

origins birth and wellness collective

Origins Birth and Wellness Collective: Your Holistic Journey to Parenthood and Beyond

Are you searching for a supportive and nurturing environment to navigate the incredible journey of pregnancy, birth, and postpartum recovery? Are you craving a holistic approach to wellness that goes beyond the traditional medical model? Then you've come to the right place. This in-depth guide explores the Origins Birth and Wellness Collective, delving into its philosophy, services, and the unique community it fosters. We'll uncover why this collective is becoming a beacon of hope and empowerment for parents in [mention city/region if applicable]. Get ready to discover how Origins can help you embrace this transformative life chapter with confidence and joy.

Understanding the Origins Birth and Wellness Collective Philosophy

At its core, the Origins Birth and Wellness Collective champions a philosophy rooted in respect, empowerment, and personalized care. They believe that every individual's birthing journey is unique and deserves a deeply personalized approach. This isn't just about delivering a baby; it's about supporting the entire family's well-being - physically, emotionally, and spiritually - before, during, and after birth. Origins rejects the often-sterile, medicalized approach to childbirth and instead embraces a holistic perspective that incorporates various modalities to create a truly transformative experience. They recognize the power of the mind-body connection and strive to empower individuals to take an active role in their health and wellness journey. This includes a strong emphasis on informed consent and respecting individual choices.

Services Offered at Origins Birth and Wellness Collective

The Origins Birth and Wellness Collective offers a comprehensive range of services designed to cater to every stage of the journey to parenthood and beyond. These include:

Prenatal Care: This goes beyond standard prenatal checkups. Origins offers personalized care plans that incorporate nutritional guidance, mindfulness techniques, and emotional support to help expectant parents prepare for labor and delivery. They often include classes focusing on relaxation techniques, breathing exercises, and understanding the birthing process.

Doula Services: Experienced and compassionate doulas provide continuous emotional, physical, and informational support throughout labor and delivery. They act as advocates for the birthing person, helping them navigate the process with confidence and ease. Doulas offer a comforting presence, reducing anxiety and promoting a positive birthing experience.

Postpartum Care: The postpartum period is often overlooked, but it's crucial for both physical and emotional recovery. Origins offers postpartum doula support, lactation consultations, and workshops focused on self-care and adjusting to parenthood. They understand the challenges new parents face

and provide vital support to ease this transition.

Birth Education Classes: Comprehensive childbirth education classes are offered to equip expectant parents with the knowledge and skills they need to make informed decisions about their birth experience. These classes cover topics ranging from labor techniques to pain management strategies and newborn care.

Wellness Workshops: A wide array of workshops and classes focusing on various aspects of wellness are available. This could include yoga, meditation, and other practices designed to support both physical and mental well-being throughout pregnancy, childbirth, and postpartum. These aim to enhance the overall wellness journey, fostering a sense of balance and self-care.

Lactation Consulting: Certified lactation consultants offer personalized support to breastfeeding mothers, helping them overcome any challenges they may encounter and ensure a successful breastfeeding journey.

The Origins Birth and Wellness Collective Community

Perhaps one of the most significant aspects of Origins is the strong sense of community it fosters. By creating a safe, supportive, and inclusive environment, they bring together expectant parents, new parents, and experienced professionals who share a common goal: to support and empower individuals throughout their reproductive journey. This community extends beyond the physical space, often utilizing online platforms to connect and share resources, creating a lasting network of support. This sense of shared experience can be invaluable during a life-changing period.

Why Choose Origins Birth and Wellness Collective?

Choosing the right support system during pregnancy, childbirth, and postpartum is crucial. Origins stands out for several reasons:

Holistic Approach: Their holistic approach prioritizes the well-being of the entire family, recognizing the interconnectedness of physical, emotional, and spiritual health.

Personalized Care: They tailor their services to meet the specific needs of each individual, ensuring a truly personalized experience.

Empowerment: They empower individuals to make informed decisions and take an active role in their own healthcare journey.

Supportive Community: The strong sense of community they foster provides invaluable support and connection during a transformative life stage.

Experienced Professionals: They employ highly skilled and experienced professionals dedicated to providing exceptional care.

Conclusion

The Origins Birth and Wellness Collective represents a refreshing approach to pregnancy, childbirth, and postpartum care. By embracing a holistic philosophy, fostering a strong community, and providing personalized services, they empower individuals to navigate this incredible journey with confidence, joy, and unwavering support. If you're seeking a nurturing and supportive environment to embrace parenthood, Origins is worth exploring. Contact them today to learn more about how

they can support you on your unique journey.

Frequently Asked Questions (FAQs)

1. Does Origins Birth and Wellness Collective accept insurance? This varies depending on the specific service and your insurance plan. It's best to contact Origins directly to discuss your insurance coverage.
1. What is the cost of doula services? The cost of doula services varies depending on the package and the doula's experience. Detailed pricing information is available on their website or by contacting them directly.
1. Do I need a referral to access services? No, referrals are generally not required to access services at Origins Birth and Wellness Collective.
1. What if I have a high-risk pregnancy? Origins works collaboratively with medical professionals to provide integrated care for individuals with high-risk pregnancies. They will work with your doctor to ensure you receive the appropriate level of support.
1. Are the classes and workshops suitable for partners? Absolutely! Many of their classes and workshops are designed to be inclusive and beneficial for partners, encouraging shared participation in the journey to parenthood.

origins birth and wellness collective: Communities in Action National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Community-Based Solutions to Promote Health Equity in the United States, 2017-04-27 In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health

in powerful ways. Communities in Action: Pathways to Health Equity seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

origins birth and wellness collective: Transforming the Workforce for Children Birth Through Age 8 National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on the Science of Children Birth to Age 8: Deepening and Broadening the Foundation for Success, 2015-07-23 Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. Transforming the Workforce for Children Birth Through Age 8 explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

origins birth and wellness collective: Holistic Midwifery Anne Frye, 2004

origins birth and wellness collective: Vibrant and Healthy Kids National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Applying Neurobiological and Socio-Behavioral Sciences from Prenatal Through Early Childhood Development: A Health Equity Approach, 2019-12-27 Children are the foundation of the United States, and supporting them is a key component of building a successful future. However, millions of children face health inequities that compromise their development, well-being, and long-term outcomes, despite substantial scientific evidence about how those adversities contribute to poor health. Advancements in neurobiological and socio-behavioral science show that critical biological systems develop in the prenatal through early childhood periods, and neurobiological development is extremely responsive to environmental influences during these stages. Consequently, social, economic, cultural, and environmental factors significantly affect a child's health ecosystem and ability to thrive throughout adulthood. Vibrant and Healthy Kids: Aligning Science, Practice, and Policy to Advance Health Equity builds upon and updates research from Communities in Action: Pathways to Health Equity (2017) and From Neurons to Neighborhoods: The Science of Early Childhood Development (2000). This report provides a brief overview of stressors that affect childhood development and health, a framework for applying current brain and development science to the real world, a roadmap for implementing tailored interventions, and recommendations about improving systems to better align with our understanding

of the significant impact of health equity.

origins birth and wellness collective: *Birth Justice* Julia Chinyere Oparah, Alicia D. Bonaparte, 2015-12-22 There is a global crisis in maternal health care for black women. In the United States, black women are over three times more likely to perish from pregnancy-related complications than white women; their babies are half as likely to survive the first year. Many black women experience policing, coercion, and disempowerment during pregnancy and childbirth and are disconnected from alternative birthing traditions. This book places black women's voices at the center of the debate on what should be done to fix the broken maternity system and foregrounds black women's agency in the emerging birth justice movement. Mixing scholarly, activist, and personal perspectives, the book shows readers how they too can change lives, one birth at a time.

origins birth and wellness collective: *Natural Hospital Birth* Cynthia Gabriel, 2017-08 Offers expectant mothers seeking natural childbirth in a hospital a detailed look at pregnancy and labor, explaining how to create a mutually supportive relationship among birth-care providers and make informed choices.

origins birth and wellness collective: *Dominion* Tom Holland, 2019-10-29 A marvelous (Economist) account of how the Christian Revolution forged the Western imagination. Crucifixion, the Romans believed, was the worst fate imaginable, a punishment reserved for slaves. How astonishing it was, then, that people should have come to believe that one particular victim of crucifixion-an obscure provincial by the name of Jesus-was to be worshipped as a god. *Dominion* explores the implications of this shocking conviction as they have reverberated throughout history. Today, the West remains utterly saturated by Christian assumptions. As Tom Holland demonstrates, our morals and ethics are not universal but are instead the fruits of a very distinctive civilization. Concepts such as secularism, liberalism, science, and homosexuality are deeply rooted in a Christian seedbed. From Babylon to the Beatles, Saint Michael to #MeToo, *Dominion* tells the story of how Christianity transformed the modern world.

origins birth and wellness collective: *Global Health and International Relations* Colin McInnes, Kelley Lee, 2013-05-02 The long separation of health and International Relations, as distinct academic fields and policy arenas, has now dramatically changed. Health, concerned with the body, mind and spirit, has traditionally focused on disease and infirmity, whilst International Relations has been dominated by concerns of war, peace and security. Since the 1990s, however, the two fields have increasingly overlapped. How can we explain this shift and what are the implications for the future development of both fields? Colin McInnes and Kelley Lee examine four key intersections between health and International Relations today - foreign policy and health diplomacy, health and the global political economy, global health governance and global health security. The explosion of interest in these subjects has, in large part, been due to real world concerns - disease outbreaks, antibiotic resistance, counterfeit drugs and other risks to human health amid the spread of globalisation. Yet the authors contend that it is also important to understand how global health has been socially constructed, shaped in theory and practice by particular interests and normative frameworks. This groundbreaking book encourages readers to step back from problem-solving to ask how global health is being problematized in the first place, why certain agendas and issue areas are prioritised, and what determines the potential solutions put forth to address them? The palpable struggle to better understand the health risks facing a globalized world, and to strengthen collective action to deal with them effectively, begins - they argue - with a more reflexive and critical approach to this rapidly emerging subject.

origins birth and wellness collective: *Blood Rites* Barbara Ehrenreich, 2020-01-07 A New York Times Notable Book An ALA Notable Book Original and illuminating. --The Washington Post What draws our species to war? What makes us see violence as a kind of sacred duty, or a ritual that boys must undergo to become men? Newly reissued in paperback, *Blood Rites* takes readers on an original journey from the elaborate human sacrifices of the ancient world to the carnage and holocaust of twentieth-century total war. Ehrenreich sifts deftly through the fragile records of prehistory and discovers the wellspring of war in an unexpected place -- not in a killer instinct

unique to the males of our species, but in the blood rites early humans performed to reenact their terrifying experiences of predation by stronger carnivores. Brilliant in conception and rich in scope, *Blood Rites* is a monumental work that continues to transform our understanding of the greatest single threat to human life.

origins birth and wellness collective: One-Dimensional Queer Roderick A. Ferguson, 2018-12-06 The story of gay rights has long been told as one of single-minded focus on the fight for sexual freedom. Yet its origins are much more complicated than this single-issue interpretation would have us believe, and to ignore gay liberation's multidimensional beginnings is to drastically underestimate its radical potential for social change. Ferguson shows how queer liberation emerged out of various insurgent struggles crossing the politics of race, gender, class, and sexuality, and deeply connected to issues of colonization, incarceration, and capitalism. Tracing the rise and fall of this intersectional politics, he argues that the one-dimensional mainstreaming of queerness falsely placed critiques of racism, capitalism, and the state outside the remit of gay liberation. As recent activism is increasingly making clear, this one-dimensional legacy has promoted forms of exclusion that marginalize queers of color, the poor, and transgender individuals. This forceful book joins the call to reimagine and reconnect the fight for social justice in all its varied forms.

origins birth and wellness collective: The Future of the Public's Health in the 21st Century Institute of Medicine, Board on Health Promotion and Disease Prevention, Committee on Assuring the Health of the Public in the 21st Century, 2003-02-01 The anthrax incidents following the 9/11 terrorist attacks put the spotlight on the nation's public health agencies, placing it under an unprecedented scrutiny that added new dimensions to the complex issues considered in this report. *The Future of the Public's Health in the 21st Century* reaffirms the vision of Healthy People 2010, and outlines a systems approach to assuring the nation's health in practice, research, and policy. This approach focuses on joining the unique resources and perspectives of diverse sectors and entities and challenges these groups to work in a concerted, strategic way to promote and protect the public's health. Focusing on diverse partnerships as the framework for public health, the book discusses: The need for a shift from an individual to a population-based approach in practice, research, policy, and community engagement. The status of the governmental public health infrastructure and what needs to be improved, including its interface with the health care delivery system. The roles nongovernment actors, such as academia, business, local communities and the media can play in creating a healthy nation. Providing an accessible analysis, this book will be important to public health policy-makers and practitioners, business and community leaders, health advocates, educators and journalists.

origins birth and wellness collective: Caste Isabel Wilkerson, 2023-02-14 #1 NEW YORK TIMES BESTSELLER • OPRAH'S BOOK CLUB PICK • "An instant American classic and almost certainly the keynote nonfiction book of the American century thus far."—Dwight Garner, *The New York Times* The Pulitzer Prize-winning, bestselling author of *The Warmth of Other Suns* examines the unspoken caste system that has shaped America and shows how our lives today are still defined by a hierarchy of human divisions—now with a new Afterword by the author. #1 NONFICTION BOOK OF THE YEAR: Time ONE OF THE BEST BOOKS OF THE YEAR: *The Washington Post*, *The New York Times*, *Los Angeles Times*, *The Boston Globe*, *O: The Oprah Magazine*, NPR, Bloomberg, *The Christian Science Monitor*, *New York Post*, *The New York Public Library*, *Fortune*, *Smithsonian Magazine*, *Marie Claire*, *Slate*, *Library Journal*, *Kirkus Reviews* Winner of the Carl Sandberg Literary Award • Winner of the Los Angeles Times Book Prize • National Book Award Longlist • National Book Critics Circle Award Finalist • Dayton Literary Peace Prize Finalist • PEN/John Kenneth Galbraith Award for Nonfiction Finalist • PEN/Jean Stein Book Award Longlist • Kirkus Prize Finalist "As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power—which groups have it and which do not." In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched, and beautifully written narrative and

stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings. Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people—including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others—she shows the ways that the insidious undertow of caste is experienced every day. She documents how the Nazis studied the racial systems in America to plan their outcasting of the Jews; she discusses why the cruel logic of caste requires that there be a bottom rung for those in the middle to measure themselves against; she writes about the surprising health costs of caste, in depression and life expectancy, and the effects of this hierarchy on our culture and politics. Finally, she points forward to ways America can move beyond the artificial and destructive separations of human divisions, toward hope in our common humanity. Original and revealing, *Caste: The Origins of Our Discontents* is an eye-opening story of people and history, and a reexamination of what lies under the surface of ordinary lives and of American life today.

origins birth and wellness collective: *Medical Bondage* Deirdre Cooper Owens, 2017-11-15
The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on poor and powerless women. *Medical Bondage* breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as “medical superbodies” highly suited for medical experimentation. In *Medical Bondage*, Cooper Owens examines a wide range of scientific literature and less formal communications in which gynecologists created and disseminated medical fictions about their patients, such as their belief that black enslaved women could withstand pain better than white “ladies.” Even as they were advancing medicine, these doctors were legitimizing, for decades to come, groundless theories related to whiteness and blackness, men and women, and the inferiority of other races or nationalities. *Medical Bondage* moves between southern plantations and northern urban centers to reveal how nineteenth-century American ideas about race, health, and status influenced doctor-patient relationships in sites of healing like slave cabins, medical colleges, and hospitals. It also retells the story of black enslaved women and of Irish immigrant women from the perspective of these exploited groups and thus restores for us a picture of their lives.

origins birth and wellness collective: *The Self-Help Compulsion* Beth Blum, 2020-01-28
Samuel Beckett as a guru for business executives? James Joyce as a guide to living a good life? The notion of notoriously experimental authors sharing a shelf with self-help books might seem far-fetched, yet a hidden history of rivalry, influence, and imitation links these two worlds. In *The Self-Help Compulsion*, Beth Blum reveals the profound entanglement of modern literature and commercial advice from the late nineteenth century to the present day. Blum explores popular reading practices in which people turn to literature in search of practical advice alongside modern writers' rebukes of such instrumental purposes. As literary authors positioned themselves in opposition to people like Samuel Smiles and Dale Carnegie, readers turned to self-help for the promises of mobility, agency, and practical use that serious literature was reluctant to supply. Blum unearths a series of unlikely cases of the love-hate relationship between serious fiction and commercial advice, from Gustave Flaubert's mockery of early DIY culture to Dear Abby's cutting diagnoses of Nathanael West and from Virginia Woolf's ambivalent polemics against self-improvement to the ways that contemporary global authors such as Mohsin Hamid and Tash Aw explicitly draw on the self-help genre. She also traces the self-help industry's tendency to popularize, quote, and adapt literary wisdom and considers what it might have to teach today's university. Offering a new history of self-help's origins, appeal, and cultural and literary import around the world, this book reveals that self-help's most valuable secrets are not about getting rich or winning

friends but about how and why people read.

origins birth and wellness collective: *The Future of Public Health* Committee for the Study of the Future of Public Health, Division of Health Care Services, Institute of Medicine, 1988-01-15 The Nation has lost sight of its public health goals and has allowed the system of public health to fall into 'disarray', from *The Future of Public Health*. This startling book contains proposals for ensuring that public health service programs are efficient and effective enough to deal not only with the topics of today, but also with those of tomorrow. In addition, the authors make recommendations for core functions in public health assessment, policy development, and service assurances, and identify the level of government--federal, state, and local--at which these functions would best be handled.

origins birth and wellness collective: *East West Street* Philippe Sands, 2016-05-24 A profound, important book, a moving personal detective story and an uncovering of secret pasts, set in Europe's center, the city of bright colors—Lviv, Ukraine, dividing east from west, north from south, in what had been the Austro-Hungarian Empire. A book that explores the development of the world-changing legal concepts of “genocide” and “crimes against humanity” that came about as a result of the unprecedented atrocities of Hitler's Third Reich. It is also a spellbinding family memoir, as the author traces the mysterious story of his grandfather as he maneuvered through Europe in the face of Nazi atrocities. This is “a monumental achievement ... told with love, anger and precision” (John le Carré, acclaimed internationally bestselling author). *East West Street* looks at the personal and intellectual evolution of the two men who simultaneously originated the ideas of “genocide” and “crimes against humanity,” both of whom, not knowing the other, studied at the same university with the same professors, in “the Paris of Ukraine,” a major cultural center of Europe, a city variously called Lemberg, Lwów, Lvov, or Lviv. Phillippe Sands changes the way we look at the world, at our understanding of history and how civilization has tried to cope with mass murder

origins birth and wellness collective: *Kojiki: The Birth of Japan* Kazumi Wilds, 2019-10-22 Take a step back in time to the origins of Japan's creation myth--told here for the very first time in illustrated form. In the beginning there was nothing--a void. Then the heavens and the earth took shape, as the ancient gods of Japan breathed the first sparks of life into these islands. The 1300 year-old Kojiki myth traces the beginnings of the Japanese people, following the rise of the Japanese islands from their humble origins as a lump of clay to a great nation that would one day take its rightful place among the leading nations of the world. Like all creation myths from around the world, the Kojiki story occupies a treasured place in the nation's literature and collective imagination. Kazumi Wilds's striking illustrations capture the drama and intensity of a mythic tale where chaos and demons are unleashed and where darkness is slowly pushed back by the righteous, as good prevails over evil. *Kojiki: The Birth of Japan* combines the raucous rhythms and startling imagery of today's best graphic novels with a retelling of a classic and timeless Japanese story. This book will be remembered and treasured for years to come by lovers of mythology, folklore and anyone interested in Japanese culture and history. For readers ages 14 & up

origins birth and wellness collective: *Why Wellness Sells* Colleen Derkatch, 2022-12-13 How and why the idea of wellness holds such rhetorical—and harmful—power. In *Why Wellness Sells*, Colleen Derkatch examines why the concept of wellness holds such rhetorical power in contemporary culture. Public interest in wellness is driven by two opposing philosophies of health that cycle into and amplify each other: restoration, where people use natural health products to restore themselves to prior states of wellness; and enhancement, where people strive for maximum wellness by optimizing their body's systems and functions. *Why Wellness Sells* tracks the tension between these two ideas of wellness across a variety of sources, including interviews, popular and social media, advertising, and online activism. Derkatch examines how wellness manifests across multiple domains, where being well means different things, ranging from a state of pre-illness to an empowered act of good consumer-citizenship, from physical or moral purification to sustenance and care, and from harm reduction to optimization. Along the way, Derkatch demonstrates that the idea of wellness may promise access to the good life, but it serves primarily as a strategy for coping with

a devastating and overwhelming present. Drawing on scholarship in the rhetoric of health and medicine, the health and medical humanities, and related fields, Derkatch offers a nuanced account of how language, belief, behavior, experience, and persuasion collide to produce and promote wellness, one of the most compelling—and harmful—concepts that govern contemporary Western life. She explains that wellness has become so pervasive in the United States and Canada because it is an ever-moving, and thus unachievable, goal. The concept of wellness entrenches an individualist model of health as a personal responsibility, when collectivist approaches would more readily serve the health and well-being of whole populations.

origins birth and wellness collective: Stigma Erving Goffman, 2009-11-24 From the author of *The Presentation of Self in Everyday Life*, *Stigma* analyzes a person's feelings about himself and his relationship to people whom society calls "normal." *Stigma* is an illuminating excursion into the situation of persons who are unable to conform to standards that society calls normal. Disqualified from full social acceptance, they are stigmatized individuals. Physically deformed people, ex-mental patients, drug addicts, prostitutes, or those ostracized for other reasons must constantly strive to adjust to their precarious social identities. Their image of themselves must daily confront and be affronted by the image which others reflect back to them. Drawing extensively on autobiographies and case studies, sociologist Erving Goffman analyzes the stigmatized person's feelings about himself and his relationship to "normals." He explores the variety of strategies stigmatized individuals employ to deal with the rejection of others, and the complex sorts of information about themselves they project. In *Stigma* the interplay of alternatives the stigmatized individual must face every day is brilliantly examined by one of America's leading social analysts.

origins birth and wellness collective: The Birth Guy's Go-To Guide for New Dads Brian W. Salmon, Kirsten Brunner, 2019-02-02 A must-have baby shower gift for expectant dads! In this one-of-a-kind guide, dad, doula, and certified lactation counselor Brian Salmon and perinatal mental health and relationship expert Kirsten Brunner offer practical, modern-day survival tips for expectant dads and birth partners. Gone are the days when fathers would nervously pace the waiting room while their partners gave birth. Dads are participating in childbirth now more than ever before. However, if you're like many men, you may feel unprepared, uncomfortable, or even unwelcome in the birth room. For you, this book offers battle-tested tips to help you get in the game and prepare for one of the most incredible adventures of your life. Based on the author's *Rocking Dads* childbirth course, this book will teach you everything you need to know about supporting your partner through birth, breastfeeding, and beyond. In this guide, you'll discover pointers and advice you won't find in any other childbirth or breastfeeding guide, including: A list of items to pack for the hospital that will help mom's labor go more smoothly Stealth communication skills that you can utilize during early labor to support mom and keep her in a positive state of mind How to write a birth plan that the labor and delivery nurses will actually pay attention to What to say and do—and what not to say and do—when mom is in active labor and feeling all the feelings A detailed account of what to expect in the delivery room as a birth partner, and how to navigate the unknown terrains when things don't go as planned How to help mom achieve proper nipple latch when she attempts breastfeeding for the first time Finally, and perhaps most importantly, you'll find tips for maintaining a strong relationship with your partner before, during, and after the birth so that you feel closer than ever when you launch into the wild yet wonderful world of parenthood.

origins birth and wellness collective: Review of the HHS Family Planning Program Adrienne Stith Butler, Ellen Wright Clayton, 2009-08-01

origins birth and wellness collective: Black Bourgeoisie Franklin Frazier, 1997-02-13 Originally published: Glencoe, Ill.: Free Press, [1957].

origins birth and wellness collective: Delinquency in Society Robert M. Regoli, John D. Hewitt, Matt DeLisi, 2021-02-15 *Delinquency in Society*, Eleventh Edition provides in-depth, research-oriented coverage of the essentials on delinquency topics and theories, including juvenile delinquency, criminal behavior, and status-offending youths.

origins birth and wellness collective: The Health of Lesbian, Gay, Bisexual, and Transgender

People Institute of Medicine, Board on the Health of Select Populations, Committee on Lesbian, Gay, Bisexual, and Transgender Health Issues and Research Gaps and Opportunities, 2011-06-24 At a time when lesbian, gay, bisexual, and transgender individuals-often referred to under the umbrella acronym LGBT-are becoming more visible in society and more socially acknowledged, clinicians and researchers are faced with incomplete information about their health status. While LGBT populations often are combined as a single entity for research and advocacy purposes, each is a distinct population group with its own specific health needs. Furthermore, the experiences of LGBT individuals are not uniform and are shaped by factors of race, ethnicity, socioeconomic status, geographical location, and age, any of which can have an effect on health-related concerns and needs. The Health of Lesbian, Gay, Bisexual, and Transgender People assesses the state of science on the health status of LGBT populations, identifies research gaps and opportunities, and outlines a research agenda for the National Institute of Health. The report examines the health status of these populations in three life stages: childhood and adolescence, early/middle adulthood, and later adulthood. At each life stage, the committee studied mental health, physical health, risks and protective factors, health services, and contextual influences. To advance understanding of the health needs of all LGBT individuals, the report finds that researchers need more data about the demographics of these populations, improved methods for collecting and analyzing data, and an increased participation of sexual and gender minorities in research. The Health of Lesbian, Gay, Bisexual, and Transgender People is a valuable resource for policymakers, federal agencies including the National Institute of Health (NIH), LGBT advocacy groups, clinicians, and service providers.

origins birth and wellness collective: The Well of Loneliness Radclyffe Hall, 2015-04-24 This early work by Radclyffe Hall was originally published in 1928 and we are now republishing it with a brand new introductory biography. 'The Well of Loneliness' is a novel that follows an upper-class Englishwoman who falls in love with another woman while serving as an ambulance driver in World War I. Marguerite Radclyffe Hall was born on 12th August 1880, in Bournemouth, England. Hall's first novel *The Unlit Lamp* (1924) was a lengthy and grim tale that proved hard to sell. It was only published following the success of the much lighter social comedy *The Forge* (1924), which made the best-seller list of John O'London's Weekly. Hall is a key figure in lesbian literature for her novel *The Well of Loneliness* (1928). This is her only work with overt lesbian themes and tells the story of the life of a masculine lesbian named Stephen Gordon.

origins birth and wellness collective: *Connected* Nicholas A. Christakis, James H. Fowler, 2009-09-28 Celebrated scientists Nicholas Christakis and James Fowler explain the amazing power of social networks and our profound influence on one another's lives. Your colleague's husband's sister can make you fat, even if you don't know her. A happy neighbor has more impact on your happiness than a happy spouse. These startling revelations of how much we truly influence one another are revealed in the studies of Dr. Christakis and Fowler, which have repeatedly made front-page news nationwide. In *Connected*, the authors explain why emotions are contagious, how health behaviors spread, why the rich get richer, even how we find and choose our partners. Intriguing and entertaining, *Connected* overturns the notion of the individual and provides a revolutionary paradigm-that social networks influence our ideas, emotions, health, relationships, behavior, politics, and much more. It will change the way we think about every aspect of our lives.

origins birth and wellness collective: Electronic Literature Scott Rettberg, 2018-12-14 *Electronic Literature* considers new forms and genres of writing that exploit the capabilities of computers and networks - literature that would not be possible without the contemporary digital context. In this book, Rettberg places the most significant genres of electronic literature in historical, technological, and cultural contexts. These include combinatory poetics, hypertext fiction, interactive fiction (and other game-based digital literary work), kinetic and interactive poetry, and networked writing based on our collective experience of the Internet. He argues that electronic literature demands to be read both through the lens of experimental literary practices dating back to the early twentieth century and through the specificities of the technology and software used to

produce the work. Considering electronic literature as a subject in totality, this book provides a vital introduction to a dynamic field that both reacts to avant-garde literary and art traditions and generates new forms of narrative and poetic work particular to the twenty-first century. It is essential reading for students and researchers in disciplines including literary studies, media and communications, art, and creative writing.

origins birth and wellness collective: Other Minds: The Octopus and the Evolution of Intelligent Life Peter Godfrey-Smith, 2017-03-09 BBC R4 Book of the Week 'Brilliant' Guardian 'Fascinating and often delightful' The Times What if intelligent life on Earth evolved not once, but twice? The octopus is the closest we will come to meeting an intelligent alien. What can we learn from the encounter?

origins birth and wellness collective: Civilization and Its Discontents Sigmund Freud, 1994-01-01 (Dover thrift editions).

origins birth and wellness collective: Mother Rising Yana Cortlund, Barb Lucke, Donna Miller Watelet, 2012-05-09 Different from a baby shower, where gifts are lavished upon the soon-to-be-born child, a blessingway ceremony honors the mother-to-be and creates a circle of support that will cradle her as she prepares to give birth. Surrounded by the most important women in her life, she can explore the challenges and joys that lie before her, gaining a sense of power and confidence that will help her rise to motherhood. MOTHER RISING shows women how to organize and personalize a blessingway for the expecting friends and family-an experience that will give the mother-to-be the best possible gifts of deep happiness, serenity, and abundance of love. A resource for planning and hosting a blessingway ceremony-a woman-centered celebration of the journey into motherhood. Ideal gift for or from an expectant mother who wants a more meaningful and transformational experience than the traditional, gift-focused baby shower. Outlines the five stages of the blessingway ritual, from establishing a safe and sacred space to honoring and pampering the mother-to-be. Finalist in both the 2004 Independent Publisher Book Awards and Foreword magazine's Book of the Year Awards. Features sidebars, inspirational quotations, resources, and checklists.

origins birth and wellness collective: Policy and Politics in Nursing and Healthcare - Revised Reprint - E-Book Diana J. Mason, Judith K. Leavitt, Mary W. Chaffee, 2013-10-01 Featuring analysis of healthcare issues and first-person stories, Policy & Politics in Nursing and Health Care helps you develop skills in influencing policy in today's changing health care environment. 145 expert contributors present a wide range of topics in policies and politics, providing a more complete background than can be found in any other policy textbook on the market. Discussions include the latest updates on conflict management, health economics, lobbying, the use of media, and working with communities for change. The revised reprint includes a new appendix with coverage of the new Affordable Care Act. With these insights and strategies, you'll be prepared to play a leadership role in the four spheres in which nurses are politically active: the workplace, government, professional organizations, and the community. Up-to-date coverage on the Affordable Care Act in an Appendix new to the revised reprint. Comprehensive coverage of healthcare policies and politics provides a broader understanding of nursing leadership and political activism, as well as complex business and financial issues. Expert authors make up a virtual Nursing Who's Who in healthcare policy, sharing information and personal perspectives gained in the crafting of healthcare policy. Taking Action essays include personal accounts of how nurses have participated in politics and what they have accomplished. Winner of several American Journal of Nursing Book of the Year awards! A new Appendix on the Affordable Care Act, its implementation as of mid-2013, and the implications for nursing, is included in the revised reprint. 18 new chapters ensure that you have the most up-to-date information on policy and politics. The latest information and perspectives are provided by nursing leaders who influenced health care reform with the Patient Protection and Affordable Care Act of 2010.

origins birth and wellness collective: Weight Gain During Pregnancy National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Food and Nutrition Board,

Committee to Reexamine IOM Pregnancy Weight Guidelines, 2010-01-14 As women of childbearing age have become heavier, the trade-off between maternal and child health created by variation in gestational weight gain has become more difficult to reconcile. *Weight Gain During Pregnancy* responds to the need for a reexamination of the 1990 Institute of Medicine guidelines for weight gain during pregnancy. It builds on the conceptual framework that underscored the 1990 weight gain guidelines and addresses the need to update them through a comprehensive review of the literature and independent analyses of existing databases. The book explores relationships between weight gain during pregnancy and a variety of factors (e.g., the mother's weight and height before pregnancy) and places this in the context of the health of the infant and the mother, presenting specific, updated target ranges for weight gain during pregnancy and guidelines for proper measurement. New features of this book include a specific range of recommended gain for obese women. *Weight Gain During Pregnancy* is intended to assist practitioners who care for women of childbearing age, policy makers, educators, researchers, and the pregnant women themselves to understand the role of gestational weight gain and to provide them with the tools needed to promote optimal pregnancy outcomes.

origins birth and wellness collective: *Liberty Is Sweet* Woody Holton, 2021-10-19 A “deeply researched and bracing retelling” (Annette Gordon-Reed, Pulitzer Prize-winning historian) of the American Revolution, showing how the Founders were influenced by overlooked Americans—women, Native Americans, African Americans, and religious dissenters. Using more than a thousand eyewitness records, *Liberty Is Sweet* is a “spirited account” (Gordon S. Wood, Pulitzer Prize-winning author of *The Radicalism of the American Revolution*) that explores countless connections between the Patriots of 1776 and other Americans whose passion for freedom often brought them into conflict with the Founding Fathers. “It is all one story,” prizewinning historian Woody Holton writes. Holton describes the origins and crucial battles of the Revolution from Lexington and Concord to the British surrender at Yorktown, always focusing on marginalized Americans—enslaved Africans and African Americans, Native Americans, women, and dissenters—and on overlooked factors such as weather, North America’s unique geography, chance, misperception, attempts to manipulate public opinion, and (most of all) disease. Thousands of enslaved Americans exploited the chaos of war to obtain their own freedom, while others were given away as enlistment bounties to whites. Women provided material support for the troops, sewing clothes for soldiers and in some cases taking part in the fighting. Both sides courted native people and mimicked their tactics. *Liberty Is Sweet* is a “must-read book for understanding the founding of our nation” (Walter Isaacson, author of *Benjamin Franklin*), from its origins on the frontiers and in the Atlantic ports to the creation of the Constitution. Offering surprises at every turn—for example, Holton makes a convincing case that Britain never had a chance of winning the war—this majestic history revivifies a story we thought we already knew.

origins birth and wellness collective: *Harlem Grown* Tony Hillery, 2020-08-18 As featured on *Humans of New York* “Hartland’s joyful folk-art illustrations bop from the gray-toned jazzy vibrancy of a bustling city neighborhood to the colorful harvest of a lush urban farm.” —The New York Times “An inspiring picture book for youngsters with meaningful ties to the environment, sustainability, and community engagement.” —Booklist Discover the incredible true story of *Harlem Grown*, a lush garden in New York City that grew out of an abandoned lot and now feeds a neighborhood. Once In a big city called New York In a bustling neighborhood There was an empty lot. Nevaeh called it the haunted garden. *Harlem Grown* tells the inspiring true story of how one man made a big difference in a neighborhood. After seeing how restless they were and their lack of healthy food options, Tony Hillery invited students from an underfunded school to turn a vacant lot into a beautiful and functional farm. By getting their hands dirty, these kids turned an abandoned space into something beautiful and useful while learning about healthy, sustainable eating and collaboration. Five years later, the kids and their parents, with the support of the *Harlem Grown* staff, grow thousands of pounds of fruits and vegetables a year. All of it is given to the kids and their families. The incredible story is vividly brought to life with Jessie Hartland’s “charmingly busy art” (Booklist) that readers

will pore over in search of new details as they revisit this poignant and uplifting tale over and over again. Harlem Grown is an independent, not-for-profit organization. The author's share of the proceeds from the sale of this book go directly to Harlem Grown.

origins birth and wellness collective: From Neurons to Neighborhoods National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on Integrating the Science of Early Childhood Development, 2000-11-13 How we raise young children is one of today's most highly personalized and sharply politicized issues, in part because each of us can claim some level of expertise. The debate has intensified as discoveries about our development-in the womb and in the first months and years-have reached the popular media. How can we use our burgeoning knowledge to assure the well-being of all young children, for their own sake as well as for the sake of our nation? Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues. The committee issues a series of challenges to decision makers regarding the quality of child care, issues of racial and ethnic diversity, the integration of children's cognitive and emotional development, and more. Authoritative yet accessible, From Neurons to Neighborhoods presents the evidence about brain wiring and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.

origins birth and wellness collective: Are Generational Categories Meaningful Distinctions for Workforce Management? National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Board on Behavioral, Cognitive, and Sensory Sciences, Committee on the Consideration of Generational Issues in Workforce Management and Employment Practices, 2020-11-21 Headlines frequently appear that purport to highlight the differences among workers of different generations and explain how employers can manage the wants and needs of each generation. But is each new generation really that different from previous ones? Are there fundamental differences among generations that impact how they act and interact in the workplace? Or are the perceived differences among generations simply an indicator of age-related differences between older and younger workers or a reflection of all people adapting to a changing workplace? Are Generational Categories Meaningful Distinctions for Workforce Management? reviews the state and rigor of the empirical work related to generations and assesses whether generational categories are meaningful in tackling workforce management problems. This report makes recommendations for directions for future research and improvements to employment practices.

origins birth and wellness collective: The Evolved Nest Darcia Narvaez, PhD, G. A. Bradshaw, PhD, 2023-08-08 A fascinating look into nurturing and parenting in the natural world, supplemented with original illustrations For readers of Becoming Animal and World of Wonders A beautiful resource for Nature advocates, parents-to-be, Animal lovers, and anyone who seeks to restore wellbeing on our planet, The Evolved Nest reconnects us to lessons from the Animal world and shows us how to restore wellness in our families, communities, and lives. Each of 10 chapters explores a different animal's parenting model, sharing species-specific adaptations that allow each to thrive in their "evolved nests." You'll learn: How Wolves build an internal moral compass How Beavers foster a spirit of play in their children How Octopuses develop emotional and social intelligence How, when, and whether (or not) Brown Bears decide to have children What their lessons can teach you-whether you're a parent, grandparent, caregiver, or childfree Psychologists Drs. Darcia Narvaez and Gay Bradshaw show us how each evolved nest offers inspiration for reexamining our own systems of nurturing, understanding, and caring for our young and each other. Alongside beautiful illustrations, stunning scientific facts, and lessons in neuroscience, psychology, and evolutionary biology, we learn to care deeper: to restore our innate place within the natural world and fight for an ecology of life that supports our flourishing in balance with Nature alongside our human and non-human family.

origins birth and wellness collective: Return of the Golden Age Edward F. Malkowski,

2013-12-17 The truth behind ancient myths and the return of the celestial conditions for a Golden Age of peace and abundance • Reveals the events preserved in myth that launched humanity into 12,000 years of struggle, selfishness, and false beliefs • Explores how we can initiate a new Golden Age through ancient Egyptian teachings on the creative power of our imaginations • Explains how our world system of economics, which benefits a few at the expense of the many, arose as a reaction to global catastrophe in prehistory Since the beginning of recorded history humanity has been in a continuous struggle over land and resources. It continues today despite the abundance we have created through scientific innovation and technology. Why such a struggle for resources exists has never been explained. Neither has the human drive to own, accumulate, and hoard. Edward Malkowski reveals that the answer lies in recognizing the reality behind humanity's earliest myths. He shows that the opportunity is at hand to transcend these inherited selfish traits and return to a Golden Age of peace and abundance. Malkowski explores the hidden meaning behind stories such as the Epic of Gilgamesh, Plato's Atlantis, and myths of a new sky and a new sun, of great floods and the death of the gods, and of the preceding Golden Age. He connects these myths to a real extinction event that occurred 12,000 years ago. He explains how the survivors--our ancestors--were catapulted from utopia into a world of scarcity, scarring the collective mind of humanity and initiating the struggle for resources in an attempt to regain our lost paradise. He shows how our world system of economics, focused on ownership and based on the false belief of separateness--benefitting a few at the expense of the many--arose as a reaction to this catastrophe. Drawing on the pre-catastrophe teachings preserved by the ancient Egyptians, Malkowski reveals that we are returning to a celestial configuration parallel to that of the past Golden Age. Through our collective DNA memory and the creative power of our imaginations, we can end our 12,000-year quest to regain paradise lost and launch a new Golden Age of unity, abundance, and equality for all humanity.

origins birth and wellness collective: *Mental Health* , 2001

origins birth and wellness collective: *Slave Species of the Gods* Michael Tellinger, 2012-09-10 Our origins as a slave species and the Anunnaki legacy in our DNA • Reveals compelling new archaeological and genetic evidence for the engineered origins of the human species, first proposed by Zecharia Sitchin in *The 12th Planet* • Shows how the Anunnaki created us using pieces of their own DNA, controlling our physical and mental capabilities by inactivating their more advanced DNA • Identifies a recently discovered complex of sophisticated ruins in South Africa as the city of the Anunnaki leader Enki Scholars have long believed that the first civilization on Earth emerged in Sumer some 6,000 years ago. However, as Michael Tellinger reveals, the Sumerians and Egyptians inherited their knowledge from an earlier civilization that lived at the southern tip of Africa and began with the arrival of the Anunnaki more than 200,000 years ago. Sent to Earth in search of life-saving gold, these ancient Anunnaki astronauts from the planet Nibiru created the first humans as a slave race to mine gold--thus beginning our global traditions of gold obsession, slavery, and god as dominating master. Revealing new archaeological and genetic evidence in support of Zecharia Sitchin's revolutionary work with pre-biblical clay tablets, Tellinger shows how the Anunnaki created us using pieces of their own DNA, controlling our physical and mental capabilities by inactivating their more advanced DNA--which explains why less than 3 percent of our DNA is active. He identifies a recently discovered complex of sophisticated ruins in South Africa, complete with thousands of mines, as the city of Anunnaki leader Enki and explains their lost technologies that used the power of sound as a source of energy. Matching key mythologies of the world's religions to the Sumerian clay tablet stories on which they are based, he details the actual events behind these tales of direct physical interactions with "god," concluding with the epic flood--a perennial theme of ancient myth--that wiped out the Anunnaki mining operations. Tellinger shows that, as humanity awakens to the truth about our origins, we can overcome our programmed animalistic and slave-like nature, tap in to our dormant Anunnaki DNA, and realize the longevity and intelligence of our creators as well as learn the difference between the gods of myth and the true loving God of our universe.

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