine Packed with charts, quizzes, inspirational quotes, and more An appendix lists alternative veterinary practitioners around the U.S. Head to Tail Wellness will show you how to make positive changes in your pet's life that will reduce the need for drugs and invasive therapies and, most importantly, yield a happy, healthy pet.

wellness dog food ingredients: *The Canine Thyroid Epidemic* W. Jean Dodds, Diana Laverdure, 2011-03 Weight gain, hair loss and behavior changes are symptoms of thyroid problems. Learn how to recognize and get treatment for this under-diagnosed and misunderstood malady. Easy to read text with color photos and case studies to help you help your dog.

wellness dog food ingredients: *GMO 101* MR Alain Braux, 2014-09-03 Dear Chef Alain. Thank you for caring and having the initiative of creating a book that will help bring much needed information about GMOs. This amazing book, will help us all live healthier lives, while also caring for the environment. Thank you for thinking ahead and caring not only for our health , but also for the future of the Earth. Wishing you the best in health. One Planet for all, all for one Planet. - Rachel Parent. Founder, Kids Right To Know. Twitter: @RachelsNews What a wonderful resource, Chef Alain Braux has created for us! In his 5th book on food and health, Alain Braux explores the dark sides of genetically modified organisms (GMOs) in our environment. He reviews how GMOs came to

be and then became a major force in our current agricultural and industrial environment and, most importantly, how GMOs are beginning to adversely affect our health. Chef Alain explores the negative effects of GMOs on our immune systems, increasing the risk of developing food allergies, leading to the development of autoimmune diseases. The book also includes a comprehensive list of genetically engineered ingredients hidden in our food supply. What most of us do not realize is that GMOs are also used in the manufacturing of many vitamins and nutritional supplements! Chef Alain has given us the ultimate reference guide to keeping GMOs out of your life! As a practicing physician, a clinical researcher and a champion of using "Food As Medicine", I highly recommend this book. If you care about your health, your family's health, and the future of humanity this book is for you. – Dr. Terry Wahls. Clinical professor of Medicine, University of Iowa, Iowa City, Iowa, U. S. A. Author, The Wahls Protocol. How I Beat Progressive MS Using Paleo Principles and Functional Medicine at TerryWahls.com Chef Alain has provided a wonderful introduction for some, and resource for others wanting to expand their knowledge of GM foods. He's written an accurate account of the beginning of the GMO takeover of our food system, while disproving the seed oligarchies propaganda and myths, and covering the many health concerns that are constantly present in our grocery stores. It covers the many important facts that are part of this issue, I wish for anyone trying to gain more knowledge of their food to read this book. – Birke Baehr.

Internationally-known Youth Food Advocate, Author, Public Speaker, and Future Farmer in organic and sustainable farming practices at Birke on the Farm As a chef, Alain Braux has a deep appreciation for good-tasting, nutritious, and sustainably produced food. At the same time, he has a deep concern for foods that pose risks to our health and the environment, such as genetically engineered foods. He clearly expresses his concerns in GMO 101. A Practical Guide to Genetically Engineered Food. In this comprehensive book, Chef Alain describes the history of genetically engineered foods, how they are made, and, most importantly, how they threaten our health. He also lists, in incredible detail, the foods and ingredients that are derived from GMOs. In order to stop this uncontrolled experiment on our food, more and more people must become aware of this threat. GMO 101. A Practical Guide to Genetically Engineered Food is an excellent tool to learn about GMOs and to avoid them. – Ken Roseboro. Editor and Publisher, The Organic & Non-GMO Report This book is one of the most amazing GMO Truth guides in existence today, not only clearly detailing the harms, but providing a practical guideline to avoid the known dangers of these genetically engineered and agrochemical contaminated foods. I highly suggest anyone who is aware of the issue to read it and spread it far and wide! – Sayer Ji. Author, researcher, and lecturer on GMO issues; Steering Committee Member of the Global GMO Free Coalition (GGFC); Advisory board member of the National Health Federation.

wellness dog food ingredients: Real Food for Dogs Dan J. Scott, 2010

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Susan Ettinger, DVM is a veterinary oncologist and a diplomate of the American College of Internal Medicine who practices in New York. Praise from Veterinarians, Authors & Book Reviewers The future is upon us and this ground-breaking book is a vital cornerstone. In dealing with cancer, our worst illness, this Survival Guide is educational, logical, expansive, embracing, honest and so needed. Dr. Marty Goldstein, DVM Holistic veterinarian and Host, Ask Martha Stewart's Vet on Sirius Radio The message of this book jumps off the written page and into the heart of every reader, and will become the at home bible for cancer care of dogs. The authors have given you a sensible and systematic approach that practicing veterinarians will cherish. I found the book inspiring and, clearly, it will become part of my daily approach to cancer therapy for my own patients. Dr. Robert B. Cohen, VMD Bay Street Animal Hospital, New York I wish that I had had The Dog Cancer Survival Guide when my dearly beloved Flat-coated Retriever, Odin, contracted cancer. It would have provided me alternative courses of action, as well as some well needed reality checks which were not available from conversations with my veterinarian. It should be on every dog owner's book shelf-just in case... Dr. Stanley Coren, PhD, FRSC author of many books, including Born to Bark A comprehensive guide that distills both alternative and allopathic cancer treatments in dogs...With the overwhelming amount of conflicting information about cancer prevention and treatment, this book provides a pet owner with an easy to follow approach to one of the most serious diseases in animals. Dr. Barbara Royal, DVM The Royal Treatment Veterinary Center, Oprah Winfrey's Chicago veterinarian Picking up The Dog Cancer Survival Guide is anything but a downer: it's an 'empowerer.' It will make you feel like the best medical advocate for your dog. It covers canine cancer topics to an unprecedented depth and breadth from emotional coping strategies to prevention-in plain English. Read this book, and you will understand cancer stages, treatment options, and types, and much more. If you have just had the dreaded news, pick up a copy and it will guide the decisions your dog trusts you to make. Laure-Anne Visel Dog behavior specialist and technical dog writer, CanisBonus.com

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people are looking to home-prepare fresh and healthy meals for their canine companion. The Healthy Dog Cookbook offers 50 safe, nutritious, and appealing recipes. There are menus for every type and size of dog, from Pointer to Pomeranian. And if your beloved pooch has allergies or a special diet requirement, like wheat-free food, you'll find a recipe that fits his needs. From full-fledged dinners to snacks and treats, you'll find the recipes easy and inexpensive to make. A veterinarian provides health and nutrition comments, and each meal has a nutrition panel and portion calculator to help you give your dog the safest and healthiest diet. Cooking meals from The Healthy Dog Cookbook ensures each and every ingredient is wholesome and nutritious-and that's good news for your best friend's health and your own peace of mind.

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