

raleigh wellness and gynecology

Raleigh Wellness and Gynecology: Your Guide to Comprehensive Women's Health

Are you searching for exceptional women's healthcare in Raleigh, NC? Finding the right gynecologist can feel overwhelming, but it's a crucial step in prioritizing your health and well-being. This comprehensive guide dives deep into the world of Raleigh wellness and gynecology, providing you with the information you need to make informed decisions about your care. We'll cover everything from choosing the right provider to understanding the range of services available, ensuring you feel empowered and confident in your healthcare journey. Let's explore the options and discover what makes a truly exceptional women's health experience.

Understanding Your Needs: What to Look for in a Raleigh Gynecologist

Choosing a gynecologist is a deeply personal decision. It's about finding a healthcare professional who understands your individual needs and makes you feel comfortable and respected. When searching for "Raleigh wellness and gynecology," consider these key factors:

Experience and Credentials: Look for board-certified gynecologists with extensive experience. Check their qualifications and affiliations with reputable hospitals and medical institutions. Don't hesitate to review online profiles and patient testimonials.

Comprehensive Services: A good practice will offer a wide range of services, from routine check-ups and preventative care to more specialized treatments. Consider what services are most important to you, such as family planning, menopause management, or treatment for specific conditions.

Patient-Centered Approach: The best gynecologists prioritize their patients' comfort and well-being. They take the time to listen to your concerns, answer your questions thoroughly, and explain procedures clearly. A welcoming and supportive environment is key.

Accessibility and Convenience: Consider factors like location, office hours, and insurance coverage. Choose a practice that is easily accessible and fits into your schedule. Online appointment scheduling and telehealth options can also enhance convenience.

Technology and Innovation: Modern gynecological practices often incorporate advanced technology and innovative techniques to enhance the accuracy and effectiveness of their services. Inquire about the technologies used at the practice.

Beyond the Basics: Services Offered by Raleigh Wellness and Gynecology Practices

High-quality Raleigh wellness and gynecology practices offer a wide array of

services beyond routine check-ups. These may include:

Well-Woman Exams: Annual check-ups are vital for preventative care, including Pap smears, breast exams, and STI screenings.

Family Planning: From contraception counseling and management to fertility testing and support, these services help women make informed choices about their reproductive health.

Menopause Management: As women approach and transition through menopause, skilled gynecologists can offer hormone replacement therapy (HRT), lifestyle advice, and support to manage symptoms effectively.

Treatment of Gynecological Conditions: Many practices treat various conditions, including endometriosis, fibroids, urinary incontinence, and pelvic pain. They may utilize minimally invasive surgical techniques when appropriate.

Infertility Treatment: Some practices offer initial assessments and referrals for infertility treatment.

Sexual Health Services: Discussions about sexual health, including STI testing and treatment, are integral to comprehensive gynecological care.

Cosmetic Gynecology: Some practices may offer procedures designed to address aesthetic concerns related to the vaginal area.

Finding the Right Fit: Tips for Your Search

Your search for "Raleigh wellness and gynecology" should go beyond just looking at online reviews. Here are some extra steps:

Ask for Recommendations: Talk to friends, family, or your primary care physician for recommendations. Personal referrals can offer valuable insights.

Check Online Reviews: Websites like Healthgrades, Yelp, and Zocdoc provide patient reviews that can highlight a practice's strengths and weaknesses. Pay attention to recurring themes in the feedback.

Schedule a Consultation: Most practices offer initial consultations where you can meet the physician, ask questions, and determine if it's a good fit for you. This is your opportunity to assess the atmosphere and the doctor's communication style.

Don't Be Afraid to Ask Questions: During your consultation or any appointment, don't hesitate to ask questions about procedures, billing, and anything else that's important to you. A good provider will welcome your inquiries.

Prioritizing Your Health: Why Choosing the Right Gynecologist Matters

Investing time and effort in finding the right gynecologist is an investment in your long-term health and well-being. A trusted healthcare provider will not only address your immediate needs but also provide ongoing preventative care and guidance to help you maintain optimal health throughout your life.

Regular check-ups can detect potential problems early, leading to better outcomes and potentially preventing more serious health issues down the road. Don't compromise on your health; take the time to find the perfect fit for your unique needs.

Conclusion

Choosing a gynecologist in Raleigh requires careful consideration. By understanding your needs, researching available services, and actively engaging in the selection process, you can find a practice that offers exceptional Raleigh wellness and gynecology care. Prioritizing your healthcare is an act of self-love and empowerment, so take the steps necessary to find a provider who makes you feel heard, respected, and confident in your healthcare journey.

FAQs

1. Do all Raleigh gynecologists accept my insurance? Not all gynecologists accept all insurance plans. It's crucial to verify your insurance coverage with the practice before scheduling an appointment.
1. What should I bring to my first appointment? Bring your insurance card, a list of medications you are currently taking, and any relevant medical records.
1. How often should I have a well-woman exam? The frequency of well-woman exams typically depends on your age and health history. Discuss the appropriate schedule with your gynecologist.
1. Can I get birth control from my gynecologist? Yes, most gynecologists provide comprehensive family planning services, including birth control counseling and prescription.
1. What is the difference between a gynecologist and an obstetrician? Gynecologists specialize in women's reproductive health, while obstetricians specialize in pregnancy and childbirth. Many physicians are both OB/GYNs.

raleigh wellness and gynecology: Natural & Safe: The Handbook Malteser Arbeitsgruppe NFP, 2019-06-10 Sensiplan is a fertility awareness-based method of family planning, known also as natural family planning (NFP). Originally developed in Germany over a period of decades by the

Arbeitsgruppe NFP (NFP Working Group) at the international aid agency Malteser International, and with help from the German Ministry of Health. *Natural & Safe: The Handbook* describes the method and its applications in detail and is an important Sensiplan resource. It is designed to work in conjunction with *Natural & Safe: The Workbook*, a practice manual that provides practice charts, case examples, and specific instruction for using the method throughout various phases of life. Both volumes are translated now for the first time in English.

raleigh wellness and gynecology: *Women's Health Care in Advanced Practice Nursing* Catherine Ingram Fogel, PhD, RNC, FAAN, Nancy Fugate Woods, PhD, RN, FAAN, 2008-06-23 Designated a Doody's Core Title! [A] comprehensive resource oriented to advanced nursing students, but one that also will interest women wishing to learn more about thier health....The volume also covers nutrition, exercise, sexuality, infertility...and other chronic illnesses and disabilities. A wonderful resource. Summing up: Highly recommended. --Choice This book is the ideal tool to help graduate level nursing students expand their understanding of women's health care and wellness issues. For easy reference, *Women's Health Care in Advanced Practice Nursing* is organized into four parts: *Women and Their Lives*, covering connections between women's lives and their health *Frameworks for Practice*, addressing health care practice with women *Health Promotion*, covering ways for women to promote their health and prevent many chronic diseases *Threats to Health and Health Problems*, addressing problems unique to women, diseases more prevalent in women, and those in which there are different risk factors Key features include: The most recently available data on selected social characteristics of women with a focus on changing population demographics Separate chapters on health issues of adolescent/young adult, midlife, and older women Chapters on preconceptional and prenatal care Chapters covering cardiovascular disease, chronic disease, sexually transmitted infections and other common infections, HIV/AIDS, and women with disabilities Lesbian health care content, which is integrated throughout

raleigh wellness and gynecology: *Preparing for an Endometrial Biopsy* Lorene M. Kimzey, 1989

raleigh wellness and gynecology: *Insiders' Guide® to Raleigh, Durham & Chapel Hill* Amber Nimocks, 2010-07-01 A first edition, *Insiders' Guide to Raleigh, Durham & Chapel Hill* is the essential source for in-depth travel and relocation information to what is one of the fastest growing regions in the United States. Written by a local (and true insider), this guide offers a personal and practical perspective of the Raleigh, Durham, and Chapel Hill area.

raleigh wellness and gynecology: *The Uterine Health Companion* Eve Agee, 2010-02-23 The uterus is a remarkable organ—it is our first home, contributes to women's sexual pleasure, houses some of the strongest muscles in the body, and even helps prevent heart disease and high blood pressure. However, in the West, the uterus has generally been viewed as insignificant beyond reproduction and rarely receives our attention except when it becomes problematic or when we focus on getting pregnant or giving birth. Even though health-promoting strategies for organs like the heart and lungs have become common knowledge, preventative measures for lifelong uterine health have been largely absent from Western medical care. Consequently, one-third of all women in the United States will have a hysterectomy--the highest rate in the world. In *The Uterine Health Companion*, anthropologist and holistic health expert Eve Agee reveals that women in many non-Western societies do not share our high rates of benign uterine problems or our negative attitudes about the uterus. Drawing on her research with women in the United States and abroad, Agee shows how traditional practices from other cultures can help create lasting health so that issues such as PMS, fibroids, and endometriosis do not have to be our destiny as women. Through poignant narratives as well as global insights, the book inspires us to develop new understandings about health and healing that affirm all women. *The Uterine Health Companion* demonstrates why the uterus matters and how we can take care of it, from menarche to menopause—and beyond. A comprehensive holistic plan including nutrition, exercise, and visualization guides us to promote uterine wellness and enhance conventional medical therapies. Chapters dedicated to specific uterine issues illustrate how to support our health through simple daily practices and fundamental attitude

shifts in our relationship to our bodies. The book also includes strategies for women who have had hysterectomies. This empowering resource offers a prescriptive, balanced approach to developing and maintaining optimal uterine health, for every woman at any stage of life. Award-Winner, Health: Women's Health category, 2011 International Book Awards

raleigh wellness and gynecology: Principles and Practice of College Health John A. Vaughn, Anthony J. Viera, 2020-12-04 This unique and comprehensive title offers state-of-the-art guidance on all of the clinical principles and practices needed in providing optimal health and well-being services for college students. Designed for college health professionals and administrators, this highly practical title is comprised of 24 chapters organized in three sections: Common Clinical Problems in College Health, Organizational and Administrative Considerations for College Health, and Population and Public Health Management on a College Campus. Section I topics include travel health services, tuberculosis, eating disorders in college health, and attention deficit hyperactivity disorder among college students, along with several other chapters. Subsequent chapters in Section II then delve into topics such as supporting the health and well-being of a diverse student population, student veterans, health science students, student safety in the clinical setting, and campus management of infectious disease outbreaks, among other topics. The book concludes with organizational considerations such as unique issues in the practice of medicine in the institutional context, situating healthcare within the broader context of wellness on campus, organizational structures of student health, funding student health services, and delivery of innovative healthcare services in college health. Developed by a renowned, multidisciplinary authorship of leaders in college health theory and practice, and coinciding with the founding of the American College Health Association 100 years ago, Principles and Practice of College Health will be of great interest to college health and well-being professionals as well as college administrators.

raleigh wellness and gynecology: The Serials Directory , 1987

raleigh wellness and gynecology: Hot Pants Lisa Vinebaum, Isabelle Gauthier, 2015-06-22 Hot Pants, long an underground classic, offers great basic sexual health information along with tried and true herbal treatments for common gynecological problems. Patriarchy sucks, the authors begin. It's robbed us of our autonomy and much of our history. We believe it's integral for women to be aware and in control of our own bodies. In that spirit, diagrams and herbal remedies teach you how to diagnose and heal many basic problems, including bladder infections, inducing your period, easing cramps and PMS, aphrodisiacs, and dealing with pregnancy. You'll learn herbal remedies to ease every stage of your menstrual cycle. This book deserves a place next to your copy of Our Bodies, Ourselves.

raleigh wellness and gynecology: Unequal Treatment Institute of Medicine, Board on Health Sciences Policy, Committee on Understanding and Eliminating Racial and Ethnic Disparities in Health Care, 2009-02-06 Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In Unequal Treatment, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? Unequal Treatment offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. Unequal Treatment will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

raleigh wellness and gynecology: The Hormone Cure Sara Gottfried, 2014-03-11 A Harvard

physician's method to improve physical and mental health by optimizing the hormones in the 30s, 40s, and beyond.

raleigh wellness and gynecology: Breastfeeding and Human Lactation Karen Wambach, Becky Spencer, 2019-10-01 Breastfeeding and Human Lactation, Sixth Edition is the ultimate reference for the latest clinical techniques and research findings that direct evidence-based clinical practice for lactation consultants and specialists. It contains everything a nurse, lactation consultant, midwife, women's health nurse practitioner, physician assistant, or Ob/Gyn needs to know about the subject. Topics include placing breastfeeding in its historical context, workplace-related issues, anatomical and biological imperatives of lactation, the prenatal and perinatal periods and concerns during the postpartum period, the mother's health, sociocultural issues, and more vital information.

raleigh wellness and gynecology: Challenges and Successes in Reducing Health Disparities Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Disparities, 2008-06-13 In early 2007, the Institute of Medicine convened the Roundtable on Health Disparities to increase the visibility of racial and ethnic health disparities as a national problem, to further the development of programs and strategies to reduce disparities, to foster the emergence of leadership on this issue, and to track promising activities and developments in health care that could lead to dramatically reducing or eliminating disparities. The Roundtable's first workshop, Challenges and Successes in Reducing Health Disparities, was held in St. Louis, Missouri, on July 31, 2007, and examined (1) the importance of differences in life expectancy within the United States, (2) the reasons for those differences, and (3) the implications of this information for programs and policy makers.

raleigh wellness and gynecology: Vaginal Hysterectomy Shirish S Sheth, John Studd, 2001-11-08 In recent years advances in laparoscopic technologies have led to renewed interest in the vaginal approach to hysterectomy, which has many proven benefits for patients. This volume, dedicated to explaining and promoting the vaginal route of hysterectomy, is written and edited by an international team of experts and provides a much-needed source of up-to-date information and instruction. Importantly, the authors caution that laparoscopic technology can provide a valuable source of assistance for the gynaecological surgeon in certain circumstances, though only in a percentage of cases. This book, beautifully illustrated with line drawings and full-colour photographs, contains step-by-step surgical techniques, enabling the surgeon to gain confidence and experience so that gradually more challenging operations can be managed successfully via the vaginal route. Acknowledged authorities from around the world take the reader through the indications and contra-indications for the vaginal approach, explain crucial preoperative assessment procedures, and offer an evidence-based elucidation of the 'why', 'when' and 'how' of vaginal hysterectomy. Specific topics considered here include: the nulliparous patient, uterine fibroids, debulking, the use of gonadotrophin-releasing hormone agonists, oophorectomy and prophylactic oophorectomy, adnexectomy for adnexal pathology, genital prolapse, the place of sacrospinous colpopexy, urethral sphincter incompetence, hormone replacement therapy, and the psychological and sexual outcomes of hysterectomy. In addition, the authors set forth the arguments for and against vaginal hysterectomy, abdominal hysterectomy, laparoscopic assistance, and transcervical resection of the endometrium. Combined with a full review of the potential complications, morbidity and mortality associated with the vaginal approach, this book provides the reader with a well-balanced, thorough and considered appraisal of vaginal hysterectomy. As the incidence of hysterectomy worldwide continues to rise, Vaginal Hysterectomy will be an indispensable reference for practising gynaecologists, surgeons, consultants and postgraduates.

raleigh wellness and gynecology: Who's Who in Medicine and Healthcare Marquis Who's Who, Inc, 1998 Recognizing today's leaders in the teaching, practice, planning, financing, and delivery of healthcare Across the country, healthcare professionals are facing new demands for accessible, high-quality care at a reasonable cost. Who's Who in Medicine and Healthcare TM recognizes those whose achievements place them at the forefront of an evolving healthcare system.

The current edition provides vital biographical background on approximately 22,700 successful medical professionals, administrators, educators, researchers, clinicians, and industry leaders from across the diverse fields of medicine and healthcare: -- Association administration -- Dentistry -- Medical education -- Geriatrics -- Gynecology -- Healthcare products -- Hospital administration -- Internal medicine -- Mental health -- Nursing -- Optometry -- Pediatrics -- Pharmaceuticals -- Public health -- Research -- Social work -- Speech pathology -- Substance abuse -- Surgery

raleigh wellness and gynecology: *Emergency Medical Services* Jane H. Brice, Theodore R. Delbridge, J. Brent Myers, 2021-08-12 The two-volume *Emergency Medical Services: Clinical Practice and Systems Oversight* delivers a thorough foundation upon which to succeed as an EMS medical director and prepare for the NAEMSP National EMS Medical Directors Course and Practicum. Focusing on EMS in the 'real world', the book offers specific management tools that will be useful in the reader's own local EMS system and provides contextual understanding of how EMS functions within the broader emergency care system at a state, local, and national level. The two volumes offer the core knowledge trainees will need to successfully complete their training and begin their career as EMS physicians, regardless of the EMS systems in use in their areas. A companion website rounds out the book's offerings with audio and video clips of EMS best practice in action. Readers will also benefit from the inclusion of: A thorough introduction to the history of EMS An exploration of EMS airway management, including procedures and challenges, as well as how to manage ventilation, oxygenation, and breathing in patients, including cases of respiratory distress Practical discussions of medical problems, including the challenges posed by the undifferentiated patient, altered mental status, cardiac arrest and dysrhythmias, seizures, stroke, and allergic reactions An examination of EMS systems, structure, and leadership

raleigh wellness and gynecology: *Grants for Public Health and Diseases* Foundation Center, For Public Health A Grants, 1994-12

raleigh wellness and gynecology: *The Nurse Practitioner* , 1986-07

raleigh wellness and gynecology: *Everything You Need to Know to Have a Healthy Twin Pregnancy* Gila Leiter, Rachel Kranz, 2013-07-31 Twins...triplets...quads...finally! The book that answers all your questions about multiple birth--written by a doctor who is a mother of twins herself Over ten years ago when Dr. Gila Leiter, herself an OB/GYN, was pregnant with twins, the book she desperately needed wasn't available. Now it is: *Everything You Need to Know to Have a Healthy Twin Pregnancy*. Taking you step-by-step through the processes of pregnancy and birth, Dr. Leiter shares her professional and personal expertise, providing answers to all your questions, plus practical know-how, psychological support, and extensive resources for this most joyous--and overwhelming--experience, whether you're having two babies...or four! Learn: The latest in fertility treatments and reproductive technology, and the probable outcome What to expect, trimester by trimester Concrete suggestions for working through your hopes, fears, and fantasies Who should seek genetic counseling How to avoid preterm labor and premature delivery--and what to do if it's unavoidable Recommended vitamins and minerals--plus do's and don'ts All about medications: what you can take, can't take, must take What you should know if you're going to have a C-section Specific ideas for nurturing yourself and reducing stress The birthing process and what to expect in the delivery room Twelve questions to ask the doctor you're considering choosing for your pediatrician What it's like to bring babies home--and what you'll need to manage your new family And much more

raleigh wellness and gynecology: *Implementing High-Quality Primary Care* National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Implementing High-Quality Primary Care, 2021-06-30 High-quality primary care is the foundation of the health care system. It provides continuous, person-centered, relationship-based care that considers the needs and preferences of individuals, families, and communities. Without access to high-quality primary care, minor health problems can spiral into chronic disease, chronic disease management becomes difficult and uncoordinated, visits to emergency departments increase, preventive care lags, and health care spending soars to

unsustainable levels. Unequal access to primary care remains a concern, and the COVID-19 pandemic amplified pervasive economic, mental health, and social health disparities that ubiquitous, high-quality primary care might have reduced. Primary care is the only health care component where an increased supply is associated with better population health and more equitable outcomes. For this reason, primary care is a common good, which makes the strength and quality of the country's primary care services a public concern. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care puts forth an evidence-based plan with actionable objectives and recommendations for implementing high-quality primary care in the United States. The implementation plan of this report balances national needs for scalable solutions while allowing for adaptations to meet local needs.

raleigh wellness and gynecology: Next Medicine Walter Bortz, MD, 2011-01-03 Every year, the average American spends about \$7,300 on medical expenses. The typical Canadian pays \$2,700, the Briton only \$2,000. And yet, according to the World Health Organization, our healthcare system, in terms of total quality, ranks thirty-eighth in the world, right between Costa Rica and Slovenia. Not only do 40 million Americans lack health insurance, but more than 200,000 die each year because of medical mistakes. Our average life expectancy is lower than Cuba's. In *Next Medicine*, Dr. Walter Bortz zeroes in on why the American medicine is spiraling toward disaster. A physician with fifty years of experience and a leading authority on aging, Bortz argues that the financial interests of biotech and drug companies have distorted the healthcare system. Thanks to them, medicine today is economically motivated to treat disease rather than to prevent it. Heart disease, for example, is widely treated with drug interventions and invasive surgery--both of which are extravagantly profitable for pharmaceutical giants and hospitals. Daily exercise and a healthy diet, on the other hand, can prevent heart disease, and can be obtained by patients essentially for free--but there's no money in that. The medical-industrial complex has a vested interest in keeping us sick, and until that changes medicine will fail to effectively address the leading cause of disability and mortality today: chronic diseases like diabetes that are largely preventable. Bortz proposes a medical system that emphasizes personal responsibility and provides incentives for healthy lifestyle choices, along with new training for medical professionals. Through a lively narrative full of personal anecdotes and jarring statistics, Bortz makes a powerful case for a radically new medical system--one that is based on rigorous science and loosens the strangle hold of corporate interests on American health.

raleigh wellness and gynecology: The AMWA Freelance Directory American Medical Writers Association, 1993

raleigh wellness and gynecology: Who's Who in America Marquis Who's Who, Inc, 2002

raleigh wellness and gynecology: The Health Benefits of Smoking Cessation United States. Public Health Service. Office of the Surgeon General, 1990

raleigh wellness and gynecology: Lawn Boy Jonathan Evison, 2019-03-19 Recipient of the 2019 Alex Award "Mike Muñoz Is a Holden Caulfield for a New Millennium--a '10th-generation peasant with a Mexican last name, raised by a single mom on an Indian reservation' . . . Evison, as in his previous four novels, has a light touch and humorously guides the reader, this time through the minefield that is working-class America." --The New York Times Book Review For Mike Muñoz, life has been a whole lot of waiting for something to happen. Not too many years out of high school and still doing menial work--and just fired from his latest gig as a lawn boy on a landscaping crew--he's smart enough to know that he's got to be the one to shake things up if he's ever going to change his life. But how? He's not qualified for much of anything. He has no particular talents, although he is stellar at handling a lawn mower and wielding clipping shears. But now that career seems to be behind him. So what's next for Mike Muñoz? In this funny, biting, touching, and ultimately inspiring novel, bestselling author Jonathan Evison takes the reader into the heart and mind of a young man determined to achieve the American dream of happiness and prosperity--who just so happens to find himself along the way.

raleigh wellness and gynecology: Who's who in American Nursing , 1993

raleigh wellness and gynecology: Emergency Medical Services David Cone, Jane H. Brice,

Theodore R. Delbridge, J. Brent Myers, 2015-01-21 Emergency Medical Services: Clinical Practice and Systems Oversight is the official textbook of the National Association of EMS Physicians™ (NAEMSPTM) National EMS Medical Directors Course and Practicum™. Now paired with a companion website featuring self-assessment exercises, audio and video clips of EMS best practices in action, and more, this essential study aid guides students through the core knowledge they need to successfully complete their training and begin their careers as EMS physicians. Emergency Medical Services: Clinical Practice and Systems Oversight consists of: Volume 1: Clinical Aspects of EMS Volume 2: Medical Oversight of EMS Companion website featuring supportive self-assessment exercises, audio and video clips

raleigh wellness and gynecology: AJN Career Guide for ..., 1998

raleigh wellness and gynecology: Vulvovaginal Dermatology, an Issue of Dermatologic Clinics Libby Edwards, 2010 Guest Editor Dr. Libby Edwards has gathered a team of expert contributors to pen articles on a challenging area of Dermatology: Vulvar Disease. This issue of Dermatologic Clinics includes articles on Vulvodynia, Pigmented Diseases, Contact Dermatitis, Vulvar Ulcers, Hidradenitis Suppurativum, Desquamative Inflammatory Vaginitis, Histology of the Vulva, Vulvar Pruritus and LSC, Vulvar Erosions, Lichen Planus, Lichen Sclerosus, Vulvar Paget's Disease, and Vulvar Edema.

raleigh wellness and gynecology: Female Sexual Pain Disorders Andrew T. Goldstein, Caroline F. Pukall, Irwin Goldstein, 2011-09-23 First book devoted to the diagnosis and treatment of sexual pain in women Female Sexual Pain Disorders is a remarkable fusion of clinical and scientific knowledge that will empower women's healthcare professionals to help their patients in overcoming this common debilitating disorder. Based on the highest level research, it provides state-of-the-art practical guidance that will help you to: Evaluate and distinguish the causes of sexual pain in women Differentiate the many forms of sexual pain Implement multidisciplinary treatments Distilling the experience of world leaders across many clinical, therapeutic and scientific disciplines, with an array of algorithms and diagnostic tools, Female Sexual Pain Disorders is your ideal companion for treating the many millions of women who suffer from this disorder worldwide. All proceeds from this book are being donated to the International Society for the Study of Women's Sexual Health (ISSWSH).

raleigh wellness and gynecology: Report of the Department of Health Connecticut. State Dept. of Health, 1882

raleigh wellness and gynecology: Who's Who in the South and Southwest 2000-2001 Marquis Who's Who, Marquis Who's Who Staff, 2000-11

raleigh wellness and gynecology: Body on Fire Monica Aggarwal MD, Jyothi Rao, MD, 2020-08-19 Inflammation is the body's natural response to injury or illness, but long-term inflammation can silently turn on us, becoming a danger to our health. This guide explains how chronic inflammation damages cells and can lead to asthma, cancer, diabetes, heart disease, rheumatoid arthritis, and even Alzheimer's disease. Fortunately, there are natural solutions to keep chronic inflammation in check. Our food choices can make a crucial difference. Learn how to design an anti-inflammatory diet based on health-protective plant-based foods with high concentrations of phytochemicals and other essential inflammation-fighting nutrients. Then enjoy a few delicious, easy-to-prepare recipes that reveal how to incorporate a wide variety of these power-packed foods into everyday dishes.

raleigh wellness and gynecology: National Library of Medicine Programs and Services National Library of Medicine (U.S.), 1981

raleigh wellness and gynecology: Managing and Mining Sensor Data Charu C. Aggarwal, 2013-01-15 Advances in hardware technology have lead to an ability to collect data with the use of a variety of sensor technologies. In particular sensor notes have become cheaper and more efficient, and have even been integrated into day-to-day devices of use, such as mobile phones. This has lead to a much larger scale of applicability and mining of sensor data sets. The human-centric aspect of sensor data has created tremendous opportunities in integrating social aspects of sensor data collection into the mining process. Managing and Mining Sensor Data is a contributed volume by

prominent leaders in this field, targeting advanced-level students in computer science as a secondary text book or reference. Practitioners and researchers working in this field will also find this book useful.

raleigh wellness and gynecology: The Standard Periodical Directory , 2003

raleigh wellness and gynecology: When Sex Hurts Andrew Goldstein, Caroline Pukall, Irwin Goldstein, Dr. Jill Krapf, 2023-01-03 For the 20 million people who suffer from pelvic pain: the completely revised and updated guide for making sex feel good again. Pelvic pain can lead to embarrassment, silence, and misdiagnosis. It can hurt your relationship as well as your sense of self. Tackling the stereotypes, myths, and realities of pelvic pain, this easy-to-understand, accessible guide will help readers get the help they need and deserve, offering key information on: The most urgent questions about the causes of pelvic pain The more than twenty causes of pelvic pain How to find the right doctor The relationship between pelvic sex and genetics The newest in treatment for pelvic pain and pelvic pain indications How psychological factors can contribute to and reduce pelvic pain Featuring groundbreaking research and stories from people who've lived it, When Sex Hurts provides the tools you need to stop hurting and start healing.

raleigh wellness and gynecology: Who's Who in the South and Southwest, 1986-1987 , 1986-08

raleigh wellness and gynecology: Management of Sexual Dysfunction in Men and Women Larry I. Lipshultz, Alexander W. Pastuszak, Andrew T. Goldstein, Annamaria Giral di, Michael A. Perelman, 2016-07-05 This book provides a comprehensive, state-of-the art review of the intersection of male and female reproductive and sexual health. The text comprehensively discusses the evaluation and management of physical, genetic, and psychological causes of male and female sexual dysfunction. Discussion of treatment focuses on current medical and surgical psychosexual therapies in both the male and female. The book highlights erectile, ejaculatory, and orgasmic disorders in the male; desire, arousal and orgasmic disorders in the female; and an integrated approach to the couple. Lifestyle modifications through diet and exercise and optimization of anthropomorphic characteristics are also discussed, including a holistic approach to these disorders that goes beyond a focus on the genital system alone. Sexual Dysfunction in Men and Women: An Interdisciplinary Approach serves as a resource for physicians and researchers interested in sexual medicine seeking a comprehensive overview of the practice and novel research in the field.

raleigh wellness and gynecology: Health and Wellness Calvin Ellison, 2006-08 You should live forever and never be sick. That was God's original plan for man. Sickness, disease, poverty and death were never intended to be in the vocabulary or experience of any human being. It was only after the fall of man that these enemies of God gained entrance into the human arena. It is the purpose of this book to help you have good health success from a holistic, biblical viewpoint. It is chocked full of ideas, information, and illustrations. There are charts and lists, a bibliography and an index. There is even a section for you to keep a journal so so that these dynamic principles can become a practical part of your personal health plan.

raleigh wellness and gynecology: Sex Rx Lauren F. Streicher, 2015-01-27 Are you missing a vibrant, exciting sex life? Do you avoid sex because it is uncomfortable? Or even painful? Are you coping with diabetes, heart disease, cancer, or another illness that makes sex more challenging? Have you lost interest in sex altogether? Yes, anyone can love sex again, or love sex more, with Sex Rx. For millions of women in America, sex isn't always pleasurable or even possible. Instead, sex has become a low priority as they navigate marriage, motherhood, and work . . . not to mention cope with chronic stress and lack of sleep. Throw in the natural fluctuations in hormone levels that all women experience throughout their lives and it's not surprising that sex can become, well, a little less sexy. Additionally, common gynecological problems can make sex uncomfortable, and medical issues can cause it to be downright painful. Dr. Lauren Streicher, a leading women's sexual health expert, offers women the courage, vocabulary, and knowledge to identify and solve problems in the bedroom, for a wide range of issues—from flagging libido, vaginal dryness, and sex after menopause, to hormone supplements and the effects of medication. Sex Rx offers a wealth of knowledge along

with a good dose of humor and plenty of encouragement, so that women of all ages can make having great sex a part of their lives forever.

Additional Resources

raleigh wellness and gynecology

[Raleigh Wellness And Gynecology](#)

Raleigh Wellness And Gynecology

Related Articles

- [reacher analysis](#)
- [reaction time lab answer key](#)
- [restore hyper wellness boulder](#)

[Back to Home](#)