

wellness corporate solutions llc

Wellness Corporate Solutions LLC: Investing in Your Employees' Well-being

Are you a business leader looking to boost employee morale, productivity, and retention? Are you tired of seeing disengaged employees and high turnover rates? Then you've come to the right place. This comprehensive guide dives deep into Wellness Corporate Solutions LLC, exploring how their services can transform your company culture and contribute to a healthier, happier, and more successful workforce. We'll examine the specific services they offer, the benefits of investing in employee wellness, and why choosing Wellness Corporate Solutions LLC might be the best decision for your organization.

What is Wellness Corporate Solutions LLC?

Wellness Corporate Solutions LLC is a [Insert accurate description of the company here. e.g., leading provider of comprehensive wellness programs for businesses of all sizes. They specialize in designing tailored solutions that address the unique needs of each client.]. Instead of offering a one-size-fits-all approach, they take the time to understand your company's culture, your employees' specific needs, and your overall business goals. This personalized approach ensures that the implemented wellness programs are effective, engaging, and deliver a measurable return on investment (ROI).

Key Services Offered by Wellness Corporate Solutions LLC

Wellness Corporate Solutions LLC likely offers a range of services designed to improve employee well-being across several key areas. While specific offerings may vary, some common services provided by similar companies include:

Health and Wellness Programs: This could encompass everything from biometric screenings and health risk assessments to health coaching, nutrition counseling, and weight management programs. The goal is to identify potential health issues early and provide employees with the tools and resources to make positive lifestyle changes.

Stress Management and Mental Health Support: In today's fast-paced work environment, stress and mental health challenges are prevalent. Wellness Corporate Solutions LLC likely offers resources like mindfulness training, stress reduction workshops, employee assistance programs (EAPs), and access to mental health professionals.

Financial Wellness Programs: Financial stress can significantly impact employee well-being and productivity. Programs offered might include financial literacy workshops, budgeting assistance, and debt management resources.

Ergonomics and Workplace Safety: Creating a safe and comfortable work environment is crucial. Wellness Corporate Solutions LLC may provide ergonomic assessments, workstation adjustments, and safety training to prevent workplace injuries and improve employee comfort.

Wellness Challenges and Incentives: Gamified wellness challenges and reward programs can encourage employee participation and engagement in healthy behaviors. These could include step challenges, healthy eating competitions, or team-based activities.

On-site Wellness Events: Hosting on-site health fairs, workshops, and fitness classes provides convenient access to wellness resources and fosters a culture of health within the workplace.

Customizable Solutions: The most successful wellness programs are those tailored to the specific needs of a company. A key differentiator of Wellness Corporate Solutions LLC is likely their ability to customize programs to perfectly align with your company's unique culture and goals.

The Benefits of Investing in Employee Wellness with Wellness Corporate Solutions LLC

Investing in employee wellness programs through Wellness Corporate Solutions LLC offers a multitude of benefits that extend beyond simply improving employee health. These benefits often translate into a significant return on investment for the company:

Increased Productivity and Engagement: Healthier, happier employees are more productive and engaged in their work. Reduced absenteeism and presenteeism (being at work but not fully productive) directly contribute to increased output.

Reduced Healthcare Costs: By promoting healthy behaviors and early detection of health issues, wellness programs can help reduce healthcare expenses for both the employee and the employer.

Improved Employee Retention: Employees who feel valued and supported by their employer are more likely to stay with the company. Investing in wellness demonstrates this care and fosters loyalty.

Enhanced Company Culture: A strong emphasis on employee well-being fosters a positive and supportive work environment, enhancing team cohesion and collaboration.

Stronger Employer Brand: Companies that prioritize employee wellness are more attractive to potential hires, leading to a competitive advantage in recruiting top talent.

Increased Employee Morale and Job Satisfaction: When employees feel cared for and supported, their overall morale and job satisfaction improve dramatically.

Choosing Wellness Corporate Solutions LLC: Why They Stand Out

[This section should be filled with specific details about what makes Wellness Corporate Solutions LLC unique. Examples include awards received, testimonials from satisfied clients, mention of specific expertise, their unique approach, their commitment to data-driven results, etc. Include concrete examples wherever possible.]

Conclusion

Wellness Corporate Solutions LLC offers a comprehensive and personalized approach to

corporate wellness. By investing in their services, you're not just improving the health of your employees; you're investing in the future success of your business. The benefits – increased productivity, reduced healthcare costs, improved retention, and a stronger company culture – make a compelling case for prioritizing employee well-being. Contact Wellness Corporate Solutions LLC today to discuss your company's unique needs and discover how they can help you create a healthier, happier, and more productive workforce.

FAQs

1. What types of companies does Wellness Corporate Solutions LLC work with? [Answer based on the company's target market – e.g., "They work with companies of all sizes and across various industries."]
1. How do I get a quote for Wellness Corporate Solutions LLC services? [Answer with specific instructions - e.g., "Visit their website at [website address] and fill out the contact form, or call them directly at [phone number]."]
1. What is the process for implementing a wellness program through Wellness Corporate Solutions LLC? [Answer by outlining the typical steps involved - e.g., "It typically begins with a consultation to assess your needs, followed by program design, implementation, and ongoing monitoring and evaluation."]
1. Do you offer any guarantees on the effectiveness of your programs? [Answer honestly and transparently about any guarantees offered by the company. Be realistic and focus on the value proposition.]
1. What kind of reporting and data analysis can I expect from Wellness Corporate Solutions LLC? [Answer with specifics about the type of data tracking and reporting they provide - e.g., "They provide regular reports tracking key metrics like participation rates, health improvements, and ROI, allowing you to measure the success of your wellness program."]

retiring boomer who dreams of a home-based job or business, but doesn't know how to make that dream a reality. Unlike the many change-your-life books that promise much and deliver little—Undress4Success provides expert, practical advice about: 1) what home-based jobs are available, what talents they require, what they pay, who's hiring, and how to land one; 2) how to use the Web to search for work-at-home jobs and business opportunities without being scammed; 3) how to turn professional talents into a freelance business; and 4) how to convince an employer to adopt a telecommuting program. Based on interviews with dozens of employers, home-based employees, successful freelancers, and leading telework researchers, this book shows readers the way home.

wellness corporate solutions llc: DIRECTORY OF CORPORATE COUNSEL. , 2023

wellness corporate solutions llc: Cost of Drug Testing , 1991

wellness corporate solutions llc: Workplace Wellness Programs Study Soeren Mattke, Hangsheng Liu, John P. Caloyeras, Christina Y. Huang, Kristin R. Van Busum, 2013 The report investigates the characteristics of workplace wellness programs, their prevalence and impact on employee health and medical cost, facilitators of their success, and the role of incentives in such programs. The authors employ four data collection and analysis streams: a literature review, a survey of employers, a longitudinal analysis of medical claims and wellness program data from a sample of employers, and five employer case studies.

wellness corporate solutions llc: Workplace Wellness Rose Karlo Gantner Ed.D., 2012-03-01 Workplace Wellness is a guide for business leaders, managers, and consultants who want to decrease health care costs even as they improve employee productivity, satisfaction, and health conditions. -- from xi

wellness corporate solutions llc: Directory of Corporate Counsel, 2024 Edition ,

wellness corporate solutions llc: Thrive Arianna Huffington, 2014-03-25 In Thrive, Arianna Huffington makes an impassioned and compelling case for the need to redefine what it means to be successful in today's world. Arianna Huffington's personal wake-up call came in the form of a broken cheekbone and a nasty gash over her eye--the result of a fall brought on by exhaustion and lack of sleep. As the cofounder and editor-in-chief of the Huffington Post Media Group--one of the fastest growing media companies in the world--celebrated as one of the world's most influential women, and gracing the covers of magazines, she was, by any traditional measure, extraordinarily successful. Yet as she found herself going from brain MRI to CAT scan to echocardiogram, to find out if there was any underlying medical problem beyond exhaustion, she wondered is this really what success feels like? As more and more people are coming to realize, there is far more to living a truly successful life than just earning a bigger salary and capturing a corner office. Our relentless pursuit of the two traditional metrics of success--money and power--has led to an epidemic of burnout and stress-related illnesses, and an erosion in the quality of our relationships, family life, and, ironically, our careers. In being connected to the world 24/7, we're losing our connection to what truly matters. Our current definition of success is, as Thrive shows, literally killing us. We need a new way forward. In a commencement address Arianna gave at Smith College in the spring of 2013, she likened our drive for money and power to two legs of a three-legged stool. They may hold us up temporarily, but sooner or later we're going to topple over. We need a third leg--a third metric for defining success--to truly thrive. That third metric, she writes in Thrive, includes our well-being, our ability to draw on our intuition and inner wisdom, our sense of wonder, and our capacity for compassion and giving. As Arianna points out, our eulogies celebrate our lives very differently from the way society defines success. They don't commemorate our long hours in the office, our promotions, or our sterling PowerPoint presentations as we relentlessly raced to climb up the career ladder. They are not about our resumes--they are about cherished memories, shared adventures, small kindnesses and acts of generosity, lifelong passions, and the things that made us laugh. In this deeply personal book, Arianna talks candidly about her own challenges with managing time and prioritizing the demands of a career and raising two daughters--of juggling business deadlines and family crises, a harried dance that led to her collapse and to her aha moment. Drawing on the latest groundbreaking research and scientific findings in the fields of psychology, sports, sleep, and physiology that show

the profound and transformative effects of meditation, mindfulness, unplugging, and giving, Arianna shows us the way to a revolution in our culture, our thinking, our workplace, and our lives.

wellness corporate solutions llc: Financial Peace Dave Ramsey, 2002-01-01 Dave Ramsey explains those scriptural guidelines for handling money.

wellness corporate solutions llc: *Directory of Corporate Counsel, Spring 2024 Edition*,
wellness corporate solutions llc: *Fatal Flaws of Employee Wellness Programs* Alison Brehme, 2019-10-22 Corporate wellness doesn't work. That's because most corporate wellness programs are suffering from one or more fatal flaws. That means that the goals of the program will always fall flat. And then the goals you have for your employees don't come to fruition - you'll either feel like your begging them to participate or that you're offering them benefits they don't want (and don't use)! Either way, it's a waste of time, money, and effort! Corporate wellness is more than benefits or perks. It's more than healthy snacks or gym discounts. And it certainly isn't One Size Fits All! Your organization is unique. This book shows you a customizable road map to guide you in creating a corporate wellness program that's right for your company, no matter its size. You will create clear goals, make decisions based on data, have fun when implementing the program, and remember to adjust as you go so you can improve your results. Alison Brehme brings an all-new approach to employee wellness that is easy to understand, implement, and get results. She's a Certified Corporate Wellness Consultant with over fifteen years' experience in corporate advertising so she's experienced first-hand workaholicism, chronic pain, and saw how burnout and stress took a toll on her own health as well as the health of her colleagues.

wellness corporate solutions llc: *Yearbook of Experts, Authorities & Spokespersons - 2011 Editon* Mitchell P. Davis, 2010-06 Yearbook of Experts is America's favorite newsroom resource -- requests by tens of thousands of journalists.

wellness corporate solutions llc: The Tapping Solution Nick Ortner, 2013-04-02 In the New York Times best-selling book *The Tapping Solution*, Nick Ortner, founder of the Tapping World Summit and best-selling filmmaker of *The Tapping Solution*, is at the forefront of a new healing movement. In this book, he gives readers everything they need to successfully start using the powerful practice of tapping—or Emotional Freedom Techniques (EFT). Tapping is one of the fastest and easiest ways to address both the emotional and physical problems that tend to hamper our lives. Using the energy meridians of the body, practitioners tap on specific points while focusing on particular negative emotions or physical sensations. The tapping helps calm the nervous system to restore the balance of energy in the body, and in turn rewire the brain to respond in healthy ways. This kind of conditioning can help rid practitioners of everything from chronic pain to phobias to addictions. Because of tapping's proven success in healing such a variety of problems, Ortner recommends to try it on any challenging issue. In *The Tapping Solution*, Ortner describes not only the history and science of tapping but also the practical applications. In a friendly voice, he lays out easy-to-use practices, diagrams, and worksheets that will teach readers, step-by-step, how to tap on a variety of issues. With chapters covering everything from the alleviation of pain to the encouragement of weight loss to fostering better relationships, Ortner opens readers' eyes to just how powerful this practice can be. Throughout the book, readers will see real-life stories of healing ranging from easing the pain of fibromyalgia to overcoming a fear of flying. The simple strategies Ortner outlines will help readers release their fears and clear the limiting beliefs that hold them back from creating the life they want.

wellness corporate solutions llc: *U. S. Behavioral Health Management Directory 2011-2012* Monica E. Oss, 2011-04-27 New metrics on management of behavioral health services in the U.S. health care system were released by OPEN MINDS during May 2011. The new analyses are the only U.S. estimates of the enrollment in a wide range of behavioral health management models including traditional managed behavioral health models, health plan management initiatives, employee assistance programs, and disease management initiatives. The national behavioral health management market metrics will include a number of critical data sets: *U.S. enrollment in behavioral health management programming, since 1993 *Behavioral health management program

organizational market share by program type, for 2010*Current enrollment and enrollment trend data for managed behavioral health programs and employee assistance programs*Specialty disease management program enrollment*Identification of the 'top 10' vendor programs by market share in each program type*A listing of U.S. organizations providing behavioral health management services*Profiles of over 350 U.S. organizations including history, enrollment by program, contact information, and key executive team members

wellness corporate solutions llc: The Stop & Go Fast Food Nutrition Guide Steven G. Aldana, 2007 The Stop & Go Fast Food Nutrition Guide shows you how to navigate the fast food maze and choose foods that are actually good for you. The guide uses the colors of the stop light (red, yellow, and green) to help individuals choose foods that lead toward or away from good health. The Stop & Go Fast Food Nutrition Guide is the only guide that shows you how to navigate the fast food maze and identify fast foods that are actually good for you. With the help of a nationally recognized panel of nutrition experts, Dr. Aldana has color coded almost 3,500 fast foods from 68 different restaurants. Now you can sort through the fast food maze and select the healthy foods and avoid the unhealthy ones. Keep the guide in your glove box for easy access.

wellness corporate solutions llc: 12 Fixes to Healthy Judith Scharman Draughon, 2020-06-12 Integrating my 30-year experience as a registered dietitian nutritionist with the latest scientific research, I've identified the 12 most important fixes to help you take charge of your health, fight illness, improve gut health, take off excess fat weight, and to feel and think better—all without being on a diet. Adopted one at a time, these 12 Fixes are done most of the time rather than 100 percent of the time to offer a non-guilt, sustainable plan. Flexible enough to work within any lifestyle, culture, or diet restriction, these 12 Fixes are your formula for a healthier, stronger life. This 12 Fixes to Healthy Plan in this book integrates a Mediterranean, whole-food lifestyle with overnight intermittent fasting paired with breakfast, exercise, sleep, eating ergonomics, and mindful eating.

wellness corporate solutions llc: Essential Pranayama Jerry Givens, 2020-04-14 Increase energy, relieve stress, find balance—yogic breathing for every level Pranayama, translated as the extension of one's life force, can help you improve focus, relieve stress, and deepen your yoga practice—simply through breathing. Essential Pranayama offers clear, approachable breath techniques and exercises for all levels of practitioner. Whether you're experienced with yoga and breathwork or just beginning to explore, this guide will help you quickly feel the benefits of pranayama techniques. Discover both the modern scientific perspectives and the traditional wisdom around the effects of pranayama on the body and mind. Learn the building blocks of the techniques and find out how to sequence them to address your specific needs. You can use the short practices during a brief quiet moment in your day—or expand your yoga and meditation routines with longer combinations. Essential Pranayama includes: 60 breathing exercises—These individual techniques and sequences have the power to energize, calm, improve digestion, cool your body, and much more. Simple and concise—Each technique can be performed in 15 minutes or less, making it easy to fold pranayama methods into your daily habits. Practical—Optimize your experience with tips for arranging your physical space, using equipment, and keeping your practice comfortable. Unlock greater peace and wellness with the simple techniques of Essential Pranayama.

wellness corporate solutions llc: Hair Like a Fox Danny Roddy, 2013 While it is often stated with great confidence that pattern baldness is the result of defective genes and male androgenic hormones (e.g., testosterone, DHT), the theory is physiologically unsound. In fact, after 60 years of research the genetic-androgen doctrine has produced a single FDA-approved therapy that works less than 50% the time and can result in permanent chemical castration. ...Standing on the shoulders of giants (e.g., Otto Warburg, Albert Szent-Györgyi, Gilbert Ling, Ray Peat and others), Hair Like a Fox sets up an alternative bioenergetic model of pattern hair loss with a focus on the smallest unit of life, the cell. This same context elucidates simple yet effective therapies for halting and perhaps reversing pattern hair loss in a way that harmonizes with our unique physiology--Amazon.com.

wellness corporate solutions llc: LexisNexis Corporate Affiliations, 2008

wellness corporate solutions llc: Workplace Drug Testing Alain G. Verstraete, 2011 This

comprehensive text provides clear explanations of the effects of drugs on human performance and the need for workplace drug testing. It provides essential information on the regulatory and legal frameworks around the world, how to set policies and coverage of all aspects of drug analysis and the associated interpretation of results. Contents include: * epidemiology of drug use in the working population * the evidence base and guidelines for workplace drug testing * legal, regulatory aspects and policies for drugs and alcohol * urine and alternative sample collection process * analytical techniques and specimen adulteration. Case studies of successful programmes are also included to illustrate the principles discussed. Written by internationally acknowledged experts this informative book will be essential reading for anyone interested in workplace drug testing or setting up such a system including clinical and forensic toxicologists, occupational health physicians, nurses, human resources, drug counselling and treatment providers, analytical chemists and lawyers. Alain Verstraete is Professor at the Department of Clinical Chemistry, Microbiology and Immunology, Ghent University, Ghent, Belgium and Department Head of the Toxicology Laboratory of the Laboratory of Clinical Biology, Ghent University Hospital, Ghent, Belgium.

wellness corporate solutions llc: Mental Wellness Programs for Employees R.H. Egdahl, D.C. Walsh, W.B. Goldbeck, 2012-12-06 Address to the Conference on Employee Mental Wellness by Walter B. Wriston, Chairman, Citicorp The mental well-being of employees is a subject of fundamental importance to each of us, our companies, our professions, and the nation. Both the Washington Business Group on Health and Boston University's Center for Industry and Health Care should be commended for the timely initiative this conference represents. I hope it will be come an ongoing effort to improve the mental health services to the nation's private sector workers and their dependents. I have had a deep interest in the delivery of health care for a long time, both from the perspective of a major employer and from my participation in the governance of New York Hospital-Cornell Medical Center. It has also been my privilege to chair the Business Round table's Task Force on Health and to serve on the President's Labor Management Committee which, among other things, has been working on health care problems. This experience obviously does not give me any claim to special expertise on the issue of mental health. It may prove helpful, however, as we work together formulating our thoughts about the nation's health system, the role of industry, and where the mental health issue fits into the picture.

wellness corporate solutions llc: U. S. Behavioral Health Management Industry Report 2011-2012 Laura Morgan, 2011-04-27

wellness corporate solutions llc: Signal , 2017

wellness corporate solutions llc: Health and Wellness Tourism Melanie K. Smith, László Puczkó, 2009 Health and Wellness Tourism takes an innovative look at this rapidly growing sector of today's thriving tourism industry. This book examines the range of motivations that drive this diverse sector of tourists, the products that are being developed to meet their needs and the management implications of these developments. A wide range of international case studies illustrate the multiple aspects of the industry and new and emerging trends including spas, medical wellness, life-coaching, meditation, festivals, pilgrimage and yoga retreats. The authors also evaluate marketing and promotional strategies and assess operational and management issues in the context of health and wellness tourism. This text includes a number of features to reinforce theory for advanced students of hospitality, leisure and tourism and related disciplines.

wellness corporate solutions llc: Raynaud's Phenomenon Fredrick M. Wigley, Ariane L. Herrick, Nicholas A. Flavahan, 2014-10-24 Raynaud's Phenomenon: A Guide to Pathogenesis and Treatment comprehensively reviews the understanding of a disorder that continues to challenge primary care clinicians and specialists alike. In the last decade, there have been important advances not only in understanding the pathophysiology of Raynaud's Phenomenon (RP), but also in developing diagnostic methods and effective drug and non-drug therapies. Thoroughly discussing the various manifestations of RP, including childhood RP, RP secondary to connective tissue disease, and a variety of other associated disorders that include vascular perturbation that mimics RP, this title provides a wealth of new information available on normal and abnormal thermoregulation and

helps physicians identify the best therapeutic approaches to treating RP. The work offers differential diagnosis options, reviews potential causes such as autoimmune disease, industrial trauma, drugs, and metabolic causes and provides clear recommendations for therapy. Engaging readers with case vignettes and a plethora of visual aids, Raynaud's Phenomenon: A Guide to Pathogenesis and Treatment is a state-of-the-art, authoritative reference and invaluable contribution to the literature that will be of interest to physicians, patients, and individuals dealing with these disease processes.

wellness corporate solutions llc: I-Bytes Financial Services Industry IT-Shades, 2020-08-13 This document brings together a set of latest data points and publicly available information relevant for Financial Services. We are very excited to share this content and believe that readers will benefit from this periodic publication immensely.

wellness corporate solutions llc: Who Owns Whom , 2004

wellness corporate solutions llc: Health at Home Don R. Powell, American Institute for Preventive Medicine, 1997 This volume will help to reduce health care costs and improve your quality of life by providing answers to your questions about symptoms and their solutions.

wellness corporate solutions llc: Population Health: Creating a Culture of Wellness David B. Nash, JoAnne Reifsnnyder, Raymond J. Fabius, Valerie P. Pracilio, 2010-08-16 With over 45.7 million uninsured in the United States and health reform a national priority, the need for population health management has never been more eminent. Sixty percent of American deaths are attributable to behavioral factors, social circumstances and environmental exposures. Employment of population health management techniques advocating use of preventative services and quality clinical care are imperative. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

wellness corporate solutions llc: Consultants & Consulting Organizations Directory Cengage Gale, 2009-05-12

wellness corporate solutions llc: StressMap Esther M. Orioli, Dennis T. Jaffe, Cynthia D. Scott, 1987 Uses a questionnaire to analyze one's environment, coping responses, inner feelings, and distress signals, and tells how to interpret the results

wellness corporate solutions llc: Official Gazette of the United States Patent and Trademark Office , 2003

wellness corporate solutions llc: The Almanac of American Employers: The Only Guide to America's Hottest, Fastest-Growing Major Corporations Jack W. Plunkett, 2008-10 Market research guide to American employers. Includes hard-to-find information such as benefit plans, stock plans, salaries, hiring and recruiting plans, training and corporate culture, growth plans. Several indexes and tables, as well as a job market trends analysis and 7 Keys For Research for job openings. This massive reference book features our proprietary profiles of the 500 best, largest, and fastest-growing corporate employers in America--includes addresses, phone numbers, and Internet addresses.

wellness corporate solutions llc: America's Corporate Finance Directory 2002 National Register Publishing, National Register Publishing Co. Staff, 2001-09

wellness corporate solutions llc: Edgewalkers Judi Neal, 2006-10-30 In ancient cultures, each village had a shaman or medicine man who would visit the invisible world to obtain vital information, guidance, and healing for members of the tribe. These edgewalkers have contemporary counterparts in today's organizations—those individuals who don't fit squarely into any one box; in their metaphorical travels they interpret trends from the marketplace, translate messages across departments, and envision the future impact of today's decisions and actions. Edgewalking doesn't come without its own risks and challenges; these unconventional people often clash with more traditional, rule-bound colleagues, and they are often frustrated by organizational systems that emphasize quantitative results over creative impulses. And yet in today's fast-changing, diverse, and globalized business environment, organizations must recruit and support these people in order to stay competitive. Featuring colorful interviews and practical tools to gauge and manage your own edgewalking skills, Edgewalkers explores the opportunities that are created by defying formal

boundaries and fostering creativity at every level of the organization. They're the first people to volunteer to head up a new business unit, lead a cross-company initiative, or take on an overseas assignment. They're the glass half-full folks, who are constantly thinking out of the box, forging alliances with colleagues in other departments, seeking out new solutions to old problems, and anticipating challenges on the horizon. And in today's increasingly diverse workplaces, they are often people who have pursued unusual educational and career paths, traveled widely, and speak more than one language. Judi Neal has a term for these people: Edgewalkers. Literally, an edgewalker is someone who walks between two worlds. In ancient cultures, each village had a shaman or medicine man who would visit the invisible world to obtain vital information, guidance, and healing for members of the tribe. Today's corporate edgewalkers serve a similar function, interpreting trends from the marketplace, translating messages across departments, and envisioning the future impact of today's decisions and actions. Edgewalking doesn't come without its own risks and challenges; these unconventional people often clash with more traditional, rule-bound colleagues, and they are often frustrated by organizational systems that emphasize quantitative results over creative impulses. And yet in today's fast-changing, globalized business environment, organizations must recruit and support these people in order to stay competitive. Featuring colorful interviews with edgewalkers from a variety of fields and practical tools to gauge and manage your own edgewalking skills, *Edgewalkers* explores the opportunities that are created by defying formal boundaries and fostering creativity at every level of the organization.

wellness corporate solutions llc: The Power of Full Engagement James E. Loehr, Jim Loehr, Tony Schwartz, 2005-01-03 The number of hours in a day is fixed, but the quantity and quality of energy available to us is not. This fundamental insight has the power to revolutionize the way you live. As Jim Loehr and Tony Schwartz demonstrate in their groundbreaking New York Times bestseller, managing energy, not time, is the key to enduring high performance as well as to health, happiness, and life balance. Their Full Engagement Training System is grounded in twenty-five years of working with great athletes -- tennis champ Monica Seles and speed-skating gold medalist Dan Jansen, to name just two -- to help them perform more effectively under brutal competitive pressures. Now this powerful, step-by-step program will help you to:

- Mobilize four key sources of energy
- Balance energy expenditure with intermittent energy renewal
- Expand capacity in the same systematic way that elite athletes do
- Create highly specific, positive energy management rituals

The Power of Full Engagement is a highly practical, scientifically based approach to managing your energy more skillfully. It provides a clear road map to becoming more physically energized, emotionally connected, mentally focused, and spiritually aligned -- both on and off the job.

wellness corporate solutions llc: *Plunkett's Almanac of Middle Market Companies: Middle Market Research, Statistics & Leading Companies* Jack W. Plunkett, 2007-07 *Plunkett's Almanac of Middle Market Companies 2008* is designed to be time-saving business development tool for professionals, marketers, sales directors, consultants and strategists seeking to understand and reach middle market American companies. It will also be of great use to placement, recruiting and human resources professionals, as well as professionals working in economic development, lending and media. It covers competitive intelligence, market research and business analysis--everything you need to identify and develop strategies for middle market corporations. Coverage includes all major business sectors, from InfoTech to health care to telecommunications and much more. (We have intentionally omitted retail companies and banks.) These profiles and details on over 500 middle market firms are pulled from our extensive company and industry databases. We also include a business glossary and a listing of business contacts, such as industry associations and government agencies. Next, we profile hundreds of leading middle market companies. Our company profiles include complete business descriptions and up to 27 executives by name and title. Purchasers of either the book or PDF version can receive a free copy of the company profiles database on CD-ROM, enabling key word search and export of key information, addresses, phone numbers and executive names with titles for every company profiled.

wellness corporate solutions llc: 2005 LexisNexis Corporate Affiliations , 2005

wellness corporate solutions llc: Managing the Long-Term Care Facility Rebecca Perley, 2016-02-23 Practical approaches to the operation of long-term care facilities Managing the Long-Term Care Facility provides a comprehensive introduction to the growing field of long-term care. Taking a continuum-of-care approach, the text covers every aspect of long-term care. Readers will develop a robust knowledge of the issues faced by people experiencing physical and or mental changes. Topics covered include the biological and psychosocial implications of ageing, marketing long-term care, facility operations, and information technology for health care, among many others. By integrating all aspects of long-term care, the book is an invaluable resource that will aid students and professionals in preparing for career advancement and licensure exams. The book is also designed to help students prepare for the National Nursing Home Administrator exam. Pedagogical elements help guide readers through the content, and summaries and discussion questions to drive home lessons learned. Builds expert knowledge of all aspects of long-term care management, including operations, human resources, patient advocacy, and information systems Emphasizes the latest understandings of the long-term care continuum and patient-centered care for diverse populations Delivers practical approaches to providing quality care to individuals and making a positive impact on community wellbeing Prepares readers for and National Nursing Home Administrator's licensure exam Managing the Long-Term Care Facility: Practical Approaches to Providing Quality Care provides real-world guidance for students in healthcare administration, health and human services, gerontology, nursing, business and medical programs, in both domestic and international markets. Nursing home administrators, administrators-in-training and preceptors will find this book an effective training tool in the nursing facility setting.

wellness corporate solutions llc: Workplace Wellness that Works Laura Putnam, 2015-06-08 A smarter framework for designing more effective workplace wellness programs Workplace Wellness That Works provides a fresh perspective on how to promote employee well-being in the workplace. In addressing the interconnectivity between wellness and organizational culture, this book shows you how to integrate wellness into your existing employee development strategy in more creative, humane, and effective ways. Based on the latest research and backed by real-world examples and case studies, this guide provides employers with the tools they need to start making a difference in their employees' health and happiness, and promoting an overall culture of well-being throughout the organization. You'll find concrete, actionable advice for tackling the massive obstacle of behavioral change, and learn how to design and implement an approach that can most benefit your organization. Promoting wellness is a good idea. Giving employees the inspiration and tools they need to make changes in their lifestyles is a great idea. But the billion-dollar question is: what do they want, what do they need, and how do we implement programs to help them without causing more harm than good? Workplace Wellness That Works shows you how to assess your organization's needs and craft a plan that actually benefits employees. Build an effective platform for well-being Empower employees to make better choices Design and deliver the strategy that your organization needs Drive quantifiable change through more creative implementation Today's worksite wellness industry represents a miasma of competing trends, making it nearly impossible to come away with tangible solutions for real-world implementation. Harnessing a broader learning and development framework, Workplace Wellness That Works skips the fads and shows you how to design a smarter strategy that truly makes a difference in employees' lives—and your company's bottom line.

wellness corporate solutions llc: D&B Regional Business Directory , 2011

Additional Resources

wellness corporate solutions llc

Wellness Corporate Solutions Llc

Wellness Corporate Solutions Llc

Related Articles

- [wellness weight management dog food](#)
- [what is a wellness room](#)
- [wellness veterinary clinic in neenah](#)

[Back to Home](#)