

wellness dog food grain free

Wellness Dog Food Grain-Free: A Deep Dive into Healthier Hound Nutrition

Is your furry friend suffering from digestive upset, itchy skin, or unexplained allergies? Are you considering a grain-free diet, but overwhelmed by the choices? You're not alone! Many dog owners are turning to grain-free options like Wellness dog food to improve their pet's health and well-being. This comprehensive guide will delve deep into the world of Wellness grain-free dog food, exploring its benefits, potential drawbacks, ingredient analysis, and how to choose the best option for your canine companion. We'll cover everything you need to know to make an informed decision about transitioning your dog to a grain-free diet.

Understanding the Grain-Free Dog Food Trend

The popularity of grain-free dog food has skyrocketed in recent years, driven largely by the belief that grains are a common allergen for dogs and can contribute to various health problems. While some dogs may indeed experience sensitivities to grains like wheat, corn, and soy, it's crucial to understand that not all dogs react negatively to grains. The "grain-free" movement is not a one-size-fits-all solution, and it's essential to consider your dog's individual needs and sensitivities.

What are the purported benefits of grain-free dog food?

Many proponents of grain-free diets cite several potential benefits, including:

Improved Digestion: Some dogs find that eliminating grains leads to better digestion and fewer digestive upsets like diarrhea or gas. This is because grains can be difficult for some dogs to digest, leading to inflammation.

Reduced Allergies: Grains are a common allergen in dogs. Switching to a grain-free diet can alleviate symptoms like itching, skin rashes, and ear infections in dogs with grain sensitivities.

Increased Energy Levels: A diet tailored to your dog's specific needs, including a grain-free option, can lead to improved energy levels and overall vitality. This is particularly true if your dog has previously been struggling with digestive issues.

Healthier Coat and Skin: A well-balanced grain-free diet can often result in a shinier coat and healthier skin, addressing issues related to dryness, dullness, and inflammation.

A Closer Look at Wellness Grain-Free Dog Food

Wellness is a well-known and reputable brand in the pet food industry, offering a range of grain-free options for dogs of all breeds, sizes, and life stages. Their recipes typically feature high-quality protein sources like chicken, turkey, duck, or fish, along with a variety of fruits, vegetables, and other nutrient-rich ingredients.

Key Ingredients to Look For (and Avoid):

When analyzing Wellness grain-free dog food, pay close attention to the ingredient list. Look for:

Named meat sources: The first ingredient should be a specific named meat (e.g., "chicken," not "meat by-products").

High protein content: Proteins are crucial for building and repairing tissues. Aim for a protein content appropriate for your dog's age and activity level.

Healthy fats: Fats provide energy and are essential for healthy skin and coat. Look for sources like salmon oil or chicken fat.

Fruits and vegetables: These add essential vitamins, minerals, and antioxidants.

Avoid: Artificial colors, flavors, and preservatives. These are unnecessary additives that can potentially harm your dog's health. Also, be mindful of potential fillers that offer little nutritional value.

Wellness Grain-Free Dog Food: Different Lines & Choosing the Right One

Wellness offers several grain-free lines to cater to various needs:

Wellness Complete Health Grain-Free: A comprehensive line for adult dogs covering various life stages and breeds.

Wellness CORE Grain-Free: Features higher protein content and is designed for active dogs and those with higher energy demands.

Wellness Simple Grain-Free: Offers limited ingredient diets for dogs with sensitivities or allergies. These formulas typically focus on one or two protein sources and a small selection of vegetables to minimize the risk of allergic reactions.

Choosing the right Wellness grain-free food for your dog depends on several factors, including:

Age: Puppies, adults, and senior dogs have different nutritional needs.

Breed size: Large breed puppies and adult dogs have unique dietary requirements.

Activity level: Active dogs require a higher calorie and protein intake.

Any existing health conditions or allergies: If your dog has allergies or

sensitivities, choosing a limited-ingredient diet is crucial.

Transitioning Your Dog to a Grain-Free Diet

Switching your dog's food abruptly can cause digestive upset. Gradually transition your dog to a grain-free diet over 7-10 days. Start by mixing a small amount of the new food with their current food and gradually increase the proportion of the new food over time. Monitor your dog closely for any signs of digestive discomfort.

Potential Drawbacks of Grain-Free Diets

While grain-free diets offer many benefits, it's important to acknowledge potential drawbacks:

Cost: Grain-free foods are often more expensive than those containing grains.

Nutrient deficiencies: If not formulated properly, grain-free diets can lack essential nutrients. Choosing a reputable brand like Wellness helps mitigate this risk.

Dilated Cardiomyopathy (DCM): While not definitively linked to all grain-free diets, some studies have suggested a correlation between certain grain-free diets and DCM in dogs. This is a complex issue, and more research is needed to understand the exact relationship. Always consult with your veterinarian if you notice any unusual symptoms in your dog.

Conclusion

Choosing the right food for your canine companion is a critical decision impacting their overall health and happiness. Wellness grain-free dog food offers a range of high-quality options that can benefit many dogs, particularly those with grain sensitivities or digestive issues. However, remember that a balanced diet tailored to your dog's specific needs is paramount. Always consult your veterinarian before making significant changes to your dog's diet, especially if they have pre-existing health conditions. Careful ingredient selection and a gradual transition are key to a successful switch to a grain-free diet.

FAQs

1. My dog has sensitive skin. Will a Wellness grain-free diet help? Potentially, yes. Grains are a common allergen, and switching to a grain-free diet can often improve skin conditions. However, other allergens could be at play, so consult your vet.

1. Are all Wellness grain-free foods the same? No, Wellness offers different lines catering to various life stages, activity levels, and sensitivities. Choosing the right one for your dog's needs is crucial.
1. How long does it take to see results after switching to Wellness grain-free food? You may notice improvements in digestion or skin within a few weeks, but it can take several months to see the full benefits.
1. My dog is picky. Will they eat Wellness grain-free food? Wellness offers various flavors and textures. You may need to experiment to find the one your dog prefers. A gradual transition also increases the chance of acceptance.
1. Can I switch my dog from a grain-based diet to a grain-free diet immediately? No. A gradual transition over 7-10 days is necessary to avoid digestive upset. Introduce the new food slowly and monitor your dog for any adverse reactions.

wellness dog food grain free: The Forever Dog Rodney Habib, Karen Shaw Becker, 2024-09-10 #1 New York Times Bestseller In this pathbreaking guide, two of the world's most popular and trusted pet care advocates reveal new science to teach us how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans--cancer, obesity, diabetes, organ degeneration, and autoimmune disorders--also beset canines. As a result, our beloved companions are vexed with preventable health problems throughout much of their lives and suffer shorter life spans. Because our pets can't make health and lifestyle decisions for themselves, it's up to pet parents to make smart, science-backed choices for lasting vitality and health. The Forever Dog gives us the practical, proven tools to protect our loyal four-legged companions. Rodney Habib and Karen Becker, DVM, globetrotted (pre-pandemic) to galvanize the best wisdom from top geneticists, microbiologists, and longevity researchers; they also interviewed people whose dogs have lived into their 20s and even 30s. The result is this unprecedented and comprehensive guide, filled with surprising information, invaluable advice, and inspiring stories about dogs and the people who love them. The Forever Dog prescriptive plan focuses on diet and nutrition, movement, environmental exposures, and stress reduction, and can be tailored to the genetic predisposition of particular breeds or mixes. The authors discuss various types of food--including what the commercial manufacturers don't want us to know--and offer recipes, easy solutions, and tips for making sure our dogs obtain the nutrients they need. Habib and Dr. Becker also explore how external factors we often don't think about can greatly affect a dog's overall health and wellbeing, from everyday insults

to the body and its physiology, to the role our own lifestyles and our vets' choices play. Indeed, the health equation works both ways and can travel up the leash. Medical breakthroughs have expanded our choices for canine health--if you know what they are. This definitive dog-care guide empowers us with the knowledge we need to make wise choices, and to keep our dogs healthy and happy for years to come.

wellness dog food grain free: The Whole Pet Diet Andi Brown, 2006-09-01 One in four pets is obese, and every year owners spends thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products. If your pets are overweight, ailing, or aging, or you just want them to be as healthy as possible, THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats, and it just might change the way you eat, too.

wellness dog food grain free: Celiac and the Beast Erica Dermer, 2013-10 This book details the struggle through misdiagnosis after misdiagnosis, the search for answers to what gluten free really means, additional medical issues along with celiac disease, and a connection between her past life of disordered eating to her new medically restricted diet--Back cover.

wellness dog food grain free: Unlocking the Canine Ancestral Diet Steve Brown, 2009-12 Ancestors and canine cousins of our dogs didn't eat crunchy kibble or meat 'n gravy in a can. They ate what they found or caught... and it wasn't cooked or enriched either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! bull; Learn about the latest research on the importance of protein and healthy fats in your dog's diet. bull; Find out why commercial foods can't include these fragile-but-crucial nutrients, and how you can make sure your dog gets them. bull; Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding-wet or dry!

wellness dog food grain free: Health and Nutrition for Dogs and Cats David G. Wellock, 2013-04-11 While the internet provides pet parents with a great deal of information, finding and understanding that information can be like wading through a bog at midnight without a flashlight. In spite of the internet, pet parents remain desperate for valid resources. Health and Nutrition for Dogs and Cats is timely, informative, and delivers sensible information on topics of importance to all pet owners. From reading pet food labels to storing food, from understanding appropriate calorie intake to food allergies, David Wellock helps readers better understand the dietary needs of their dogs and cats. In recent years, Americans have come to pay more attention to the foods they eat. This trend toward a healthier lifestyle quickly found its way into the world of pet foods, allowing better diets to find success in the marketplace. However, the change has been somewhat perplexing for pet parents as they struggle to sort out the various, and sometimes misleading, messages surrounding the new foods available to their pets. Here, a seasoned expert in the care and feeding of dogs and cats, provides fact-filled, no nonsense, understandable information on the topics pet parents need to know in order to purchase and prepare food and develop an appropriate diet for their furry charges.

wellness dog food grain free: Dog Food Logic Linda P. Case, M.S., 2014-02-12 Choosing the right dog food in a world with too many choices
 Walking down the dog food aisle in a pet supply superstore can present you with an overwhelming number of choices. Reading about dog food on the internet can make your head spin with so many opinions and stories. And judging the

content that you find on dog food packaging can be confusing and misleading. How can the average dog owner make an informed choice in accordance with her dog's age, size and condition? In her latest book, author Linda Case describes how to make logical, evidence-based decisions for what to feed your dog amid all the options available.

 You will learn
 • How pet food marketers appeal to your emotions to persuade you to buy a particular type of dog food.
 • To distinguish between scientific, evidence-based information and the anecdotal evidence which is so pervasive—and often misleading—in the dog food arena.
 • Is there a scientific basis for dog foods designed specifically for puppies, senior dogs, canine athletes—even various breeds of dogs?
 • How to read and evaluate all of the material included on a typical package of dog food from the ingredients and label claims (“Natural,” “Anti-Oxidant,” “Low Fat”), to the Nutrient Analysis and Nutritional Adequacy statements.
 • How to avoid choice paralysis and the cognitive traps that can interfere with clear decision making.

 What experts are saying about <I>Dog Food Logic</I>
 Pet food is like a religion for many—but now those strong emotional ties can be backed up with fact. Linda Case separates fact from fiction, explains the complex terms and offers a guide to pet nutrition in simple to comprehend language. Unlike other books on this topic, there is no agenda here—except to present facts and then allow pet owners to make their own logical conclusions, letting the kibble drop where it may.
 Steve Dale, CABC, columnist Tribune Content Agency; radio host Black Dog Radio Productions and WGN Radio (Chicago); contributing editor USA Weekend; special correspondent Cat Fancy; author Good Cat!

 <I>Dog Food Logic</i> is the indispensable guide to the science behind canine nutrition that will help us to make wise, well-informed choices about how and what we feed our dogs. It takes the fear out of trying to understand proper nutrition and will empower us to determine what is best for the health of our dogs.
 Claudia Kawczynska, Founder and Editor-in-chief of The Bark

 Don't read this book if you want someone to tell you what to feed your dog. This is a book for people who want to learn, in a reasoned and thoughtful way, how to figure it out for themselves.<I> Dog Food Logic</i> goes way beyond the usual textbook list of nutritional requirements to cover the pet food industry in all its glory: the history, the business, the marketing, and best of all, the science. Case deftly navigates the most controversial topics in pet food and presents the big picture without interjecting judgment about what approach is best. There's something here for everyone: pet care professionals and dog lovers alike will learn something new from this informative, easy to read, and well researched book.
 Jessica Vogelsang, DVM, CVJ, author, speaker, and CEO of Pawcurious Media

wellness dog food grain free: Homemade Meals for Cats and Dogs Cathy Alinovi, Susan Thixton, 2020-03-03 75 Veterinarian-Approved Meals for Healthy Pets—Now Grain Free! There's a reason why pets beg at the table—they want real food! Not the kibble manufactured by pet food companies, transformed beyond recognition, drained of natural nutrients, and a far cry from fresh meat, vegetables, and grain. If we as human beings are so dedicated to preparing healthy, homemade meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our beloved pets? Homemade Meals for Cats and Dogs is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

wellness dog food grain free: Nutrient Requirements of Dogs and Cats National Research Council, Division on Earth and Life Studies, Board on Agriculture and Natural Resources, Committee on Animal Nutrition, Subcommittee on Dog and Cat Nutrition, 2006-07-01 Updating

recommendations last made by the National Research Council in the mid-1980s, this report provides nutrient recommendations based on physical activity and stage in life, major factors that influence nutrient needs. It looks at how nutrients are metabolized in the bodies of dogs and cats, indications of nutrient deficiency, and diseases related to poor nutrition. The report provides a valuable resource for industry professionals formulating diets, scientists setting research agendas, government officials developing regulations for pet food labeling, and as a university textbook for dog and cat nutrition. It can also guide pet owners feeding decisions for their pets with information on specific nutrient needs, characteristics of different types of pet foods, and factors to consider when feeding cats and dogs.

wellness dog food grain free: *The Ultimate Pet Health Guide* Gary Richter, MS, DVM, 2017-08-15 As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say should work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to hack the body's processes, including the immune system.

wellness dog food grain free: *The Clean Pet Food Revolution* Ernie Ward, Alice Owen, 2019-12-09 Did you know that a quarter of all the meat consumed in the United States is eaten by our pets? That's the equivalent to the amount devoured by 26 million Americans, and it makes U.S. cats and dogs equal to the fifth largest country in terms of animal protein consumption. Yet the impact pet food has on the environment and climate change, how healthy or necessary it is for our animal companions, or how it impacts the welfare of the farmed animals who become that food are barely known or ignored--even by animal lovers! The Clean Pet Food Revolution lifts the lid on the current pet food industry: its claims of what constitutes a natural diet for pets, its shocking record on animal welfare, and its devastating effect on the environment and climate change. The book explodes myths about grain-free diets, protein intake, and what our pets want. Finally, it details the many exciting scientific developments in alternative proteins--whether from plants, fungi, insects, or cell-based meat products--that promise not only to completely change what we feed our cats and dogs but to reduce greenhouse gas emissions, end farmed-animal slaughter, and make our pets healthier. Written by specialists in veterinary science, biotech, and animal welfare, The Clean Pet Food Revolution is a thoroughly researched and compellingly written excoriation of an unsustainable present and a fascinating glimpse of future possibilities.

wellness dog food grain free: *The Dog Cancer Survival Guide* Demian Dressler, Susan Ettinger, 2011 If your dog has cancer, you need this book. No matter what you've heard, there are always steps you can take to help your dog fight (and even beat) cancer. This scientifically researched guide is your complete reference for practical, evidence-based strategies that can optimize the life quality and longevity for your dog. No matter what diagnosis or stage of cancer your dog has, this book is packed with precious advice that can help now. Discover the Full Spectrum approach to dog cancer care: Everything you need to know about conventional western veterinary treatments (surgery, chemotherapy and radiation) including how to reduce their side effects. The most effective non-conventional options, including botanical nutraceuticals, supplements, nutrition, and mind-body medicine. How to analyze the options and develop a specific plan for your own dog based on your dog's type of cancer, your dog's age, your financial and time

budget, your personality, and many other personal factors. Imagine looking back at this time in your life, five years from now, and having not a single regret. You can help your dog fight cancer and you can honor your dog's life by living each moment to the fullest, starting now. This book can help you as it has helped thousands of other dog lovers. The Authors Dr. Demian Dressler, DVM practices in Hawaii and is internationally recognized as the dog cancer vet and blogs at DogCancerBlog.com. Dr. Susan Ettinger, DVM is a veterinary oncologist and a diplomate of the American College of Internal Medicine who practices in New York. Praise from Veterinarians, Authors & Book Reviewers The future is upon us and this ground-breaking book is a vital cornerstone. In dealing with cancer, our worst illness, this Survival Guide is educational, logical, expansive, embracing, honest and so needed. Dr. Marty Goldstein, DVM Holistic veterinarian and Host, Ask Martha Stewart's Vet on Sirius Radio The message of this book jumps off the written page and into the heart of every reader, and will become the at home bible for cancer care of dogs. The authors have given you a sensible and systematic approach that practicing veterinarians will cherish. I found the book inspiring and, clearly, it will become part of my daily approach to cancer therapy for my own patients. Dr. Robert B. Cohen, VMD Bay Street Animal Hospital, New York I wish that I had had The Dog Cancer Survival Guide when my dearly beloved Flat-coated Retriever, Odin, contracted cancer. It would have provided me alternative courses of action, as well as some well needed reality checks which were not available from conversations with my veterinarian. It should be on every dog owner's book shelf--just in case... Dr. Stanley Coren, PhD, FRSC author of many books, including Born to Bark A comprehensive guide that distills both alternative and allopathic cancer treatments in dogs...With the overwhelming amount of conflicting information about cancer prevention and treatment, this book provides a pet owner with an easy to follow approach to one of the most serious diseases in animals. Dr. Barbara Royal, DVM The Royal Treatment Veterinary Center, Oprah Winfrey's Chicago veterinarian Picking up The Dog Cancer Survival Guide is anything but a downer: it's an 'empowerer.' It will make you feel like the best medical advocate for your dog. It covers canine cancer topics to an unprecedented depth and breadth from emotional coping strategies to prevention-in plain English. Read this book, and you will understand cancer stages, treatment options, and types, and much more. If you have just had the dreaded news, pick up a copy and it will guide the decisions your dog trusts you to make. Laure-Anne Visel Dog behavior specialist and technical dog writer, CanisBonus.com

wellness dog food grain free: The Best Dog Diet Ever by Caroline Griffith Caroline Griffith, 2012-03-29 This is the book your dog, has been waiting for you to read! An absolute must for any dog owner wanting to provide the best for their dog. An easy to read, fun, informative guide to the science and the reasoning behind why feeding raw meat, bones and a small amount of vegetables is the best diet your dog could ever be fed. You will discover how to feed the diet, why to feed the diet and find answers to all your questions, even the controversial ones - included in this logical, enjoyable book. Discover how to feed a raw diet on a budget and fit the diet into your dogs lifestyle Find out how diet could be influencing your dogs behaviour Discover the true nutrients and elements your dogs needs for happiness and well-being Learn the anatomy of your dogs digestive system, and how different it is to a humans! Learn ways the raw diet can boost immunity and improve a dogs ability to Heal. Understand what makes up a raw diet for dogs and how to feed it effectively. Also includes raw feeding insights from Celebrity dog trainer Sophi Stewart, Owner and Trainer of the Lassie movie dogs Bob Weatherwax and Canine behaviour specialist & TV star Jez Rose.

wellness dog food grain free: Dogs, Dog Food, and Dogma Daniel Schulof, 2016-10-25 An in-depth investigation of the science and business of America's pet obesity epidemic.

wellness dog food grain free: Dinner PAWsible Cathy Alinovi, Susan Thixton, 2015-05-19 There's a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our pets? Dinner PAWsible is a collection of more than fifty cat and dog food recipes that will teach you

how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

wellness dog food grain free: *Big Kibble* Shawn Buckley, Oscar Chavez, 2020-12-01 A big, inside look at the shocking lack of regulation within the pet food industry, and how readers can dramatically improve the quality of their dogs' lives through diet. What's really going into commercial dog food? The answer is horrifying. Big Kibble is big business: \$75 billion globally. A handful of multi-national corporations dominate the industry and together own as many as 80% of all brands. This comes as a surprise to most people, but what's even more shocking is how lax the regulations and guidelines are around these products. The guidelines—or lack thereof—for pet food allow producers to include ever-cheaper ingredients, and create ever-larger earnings. For example, "legal" ingredients in kibble include poultry feces, saw dust, expired food, and diseased meat, among other horrors. Many vets still don't know that kibble is not the best food for dogs because Big Kibble funds the nutrition research. So far, these corporations have been able to cut corners and still market and promote feed-grade food as if it were healthful and beneficial—until now. Just as you are what you eat, so is your dog. Once you stop feeding your dog the junk that's in kibble or cans, you have taken the first steps to improving your dog's health, behavior and happiness. You know the unsavory side of Big Tobacco and Big Pharma. Now Shawn Buckley, Dr. Oscar Chavez, and Wendy Paris explain all you need to know about unsavory Big Kibble—and offer a brighter path forward for you and your pet.

wellness dog food grain free: *The Healthy Hound Cookbook* Paris Permenter, John Bigley, 2014-03-18 Your best friend deserves the best, and the simple, all-natural recipes in this book will make it easy to create healthy treats and meals for your favorite canine. Authors Paris Permenter and John Bigley, of the popular DogTipper.com website, have crafted more than 125 nutritious recipes using healthy, fresh ingredients from your kitchen. From Oatmeal Turkey Dog Biscuits to Peanut Butter and Banana Dog Ice Cream, each of these homemade dishes uses only real, whole ingredients like beef, chicken, potatoes, and carrots, so you'll always know that your furry friend is getting a snack that's flavorful as well as nutritious. You'll also find information on cooking techniques, recipes for pets on grain-free, Paleo, or raw diets, and a portion calculator to adjust serving sizes according to breed. With the whole foods recipes in *The Healthy Hound Cookbook*, your dog will start living a more natural, happier, and more flavorful life.

wellness dog food grain free: *Give Your Dog a Bone* Ian Billinghurst, 1993 'Give your dog a bone' deals exclusively with feeding dogs. It is written for people who want easy to read, commonsense guidance on feeding their dogs for maximum health, least cost and least impact on our environment--Publisher's description.

wellness dog food grain free: *Dr. Becker's Real Food for Healthy Dogs & Cats* Beth Taylor, Karen Shaw Becker, 2013

wellness dog food grain free: *CatWise* Pam Johnson-Bennett, 2016-10-18 Top feline behavior expert (and author of Penguin's bestselling *Think Like a Cat* and *Cat vs. Cat*) answers the 150 questions most often asked by puzzled cat owners. Even those of us who have lived with and loved our cats for decades are constantly stymied by their seemingly inexplicable acts, or have questions about why they do what they do and where they do it, and how we can get them to not do it. Here, in one complete authoritative guide, those elusive mysteries are solved. Why does my cat lick my hair?

Why does the cat only want attention when I'm on the phone? How can I introduce my cat to my new dog? How can I get my cat to like my new husband?? No one knows cats like Pam Johnson Bennett, whose pioneering thirty-year career as a cat behavior consultant has changed the way cat owners and experts alike view cats. Her books are bibles, but her fans and owners still flood her website and social media platforms with questions on topics that perplex them. Catwise combines the questions that come up most often with answers to help you solve your cat's behavior problems (or head them off before they start), or simply improve the relationship you have with your cat.

wellness dog food grain free: Applied Veterinary Clinical Nutrition Andrea J. Fascetti, Sean J. Delaney, 2011-11-08 Applied Veterinary Clinical Nutrition provides current, clinically relevant nutritional advice intended for use in daily canine and feline practice. Highly practical, the book emphasizes solutions for integrating nutrition into clinical practice, with introductory chapters covering the foundation and science behind the recommendations and extensive references for further reading. Written by a group of leading veterinary nutritionists, Applied Veterinary Clinical Nutrition is a valuable resource on the principles of animal nutrition and feeding practices in healthy or diseased dogs and cats. The book begins with an overview of basic nutrition, energy requirements, and the basics of product guides, pet foods, home-prepared diets and dietary supplements. Subsequent chapters delve into feeding the healthy dog and cat, nutrition for weight management, and nutritional principles for a variety of diseases, with the final chapters covering enteral and parenteral nutrition. Applied Veterinary Clinical Nutrition is a daily reference for veterinary practitioners, students, and residents seeking authoritative information on feeding animals.

wellness dog food grain free: From Needles to Natural Judy Morgan D.V.M., 2014 In From Needles to Natural, she shares her journey from traditional to holistic veterinary medicine and helps pet owners understand the differences between good advertising and good health for their animal friends.--Page 4 of cover

wellness dog food grain free: Veterinary Secrets Andrew T. Jones, Andrew T Jones DVM, 2014-05-23 This manual draws from Dr Jones' 17 years' experience in veterinary medicine to provide a comprehensive, step-by-step guide to home pet care and disease remedies. Dr. Jones opens by explaining how he came to question conventional veterinary treatments then began to share his concerns publicly and openly educate pet owners, empowering them to provide their pets with quality, holistic care at home. Eventually, his efforts led to his expulsion from the British Columbia Veterinary College, resulting in a ban from practicing animal medicine.

wellness dog food grain free: Yin & Yang Nutrition for Dogs Judy Morgan DVM, Hue Grant, 2017-11-10 Cooking for dogs according to traditional Chinese medicine food therapy including recipes.

wellness dog food grain free: CANINE NUTRIGENOMICS W. Jean Dodds, DVM, Diana Laverdure, 2014-12-30 Nutrigenomics is the new science of how diet affects gene expression at the cellular level, creating vibrant health or chronic disease. Optimum health begins in the cells—and this book shows you how to achieve it for your dog!

wellness dog food grain free: The Royal Treatment Barbara Royal, Anastasia Royal, 2013-06-25 A natural health, holistic medicine guide for your pet written by an innovative veterinarian with a background in zoo and wildlife medicine.

wellness dog food grain free: The Barf Diet Ian Billinghurst, 2016-05-24 This third book from Dr. Ian Billinghurst was written to help pet owners either understand or expand their knowledge of evolutionary diets for both dogs and cats. It contains important background research from his first two books together with lots of new information. Experienced BARFers will benefit from a number of new suggested recipes and practical information to assist in the home production of BARF diets - now everyone can do the BARF diet for their pets!

wellness dog food grain free: The Canine Thyroid Epidemic W. Jean Dodds, Diana Laverdure, 2011-03 Weight gain, hair loss and behavior changes are symptoms of thyroid problems. Learn how to recognize and get treatment for this under-diagnosed and misunderstood malady. Easy to read

text with color photos and case studies to help you help your dog.

wellness dog food grain free: *Dogs of Dreamtime* Karen Shanley, 2007-04-01 When does a dog's behavior become too dangerous for even the most loving person to accept? Karen Shanley tackles this question in lyrical prose and brings to life her relationships with three very different dogs: Kiera, Molly, and Magic, who all manage to capture Shanley's heart. *Dogs of Dreamtime* makes readers take a long, hard look at what matters most in life, and what does not—what can and cannot be controlled. This is a touching story that will stay with readers forever.

wellness dog food grain free: *Cats Galore* Susan Herbert, 2015-09-25 An irresistible volume featuring illustrations of famous dramatic personae—with a feline twist What happens when a cat becomes the subject of da Vinci's *Mona Lisa* or takes the starring role in *Hamlet* or *Lawrence of Arabia*? Susan Herbert's feline interpretations of famous images from Western culture have charmed and amused readers for decades. *Cats Galore* brings together illustrations from the affectionately envisioned Pre-Raphaelite Cats, Shakespeare Cats, Movie Cats, and Opera Cats—as well as other delightful images of cats cast in scenes from art, theater, and film—into one delightful volume. Divided into three sections—Cats in Art, Cats on Stage, and Cats in the Movies—this is the ultimate compendium for cat-loving culture buffs and cultured pet owners alike. Works by Degas and van Gogh retain their distinctive styles in spite of the furry faces; cats shine in *Much Ado About Nothing* and *The Barber of Seville*; and a bushy-tailed James Dean in *Rebel Without a Cause* stares at the camera with the iconic cigarette in his mouth.

wellness dog food grain free: *Natural Nutrition for Dogs and Cats* Kymythy R. Schultze, Kymythy Schulze, 1999 In these pages, Kymythy Schultze has provided an excellent nutritional text to help us build a healthier life for our animal friends.- Dr. Stephen R. Blake, Jr., D.V.M. [This book is] an excellent starting point for us all. Its pages are filled with helpful hints, good advice and most important, logic and common sense.- Dr. Bruce W. Cauble, D.V.M.

wellness dog food grain free: *Real Food for Dogs* Dan J. Scott, 2010

wellness dog food grain free: *The Merck Veterinary Manual* Merck and Co., Inc. Staff, 2003-11 For more than forty years, animal health professionals have turned to the *Merck Veterinary Manual* for integrated, concise and reliable veterinary information. Now this manual covering the diagnosis, treatment, and prevention of diseases of companion, food and zoo animals is available on an easy-to-use, fully searchable CD-ROM. The CD includes the full text of *The Merck Veterinary Manual* 8/e and has been enhanced with picture links featuring original anatomical artwork and numerous clinical and diagnostic illustrations, table links and quick search links that provide quick access to cross referenced text.

wellness dog food grain free: *Holistic Guide for a Healthy Dog* Wendy Volhard, Kerry Brown, 2000-05 A complete revision of a ground-breaking reference. Designed to provide updated information found in the original book, as well as lots of new topics, and a new organization--this second edition is more user-friendly than ever! Readers will get the latest on: Healthful diets for dogs of every age and activity level How to modify your dog's diet to best meet seasonal needs Natural ways to keep your dog healthy throughout all stages of life How to care for a dog in poor health The vaccine controversy--the pros, the cons and how to sort them out * Homeopathic remedies Alternative therapies, such as acupuncture, acupressure, aromatherapy, chiropractics and use of medicinal herbs

wellness dog food grain free: *Canine Cuisine* Carlotta Cooper, 2013 This book walks you through the seemingly complex process of formulating and making your own dog food so that you can ensure your dog remains as healthy as possible while enjoying some of the best food available for any pet canine.

wellness dog food grain free: *The Ultimate Pet Food Guide* Liz Palika, 2009-04-29 The 2007 pet food recalls followed a multitude of pets getting sick and dying from contaminated food; now pet owners must take charge of what they feed their dogs and cats. With *The Ultimate Pet Food Guide*, veteran dog trainer, behaviorist, and author Liz Palika focuses on nutritional needs and covers every type of feeding, including controversial raw diets, homemade cooked food, and

commercial foods. Palika also addresses introducing new foods; what “human foods” pets shouldn't eat; free-feeding; responsibility for food safety; where ingredients come from; and red flags in ingredients. Included are over fifty veterinarian- and pet-nutritionist-approved recipes and diets tailored to special-needs pets, such as puppies/kittens and pregnant, older, overweight and/or more sedentary animals.

wellness dog food grain free: The Labrador Retriever Dog Bible Kimberly Lawrence, 2019-02-14 ☐☐The Ultimate Labrador Retriever Dog Bible☐☐ If you want to add the best qualities of America's top dog to your household, you'll need to know how to avoid the potential quirks of the breed! The high popularity rating of Labrador Retrievers results from characteristics that include a large and whimsical personality, gentle nature and friendly disposition. When you find the ideal pup, and you know the right methods to bring out the best qualities, life with a Lab can prove comically unpredictable! This is a must-have guide for all beginner Labrador Retriever puppy owners and individuals who are thinking of getting a Labrador Retriever puppy. ☐☐The Labrador Retriever Dog Bible includes☐☐ ♦ A fun-loving companion to bond with all members of the family ♦ A growing loyalty as you teach your highly trainable Lab obedience and boundaries ♦ An overview of just why training your Labrador is one of the very best things you can do for it ♦ Someone who is always willing to go hunting and fishing, no matter the time or the temperature ♦ A complete how-to-guide on how to potty train your Lab in a remarkably short amount of time with as few accidents as possible ♦ A spirited yet gentle-natured companion who is always happy to see you ♦ How to extend the life of your Labrador ♦ And much more... Be the best friend to your best friend by knowing what it takes to find, feed, train and raise a Labrador. America's top dog won the rank for being an all-around companion for single owners or an entire family. But not all lifestyles will suit the needs of this spirited, attention seeking breed. Don't look any further for another guide on this subject. This will answer any questions you might have, and will teach you how to do everything you need plus tons more! Scroll up and click the buy now button to get this awesome guide today!

wellness dog food grain free: The Labrador Retriever Handbook Kimberly Lawrence, 2019-02-14 ☐☐The Complete Guide To Choosing, Training, And Caring Your Labrador Retriever☐☐ If you want to add the best qualities of America's top dog to your household, you'll need to know how to avoid the potential quirks of the breed! The high popularity rating of Labrador Retrievers results from characteristics that include a large and whimsical personality, gentle nature and friendly disposition. Use caution, though, when choosing the right puppy for you. Poor breeding practices and hereditary health issues present the possibility of lifelong challenges, both in behavior and disease. When you find the ideal pup, and you know the right methods to bring out the best qualities, life with a Lab can prove comically unpredictable! This is a must-have guide for all beginner Labrador Retriever puppy owners and individuals who are thinking of getting a Labrador Retriever puppy. ☐☐ Grab your copy today and discover☐☐ ♦ How to choose the best dog for you and your family ♦ An overview of just why training your Labrador is one of the very best things you can do for it ♦ Effective techniques of teaching your Labrador all of the basic commands ♦ How to keep your Labrador healthy ♦ Simple Ways to Improve your Bond with your Labrador ♦ The ethical guide to obtaining your lab from the right places ♦ How to keep your Lab happy to the end ♦ And much more... Be the best friend to your best friend by knowing what it takes to find, feed, train and raise a Labrador. America's top dog won the rank for being an all-around companion for single owners or an entire family. But not all lifestyles will suit the needs of this spirited, attention seeking breed. Don't look any further for another guide on this subject. This will answer any questions you might have, and will teach you how to do everything you need plus tons more! Scroll up and click the buy now button to get this awesome guide today!

wellness dog food grain free: Dog Food Cookbook Anna Ramsey, 2024-07-23 Discover a wide range of all natural, delicious and simple to make, healthy and balanced baked dog food recipes inside my new baked dog food recipe book, Dog Food Cookbook: A Selection of Healthy Baked Dog Food Recipes. A must-read book for anyone wanting to discover healthy baked dog food recipes or for those who want to expand their range of existing homemade dog foods that can be made in the

oven, that are easy to prepare, simple to cook and most importantly, nutritious and healthy for their dogs. Inside my new baked dog food cookbook, you will discover: Healthy Dog Food Recipes. A selection of all natural, healthy and flavorful baked dog food recipes. From easy to prepare homemade kibble to flavorful wet dog food recipes, you'll find a wide variety of nutritious and balanced baked dog food recipes inside. Detailed Preparation & Cooking Instructions. Because making homemade dog food in the oven does not have to be difficult, all of the baked dog food recipes contained inside my dog food cookbook are so simple to follow and easy to cook a complete newcomer to making baked dog food can create balanced, nutritious, healthy and flavorful foods for their dogs following the instructions inside. Quick & Easy Dog Food Recipes. Many of the dog food recipes contained inside my dog food cookbook can be ready in under 30 minutes from fridge to table, simply follow the baked dog food recipes and have the perfectly balanced batch of nutritious, healthy and fresh dog food ready in next to no time with perfectly flavorful results each and every time that your dog will love! Download my baked dog food cookbook right now and access the full range of delicious and easy dog food recipes contained inside and let your dog begin experiencing flavorful, perfectly prepared, healthy and delicious dog food like never before.

wellness dog food grain free: *The Forever Dog* Rodney Habib, Karen Shaw Becker, 2021-10-12 #1 New York Times Bestseller In this pathbreaking guide, two of the world's most popular and trusted pet care advocates reveal new science to teach us how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans—cancer, obesity, diabetes, organ degeneration, and autoimmune disorders—also beset canines. As a result, our beloved companions are vexed with preventable health problems throughout much of their lives and suffer shorter life spans. Because our pets can't make health and lifestyle decisions for themselves, it's up to pet parents to make smart, science-backed choices for lasting vitality and health. The Forever Dog gives us the practical, proven tools to protect our loyal four-legged companions. Rodney Habib and Karen Becker, DVM, globetrotted (pre-pandemic) to galvanize the best wisdom from top geneticists, microbiologists, and longevity researchers; they also interviewed people whose dogs have lived into their 20s and even 30s. The result is this unprecedented and comprehensive guide, filled with surprising information, invaluable advice, and inspiring stories about dogs and the people who love them. The Forever Dog prescriptive plan focuses on diet and nutrition, movement, environmental exposures, and stress reduction, and can be tailored to the genetic predisposition of particular breeds or mixes. The authors discuss various types of food—including what the commercial manufacturers don't want us to know—and offer recipes, easy solutions, and tips for making sure our dogs obtain the nutrients they need. Habib and Dr. Becker also explore how external factors we often don't think about can greatly affect a dog's overall health and wellbeing, from everyday insults to the body and its physiology, to the role our own lifestyles and our vets' choices play. Indeed, the health equation works both ways and can travel "up the leash." Medical breakthroughs have expanded our choices for canine health—if you know what they are. This definitive dog-care guide empowers us with the knowledge we need to make wise choices, and to keep our dogs healthy and happy for years to come.

wellness dog food grain free: *The Complete Guide to Scottish Terriers* Tracey Squire, 2019-05-29 With so many Terrier breeds on the market to choose from, be secure in your choice by learning everything you need to know about the prospective Terrier breeds so that you can choose the right pup for your lifestyle. In this comprehensive guide, you'll learn the history of the Scottish Terrier, how to identify this specific breed from other Terrier breeds, what makes Scottish Terriers different from other Terrier breeds, and how to care for this diligent canine companion. Instead of settling for an overly-hyper or annoyingly-yappy dog, invest your time, money, and love into the Scottish Terrier.. This book will teach you all about the Scottish Terrier temperament, the right animal companions for him, and everything else you need to know in order to keep your loyal friend happy, healthy, and by your side for as long as possible. You'll also learn how this breed isn't

especially friendly with strangers, so with a Scottish Terrier in your life, you can feel safe knowing that your home is protected. Topics covered include: Is a Scottish Terrier the right dog for me? Should I buy from a breeder or adopt from a rescue? I brought my Scottie home. What now? How can I best train my Scottie? What are some common mistakes should I avoid? This book will guide you through the sophisticated Scottie history, explain the Scottie's personality and needs, and teach you what you need to know to ensure a well-socialized, dignified, and confident Scottish Terrier. Chapters include all the basics such as: Scottish Terrier History Choosing a Scottish Terrier Preparing your Home for your Scottish Terrier Bringing Home your Scottish Terrier Being a Puppy Parent Housetraining Socializing with People and Animals Scottish Terriers and Your Other Pets Physical and Mental Exercise Training your Scottish Terrier Basic Commands Dealing With Unwanted Behaviors Traveling with Scottish Terriers Nutrition Grooming your Scottish Terrier Basic Health Care Advanced Scottish Terrier Health and Aging Dog Care Scottish Terriers have long been popular in America with several U.S. presidents claiming these compact hunters as part of their families. Scottish Terriers need attentive socialization if they're to be around children and other dogs. Otherwise, this breed is best suited for the serious and solitary household. Their bold and somewhat-serious nature keeps them in demand as watchdogs, hunting companions, and lifelong friends. This dog is independent and doesn't need your attention, but you can be sure that your Scottish Terrier will quickly become attached and remain loyal.

Additional Resources

wellness dog food grain free

[Wellness Dog Food Grain Free](#)

Wellness Dog Food Grain Free

Related Articles

- [wellness challenges in the workplace](#)
- [what is not included in a wellness visit](#)
- [wellness in the workplace ideas](#)

[Back to Home](#)