

millers nursing for wellness in older adults

Miller's Nursing for Wellness in Older Adults: A Comprehensive Guide

Are you a nursing student, a practicing nurse, or simply someone passionate about the well-being of older adults? Then you've come to the right place. This comprehensive guide delves into the principles of Miller's nursing for wellness in older adults, exploring its key concepts, applications, and the profound impact it has on improving the quality of life for our aging population. We'll unpack the framework, offer practical examples, and address common challenges encountered in this specialized area of nursing. Get ready to enhance your understanding of geriatric care and empower yourself to provide exceptional care to older adults.

Understanding Miller's Nursing Framework for Older Adults

Miller's nursing model, specifically applied to geriatric care, emphasizes a holistic and person-centered approach. It moves beyond simply treating illness to fostering wellness and maximizing the potential for healthy aging. Instead of focusing solely on disease management, this framework prioritizes the individual's strengths, capabilities, and overall well-being. It recognizes that older adults are not just a collection of ailments but complex individuals with rich life experiences, unique needs, and inherent resilience. This holistic view encompasses physical, emotional, social, and spiritual dimensions, recognizing the interconnectedness of these facets in overall health.

Key Principles of Miller's Geriatric Nursing Model

Several core principles underpin Miller's nursing approach for older adults:

Individualized Care: This is paramount. Each older adult is unique, with a distinct history, lifestyle, and set of preferences. Care plans must be tailored to meet individual needs, considering personal values, cultural backgrounds, and cognitive abilities. A "one-size-fits-all" approach is ineffective and can even be detrimental.

Promoting Independence and Self-Care: Maintaining independence is crucial for preserving dignity and enhancing quality of life. Miller's model emphasizes strategies to support self-care, focusing on abilities rather than limitations. This includes encouraging participation in daily activities, adapting the environment for safety and accessibility, and providing appropriate assistive devices.

Holistic Assessment: A thorough assessment considers the whole person – physical health,

cognitive function, emotional state, social connections, and spiritual beliefs. This comprehensive approach enables nurses to identify potential issues early on and develop effective interventions that address multiple aspects of the individual's well-being.

Strength-Based Approach: Miller's model highlights the strengths and capabilities of older adults, focusing on what they can do rather than what they cannot. This positive approach fosters a sense of empowerment and self-efficacy, boosting morale and promoting active participation in their care.

Collaboration and Teamwork: Effective geriatric care often requires a multidisciplinary approach. Nurses working within Miller's framework actively collaborate with physicians, therapists, social workers, family members, and other healthcare professionals to ensure comprehensive and coordinated care.

Practical Applications of Miller's Model in Geriatric Nursing

The principles of Miller's model translate into various practical applications in daily nursing practice. For example:

Developing individualized care plans: This involves thorough assessments, goal setting based on individual strengths and needs, and ongoing evaluation and adaptation of the care plan.

Promoting physical activity and mobility: Tailored exercise programs, adapted to individual capabilities, can help maintain muscle strength, improve balance, and prevent falls.

Managing chronic conditions: This involves not only medication management but also education, support, and strategies for self-management to empower older adults to actively participate in their care.

Addressing cognitive and emotional challenges: This may involve implementing memory aids, providing emotional support, and collaborating with mental health professionals as needed.

Facilitating social interaction and engagement: Encouraging participation in social activities, connecting individuals with support groups, and fostering meaningful relationships contribute to overall well-being.

Spiritual care: Recognizing and respecting the spiritual beliefs and practices of older adults is crucial for providing holistic care. This can involve listening attentively, offering support, and facilitating connections with spiritual leaders if desired.

Challenges and Considerations in Implementing Miller's Model

While Miller's framework offers a powerful approach to geriatric nursing, several challenges exist:

Time constraints: Providing truly individualized, holistic care can be time-consuming, particularly in busy healthcare settings.

Resource limitations: Access to specialized services and equipment can be a barrier, particularly in underserved communities.

Interprofessional collaboration: Effective teamwork requires clear communication, shared goals, and a willingness to collaborate across disciplines.

Maintaining patient autonomy: Balancing patient autonomy with safety and well-being can be challenging, especially when cognitive impairment is present.

Conclusion

Miller's nursing for wellness in older adults provides a robust framework for providing high-quality, person-centered care. By embracing its core principles – individualized care, promotion of independence, holistic assessment, and strength-based approaches – nurses can significantly improve the quality of life for older adults and enhance their overall well-being. While challenges exist, the benefits of this approach are undeniable, making it an essential component of effective geriatric nursing practice.

FAQs

1. How does Miller's model differ from other geriatric nursing models? Miller's model distinguishes itself through its strong emphasis on wellness, a holistic perspective incorporating the spiritual dimension, and a proactive, strength-based approach that empowers older adults. Other models might focus more narrowly on disease management or specific aspects of aging.
1. Can Miller's model be applied to all older adults, regardless of their health status? Yes, the core principles are adaptable to diverse populations, though the specific application will vary depending on individual needs and capabilities. Even individuals with severe health challenges can benefit from the holistic perspective and strength-based focus.
1. What role does family involvement play in Miller's model? Family involvement is crucial. Nurses collaborate with families to understand the individual's preferences, support their participation in care, and provide education and resources to assist them in caring for their loved ones.

1. How can nurses overcome time constraints when implementing Miller's model?
Effective time management, prioritization, and the use of assistive technologies can help nurses provide holistic care within time constraints. Efficient documentation and interprofessional collaboration can also improve efficiency.

1. Where can I find more resources on Miller's nursing for wellness in older adults?
Further research can be conducted through reputable nursing journals, textbooks focusing on geriatric nursing, and professional organizations dedicated to geriatric care. Many universities and colleges offering nursing programs also have resources available.

millers nursing for wellness in older adults: Nursing for Wellness in Older Adults Carol A. Miller, 2009 Now in its Fifth Edition, this text provides a comprehensive and wellness-oriented approach to the theory and practice of gerontologic nursing. Organized around the author's unique functional consequences theory of gerontologic nursing, the book explores normal age-related changes and risk factors that often interfere with optimal health and functioning, to effectively identify and teach health-promotion interventions. The author provides research-based background information and a variety of practical assessment and intervention strategies for use in every clinical setting. Highlights of this edition include expanded coverage of evidence-based practice, more first-person stories, new chapters, and clinical tools such as assessment tools recommended by the Hartford Institute of Geriatric Nursing.

millers nursing for wellness in older adults: Miller's Nursing for Wellness in Older Adults Sandra Hirst, Annette Lane, Carol A. Miller, 2015

millers nursing for wellness in older adults: *Nursing for Wellness in Older Adults* Carol A. Miller, 2018-01-10 Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This text covers the theory and practice of wellness-oriented gerontological nursing, addressing both physiologic and psychosocial aspects of aging. Organized around the author's unique Functional Consequences Theory, the book explores age-related changes as well as the risk factors that often interfere with optimal health and functioning. Key features include: NEW! Technology to Promote Wellness in Older Adults boxes describe examples of technology-based interventions that can be effective for promoting wellness for older adults. NEW! Interprofessional Collaboration (IPC) material, which is found in boxes or is highlighted with orange bars in the margins, indicates the responsibilities of nurses to collaborate with other professionals and paraprofessionals in health care and community-based settings when caring for older adults. NEW! Global Perspective boxes provide examples of the various ways in which health care professionals in other countries provide care for older adults. NEW! Unfolding Patient Stories, written by the National League for Nursing, are an engaging way to begin meaningful conversations in the classroom. These vignettes, which open each unit, feature patients from Wolters Kluwer's vSim for Nursing | Gerontology (co-developed with Laerdal Medical) and DocuCare products; however, each Unfolding Patient Story in the book stands alone, not requiring purchase of these products. For your convenience, a list of these case studies, along with their location in the book, appears in the "Case Studies in This Book" section later in this frontmatter. NEW! Transitional Care Unfolding Case Studies, which unfold across Chapters 27 through 29, to illustrate ways in which nurses can provide effective transitional care to an older adult whose progressively worsening condition requires that

her needs be met in several settings. For your convenience, a list of these case studies, along with their location in the book, appears in the “Case Studies in This Book” section later in this frontmatter. Updated unfolding case studies illustrate common experiences of older adults as they progress from young-old to old-old and are affected by combinations of age-related changes and risk factors. Evidence-based information is threaded through the content and summarized in boxes in clinically oriented chapters. Assessment and intervention guidelines help nurses identify and address factors that affect the functioning and quality of life of older adults. Nursing interventions focus on teaching older adults and their caregivers about actions they can take to promote wellness. Case studies include content on transitional care, interprofessional collaboration, and QSEN!

millers nursing for wellness in older adults: Miller's Nursing for Wellness in Older Adults Carol A. Miller, Sharyn Hunter, 2012 A holistic view of the health care needs of older adults Nursing for Wellness in Older Adults uses a well-being approach to the theory and practice of gerontological nursing that deals with both physiological and psychosocial aspects of aging. The text includes progressive case studies in a variety of care settings to help students link theory to practice. Australia and New Zealand cultural, social and legislative considerations are included throughout.

millers nursing for wellness in older adults: **Miller's Nursing for Wellness in Older Adults** Sandra Hirst, Annette Lane, Carol A. Miller, 2015

millers nursing for wellness in older adults: *Nursing for Wellness in Older Adults* Carol A. Miller, 2004 Nursing for Wellness in Older Adults emphasizes health promotion in relation to the physiological and psychosocial aspects of aging. The functional consequences theory, which looks at how normal age-related changes and risk factors intersect to impact functioning in older adults, forms the framework for the book. Assessment boxes summarize questions and techniques used to assess various aspects of the older adult's functioning. Intervention boxes contain practical suggestions for maximizing function and promoting health. Other features include progressive case studies; lists of organizations to contact for additional information and for patient/client teaching tools; culture boxes and diversity notes, which highlight culture, race, and gender differences; and critical thinking exercises. Additional resources are available at the Connection Website, connection.LWW.com/go/miller.

millers nursing for wellness in older adults: *Nursing Care of Older Adults* Carol A. Miller, 1995

millers nursing for wellness in older adults: Miller's Nursing for Wellness in Older Adults Sandra P. Hirst, Annette M. Lane, Carol A. Miller, 2015-02 Based on: Nursing for wellness in older adults / Carol A. Miller. 7th ed. 2015.

millers nursing for wellness in older adults: *Leisure and Aging* Heather Julie Gibson, Jerome F. Singleton, 2012 Leisure and Aging: Theory and Practice provides students and professionals with a balanced perspective of current knowledge as it presents cutting-edge research in both fields. Supplemented by online ancillaries, this text offers a wealth of knowledge on various aspects of life for older people and the role of leisure in their lives.

millers nursing for wellness in older adults: Aging Well Jean Galiana, William A. Haseltine, 2019-03-20 This open access book outlines the challenges of supporting the health and wellbeing of older adults around the world and offers examples of solutions designed by stakeholders, healthcare providers, and public, private and nonprofit organizations in the United States. The solutions presented address challenges including: providing person-centered long-term care, making palliative care accessible in all healthcare settings and the home, enabling aging-in-place, financing long-term care, improving care coordination and access to care, delivering hospital-level and emergency care in the home and retirement community settings, merging health and social care, supporting people living with dementia and their caregivers, creating communities and employment opportunities that are accessible and welcoming to those of all ages and abilities, and combating the stigma of aging. The innovative programs of support and care in Aging Well serve as models of excellence that, when put into action, move health spending toward a sustainable path and greatly contribute to the well-being of older adults.

millers nursing for wellness in older adults: Nursing Outcomes Doran, 2010-05-24 physical edition. Nursing Outcomes: State of the Science is an invaluable resource for nurse researchers, scholars, and health care professionals committed to effective, quality nursing care as evidenced by nursing-sensitive outcomes measurement. This text concentrates on outcome indicators which focus on how patients and their conditions are affected by their interaction with nursing staff. Each chapter includes a concept analysis of the outcome concept; then defining characteristics are identified and a conceptual definition is proposed. Factors that influence the outcome concept are discussed, as well as the consequences for clients' health and well-being. The strength of the evidence is reviewed concerning the sensitivity of the outcome concept to nursing structure variables and nursing/processes interventions. The author offers a comprehensive synthesis of the literature, critically reviews the quality of the evidence, and provides direction for the selection of outcome variables

millers nursing for wellness in older adults: Interdisciplinary Nutritional Management and Care for Older Adults Ólöf G. Geirsdóttir, 2021 Intro -- Foreword -- Acknowledgements -- Contents -- Part I: Nutritional Care in Geriatrics -- 1: Overview of Nutrition Care in Geriatrics and Orthogeriatrics -- 1.1 Defining Malnutrition -- 1.2 Nutrition Care in Older Adults: A Complex and Necessary Challenge -- 1.3 Malnutrition: A Truly Wicked Problem -- 1.4 Building the Rationale for Integrated Nutrition Care -- 1.5 Managing the Wicked Nutrition Problems with a SIMPLE Approach (or Other Tailored Models) -- 1.5.1 Keep It SIMPLE When Appropriate -- 1.5.2 A SIMPLE Case Example -- 1.5.2.1 S-Screen for Malnutrition -- 1.5.2.2 I-Interdisciplinary Assessment -- 1.5.2.3 M-Make the Diagnosis (es) -- 1.5.2.4 P-Plan with the Older Adult -- 1.5.2.5 L-Implement Interventions -- 1.5.2.6 E-Evaluate Ongoing Care Requirements -- 1.6 Bringing It All Together: Integrated Nutrition Care Across the Four Pillars of (Ortho) Geriatric Care -- 1.7 Summary: Finishing Off with a List of New Questions -- References -- Recommended Reading -- 2: Nutritional Requirements in Geriatrics -- 2.1 Nutritional Recommendations for Older Adults, Geriatric and Orthogeriatric Patients -- 2.2 Nutritional Recommendations for Older Adults -- 2.2.1 Energy Requirement and Recommended Intake -- 2.2.2 Protein Requirement and Recommended Intake -- 2.2.3 Micronutrients and Dietary Fibers -- 2.3 Nutritional Risk Factors in Older Adults -- 2.4 Estimating Intake in Older Adults -- 2.5 Nutritional Status of Older Adults, Geriatric and Orthogeriatric Patients -- 2.6 Summary -- References -- Recommended Reading -- 3: Nutritional Assessment, Diagnosis, and Treatment in Geriatrics -- 3.1 The Nutrition Care Process -- 3.2 Nutritional Screening/Risk Detection -- 3.3 Nutritional Assessment and Diagnosis -- 3.3.1 Nutrition Impact Symptoms -- 3.3.2 Nutritional Diagnosis -- 3.3.3 Etiologic Criteria.

millers nursing for wellness in older adults: Families Caring for an Aging America National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Family Caregiving for Older Adults, 2016-12-08 Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults.

millers nursing for wellness in older adults: Health Assessment in Nursing Janet Weber, Jane Kelley, Ann Sprengel, 2009-10-01 Specifically designed to match the content in Health Assessment in Nursing, Fourth Edition, this lab manual will help students practice and apply the information they learn in their physical assessment course.

millers nursing for wellness in older adults: Fast Facts for Dementia Care Carol A. Miller,

MSN, RN-BC, 2012-05-17 This newest addition to the Fast Facts series is a succinct guide for nurses in adult health clinical settings on how to provide person-centered care for patients who have dementia as a concurrent condition. With an easy-access format, it offers the most up-to-date information on dementia and provides strategies for clinical management that facilitate the nurse's work while improving care for patients. The book presents specific care strategies for all stages of dementia and emphasizes relatively simple interventions that nurses can incorporate into their care plans to prevent problems or address them before they escalate. The guide distinguishes between dementia and conditions that mimic dementia, discusses issues related to specific care settings, presents person-centered strategies for families and care partners, and covers the assessment and management of pain, safety concerns, communication strategies, and ethical and legal issues. It additionally provides numerous resources that nurses can offer to caregivers. Fast Facts for Dementia Care will serve as a daily companion for all clinical nurses who work with older patients in any setting, including the emergency room, medical-surgical unit, medical office, and community mental health settings. Key Features: Easy to use and carry in all patient settings Provides communication techniques for different stages of dementia Describes numerous interventions for addressing issues such as pain, safety, behaviours, and ADLs Includes the "Fast Facts in a Nutshell" feature for quick reference Illustrates content with case vignettes

millers nursing for wellness in older adults: Public Health Nursing: Practicing Population-Based Care Marie Truglio-Londrigan, Sandra B. Lewenson, 2017-07-05 Public Health Nursing: Practicing Population-Based Care, Third Edition is a comprehensive resource for students and faculty interested in public health nursing and education.

millers nursing for wellness in older adults: Role Development in Professional Nursing Practice Kathleen Masters, 2014 Role Development in Professional Nursing Practice, Third Edition examines the progression of the professional nursing role and provides students with a solid foundation for a successful career. This essential resource includes recommendations from current research and utilizes a comprehensive competency model as its framework. Key Features: * Incorporates the Nurse of the Future (NOF): Nursing Core Competencies, based on the AACN's Essentials of Baccalaureate Education, the IOM's Future of Nursing Report, and QSEN competencies, throughout the text * Competency Boxes highlight knowledge, skills, and abilities (KSA) required of the professional nurse * Includes new case studies and content congruent with recommendations from the Carnegie Foundation and the Institute of Medicine * Provides updated information on evidence-based research, informatics, legal issues, the healthcare delivery system, and future directions Accompanied by Instructor Resources: * Save time with a Test Bank and sample syllabi * Encourage critical thinking using sample professional development assignments * Plan classroom lectures using PowerPoint Presentations created for each chapter Navigate eFolio: Role Development in Professional Nursing Practice, a fully supported and hosted online learning solution featuring an ebook and course management tools is also available for this text. Navigate eFolio transforms how students learn and instructors teach by bringing together authoritative and interactive content aligned to course objectives, with student practice activities and assessments, an ebook, and reporting tools For more information visit go.jblearning.com/Mastersefolio.

millers nursing for wellness in older adults: Health Assessment in Nursing Janet Weber, Jane Kelley, 2003-01 Bonus: New FREE CD-ROM features interactive case studies, health promotion schedules & guidelines and special checklists and tools for domestic violence, pain and mental health assessment. Now in its Second Edition, this ideal text for nursing students features physical examination, history taking and health status assessment. Newly formulated into vertically set three portrait columns, its distinguishing emphasis on analysis of collected data and coverage of practical applications is clearly presented and user-friendly. Additional chapters include geriatrics and information on why and how to incorporate cultural, familial and community data into a patient assessment. Newly designed Risk Factor Displays list possible and actual risk factors, risk reduction tips and cultural considerations. A free CD-ROM of head-to-toe assessment is in the back of the book. A separate lab manual and a companion website on connection are also available.

millers nursing for wellness in older adults: Gerontological Nursing: Competencies for Care

Kristen L. Mauk, 2010-10-25 Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. Gerontological Nursing: Competencies for Care, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

millers nursing for wellness in older adults: Multidisciplinary Perspectives on Aging

Lynn M. Tepper, MA, MS, EDM, EdD, Thomas M. Cassidy, MAg, 2004-09-28 In this multidisciplinary text, noted leaders from a variety of fields provide students and professionals with a big picture approach to the best possible care for today's growing aging population. Addressing the extensive concerns that have arisen out of an increased life expectancy and the 'elder-boom' of aging baby boomers, the contributors point to changing care and housing needs; health, mental health, and wellness concerns; and financial, ethical, and legal issues in elder care. Contributors include Eileen Chichin, Catherine DeLorey, Marshall Kapp, Gary Kennedy, William Smith, Patricia Miller, and Thomas Campbell Jackson.

millers nursing for wellness in older adults: Evidence-Based Geriatric Nursing

Protocols for Best Practice Marie Boltz, PhD, RN, GNP-BC, FGSA, FAAN, Elizabeth Capezuti, PhD, RN, FAAN, Terry T. Fulmer, PhD, RN, FAAN, DeAnne Zwicker, DrNP, APRN, BC, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital, long-term, and community settings delivers current guidelines, real-life case studies, and evidence-based protocols developed by master educators and practitioners. With a focus on improving quality of care, cost-effectiveness, and outcome, the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients. Several new expert contributors present current guidelines about hip fractures, frailty, perioperative and postoperative care, palliative care, and senior-friendly emergency departments. Additionally, chapters have been reorganized to enhance logical flow of content and easy information retrieval. Protocols, systematically tested by more than 300 participating NICHE (Nurses Improving Care for Health system Elders) hospitals, are organized in a consistent format and include an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, protocols are embedded within chapter text, providing the context and detailed evidence for each. Chapter objectives, annotated references, and evidence ratings for each protocol are provided along with resources for additional study. New to the Fifth Edition: Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care, general surgical care, care of hip fracture, palliative care, and the senior-friendly emergency department Key Features: Includes PowerPoints and a test bank for instructors Delivers evidence-based, current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

millers nursing for wellness in older adults: Retooling for an Aging America

Institute of Medicine, Board on Health Care Services, Committee on the Future Health Care Workforce for Older Americans, 2008-08-27 As the first of the nation's 78 million baby boomers begin reaching age 65 in 2011, they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs. Retooling for an Aging America calls for bold initiatives starting

immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers, who currently receive little or no training in how to tend to their aging loved ones. The book also recommends that Medicare, Medicaid, and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides. Educators and health professional groups can use *Retooling for an Aging America* to institute or increase formal education and training in geriatrics. Consumer groups can use the book to advocate for improving the care for older adults. Health care professional and occupational groups can use it to improve the quality of health care jobs.

millers nursing for wellness in older adults: *Understanding Nursing Research* Nancy Burns, Susan K. Grove, 2003 This leading textbook of nursing research, written by two of the most renowned experts in the field, is now published in full-colour, and this, the 4th edition has now been updated throughout to reflect today's evidence-based practice.

millers nursing for wellness in older adults: *The Mental Health and Substance Use Workforce for Older Adults* Institute of Medicine, Board on Health Care Services, Committee on the Mental Health Workforce for Geriatric Populations, 2012-10-26 At least 5.6 million to 8 million-nearly one in five-older adults in America have one or more mental health and substance use conditions, which present unique challenges for their care. With the number of adults age 65 and older projected to soar from 40.3 million in 2010 to 72.1 million by 2030, the aging of America holds profound consequences for the nation. For decades, policymakers have been warned that the nation's health care workforce is ill-equipped to care for a rapidly growing and increasingly diverse population. In the specific disciplines of mental health and substance use, there have been similar warnings about serious workforce shortages, insufficient workforce diversity, and lack of basic competence and core knowledge in key areas. Following its 2008 report highlighting the urgency of expanding and strengthening the geriatric health care workforce, the IOM was asked by the Department of Health and Human Services to undertake a complementary study on the geriatric mental health and substance use workforce. *The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands?* assesses the needs of this population and the workforce that serves it. The breadth and magnitude of inadequate workforce training and personnel shortages have grown to such proportions, says the committee, that no single approach, nor a few isolated changes in disparate federal agencies or programs, can adequately address the issue. Overcoming these challenges will require focused and coordinated action by all.

millers nursing for wellness in older adults: *Contemporary Perspectives on Ageism* Liat Ayalon, Clemens Tesch-Römer, 2018-05-22 This open access book provides a comprehensive perspective on the concept of ageism, its origins, the manifestation and consequences of ageism, as well as ways to respond to and research ageism. The book represents a collaborative effort of researchers from over 20 countries and a variety of disciplines, including, psychology, sociology, gerontology, geriatrics, pharmacology, law, geography, design, engineering, policy and media studies. The contributors have collaborated to produce a truly stimulating and educating book on ageism which brings a clear overview of the state of the art in the field. The book serves as a catalyst to generate research, policy and public interest in the field of ageism and to reconstruct the image of old age and will be of interest to researchers and students in gerontology and geriatrics.

millers nursing for wellness in older adults: *Gerontological Nursing* Caroline Vafeas, Susan Slatyer, 2020-07-31 This first edition Australian text aligns nursing care principles and practice to the unique requirements of older people. Written by leading academics and clinicians, *Gerontological Nursing: A holistic approach to the care of older people* covers the essential skills of gerontological care with a focus on chronic diseases, neurocognitive disorders, mental health, quality of life and healthy ageing, palliative care and bereavement, safety issues, and the role of the caregiver. As nurses play an ever more critical role in supporting the needs of an ageing population, this essential text will enable nursing students to navigate the complexities of older people's healthcare, promote healthy ageing, and help people to live well. - End of chapter practice scenarios with questions - Tips for best practice - Focus on contemporary models of care and clinical

governance - Inclusion of most common chronic diseases affecting older adults including dementia, depression and delirium - Dedicated chapter on Safety and Security - Expert contributors from multiple Australian and New Zealand universities - Aligned to the Australian Aged Care Quality Standards as well as international standards and guidelines - An eBook included in all print purchases Additional resources on Evolve - eBook on VitalSource Instructor resources: - PowerPoints - MCQs Chapter worksheets

millers nursing for wellness in older adults: Patient Safety and Quality Ronda Hughes, 2008 Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043). - online AHRQ blurb, <http://www.ahrq.gov/qual/nursesfdbk/>

millers nursing for wellness in older adults: Clinical Case Studies for the Family Nurse Practitioner Leslie Neal-Boylan, 2011-11-28 Clinical Case Studies for the Family Nurse Practitioner is a key resource for advanced practice nurses and graduate students seeking to test their skills in assessing, diagnosing, and managing cases in family and primary care. Composed of more than 70 cases ranging from common to unique, the book compiles years of experience from experts in the field. It is organized chronologically, presenting cases from neonatal to geriatric care in a standard approach built on the SOAP format. This includes differential diagnosis and a series of critical thinking questions ideal for self-assessment or classroom use.

millers nursing for wellness in older adults: Designing for Older Adults Arthur D. Fisk, Wendy A. Rogers, Neil Charness, Sara J. Czaja, Joseph Sharit, 2004-01-14 As life expectancy increases, older workers and the retired form a large and growing proportion of the world's population. Professionals working to develop systems and environments need to better accommodate the user needs of the older adult. This new guide provides a practical introduction to human factors and the older adult. It considers the subject primarily from an engineering psychology perspective, heavily grounded in today's scientific knowledge. The authors show how current understanding of age-related issues of perception, cognition, and movement control can be applied in practice. They also provide a reference source with guidelines and advice for design issues ranging from lighting, computer input device selection, and web site design, to training program development and work task design. The text draws on research-oriented work and presents this in a form that can be used by the broad audience of product designers, health care practitioners, managers, and others who need answers to problems and require sound recommendations for design.

millers nursing for wellness in older adults: Taylor's Handbook of Clinical Nursing Skills Pamela Lynn, 2010-11-01 Taylor's Handbook of Clinical Nursing Skills is a step-by-step guide to basic and advanced nursing skills. This book will be a quick reference tool for review of cognitive and technical knowledge and will assist students and practicing nurses to provide safe and effective healthcare. It is an ideal companion to any nursing skills or nursing fundamentals text, including Lynn, Taylor's Clinical Nursing Skills and Taylor, Fundamentals of Nursing: The Art and Science of Nursing Care.

millers nursing for wellness in older adults: Handbook of Stress, Coping, and Health Virginia Hill Rice, 2012 This is the first comprehensive Handbook to examine the various models of stress, coping, and health and their relevance to nursing and related health fields. No other volume provides a compendium of key issues in stress and coping for the nursing and allied health professions. In this new edition, the authors assemble a team of expert practitioners and scholars in the field to present the broad range of issues that relate to stress and health such as response-oriented stress, stimulus-oriented stress, stress, coping, .

millers nursing for wellness in older adults: Digital Social Work Lauri Goldkind, Lea Wolf,

Paul P. Freddolino, 2019 In a digitally powered society, social workers are frequently challenged to embrace new interventions and enhance existing strategies in order to effectively promote social justice. The cases in this volume present engaging examples of technology tools in use across micro, mezzo, and macro practice, thereby illuminating the knowledge, skills, and values required of those who practice social work 2.0.

millers nursing for wellness in older adults: Nutrition and Oral Health Gerry McKenna, 2021-09-24 This book explores in depth the relationships between nutrition and oral health. Oral health is an integral part of general health across the life course, and this book examines nutritional and oral health considerations from childhood through to old age, with particular attention focused on the consequences of demographic changes. Current knowledge on the consequences of poor diet for the development and integrity of the oral cavity, tooth loss, and the progression of oral diseases is thoroughly reviewed. Likewise, the importance of maintenance of a disease-free and functional dentition for nutritional well-being at all stages of life is explained. Evidence regarding the impact of oral rehabilitation on nutritional status is evaluated, and strategies for changing dietary behaviour in order to promote oral health are described. Nutrition and Oral Health will be an ideal source of information for all who are seeking a clearly written update on the subject.

millers nursing for wellness in older adults: Toward Healthy Aging Priscilla Ebersole, 2008 As the most comprehensive resource on health promotion and maintenance for older adults and their families and caregivers, Toward Healthy Aging, 7th Edition includes the most current information you need to provide effective holistic care, promote healthy lifestyle choices, and address end-of-life issues. Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing and using Maslow's hierarchy of needs, this book includes complete coverage of both common and uncommon conditions in the older adult. Towards Healthy Aging also highlights key aging issues with sections devoted to basic physiologic needs, safety and security, the need to belong, self-esteem, and self-actualization. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Careful attention to age, cultural, and gender differences are integrated throughout to help you remember these important considerations when caring for older adults. Up-to-date content on AIDS provides important information on addressing this growing concern among older adults. Consistent chapter organization with objectives, case studies, critical thinking questions, research, and study questions make information easy to find and use. Assessment guidelines are incorporated throughout in helpful tables, boxes, and forms for quick access. Case studies at the end of most chapters explore realistic patient care scenarios to help you expand your knowledge and understanding. Resource lists and appendices provide opportunities for further research and study. With over 200 illustrations, the full-color design is engaging and easy to read. Healthy People 2010 boxes address healthy aging considerations. Evidence-Based Practice boxes help you incorporate the latest research findings into practice and advise you on how to avoid potentially harmful practices. A Nutritional Needs chapter includes the most current nutritional guidelines for older adults to help you better address patients' nutritional needs. Includes the latest scales and guidelines for assessing the gerontologic patient in the Health Assessment in Gerontological Nursing chapter. Expanded coverage of end-of-life issues helps you meet the needs of older adults and their families and caregivers during this difficult transition. Economics of aging discussions help you better understand the financial challenges your patients may face. The latest pharmacologic and nonpharmacologic pain management information helps you reduce pain and discomfort for your patients and helps you provide more effective care.

millers nursing for wellness in older adults: Ask a Manager Alison Green, 2018-05-01 From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office

because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

millers nursing for wellness in older adults: Essentials of Patient Education Bastable, 2016-03-29 Essentials of Patient Education, Second Edition prepares nurses for their increasing role in patient teaching, health education and health promotion. Highly revised, the Second Edition focuses on the basic principles of teaching and learning by emphasizing the role of the professional nurse in educating patients and families effectively and efficiently in various healthcare settings. The Second Edition explores new topics of motor learning and gender differences in the brain as well as, the ethics of patient education and the legal role of the nurse as mandated by state practice. The text features completely revised chapter content and updated references that provide evidence from research and theoretical foundations which substantiate content throughout the text. -- Provided by publisher.

millers nursing for wellness in older adults: Gerontological Nursing Charlotte Eliopoulos, 2018 Focusing on the content that students need to know for effective practice, this text offers engaging, evidence-based coverage of the aging process, factors contributing to healthy aging, and unique aspects of disease presentation and management in older adults. Updated to help students meet the challenges of this increasingly diverse population, the ninth edition retains its acclaimed holistic approach through insightful coverage of the psychological, legal, ethical, and spiritual elements of patient care.--Page 4 de la couverture.

millers nursing for wellness in older adults: Nursing Today JoAnn Graham Zerwekh, Jo Carol Claborn, 1997

millers nursing for wellness in older adults: Health Literacy in Nursing Terri Ann Parnell, 2014-08-18 Print+CourseSmart

millers nursing for wellness in older adults: Essentials of Gerontological Nursing Meredith Wallace Kazer, PhD, APRN, A/GNP-BC, 2007-10-22 Essentials of Gerontological Nursing presents the best practices needed to care for older adults. Its brief, yet comprehensive, grasp of issues in elder care is a refreshing addition to the current literature, which is more commonly focused on theory than on clinical practice. Designed primarily for students in gerontological nursing courses in BSN and graduate programs, the book provides: Essential clinical information and best practices needed to care for older adults Current research and new patient approaches in gerontological nursing Overviews of rarely discussed issues, such as elder abuse, cultural considerations, and restraint alternatives Clinical specifications and practical applications Content designed to fit into a one-semester course Essentials of Gerontological Nursing is everything the nursing student needs to know when caring for older adults.

Additional Resources

millers nursing for wellness in older adults

[Millers Nursing For Wellness In Older Adults](#)

Millers Nursing For Wellness In Older Adults

Related Articles

- [needham visual complex analysis](#)
- [mike holt electrical exam prep 2020 answer key](#)
- [mixture separation lab answer key](#)

[Back to Home](#)