

services offered by dr feelgood organic wellness baton rouge

Services Offered by Dr. Feelgood Organic Wellness Baton Rouge: Your Journey to Holistic Wellbeing

Are you searching for a path to better health and wellbeing in Baton Rouge? Feeling overwhelmed by traditional medicine's limitations and craving a more natural, holistic approach? Then you've come to the right place! This comprehensive guide delves into the extensive range of services offered by Dr. Feelgood Organic Wellness in Baton Rouge, helping you understand how we can support your journey toward optimal health. We'll explore the various treatments and therapies we offer, providing you with all the information you need to decide if Dr. Feelgood Organic Wellness is the right fit for your wellness goals.

Understanding Dr. Feelgood Organic Wellness' Holistic Philosophy

Before diving into the specifics, it's important to understand our core philosophy. At Dr. Feelgood Organic Wellness, we believe in treating the whole person – mind, body, and spirit. We don't just address symptoms; we strive to identify and address the root causes of imbalance. Our approach integrates the best of modern and traditional healing methods, focusing on natural, organic solutions to help you achieve lasting wellbeing. We understand that everyone's journey is unique, and we tailor our services to meet your specific needs and preferences.

A Spectrum of Services: What We Offer at Dr. Feelgood Organic Wellness

Our commitment to holistic wellness is reflected in the diverse range of services we provide. Here's a closer look at what we offer:

1. Personalized Wellness Consultations: Your Roadmap to Wellbeing

Our journey begins with a comprehensive consultation. This personalized assessment allows us to understand your health history, current concerns, and wellness goals. We'll discuss your lifestyle, diet, and stress levels to create a customized plan that addresses your unique needs. This in-depth approach ensures you receive the most effective and tailored treatment possible.

2. Organic Nutritional Counseling: Fueling Your Body Right

Proper nutrition is the cornerstone of good health. Our certified nutritionists work with you to develop an organic, whole-foods-based diet plan that optimizes your energy levels, supports your immune system, and helps you achieve your weight management goals. We consider food sensitivities, allergies, and individual preferences to ensure a sustainable and enjoyable eating plan.

3. Herbal Medicine & Naturopathic Treatments: The Power of Nature

Harnessing the healing power of nature, we utilize a wide range of carefully selected herbs and natural remedies to support your body's innate healing abilities. These treatments are carefully chosen and tailored to address specific health concerns, always prioritizing safety and efficacy. We believe in the power of nature to restore balance and promote healing.

4. Acupuncture & Traditional Chinese Medicine (TCM): Restoring Energy Flow

We offer acupuncture, a key component of Traditional Chinese Medicine (TCM), which aims to restore the flow of vital energy (Qi) within the body. This gentle, needle-based therapy can address a wide range of conditions, from pain management to stress reduction and improved overall wellbeing. Acupuncture is a powerful tool for promoting relaxation and restoring balance.

5. Massage Therapy: Relaxation and Physical Healing

Our experienced massage therapists provide a range of massage modalities, including Swedish, deep tissue, and aromatherapy massage, to alleviate muscle tension, reduce stress, and improve circulation. Massage therapy is a powerful tool for promoting relaxation, reducing pain, and enhancing overall physical wellbeing.

6. Yoga & Meditation Classes: Mind-Body Connection

We offer regular yoga and meditation classes to help you connect with your body and mind. These practices promote stress reduction, improved flexibility, increased strength, and enhanced mental clarity. Yoga and meditation are powerful tools for cultivating inner peace and overall wellbeing.

7. IV Nutrient Therapy: Rapid Rejuvenation

For rapid replenishment of essential nutrients, we offer IV nutrient therapy. This treatment delivers vital vitamins, minerals, and antioxidants directly into your bloodstream, providing

immediate benefits for energy levels, immune function, and overall wellbeing. IV therapy is a powerful tool for boosting your body's natural healing capabilities.

Why Choose Dr. Feelgood Organic Wellness Baton Rouge?

At Dr. Feelgood Organic Wellness, we are dedicated to providing personalized, high-quality care in a supportive and welcoming environment. Our commitment to natural, organic solutions, combined with our holistic approach, sets us apart. We strive to empower you to take control of your health and achieve your optimal wellbeing. We believe in a collaborative approach to healthcare, working with you as a partner in your wellness journey.

Conclusion

Your journey to a healthier, happier you starts with taking the first step. Dr. Feelgood Organic Wellness Baton Rouge offers a comprehensive suite of services designed to address your unique needs and help you achieve lasting wellbeing. Contact us today to schedule your initial consultation and begin your transformative journey towards a more vibrant and fulfilling life.

Frequently Asked Questions (FAQs)

1. Do you accept insurance? We are currently working on expanding our insurance coverage options. Please contact us directly to inquire about your specific insurance plan.
1. What are your hours of operation? Our hours are Monday-Friday, 9am-5pm. Evening and weekend appointments may be available upon request.
1. What if I have a specific health concern not listed above? We encourage you to contact us to discuss your specific health concerns. We are happy to assess your situation and determine if our services can help.
1. What is the cost of a consultation? The cost of a consultation varies depending on the length and complexity. Please contact our office for current pricing information.

1. How do I schedule an appointment? You can schedule an appointment by calling us at [Phone Number] or booking online through our website at [Website Address].

services offered by dr feelgood organic wellness baton rouge: Lifetime Health , 2009

services offered by dr feelgood organic wellness baton rouge: Sociomedical Perspectives on Patient Care Jeffrey M. Clair, Richard M. Allman, 1993-08-10 Social change has placed new demands on the practice of medicine, altering almost every aspect of patient care relationships. Just as medicine was encouraged to embrace the biological sciences some 100 years ago, recent directives indicate the importance of the social sciences in understanding biomedical practice. Humanistic challenges call for changes in curative and technological imperatives. In this book, social scientists contribute to such challenges by using social evidence to indicate appropriate new goals for health care in a changing environment. This book was designed to stimulate and challenge all those concerned with the human interactions that constitute medical practice. To encompass a wide range of topics, the authors include researchers; practicing physicians from the specialties of family, general, geriatric, pediatric, and oncological medicine; social and behavioral scientists; and public health representatives. Cutting across disciplinary boundaries, they explore the ethical, economic, and social aspects of patient care. These essays draw on past studies of the patient-doctor relationship and generate new and important questions. They address social behavior in patient care as a way to approach theoretical issues pertinent to the social and medical sciences. The authors also use social variables to study patient care and suggest new areas of sociomedical inquiry and new approaches to medical practice, education, and research. Its cross-disciplinary approach and jargon-free writing make this book an important and accessible tool for physician, scholar, and student.

services offered by dr feelgood organic wellness baton rouge: Strengthen Your Back DK, 2013-10-21 Strengthen Your Back covers all practical aspects of back care from diagnosis and treatment to exercises and pain relief. Illustrated step-by-step exercises help you address your back and neck pain, alongside carefully planned strategies to stop injuries recurring. Simple, clear diagrams show the anatomy of your back and neck and specialized sections deal with back pain in specific scenarios such as home, work, driving and gardening. Includes advice on where to seek help and how to get the best results from rehabilitation. Play an active role in your healthcare with Strengthen Your Back!

services offered by dr feelgood organic wellness baton rouge: Food Safety Culture Frank Yiannas, 2008-12-10 Food safety awareness is at an all time high, new and emerging threats to the food supply are being recognized, and consumers are eating more and more meals prepared outside of the home. Accordingly, retail and foodservice establishments, as well as food producers at all levels of the food production chain, have a growing responsibility to ensure that proper food safety and sanitation practices are followed, thereby, safeguarding the health of their guests and customers. Achieving food safety success in this changing environment requires going beyond traditional training, testing, and inspectional approaches to managing risks. It requires a better understanding of organizational culture and the human dimensions of food safety. To improve the food safety performance of a retail or foodservice establishment, an organization with thousands of employees, or a local community, you must change the way people do things. You must change their behavior. In fact, simply put, food safety equals behavior. When viewed from these lenses, one of the most common contributing causes of food borne disease is unsafe behavior (such as improper hand washing, cross-contamination, or undercooking food). Thus, to improve food safety, we need to better integrate food science with behavioral science and use a systems-based approach to managing food safety risk. The importance of organizational culture, human behavior, and systems

thinking is well documented in the occupational safety and health fields. However, significant contributions to the scientific literature on these topics are noticeably absent in the field of food safety.

services offered by dr feelgood organic wellness baton rouge: Communicating about Health Athena DuPré, 2014 An ideal combination of communication theory and practical advice, *Communicating About Health: Current Issues and Perspectives*, Fourth Edition, is an indispensable resource for readers looking to improve their communication abilities in the health care field. Written by Athena du Pré--an experienced researcher and noted scholar--the text offers an excellent balance of theory and practice; research and pedagogy; coverage of patient/caregiver issues; and material on the current, historical, and philosophical backgrounds of communication in health care. In addition to enhancing features found in the previous edition, this new edition includes a greater emphasis on theory, narrative, and technology in order to reflect changes in the health industry. What's New to the Fourth Edition? * A new chapter--eHealth, mHealth, and Telemedicine--describes the global impact of smartphone and tablet technology, tailored health messages, and the Internet on the health industry * A new chapter, Health Care Administration, Human Resources, Marketing, and PR, provides in-depth coverage of the contributions and communication strategies involved in leadership, morale, service excellence, community engagement, and more * An expanded discussion of communication not only involves physicians and nurses but also pharmacists, allied health personnel, dentists, therapists, and others * New features--Can You Guess?, What Do You Think?, Check It Out!, and In Your Experience--offer a higher level of engagement with students and stimulate critical thinking and discussion Support Package (contact your Oxford sales representative or call 800-280-0280 to request these resources) * An interactive website, known as a Prezi, is available for each chapter at www.oup.com/us/dupre and includes videos, activities, discussion questions, key points, and more. Suitable for use in class or online. * An Instructor's Manual and Test Bank, available both in print and online at www.oup.com/us/dupre, features sample syllabi, test questions, self-assessment activities, background reading, and more.

services offered by dr feelgood organic wellness baton rouge: Craft and the Creative Economy S. Luckman, 2015-03-04 *Craft and the Creative Economy* examines the place of craft and making in the contemporary cultural economy, with a distinctive focus on the ways in which this creative sector is growing exponentially as a result of online shopfronts and home-based micro-enterprise, 'mumpreneurialism' and downshifting, and renewed demand for the handmade.

services offered by dr feelgood organic wellness baton rouge: Applied Social Psychology Jamie A. Gruman, Frank W. Schneider, Larry M. Coutts, 2016-09-08 This student-friendly introduction to the field focuses on understanding social and practical problems and developing intervention strategies to address them. Offering a balance of theory, research, and application, the updated Third Edition includes the latest research, as well as new, detailed examples of qualitative research throughout.

services offered by dr feelgood organic wellness baton rouge: Community Health Nursing Judith Ann Allender, Cherie L. Rector, Kristine D. Warner, 2010 Now in its Seventh Edition, this comprehensive text provides unique coverage of vulnerable aggregate populations while using the levels of prevention approach. The book focuses on public health concerns including health promotion and protection, provides strong nursing application coverage, and addresses timely issues such as disaster nursing, urban clients, and clients with disabilities/chronic illness. This edition retains popular features such as Stop and Think boxes, levels of prevention displays, and Using the Nursing Process and includes new features such as Evidence: The Bridge to Practice, Healthy People 2020, Student Voices, and appendices of communicable diseases.

services offered by dr feelgood organic wellness baton rouge: Handbook of Personality and Self-Regulation Rick H. Hoyle, 2013-10-02 *The Handbook of Personality and Self-Regulation* integrates scholarly research on self-regulation in the personality, developmental, and social psychology traditions for a broad audience of social and behavioral scientists interested in the processes by which people control, or fail to control, their own behavior. Examines self-regulation as

it influences and is influenced by basic personality processes in normal adults Offers 21 original contributions from an internationally respected group of scholars in the fields of personality and self-regulation Explores the causes and consequences of inadequate self-regulation and the means by which self-regulation might be improved Integrates empirical findings on basic personality traits with findings inspired by emerging models of self-regulation Provides a comprehensive, up-to-date, and stimulating view of the field for students and researchers in a wide range of disciplines

services offered by dr feelgood organic wellness baton rouge: Landscape Urbanism and Green Infrastructure Thomas Panagopoulos, 2019-08-19 This volume examines the applicability of landscape urbanism theory in contemporary landscape architecture practice by bringing together ecology and architecture in the built environment. Using participatory planning of green infrastructure and application of nature-based solutions to address urban challenges, landscape urbanism seeks to reintroduce critical connections between natural and urban systems. In light of ongoing developments in landscape architecture, the goal is a paradigm shift towards a landscape that restores and rehabilitates urban ecosystems. Nine contributions examine a wide range of successful cases of designing livable and resilient cities in different geographical contexts, from the United States of America to Australia and Japan, and through several European cities in Italy, Portugal, Estonia, and Greece. While some chapters attempt to conceptualize the interconnections between cities and nature, others clearly have an empirical focus. Efforts such as the use of ornamental helophyte plants in bioretention ponds to reduce and treat stormwater runoff, the recovery of a poorly constructed urban waterway or participatory approaches for optimizing the location of green stormwater infrastructure and examining the environmental justice issue of equitable availability and accessibility to public open spaces make these innovations explicit. Thus, this volume contributes to the sustainable cities goal of the United Nations.

services offered by dr feelgood organic wellness baton rouge: *Leadership in the Age of Personalization* Llopis, 2019-08-27 Society is more diverse than ever. People are more informed than ever. As employees and as consumers, people are aware of and proud of their individuality. They want to influence the workplace and the marketplace in their own way. Welcome to the age of personalization. Most leaders were trained in the age of standardization - an age when the business defined the individual, when bosses told people what to do inside the box they were given, when progress toward the company mission is what mattered and was measured, when it seemed necessary to protect functions and work within silos. Those methods don't work in the age of personalization, an age in which the individual defines the business. To thrive today, leaders must know how to elevate and activate individual capacities. Leaders must know how to measure and amplify individual impact. Leaders must value and seek interdependence across the enterprise. These are new skills for a new age. Corporate and leadership strategies were not designed to handle mass variance in people. The old way is not just ineffective, it is toxic to organizational culture. Leaders know it's time to evolve. They just don't know what they should be evolving to. We still need standardization, but the age of personalization is forcing us to rethink what those standards are so we can better lead our employees and serve our customers. Without this mindset, we can't reclaim sustainable, organic growth. This book shows leaders and organizations how to let go of the elements of standardization that hold back growth and evolve the rest to define new metrics for the standardization of me. This evolution is essential as personalization forces us to reinvent the ways we think, work and lead.

services offered by dr feelgood organic wellness baton rouge: **Community & Public Health Nursing: Promoting the Public's Health** Judith Allender, Cherie Rector, Cherie Rector, PhD Rn-C, Kristine Warner, Kristine Warner, PhD MS MPH RN, 2013-04-26 Community & Public Health Nursing is designed to provide students a basic grounding in public health nursing principles while emphasizing aggregate-level nursing. While weaving in meaningful examples from practice throughout the text, the authors coach students on how to navigate between conceptualizing about a population-focus while also continuing to advocate and care for individuals, families, and aggregates. This student-friendly, highly illustrated text engages students, and by doing so, eases

students into readily applying public health principles along with evidence-based practice, nursing science, and skills that promote health, prevent disease, as well as protect at-risk populations! What the 8th edition of this text does best is assist students in broadening the base of their knowledge and skills that they can employ in both the community and acute care settings, while the newly enhanced ancillary resources offers interactive tools that allow students of all learning styles to master public health nursing.

services offered by dr feelgood organic wellness baton rouge: Huey Long Thomas Harry Williams, 1969 He was one of the most extraordinary figures in America's political history, a great natural politician who had become, at the time of his assassination, a serious rival to Franklin D. Roosevelt for the presidency.

services offered by dr feelgood organic wellness baton rouge: Customer Service Paul R. Timm, 2011 Customer Service: Career Success through Customer Loyalty, 5e provides a systematic process for building service skills that all business people need. Presented in a friendly, conversational manner, the text is filled with examples that demonstrate the link between service skills and career achievement. This edition is reorganized so it is easy to see how key concepts fit together. New information is included on internal customers, emerging technologies, and stress-reducing techniques. Throughout the text, there is an emphasis on transforming good service intentions into a workable plan that exceeds customer expectations and creates loyalty and success.

services offered by dr feelgood organic wellness baton rouge: An Introduction to Human Communication Judy C. Pearson, Paul Edward Nelson, 2000

services offered by dr feelgood organic wellness baton rouge: Gardens in Healthcare Facilities Clare Cooper Marcus, Marni Barnes, 1995

services offered by dr feelgood organic wellness baton rouge: Curriculum Development in the Postmodern Era Patrick Slattery, 2013 The 3rd edition of this introduction to and analysis of contemporary concepts of curriculum that emerged from the Reconceptualization of curriculum studies brings readers up to date on the major research themes within the historical development of the field.

services offered by dr feelgood organic wellness baton rouge: The Routledge International Handbook of Critical Positive Psychology Nicholas J. L. Brown, Tim Lomas, Francisco Jose Eiroa-Orosa, 2017-09-19 Since the turn of the twenty-first century, the field of positive psychology has sought to implement a science of human flourishing so that we may lead happier, more fulfilling lives. It has found expression not only in academic papers but also popular books and, increasingly, in government policy. The Routledge International Handbook of Critical Positive Psychology is the first volume dedicated to a critical appraisal of this influential but controversial field of study. The book critically examines not only the scientific foundations of positive psychology, but also the sociocultural and political tenets on which the field rests. It evaluates the current field of knowledge and practice, and includes chapters analysing the methodological constructs of the field, as well as others that question what positive psychology actually means by ideas such as happiness or well-being. Taking the debate further, the book then discusses how positive psychology can be applied in a wider variety of settings than is presently the case, helping communities and individuals by acknowledging the reality of people's lives rather than adhering strictly to debateable theoretical constructs. Including contributions from disciplines ranging from psychoanalysis to existential therapy, theology to philosophy, and contributors from throughout the world, The Routledge International Handbook of Critical Positive Psychology will be enlightening reading for anyone interested in how psychology has sought to understand human well-being.

services offered by dr feelgood organic wellness baton rouge: *First-Generation College Students* Lee Ward, Michael J. Siegel, Zebulun Davenport, 2012-07-10 FIRST-GENERATION COLLEGE STUDENTS ...a concise, manageable, lucid summary of the best scholarship, practices, and future-oriented thinking about how to effectively recruit, educate, develop, retain, and ultimately graduate first-generation students. —from the foreword by JOHN N. GARDNER

First-generation students are frequently marginalized on their campuses, treated with benign disregard, and placed at a competitive disadvantage because of their invisibility. While they include 51% of all undergraduates, or approximately 9.3 million students, they are less likely than their peers to earn degrees. Among students enrolled in two-year institutions, they are significantly less likely to persist into a second year. First-Generation College Students offers academic leaders and student affairs professionals a guide for understanding the special challenges and common barriers these students face and provides the necessary strategies for helping them transition through and graduate from their chosen institutions. Based in solid research, the authors describe best practices and include suggestions and techniques that can help leaders design and implement effective curricula, out-of-class learning experiences, and student support services, as well as develop strategic plans that address issues sure to arise in the future. The authors offer an analysis of first-generation student expectations for college life and academics and examine the powerful role cultural capital plays in shaping their experiences and socialization. Providing a template for other campuses, the book highlights programmatic initiatives at colleges around the country that effectively serve first-generation students and create a powerful learning environment for their success. First-Generation College Students provides a much-needed portrait of the cognitive, developmental, and social factors that affect the college-going experiences and retention rates of this growing population of college students.

services offered by dr feelgood organic wellness baton rouge: Understanding Business Ethics Peter A. Stanwick, Sarah D. Stanwick, 2015-09-16 Filled with real-world case studies and examples of ethical dilemmas, Understanding Business Ethics, Third Edition prepares students and managers alike to make ethical decisions in today's complex, global environment. Bestselling authors Peter A. Stanwick and Sarah D. Stanwick explain the fundamental importance of ethical leadership, decision making, and strategic planning while examining emerging trends in business ethics such as the developing world, human rights, environmental sustainability, and technology. In addition to presenting information related to the Association to Advance Collegiate Schools of Business (AACSB), the text's 26 real-world cases profile a variety of industries, countries, and ethical issues in a way that is relevant and meaningful to students' lives. The Third Edition features new cases from well-known companies such as Disney and General Motors, new coverage of emerging topics such as big data and social media, expanded coverage of corporate social responsibility, and more. Using an applied approach, this text helps students understand why and how business ethics really do matter!

services offered by dr feelgood organic wellness baton rouge: Meanwhile, Elsewhere Cat Fitzpatrick, Casey Plett, 2021-06-11 Fiction. In 2017, Meanwhile, Elsewhere, a large, strange, and devastatingly touching anthology of science fiction and fantasy from transgender authors was released onto the world. The collection received rave acclaim and won the ALA Stonewall Book Award Barbara Gittings Literature Award. When its original publisher went out of business, the book fell out of print, and LittlePuss Press is now pleased to bring this title back to life for a new audience of readers. What is Meanwhile, Elsewhere: Science Fiction and Fantasy From Transgender Writers? It is the #1 post-reality generation device approved for home use. It will prepare you to travel from multiverse to multiverse. No experience is required! Choose from twenty-five preset post-realities! Rejoice at obstacles unquestionably bested and conflicts efficiently resolved. Bring denouement to your drama with THE FOOLPROOF AUGMENTATION DEVICE FOR OUR CONTEMPORARY UTOPIA.

services offered by dr feelgood organic wellness baton rouge: Floret Farm's Discovering Dahlias Erin Benzakein, 2021-03-09 A stunning guide to growing, harvesting, and arranging gorgeous dahlia blooms from celebrated farmer-florist and New York Times bestselling author Erin Benzakein, founder of Floret Flower Farm. World-renowned flower farmer and floral designer Erin Benzakein reveals all the secrets to growing, cultivating, and arranging gorgeous dahlias. These coveted floral treasures come in a dazzling range of colors, sizes, and forms, with enough variety for virtually every garden space and personal preference, making them one of the most beloved flowers

for arrangements. In these pages, readers will discover:

- Expert advice for planting, harvesting, and arranging garden-fresh dahlias
- A simple-to-follow overview of the dahlia classification system
- An A-Z guide with photos and descriptions of more than 350 varieties
- Step-by-step how-to's for designing show-stopping dahlia bouquets that elevate any occasion

Expert Author: Erin Benzakein's gorgeous flowers are celebrated throughout the world. Her book *Floret Farm's A Year in Flowers* was a New York Times bestseller and her first book, *Floret Farm's Cut Flower Garden*, won the American Horticultural Society Book Award. Filled with Wisdom: Overflowing with hundreds of lush photographs and invaluable advice, *DISCOVERING DAHLIAS* is an essential resource for gardeners and a must-have for anyone who loves flowers, including flower lovers, avid and novice gardeners, floral designers, florists, small farmers, stylists, and designers.

services offered by dr feelgood organic wellness baton rouge: Food and Urbanism Susan Parham, 2015-02-26 Cities are home to over fifty percent of the world's population, a figure which is expected to increase enormously by 2050. Despite the growing demand on urban resources and infrastructure, food is still often overlooked as a key factor in planning and designing cities. Without incorporating food into the design process – how it is grown, transported, and bought, cooked, eaten and disposed of – it is impossible to create truly resilient and convivial urbanism. Moving from the table and home garden to the town, city, and suburbs, *Food and Urbanism* explores the connections between food and place in past and present design practices. The book also looks to future methods for extending the 'gastronomic' possibilities of urban space. Supported by examples from places across the world, including the UK, Norway, Germany, France, Spain, Portugal, Greece, Romania, Australia and the USA, the book offers insights into how the interplay of physical design and socio-spatial practices centred around food can help to maintain socially rich, productive and sustainable urban space. Susan Parham brings together the latest research from a number of disciplines – urban planning, food studies, sociology, geography, and design – with her own fieldwork on a range of foodscapes to highlight the fundamental role food has to play in shaping the urban future.

services offered by dr feelgood organic wellness baton rouge: Human Communication PEARSON, 2020-03-03

services offered by dr feelgood organic wellness baton rouge: A New Way to Age Suzanne Somers, 2020-08-04 #1 New York Times bestselling author and health guru Suzanne Somers established herself as a leading voice on antiaging. With *A New Way to Age*, she “is at the forefront again, bringing seminal information to people, written in a way that all can understand” (Ray Kurzweil, author of *How to Create a Mind*) with this revolutionary philosophy for a longer and better-quality life that will make you feel like you’ve just had the best checkup ever. There is a new way to age. I’m doing it and it’s the best decision I’ve ever made. I love this stage of my life: I have ‘juice,’ joy, wisdom, and perspective; I have energy, vitality, clearheadedness, and strong bones. Most of us are far too comfortable with the present paradigm of aging, which normalizes pills, nursing homes, and “the big three”: heart disease, cancer, and Alzheimer’s disease. But you don’t have to accept this fate. Now there’s a new way to grow older—with vibrancy, freedom, confidence, and a rockin’ libido. This health bible from Suzanne Somers will explain how to stop aging like your parents and embrace cutting-edge techniques such as: balancing nutritional and mineral deficiencies; detoxifying your gut for weight loss; pain management with non-THC cannabis instead of harmful opioids; and much more. Aging well is mainly about the choices you make on a daily basis. It can be a fantastic process if you approach it wisely. After a lifetime of research, Suzanne came to a simple conclusion: what you lose in the aging process must be replaced with natural alternatives. In order to thrive you have to rid your body of chemicals and toxins. Start aging the new way today by joining Suzanne and her trailblazing doctors as they all but unearth the fountain of youth.

services offered by dr feelgood organic wellness baton rouge: *You've GOT to Read This Book!* Jack Canfield, Gay Hendricks, 2009-10-13 There's nothing better than a book you can't put down—or better yet, a book you'll never forget. This book puts the power of transformational

reading into your hands. Jack Canfield, cocreator of the bestselling Chicken Soup for the Soul® series, and self-actualization pioneer Gay Hendricks have invited notable people to share personal stories of books that changed their lives. What book shaped their outlook and habits? Helped them navigate rough seas? Spurred them to satisfaction and success? The contributors include Dave Barry, Stephen Covey, Malachy McCourt, Jacquelyn Mitchard, Mark Victor Hansen, John Gray, Christiane Northrup, Bernie Siegel, Craig Newmark, Michael E. Gerber, Lou Holtz, and Pat Williams, to name just a few. Their richly varied stories are poignant, energizing, and entertaining. Author and actor Malachy McCourt tells how a tattered biography of Gandhi, stumbled on in his youth, offered a shining example of true humility—and planted the seeds that would help support his sobriety decades later. Bestselling author and physician Bernie Siegel, M.D., tells how William Saroyan's *The Human Comedy* helped him realize that, in order to successfully treat his patients with life-threatening illnesses, I had to help them live—not just prevent them from dying. Actress Catherine Oxenberg reveals how, at a life crossroads and struggling with bulimia, a book taught her the transforming difference one person could make in the life of another—and why that person for her was Richard Burton. Rafe Esquith, the award-winning teacher whose inner-city students have performed Shakespeare all over the world, recounts his deep self-doubt in the midst of his success—and how reading *To Kill a Mockingbird* strengthened him to continue teaching. Beloved librarian and bestselling author Nancy Pearl writes how, at age ten, Robert Heinlein's science fiction book *Space Cadet* impressed on her the meaning of personal integrity and gave her a vision of world peace she'd never imagined possible. Two years later, she marched in her first civil rights demonstration and learned that there's always a way to make a small contribution to intergalactic harmony. If you're looking for insight and illumination—or simply for that next great book to read—*You've Got to Read This Book!* has treasures in store for you.

services offered by dr feelgood organic wellness baton rouge: Contemporary Management Dianne Waddell, 2013 This unique text follows a nonprescriptive, real-world approach to management and is written in an accessible style allowing for flexibility in both teaching and learning. Used at both an undergraduate and postgraduate level, *Contemporary Management* has a concise structure designed to meet the needs of trimesters and 12 week teaching schedules. The uncluttered internal design alongside the modern treatment of the topic makes this text significantly different to other texts in the market. It offers updated content to reflect the impact of the GFC and the increasing significance of diversity, culture and ethics. There are all new in-chapter case studies, new Australian videos and a full range of excellent online resources. Also, this edition includes a new end of book section containing two unique integrated case studies exploring tourism management in Australian tourism destinations: Skyrail in Cairns and Flinders Island, Tasmania. (Publisher)

services offered by dr feelgood organic wellness baton rouge: Aligning the Stars Jay W. Lorsch, Thomas J. Tierney, 2002-04-26 Most businesses rely on talent to succeed, but none so much as professional service firms. Within this rapidly expanding, trillion-dollar industry, professionals—and how they're managed—are the primary source of competitive advantage. In fact, success in this sector is determined more by the people you pay than the people who pay you. This path-breaking book provides readers with a practical and integrated perspective on how to win in the unique and tumultuous world of professional services. From strategy to organization to culture, it offers customized insights for businesses in which professionals drive bottom-line results and long-term company success. Respected academic Jay W. Lorsch and accomplished practitioner Thomas J. Tierney apply their broad experience to the realities of Monday morning decision making. Their work reflects decades of personal experience, combined with a rigorous study of outstanding professional service firms in industries that include law, information technology, accounting, advertising, investment banking, executive search, and consulting. *Aligning the Stars* explains what differentiates the best of the best within professional services. By describing how to attract, retain, motivate, organize, and lead the stars that shape a company's destiny, this book provides valuable lessons for the current and future leaders of every talent-driven business.

services offered by dr feelgood organic wellness baton rouge: Lewis Annual , 1905

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