

RISE UP MEDICAL AND WELLNESS

RISE UP MEDICAL AND WELLNESS: YOUR JOURNEY TO HOLISTIC HEALTH

ARE YOU TIRED OF FEELING OVERWHELMED BY THE COMPLEXITIES OF MODERN HEALTHCARE? DO YOU CRAVE A MORE HOLISTIC, PROACTIVE APPROACH TO WELLNESS THAT GOES BEYOND JUST TREATING SYMPTOMS? AT RISE UP MEDICAL AND WELLNESS, WE BELIEVE THAT TRUE HEALTH IS A JOURNEY, NOT A DESTINATION – A JOURNEY WE’RE HERE TO HELP YOU NAVIGATE. THIS COMPREHENSIVE GUIDE DIVES DEEP INTO WHAT RISE UP MEDICAL AND WELLNESS OFFERS, EXPLORING OUR PHILOSOPHY, SERVICES, AND THE TRANSFORMATIVE POWER OF A TRULY INTEGRATED APPROACH TO HEALTHCARE.

UNDERSTANDING THE RISE UP MEDICAL AND WELLNESS PHILOSOPHY

RISE UP MEDICAL AND WELLNESS ISN’T JUST ANOTHER CLINIC; IT’S A HOLISTIC WELLNESS SANCTUARY. WE UNDERSTAND THAT YOUR HEALTH IS INTERCONNECTED – YOUR PHYSICAL, MENTAL, AND EMOTIONAL WELL-BEING ARE INEXTRICABLY LINKED. OUR APPROACH MOVES BEYOND TREATING THE IMMEDIATE ILLNESS TO ADDRESSING THE ROOT CAUSES OF IMBALANCE, EMPOWERING YOU TO TAKE CONTROL OF YOUR HEALTH JOURNEY. WE BELIEVE IN A PARTNERSHIP APPROACH, COLLABORATING WITH YOU TO CREATE A PERSONALIZED WELLNESS PLAN THAT ALIGNS WITH YOUR UNIQUE NEEDS AND GOALS. THIS ISN’T ABOUT QUICK FIXES; IT’S ABOUT SUSTAINABLE, LONG-TERM WELL-BEING.

CORE SERVICES OFFERED AT RISE UP MEDICAL AND WELLNESS

WE OFFER A WIDE RANGE OF SERVICES DESIGNED TO ADDRESS YOUR HOLISTIC HEALTH NEEDS. OUR OFFERINGS INCLUDE, BUT AREN’T LIMITED TO:

1. FUNCTIONAL MEDICINE: UNLIKE TRADITIONAL MEDICINE THAT OFTEN FOCUSES ON TREATING SYMPTOMS, FUNCTIONAL MEDICINE INVESTIGATES THE ROOT CAUSES OF ILLNESS. WE DELVE INTO YOUR LIFESTYLE, DIET, GENETICS, AND ENVIRONMENT TO IDENTIFY AND ADDRESS UNDERLYING IMBALANCES THAT CONTRIBUTE TO HEALTH PROBLEMS. THIS PERSONALIZED APPROACH ENSURES YOU RECEIVE TARGETED TREATMENT THAT PROMOTES LASTING WELLNESS.
1. NUTRITIONAL COUNSELING: NUTRITION PLAYS A PIVOTAL ROLE IN OVERALL HEALTH. OUR CERTIFIED NUTRITIONISTS WORK WITH YOU TO CREATE PERSONALIZED MEAL PLANS THAT SUPPORT YOUR SPECIFIC HEALTH GOALS, ADDRESSING DIETARY DEFICIENCIES, ALLERGIES, AND INTOLERANCES. WE EMPHASIZE WHOLE FOODS, MINDFUL EATING, AND SUSTAINABLE LIFESTYLE CHANGES.
1. PHYSICAL THERAPY AND REHABILITATION: WE OFFER COMPREHENSIVE PHYSICAL THERAPY SERVICES TO ADDRESS MUSCULOSKELETAL ISSUES, IMPROVE MOBILITY, AND REDUCE PAIN. OUR EXPERIENCED THERAPISTS UTILIZE EVIDENCE-BASED TECHNIQUES TO HELP YOU RECOVER FROM INJURIES, MANAGE CHRONIC CONDITIONS, AND ENHANCE YOUR OVERALL PHYSICAL WELL-BEING.
1. MENTAL HEALTH SUPPORT: WE RECOGNIZE THE PROFOUND IMPACT OF MENTAL HEALTH ON PHYSICAL WELL-BEING. OUR TEAM INCLUDES LICENSED THERAPISTS WHO PROVIDE INDIVIDUAL AND GROUP THERAPY, UTILIZING VARIOUS MODALITIES TO ADDRESS ANXIETY, DEPRESSION, STRESS, AND OTHER MENTAL HEALTH CONCERNS. WE BELIEVE IN CREATING A SAFE AND SUPPORTIVE ENVIRONMENT WHERE YOU FEEL COMFORTABLE EXPLORING YOUR EMOTIONS AND DEVELOPING COPING MECHANISMS.

1. **PREVENTATIVE CARE:** PREVENTION IS KEY TO MAINTAINING OPTIMAL HEALTH. WE OFFER COMPREHENSIVE PREVENTATIVE CARE SERVICES, INCLUDING ROUTINE CHECK-UPS, SCREENINGS, AND WELLNESS CONSULTATIONS. OUR GOAL IS TO IDENTIFY POTENTIAL HEALTH RISKS EARLY ON AND IMPLEMENT PROACTIVE STRATEGIES TO PREVENT ILLNESS.

1. **WELLNESS WORKSHOPS AND EDUCATIONAL PROGRAMS:** WE ARE COMMITTED TO EMPOWERING YOU WITH KNOWLEDGE. WE REGULARLY HOST WORKSHOPS AND EDUCATIONAL PROGRAMS COVERING A RANGE OF TOPICS RELATED TO NUTRITION, FITNESS, STRESS MANAGEMENT, AND OVERALL WELLNESS. THESE OPPORTUNITIES PROVIDE VALUABLE INSIGHTS AND PRACTICAL TOOLS TO SUPPORT YOUR HEALTH JOURNEY.

THE RISE UP MEDICAL AND WELLNESS DIFFERENCE: A HOLISTIC APPROACH

WHAT TRULY SETS RISE UP MEDICAL AND WELLNESS APART IS OUR COMMITMENT TO A HOLISTIC, PATIENT-CENTERED APPROACH. WE LISTEN ATTENTIVELY TO YOUR CONCERNS, THOROUGHLY INVESTIGATE YOUR HEALTH HISTORY, AND COLLABORATE WITH YOU TO CREATE A PERSONALIZED PLAN THAT ALIGNS WITH YOUR INDIVIDUAL NEEDS AND GOALS. WE BELIEVE IN EMPOWERING YOU TO TAKE AN ACTIVE ROLE IN YOUR HEALTH JOURNEY, PROVIDING YOU WITH THE KNOWLEDGE AND TOOLS TO MAKE INFORMED DECISIONS. WE FOSTER A SUPPORTIVE AND ENCOURAGING ENVIRONMENT, CELEBRATING YOUR SUCCESSES AND OFFERING GUIDANCE DURING CHALLENGES.

INTEGRATING RISE UP MEDICAL AND WELLNESS INTO YOUR LIFE

INTEGRATING RISE UP MEDICAL AND WELLNESS INTO YOUR LIFE IS A JOURNEY TOWARD SUSTAINABLE WELL-BEING. IT'S ABOUT MAKING CONSCIOUS CHOICES THAT SUPPORT YOUR PHYSICAL, MENTAL, AND EMOTIONAL HEALTH. START BY SCHEDULING A CONSULTATION TO DISCUSS YOUR HEALTH GOALS AND EXPLORE THE SERVICES THAT BEST ALIGN WITH YOUR NEEDS. WE'LL WORK TOGETHER TO CREATE A PERSONALIZED PLAN THAT EMPOWERS YOU TO THRIVE.

CONCLUSION

RISE UP MEDICAL AND WELLNESS IS MORE THAN JUST A CLINIC; IT'S A COMMUNITY DEDICATED TO EMPOWERING INDIVIDUALS TO ACHIEVE OPTIMAL HEALTH AND WELL-BEING. OUR HOLISTIC APPROACH, PERSONALIZED PLANS, AND COMMITMENT TO PATIENT-CENTERED CARE CREATE A TRANSFORMATIVE EXPERIENCE, HELPING YOU RISE ABOVE HEALTH CHALLENGES AND EMBRACE A VIBRANT, FULFILLING LIFE. CONTACT US TODAY TO EMBARK ON YOUR WELLNESS JOURNEY.

FAQs

1. **DOES RISE UP MEDICAL AND WELLNESS ACCEPT MY INSURANCE?** WE WORK WITH A RANGE OF INSURANCE PROVIDERS, BUT IT'S BEST TO CONTACT US DIRECTLY WITH YOUR INSURANCE INFORMATION TO DETERMINE COVERAGE.

1. **WHAT ARE THE INITIAL CONSULTATION FEES?** THE COST OF YOUR INITIAL CONSULTATION VARIES DEPENDING ON THE SERVICES REQUIRED; WE PROVIDE A DETAILED BREAKDOWN OF COSTS BEFORE ANY SERVICES ARE RENDERED.

1. **HOW LONG DOES IT TYPICALLY TAKE TO SEE RESULTS?** THE TIMELINE FOR SEEING RESULTS VARIES DEPENDING ON YOUR INDIVIDUAL HEALTH GOALS AND THE SERVICES RECEIVED. WE WORK COLLABORATIVELY TO SET REALISTIC

1. DO YOU OFFER TELEHEALTH APPOINTMENTS? YES, WE OFFER TELEHEALTH APPOINTMENTS FOR YOUR CONVENIENCE AND ACCESSIBILITY.

1. WHAT IF I HAVE SPECIFIC DIETARY RESTRICTIONS OR ALLERGIES? WE TAKE DIETARY RESTRICTIONS AND ALLERGIES VERY SERIOUSLY. OUR NUTRITIONISTS WILL WORK CLOSELY WITH YOU TO CREATE A PERSONALIZED PLAN THAT ACCOMMODATES YOUR NEEDS AND PREFERENCES WHILE STILL SUPPORTING YOUR HEALTH GOALS.

📖 **rise up medical and wellness: When Life Gets You Down, Rise Up!** Kacey McCallister, 2019

It was a crisp winter day when six-year-old Kacey McCallister lost both of his legs, forever altering the course of his life. This unthinkable trial could have broken him, but from that day forward he chose to rise above his circumstances and learn to live without limits. For those struggling to find hope in the depths of physical, spiritual, or emotional trials, this incredible story of one man's unbreakable courage will inspire and motivate readers to not only survive but thrive amidst life's challenges. A true testament to the power of the human spirit, *When Life Gets You Down, Rise Up!* demonstrates the refining power that can be found in the midst of overwhelming odds, a power available to all who will take hold of it and rise.--

rise up medical and wellness: Sit Down to Rise Up Shelly Tygielski, 2024-09-17 In *Sit Down to Rise Up*, mindfulness teacher and activist Shelly Tygielski shares her transformative journey of radical self-care and mutual aid, illuminating how these practices can ignite powerful social change and personal empowerment. Through stories and practical guidance, she demonstrates the profound impact of showing up for yourself and your community. This book is a blueprint for anyone seeking to cultivate resilience, compassion, and a sense of purpose in a fractured world. Discover how small acts of kindness can create ripple effects that lead to broader movements for justice and equity and how, despite the challenges we face, we should never lose hope or lose faith in humanity. Join Shelly in exploring how every human life matters and how together, we can rise up to build a better future.

rise up medical and wellness: The Integration of Employee Assistance, Work/Life, and Wellness Services Mark Attridge, Patricia A. Herlihy, R Paul Maiden, 2006-02-01 From their roots in the occupational alcohol programs in the 1940s, human services programs within organizations have grown exponentially. However, the seamless integration of each facet of those expanding programs into a cohesive whole has proven to be a major challenge. This book presents a comprehensive cross-section of experienced pro

rise up medical and wellness: Rise Up Moira Kucaba, 2018-11-29 *Rise Up Planner*. To dream. plan. hustle. win.

rise up medical and wellness: Fitness and Wellness Armbruster, Carol K., Evans, Ellen, Sherwood-Laughlin, Catherine, 2019 The physical and mental health concepts presented in *Fitness and Wellness: A Way of Life* will point readers toward a healthy lifestyle. The guidance on topics such as fitness, nutrition, weight management, stress management, and sexual health can lead students to a better quality of life.

rise up medical and wellness: Wake Up...Live the Life You Love Lee Beard, Steven E, 2007-12 Life lessons found in this collection of stories can help readers develop a plan of action that leads to the understanding that abundance is available to them.

rise up medical and wellness: Patients at Risk Nirán Al-Agba, Rebekah Bernard, 2020-11-01

Patients at Risk: The Rise of the Nurse Practitioner and Physician Assistant in Healthcare exposes a vast conspiracy of political maneuvering and corporate greed that has led to the replacement of qualified medical professionals by lesser trained practitioners. As corporations seek to save money and government agencies aim to increase constituent access, minimum qualifications for the guardians of our nation's healthcare continue to decline—with deadly consequences. This is a story that has not yet been told, and one that has dangerous repercussions for all Americans. With the rate of nurse practitioner and physician assistant graduates exceeding that of physician graduates, if you are not already being treated by a non-physician, chances are, you soon will be. While advocates for these professions insist that research shows that they can provide the same care as physicians, patients do not know the whole truth: that there are no credible scientific studies to support the safety and efficacy of non-physicians practicing without physician supervision. Written by two physicians who have witnessed the decline of medical expertise over the last twenty years, this data-driven book interweaves heart-rending true patient stories with hard data, showing how patients have been sacrificed for profit by the substitution of non-physician practitioners. Adding a dimension neglected by modern healthcare critiques such as *An American Sickness*, this book provides a roadmap for patients to protect themselves from medical harm. WORDS OF PRAISE and REVIEWS Al-Agba and Bernard tell a frightening story that insiders know all too well. As mega corporations push for efficiency and tout consumer focused retail services, American healthcare is being dumbed down to the point of no return. It's a story that many media outlets are missing and one that puts you and your family's health at real risk. --John Irvine, Deductible Media Laced with actual patient cases, the book's data and patterns of large corporations replacing physicians with non-physician practitioners, despite the vast difference in training is enlightening and astounding. The authors' extensively researched book methodically lays out the problems of our changing medical care landscape and solutions to ensure quality care. --Marilyn M. Singleton, MD, JD A masterful job of bringing to light a rapidly growing issue of what should be great concern to all of us: the proliferation of non-physician practitioners that work predominantly inside algorithms rather than applying years of training, clinical knowledge, and experience. Instead of a patient-first mentality, we are increasingly met with the sad statement of Profits Over Patients, echoed by hospitals and health insurance companies. --John M. Chamberlain, MHA, LFACHE, Board Chairman, Citizen Health A must read for patients attempting to navigate today's healthcare marketplace. --Brian Wilhelmi MD, JD, FASA

rise up medical and wellness: *Recapturing Joy in Medicine* Amaryllis Sanchez Wohlever MD, 2019-04-30 *Recapturing Joy in Medicine* by Amaryllis Sanchez Wohlever, MD, contains a powerful prescription for physicians today who are practicing medicine during a time of crisis in the healthcare industry; one that is fueling an epidemic of physician burnout. From dealing with poor electronic healthcare records systems and insurance company intrusions to inadequate staffing to loss of clinical autonomy, doctors are facing myriad obstacles to providing excellent, compassionate patient care. As a physician, a physician coach, author, and speaker, Dr. Sanchez Wohlever understands the lives of doctors firsthand and writes this coaching manual to help them find the joy they once found in caring for patients. Within, physicians find practical ways to practice self-care, ask for the help they need, and to place doctor-patient relationships back at the center of their practices. This book is a hopeful call to action for physicians to reclaim their passion for patient care.

rise up medical and wellness: Communities in Action National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Community-Based Solutions to Promote Health Equity in the United States, 2017-04-27 In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education,

inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

rise up medical and wellness: Blockchain for Secure Healthcare Using Internet of Medical Things (IoMT) Sunil Gupta, Hitesh Kumar Sharma, Monit Kapoor, 2022-12-14 Healthcare has become an extremely important and relevant topic in day to day discussions ever since the COVID-19 pandemic has been encountered by the global population. This has led to a renewed focus and attention that researchers from every discipline have put in to realize better strategies for healthcare management in general. This book is an attempt to put to use recent advancements in the field of the Internet of Medical Things often called IoMT, which is an extension of IoT for real-time, data analytics-driven prompt and quality healthcare to global citizens. Security has been always a challenge with pervasive technologies like IoMT and IoT, and thus usage of disruptive technology like blockchain to offset the security concerns that surround the data and network management. Therefore, this book is an honest attempt to provide directions to applied areas of research in IoMT for healthcare with the aid and help of Blockchain Technologies.

rise up medical and wellness: Faith & Wellness R. J. Rushdoony, 2016-12-27 Abortion, Euthanasia. Socialized Healthcare. Statist regulations. Quackery. Addiction. These are the modern symptoms of a disease that has infected Western medicine for thousands of years: the disease of humanism. In a series of thirteen Medical Reports, R. J. Rushdoony traced the Christian and pagan roots of Western medicine in history, and demonstrated how humanist thought has produced vicious fruit in both modern medical practices and in the expectations of patients. How do we heal the medical profession? Rushdoony understood that finger-pointing will not solve our problems. Because the plague of humanism will inevitably lead to death and no wellness, it is the responsibility of the Church - and the Christian medical professionals with her - to develop a thoroughly Biblical theology of medicine and to teach it. Rushdoony lays foundations for this by explaining the connection between salvation and healing, establishing the vital importance of treating the whole man (body and spirit), and renewing the vision for doctors to embrace their priestly callings. This is an essential read for anyone who wants to reform health care. This paperback book includes all the Medical Reports once part of the Roots of Reconstruction.

rise up medical and wellness: Teaching the Whole Musician Paola Savvidou, 2021 This book offers applied music instructors a practical guide for supporting their students' wellness by integrating holistic techniques into their pedagogy. The main argument in this book is that the mentorship dynamic within the applied studio situates the pedagogue in a unique position to guide and mentor their students towards a healthy and satisfying artistic life. Wellness, as a relatively new dimension within health education for musicians, can be intimidating for applied instructors. Many teachers lack the training and confidence to enter conversations in this arena. Grounded in recent research, coupled with extensive in-person interviews with students, faculty and healthcare professionals, this book demystifies the causes, challenges, and limiting factors around maintaining a healthy artistic practice, while revealing practical solutions for achieving and maintaining wellness as a performing artist. Each chapter includes a toolkit of practical exercises and activities that can be easily integrated within the applied lesson. Topics covered include injury-prevention, alignment and the breathing mechanism, mental health, contemplative practices, Laban Movement Analysis, nutrition, and sleep--

rise up medical and wellness: American Medical Association Complete Guide to Prevention and Wellness , 2008-10-01 MORE THAN 3 MILLION AMERICAN MEDICAL

ASSOCIATION BOOKS SOLD From America's most trusted source for medical advice--a comprehensive guide to preventing illness and promoting wellness If you're one of the millions of people who have decided to take more direct control of their health by focusing on illness prevention and self-care, the American Medical Association Complete Guide to Prevention and Wellness is the resource you need. This authoritative guide provides valuable information to help you prevent disease and stay healthy throughout your life. It lays out the foundations of good health and shows you the basic steps you can take to reduce your health risks and prevent major illnesses such as heart disease, stroke, type 2 diabetes, high blood pressure, and some forms of cancer. You will learn how to avoid these and other common afflictions by making lifestyle changes and understanding what your body needs to stay fit and healthy. Filled with leading-edge information, this indispensable reference also describes key risk-reducing measures, from eating a healthy diet and being more physically active to reducing stress, getting a good night's sleep, and having all the recommended screening tests. You will find the most effective techniques for avoiding food-borne illnesses, and you'll learn how to minimize specific risks for children, adolescents, women, and men. Comprehensive in scope, easy to navigate, and filled with clear, helpful information and illustrations, the American Medical Association Complete Guide to Prevention and Wellness is the essential health resource for every age and stage of life.

rise up medical and wellness: Get Healthy Singapore Vismai Schonfelder, 2020-08-04 Starting from the premise that lasting health requires a lifestyle that is counter to the short-term thinking and instant gratification prevalent in modern society, this book offers a treasure trove of easy-to-follow advice to help us live a healthier and happier life. When Singapore-based Australian chiropractor Vismai Schonfelder nearly died of a tropical disease in Africa--which he expertly shares in an appendix--his worldview was altered forever. His long recovery gave him a keen awareness of the timeless keys to a healthy mind, body and spirit. In a friendly, conversational style, Schonfelder helps us consider the following issues: What do we mean when we talk about health? What are the models of health care available to us? How do our personal values impact on our attitude to health? Why is drinking water a cornerstone of good health? Schonfelder's ultimate goal in this book is to steer us away from our reliance on modern Western medicine. He guides us to take responsibility for our own health, helping us improve what we eat, how we exercise, how we manage stress, how we think about wellness and sickness, and how we can benefit from alternative healthcare.

rise up medical and wellness: Christian Paths to Health and Wellness Peter Walters, John Byl, 2021 Christian Paths to Health and Wellness, Third Edition, is a faith-based text that helps students explore and apply key concepts of holistic health and wellness. A new web study guide assists students in retaining and using what they learn.

rise up medical and wellness: The Bottom Line Book of Total Health and Wellness , 2004

rise up medical and wellness: Encyclopedia of Wellness [3 volumes] Sharon K. Zoumbaris, 2012-06-06 This wide-ranging encyclopedia addresses our rapidly changing understanding of health and wellness, providing a collection of essays that are up-to-date and comprehensive in both scope and breadth. Encyclopedia of Wellness: From Açaí Berry to Yo-Yo Dieting offers expert advice to anyone seeking information on a condition or illness. More than that, however, this three-volume resource is a compendium of practical information on how to reduce poor health choices and live a healthy, active, vibrant life. A source of basic, easily understandable entries on health and wellness, the encyclopedia covers an extraordinarily broad array of health-related topics including acupuncture, art therapy, biofeedback, food additives, nutrition labels, organic foods, and workplace wellness. Bulimia is covered, as are depression, autism, cancer, and environmental hazards. Essays examine issues related to healthy living for the mind and the body, stressing the importance of the mind-body connection to good health. Information is also offered on practical concerns such as medical savings accounts, changes in medical insurance, and the U.S. health care system. Throughout, the encyclopedia presents knowledge gleaned from new research on treatment and especially on choices in nutrition and exercise.

rise up medical and wellness: Kiplinger's Personal Finance , 1990-12 The most trustworthy source of information available today on savings and investments, taxes, money management, home ownership and many other personal finance topics.

rise up medical and wellness: FDA Consumer , 2003

rise up medical and wellness: Health and Wellness in 19th-Century America John C. Waller, 2014-08-11 This book provides a comprehensive description of what being sick and receiving medical care was like in 19th-century America, allowing modern readers to truly appreciate the scale of the improvements in healthcare theory and practice. Health and Wellness in 19th-Century America covers a period of dramatic change in the United States by examining our changing understanding of the nature of the disease burden, the increasing size of the nation, and our conceptions of sickness and health. With topics ranging from the unsanitary tenements of New York's Five Points, the field hospitals of the Civil War, and to the laboratories of Johns Hopkins Medical School, author John C. Waller reveals a complex picture of tradition, discovery, innovation, and occasional spectacular success. This book draws upon an extensive literature to document sickness and wellness in environments like rural homesteads, urban East-coast slums, and the hastily built cities of the West. It provides a fascinating historical examination of a century in which Americans made giant strides in understanding disease yet also clung to traditional methods and ideas, charting how U.S. medical science gradually transformed from being a backwater to a world leader in the field.

rise up medical and wellness: The Cancer Odyssey Margaret Brennan Bermel, MBA, 2011-03-10 Chemotherapy is the greatest fraud ever perpetrated upon the American public. This statement must reach the public consciousness. The Big Pharma-FDA complex must be exposed as a cartel colluding, not on curing cancer, but on generating profits. Does chemotherapy work? Maybe, sometimes, with some specific cancers. But very often, it does not work. The "best weapon" used in the "war on cancer" traces its genesis to mustard gas. The cancer may die, but the collateral damage is the patient's life. Approximately 600,000 Americans die each year ostensibly from "cancer"—but are they actually dying from treatment? A very provocative question. Bill Henderson interviews Margaret Bermel about her new book called "The Cancer Odyssey." Bill says, I really enjoyed your book. If everyone would read it BEFORE they get the cancer diagnosis (and go into fear orbit), the millions of unnecessary cancer deaths would end. Here is a direct link where you can listen to it or download it (plain mp3 audio file).

<http://webtalkradio.net/?s=bill+henderson&task=search> How to Live Cancer Free - "The Cancer Odyssey" by Margaret Bermel

rise up medical and wellness: The Miracle Morning (Updated and Expanded Edition) Hal Elrod, 2024-01-09 Start waking up to your full potential every single day with the updated and expanded edition of the groundbreaking book that has sold more than two million copies. "So much more than a book. It is a proven methodology that will help you fulfil your potential and create the life you've always wanted." —Mel Robbins, New York Times bestselling author of The High 5 Habit and The 5 Second Rule Getting everything you want out of life isn't about doing more. It's about becoming more. Hal Elrod and The Miracle Morning have helped millions of people become the person they need to be to create the life they've always wanted. Now, it's your turn. Hal's revolutionary SAVERS method is a simple, effective step-by-step process to transform your life in as little as six minutes per day: - Silence: Reduce stress and improve mental clarity by beginning each day with peaceful, purposeful quiet - Affirmations: Reprogram your mind to overcome any fears or beliefs that are limiting your potential or causing you to suffer - Visualization: Experience the power of mentally rehearsing yourself showing up at your best each day - Exercise: Boost your mental and physical energy in as little as sixty seconds - Reading: Acquire knowledge and expand your abilities by learning from experts - Scribing: Keep a journal to deepen gratitude, gain insights, track progress, and increase your productivity by getting clear on your top priorities This updated and expanded edition has more than forty pages of new content, including: - The Miracle Evening: Optimize your bedtime and sleep to wake up every day feeling refreshed and energized for your

Miracle Morning - The Miracle Life: Begin your path to inner freedom so you can truly be happy and learn to love the life you have while you create the life you want

rise up medical and wellness: The Surgeon General's Call to Action to Improve the Health and Wellness of Persons with Disabilities United States. Public Health Service. Office of the Surgeon General, 2005

rise up medical and wellness: HEALTH & WELLNESS TOURISM: ANALYSIS ON HEALTH TOURISM PROSPECTS IN MAHARASHTRA, INDIA Dr. Sagar H Mohite, 2017-01-09 The global growth in the flow of patients and health professionals as well as medical technology, capital funding and regulatory regimes across national borders has given rise to new patterns of consumption and production of healthcare services over recent decades.

rise up medical and wellness: Practical Ethics for the Surgeon Lloyd Jacobs, 2018-05-09 Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Recent, significant changes in surgery, technology, regulations, and society have greatly impacted how surgeons consider ethical issues in light of professional expertise, wisdom, and personal responsibility. Dr. Lloyd A. Jacobs, along with world-renowned surgeons and other health care professionals, provides thoughtful, intellectually challenging information and commentary in an easy-to-understand manner to help surgeons think through and respond effectively to complex questions of life, death, provision of health care, and more. Covering the wide range of ethical concerns facing today's surgeons, this concise, readable title is beneficial at all levels of training and practice.

rise up medical and wellness: Tactical Medicine Essentials John E. Campbell, E. John Wipfler III, Jim Smith, Lawrence E. Heiskell, 2020-07-15 Designed for EMS and medical professionals at all levels of training, Tactical Medicine Essentials, Second Edition provides the foundation needed to become a world-class tactical medical provider (TMP). Written by an experienced team of authors from diverse backgrounds, this text covers the essential curriculum of tactical medicine, including tactical patient assessment, expedient extrication and evacuation, and self-defense skills. The Second Edition thoroughly prepares medical professionals to safely accompany a SWAT unit into the tactical environment. Current, State-of-the-Art Medical Content for the Tactical EnvironmentThe rapidly changing tactical environment requires specialized rapid assessment techniques. The tactical patient assessment process is presented in a single, comprehensive chapter, ensuring that students understand how to rapidly apply this specialized process to the patient in the tactical environment. Each traumatic injury chapter further reinforces the tactical patient assessment process by highlighting the unique aspects of each traumatic injury. A new chapter about active assailant mass casualty incidents has been added. Law enforcement education topics for TMPs are compiled in a new appendix. Dynamic FeaturesThese features allow EMS and medical professionals to take the extra step toward becoming outstanding TMPs:• At the Scene Advice from experienced TMPs on how to excel during a mission• Safety Information on how to remain safe in the tactical environment, even under the threat of violence• Medical Gear Tips on the best equipment to pack and utilize in the tactical environment• Detailed Step-by-Step Skill Reviews A thorough discussion of how to perform lifesaving skills in the high-intensity tactical environment

rise up medical and wellness: Close Your Eyes, Sleep Grace Smith, 2020-12-29 The number one cause of insomnia is fear of insomnia. You toss and turn at night, trying to quiet your thoughts enough to fall asleep. Or you wake up hours before your alarm and stare at the ceiling, hoping that this time you'll manage just a little bit more rest before sunrise. Either way, it's actually your fear of not getting enough sleep that's keeping you awake. The only way to finally get a good night's sleep is to retrain your subconscious mind and eliminate that fear. Grace Smith, world-renowned hypnotherapist and author of Close Your Eyes, Get Free, has helped hundreds of people do exactly that. Using the phenomenally successful power of hypnosis, Close Your Eyes, Sleep teaches you to access your subconscious and get your long-needed rest. The first step is learning the tools to block

out your anxieties to fall asleep quickly and easily at any time of night. But hypnotherapy can take you farther than that: you'll discover how to proactively attack the causes of sleepless nights, ridding yourself of restlessness altogether and achieving the deep, restorative sleep you deserve.

rise up medical and wellness: Reboot Your Brain Gary Null, 2013-09-01 As of 2013, there are 93 million people over the age of forty-seven living in America. They make up the largest group of aging people in our country's history. Many of those individuals are overweight or obese, eat a poor diet, and experience a high-stress lifestyle, leading to a range of physical and mental health issues. According to health experts, by 2050, two billion Americans will suffer from dementia, costing approximately one trillion dollars in medical expenses annually. The culmination of thirty-five years of research in anti-aging sciences, this book shows how Alzheimer's, Parkinson's, memory loss, depression, anxiety, dementia, and other mental conditions can be reversed without drugs. Gary Null describes each condition and prescribes the appropriate mix of diet, exercise, lifestyle modifications, and nutritional supplements to restore maximum mental health. Did you know that caffeine can contribute to depression? Or that zinc, taken in the right dosage, can diminish tremors from Parkinson's? Null describes homeopathic and herbal remedies, supplements, and recipes that are beneficial for each specific condition, giving advice that is groundbreaking and yet simple enough to be adapted by anyone.

rise up medical and wellness: Congressional Record United States. Congress, 2008 The Congressional Record is the official record of the proceedings and debates of the United States Congress. It is published daily when Congress is in session. The Congressional Record began publication in 1873. Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States (1789-1824), the Register of Debates in Congress (1824-1837), and the Congressional Globe (1833-1873)

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employee motivation, this publication explores the development of organizational culture, as well as methods of translating business strategy into action through dramatically managing staff on all levels in the tourism industry. This book is ideally designed for human resources managers, business owners, business professionals, researchers, and academicians seeking current research on the organizational skills and strategies necessary in creating effective tourism businesses.

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how they want to receive health and wellness care, and this includes a deeper dive into the world of medical, dental, and wellness tourism. The future is about customizing how and where the patient wants to receive their medical, dental, and wellness treatments, transparent pricing, and the ability to make choices and view options anywhere in the world. Employers, government agencies, and private organizations are able to control healthcare costs, forecast trends, and allow their employees to get the highest quality of care through specialized Centers of Excellence. The book offers a comprehensive guide to medical, dental, and wellness tourism, explains how technology plays a role, as well as proposes solutions to the current healthcare system. A must read for anyone interested in the future of our global healthcare system. Written by a renowned international speaker on medical, dental, and wellness tourism and travel for treatment, who has significant experience and advocate for affordable healthcare choices, this volume shares necessary information for those considering healthcare in other countries-those needing care as well as their healthcare professionals and loved ones.

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back. Key indicators like poverty and social sectors like health and education are presented in detail to cover the context in terms of the development parameters aligned with the SDGs. The wide variation in state-specific contexts has been captured based on full utilization of available data and information. In this book India's north-east comprising of eight states have been looked at from the perspectives of India's Act East policy, development cooperation with the neighbouring countries, promotion of trade including border trade, connectivity and economic corridors, infrastructure, and industrialization. In this direction, it makes several recommendations on drivers of economic growth and enablers of social sector development.

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