

lift wellness clinic jackson tn

Lift Wellness Clinic Jackson TN: Your Journey to a Healthier You

Are you searching for a top-notch wellness clinic in Jackson, TN, that truly understands your needs? Are you tired of feeling overwhelmed by confusing medical jargon and impersonal care? Then look no further! This comprehensive guide dives deep into Lift Wellness Clinic in Jackson, TN, exploring its services, philosophy, and what makes it stand out from the crowd. We'll cover everything you need to know to decide if Lift Wellness Clinic is the right fit for your wellness journey. Get ready to discover how Lift Wellness Clinic can help you achieve your health goals and live your best life.

Understanding Lift Wellness Clinic Jackson TN: More Than Just a Clinic

Lift Wellness Clinic Jackson TN isn't your typical medical facility. It's a holistic wellness center dedicated to providing personalized care that addresses the root causes of health issues, not just the symptoms. They take a proactive approach, empowering patients to take control of their well-being through a combination of innovative treatments and lifestyle guidance. This patient-centric philosophy sets them apart, offering a truly unique experience in the Jackson, TN healthcare landscape.

A Comprehensive Range of Services: Catering to Your Specific Needs

Lift Wellness Clinic Jackson TN offers a wide array of services designed to address a multitude of health concerns. These services are tailored to meet individual needs and preferences, ensuring a personalized approach to wellness. Some of their key offerings include:

1. IV Therapy: Rehydrate and revitalize your body with customized IV drips containing essential vitamins, minerals, and antioxidants. This effective treatment addresses dehydration, boosts energy levels, and supports overall well-being. Lift Wellness Clinic tailors these IV drips to address specific conditions and individual needs.
1. Botox and Fillers: Enhance your natural beauty with minimally invasive cosmetic procedures. Their expert injectors provide safe and effective Botox and filler treatments, helping you achieve a more youthful and refreshed appearance. They prioritize natural-looking results, ensuring you feel confident and comfortable in your own skin.

1. **Weight Management Programs:** Achieve your weight loss goals with personalized support and guidance. Their programs combine nutrition counseling, exercise recommendations, and potentially medication management to help you achieve sustainable weight loss and maintain a healthy lifestyle. They understand that weight loss is a journey, not a race, and provide ongoing support every step of the way.
1. **Hormone Replacement Therapy (HRT):** Balance your hormones and alleviate symptoms of hormonal imbalances with tailored HRT. They offer comprehensive hormone testing and personalized treatment plans to address issues like menopause, andropause, and other hormonal disorders. They prioritize safety and efficacy, working closely with patients to manage their hormone levels effectively.
1. **Wellness Shots:** Boost your immunity and overall wellness with a variety of targeted shots. These shots deliver essential nutrients and vitamins directly into your bloodstream, providing a quick and effective way to improve your health and energy levels. They offer a range of options to suit your specific needs, ensuring you receive the most benefit.
1. **Medical Aesthetics:** Beyond Botox and fillers, Lift Wellness Clinic often offers a range of other aesthetic treatments to help patients feel their best, including facials, micro-needling, and chemical peels. This comprehensive approach helps patients address both their internal and external health concerns.

The Lift Wellness Clinic Jackson TN Experience: Personalized Care and Exceptional Service

What truly sets Lift Wellness Clinic Jackson TN apart is its commitment to providing exceptional patient care. They take the time to understand your individual needs, goals, and concerns, crafting a personalized plan tailored specifically to you. Their friendly and knowledgeable staff create a welcoming and comfortable environment, making your visit a positive and empowering experience.

Finding Lift Wellness Clinic Jackson TN: Convenient Access to Wellness

Finding the clinic is straightforward. A simple online search for "Lift Wellness Clinic Jackson TN" will provide you with their exact address, contact information, and directions. Their website likely offers online booking capabilities, streamlining the scheduling process.

Conclusion: Invest in Your Well-being with Lift Wellness Clinic Jackson TN

Lift Wellness Clinic Jackson TN offers a unique and comprehensive approach to wellness, providing personalized care and a wide range of services to meet your individual needs. Their commitment to patient-centric care and innovative treatments makes them a leading choice for those seeking a healthier and happier life. Take the first step towards your wellness journey today!

Frequently Asked Questions (FAQs)

1. Does Lift Wellness Clinic Jackson TN accept insurance? It's best to contact the clinic directly to inquire about their insurance policies. They may accept some insurance plans or offer payment plans.
1. What are the clinic's hours of operation? Their hours of operation can be found on their website or by contacting them directly.
1. Do I need a referral to see a doctor at Lift Wellness Clinic? This will depend on the specific services you require. It's always best to call and confirm if a referral is needed for your chosen treatment.
1. What forms of payment does the clinic accept? Typically, clinics accept credit cards, debit cards, and potentially cash. It is best to contact the clinic to confirm their accepted payment methods.
1. What should I expect during my first appointment? Your first appointment will likely involve a consultation to discuss your health goals and concerns. This allows the clinic to develop a personalized treatment plan specifically tailored to your individual needs. You should come prepared to discuss your medical history and any relevant information.

lift wellness clinic jackson tn: Wound Care Carrie Sussman, Barbara M. Bates-Jensen, 2007
Designed for health care professionals in multiple disciplines and clinical settings, this comprehensive, evidence-based wound care text provides basic and advanced information on wound healing and therapies and emphasizes clinical decision-making. The text integrates the latest

scientific findings with principles of good wound care and provides a complete set of current, evidence-based practices. This edition features a new chapter on wound pain management and a chapter showing how to use negative pressure therapy on many types of hard-to-heal wounds. Technological advances covered include ultrasound for wound debridement, laser treatments, and a single-patient-use disposable device for delivering pulsed radio frequency.

lift wellness clinic jackson tn: Bone Health and Osteoporosis United States Public Health Service, Surgeon General of the United States, 2004-12 This first-ever Surgeon General's Report on bone health and osteoporosis illustrates the large burden that bone disease places on our Nation and its citizens. Like other chronic diseases that disproportionately affect the elderly, the prevalence of bone disease and fractures is projected to increase markedly as the population ages. If these predictions come true, bone disease and fractures will have a tremendous negative impact on the future well-being of Americans. But as this report makes clear, they need not come true: by working together we can change the picture of aging in America. Osteoporosis, fractures, and other chronic diseases no longer should be thought of as an inevitable part of growing old. By focusing on prevention and lifestyle changes, including physical activity and nutrition, as well as early diagnosis and appropriate treatment, Americans can avoid much of the damaging impact of bone disease and other chronic diseases. This Surgeon General's Report brings together for the first time the scientific evidence related to the prevention, assessment, diagnosis, and treatment of bone disease. More importantly, it provides a framework for moving forward. The report will be another effective tool in educating Americans about how they can promote bone health throughout their lives. This first-ever Surgeon General's Report on bone health and osteoporosis provides much needed information on bone health, an often overlooked aspect of physical health. This report follows in the tradition of previous Surgeon Generals' reports by identifying the relevant scientific data, rigorously evaluating and summarizing the evidence, and determining conclusions.

lift wellness clinic jackson tn: Orthopedic Surgery Clerkship Adam E. M. Eltorai, Craig P. Eberson, Alan H. Daniels, 2017-08-09 This quick-reference guide is the first book written specifically for the many third- and fourth-year medical students rotating on an orthopedic surgery service. Organized anatomically, it focuses on the diagnosis and management of the most common pathologic entities. Each chapter covers history, physical examination, imaging, and common diagnoses. For each diagnosis, the book sets out the typical presentation, options for non-operative and operative management, and expected outcomes. Chapters include key illustrations, quick-reference charts, tables, diagrams, and bulleted lists. Each chapter is co-authored by a senior resident or fellow and an established academic physician and is concise enough to be read in two or three hours. Students can read the text from cover to cover to gain a general foundation of knowledge that can be built upon when they begin their rotation, then use specific chapters to review a sub-specialty before starting a new rotation or seeing a patient with a sub-specialty attending. Practical and user-friendly, *Orthopedic Surgery Clerkship* is the ideal, on-the-spot resource for medical students and practitioners seeking fast facts on diagnosis and management. Its bullet-pointed outline format makes it a perfect quick-reference, and its content breadth covers the most commonly encountered orthopedic problems in practice.

lift wellness clinic jackson tn: Basketball Sports Medicine and Science Lior Laver, Baris Kocaoglu, Brian Cole, Amelia J. H. Arundale, Jeffrey Bytowski, Annunziato Amendola, 2020-10-05 This book is designed as a comprehensive educational resource not only for basketball medical caregivers and scientists but for all basketball personnel. Written by a multidisciplinary team of leading experts in their fields, it provides information and guidance on injury prevention, injury management, and rehabilitation for physicians, physical therapists, athletic trainers, rehabilitation specialists, conditioning trainers, and coaches. All commonly encountered injuries and a variety of situations and scenarios specific to basketball are covered with the aid of more than 200 color photos and illustrations. *Basketball Sports Medicine and Science* is published in collaboration with ESSKA and will represent a superb, comprehensive educational resource. It is further hoped that the book will serve as a link between the different disciplines and modalities involved in basketball care,

creating a common language and improving communication within the team staff and environment.

lift wellness clinic jackson tn: Changing the Face of Medicine , 2004 Changing the face of medicine, an exhibition that celebrates America's women physicians, premiered in the fall of 2003 at the National Library of Medicine. This calendar spotlights some of those women--their lives, their dreams, their accomplishments, and the challenges they faced in becoming physicians...-- Directors statement.

lift wellness clinic jackson tn: AIDS Information Sourcebook , 1991

lift wellness clinic jackson tn: AIDS Information Sourcebook Harold Robert Malinowsky, Gerald J. Perry, 1991 This updated and expanded third edition, featuring a new glossary of nearly 500 AIDS-related terms, is intended to provide health-care professionals, public information facilities and librarians with details of more than 900 AIDS-related organizations

lift wellness clinic jackson tn: Data Analytics and Applications of the Wearable Sensors in Healthcare Shabbir Syed-Abdul, Luis Fernandez Luque, Pei-Yun Sabrina Hsueh, Juan M. García-Gomez, Begoña Garcia-Zapirain, 2020-06-17 This book provides a collection of comprehensive research articles on data analytics and applications of wearable devices in healthcare. This Special Issue presents 28 research studies from 137 authors representing 37 institutions from 19 countries. To facilitate the understanding of the research articles, we have organized the book to show various aspects covered in this field, such as eHealth, technology-integrated research, prediction models, rehabilitation studies, prototype systems, community health studies, ergonomics design systems, technology acceptance model evaluation studies, telemonitoring systems, warning systems, application of sensors in sports studies, clinical systems, feasibility studies, geographical location based systems, tracking systems, observational studies, risk assessment studies, human activity recognition systems, impact measurement systems, and a systematic review. We would like to take this opportunity to invite high quality research articles for our next Special Issue entitled "Digital Health and Smart Sensors for Better Management of Cancer and Chronic Diseases" as a part of Sensors journal.

lift wellness clinic jackson tn: Roll Models Richard Holicky, 2004 I thought life was pretty much over. Paul Herman I was afraid people wouldn't see me for who I still was. Cathy Green I didn't need this to be a better person. Susan Douglas I wasn't sure I wanted to live "this way." Kevin Wolitzky The above four people and 49 more just like them went on to find high levels of success and lead satisfying lives. Together they tell 53 stories of moving forward to meet all the challenges, fears, obstacles, and problems common to the life-altering circumstances after spinal cord injury, and doing it without benefit of wealth, large settlements or solid health coverage. Ranging in age from 21 to 67, disabled from three to 48 years they share 931 years of disability experience. Roll Models is a valuable new resource for recently injured people and their families, and for nurses, therapists, psychologists and all other professionals who treat, work with and care for people with spinal cord injury. Straight from the horse's mouth, survivors explore their experiences with disability and answer many questions those in rehab are asking: Early Thoughts What were your thoughts immediately following injury? What were your initial thoughts and reactions regarding SCI and the future? The First Years What were your biggest fears during that first year or so? How did you get past those early fears? Changes, Obstacles and Solutions How much different are you now, compared to how you were before injury? What's been the biggest obstacle? How did you address these obstacles? Finding What Works What have been the most difficult things for you to deal with since injury? What's the worst thing about having an SCI and using a chair? What's been your biggest loss due to injury? Is SCI the worst thing that ever happened to you? Tell me something about your problem solving skills. How do you deal with stress? What do you do to relieve stress? Salvations, Turning Points and More Was there any one thing that was your salvation or key to your success? Was there a turning point for you when you began to feel things were going to get better? What personal factors, habits and beliefs have helped you the most? SCI and Meaning Do you find any meaning, purpose or lessons in your disability? Did any positive opportunities come your way because of your injury? What's your greatest accomplishment? What

are you most proud of? A wonderful roadmap with many alternate routes to living and thriving with SCI. Minna Hong, SCI survivor and Peer Support Coordinator/Vocational Liaison, Shepherd Center Avoids the trap of providing a "one size fits all mentality" and provides solutions as varied as the individuals used as examples. Accentuates the positives while not sugar coating the difficulties. Essential reading. Jeff Cressy SCI survivor and Director of Consumer and Community Affairs, SCI Project, Rancho Los Amigos A great resource for people as they venture out into the world, or search for meaning and a deeper, richer life. Filled with examples of real people and their real experiences. Terry Chase, ND, RN; SCI survivor; Patient & Family Education Program Coordinator, Craig Hospital A wonderful tool for the newly spinal cord injured individual, as well as the therapists and counselors working with them. This certainly hits the mark in capturing important survival strategies. Jack Dahlberg, SCI survivor, Past President of the National Spinal Cord Injury Association Artfully crafted and organized, Roll Models sensitively portrays life following spinal cord injury. Informative, creative, sensitive, as well as infused with humor and a kind heart. Recommended with my highest accolades. Lester Butt, Ph.D., ABPP, Director of the Department of Psychology, Craig Hospital

lift wellness clinic jackson tn: National Directory of Nonprofit Organizations , 1998

lift wellness clinic jackson tn: The Menopause Switch Carissa Alinat, 2020-07-08 The Menopause Switch was inspired by the successful protocol developed by the author in her private practice to help menopausal women manage their symptoms naturally. If your body has stopped responding to diets and exercise during midlife and everybody is telling you that it's normal, this easy-to-read book will show you how you can simply flip the switch to finally live a normal life again, reducing hot flashes, weight gain, insomnia, and the end of intimacy. Menopause is an unavoidable, natural phase of life which comes with its share of confusion. However, menopausal changes don't have to be dreaded. In The Menopause Switch, Dr. Carissa Alinat offers science-based facts that she translates into easy-to-follow, natural and actionable tips so that any woman suffering from menopause can easily regain the vitality and body of her youth. In stirring away from unproven silliness, the author focuses on real, effective, and natural solutions. Written with authority and her humorous demeanor, Dr. Carissa provides an outstanding tool to transitioning to a new and exciting phase. She details what happens, why it happens, and reveals the exact blueprint to living a more normal life, making The Menopause Switch a trusted step-by-step guide to treat yourself the way Mother Nature intended: Naturally. In The Menopause Switch you are about to find out: * What hormones are and do, explained in a clear and concise language that is actually entertaining.* What happens when your hormones go awry. * The exact blueprint to bring yourself back into balance.* How to address the root causes of your menopause problems, without relying on medication that often camouflages them. * What changes you can make before menopause to make menopause more manageable once it occurs. * What the stress hormone is and how it sabotages your chances to losing weight.* How to practice self love and stress reduction.* Why fat seems to gravitate around your waistline once you reach a certain age, and what exactly you can do about it.* The secret to effective weight loss after age 35.* Exactly what foods you should absolutely stay away from, and why you should never buy low-fat foods.* How to get in the mood for love again, and eliminate vaginal dryness, pain during sex, and increase your sex drive and ability to reach orgasms. * Which natural supplements you can take to regain your vitality after menopause. * How to get rid of sleep vampires and wake refreshed.* How to regain a youthful skin and soften age spots and acne that sometimes reappear during menopause. * What causes brittle nails and thinning hair, and what exactly you can actually do about it. * What 7 switches you can easily flip to regain sanity, and manage or eliminate your menopause symptoms.* and much more... * Also includes 27 delicious, quick, and easy-to-make recipes engineered by award-winning cookbook author Chef Gui Alinat, CEC You are probably looking for real solutions to such terrible annoyances as hot flashes, mood swings, weight gain, vaginal dryness, sleep issues, night sweats, lack of mental clarity, loss of breast fullness, thinning hair and dry skin... If so, you are not alone. In her private practice, Dr. Carissa helps dozens helps women every week regain their sanity. Better yet, she inspires and empowers

women to disrupt aging and live their best life past midlife. So if you are a woman on suffering from menopause, or if you are dreading that upcoming and unavoidable stage in your life, or even if you are a man interested in knowing what the woman in your life is going through, then scroll up, click the Buy now button, and begin your journey to wellness.

lift wellness clinic jackson tn: Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954 , 1997

lift wellness clinic jackson tn: Therapeutic Exercise Carolyn Kisner, Lynn Allen Colby, John Borstad, 2022-10-17 The premier text for therapeutic exercise Here is all the guidance you need to customize interventions for individuals with movement dysfunction. You'll find the perfect balance of theory and clinical technique—in-depth discussions of the principles of therapeutic exercise and manual therapy and the most up-to-date exercise and management guidelines.

lift wellness clinic jackson tn: Occupational Therapy in the Promotion of Health and Wellness Marjorie E. Scaffa, S. Maggie Reitz, Michael Pizzi, 2009-07-01 OCCUPATIONAL THERAPY IN the PROMOTION OF HEALTH and WELLNESS

lift wellness clinic jackson tn: Sourcebook of Occupational Rehabilitation Phyllis M. King, 2013-11-11 Experts from academia, clinical settings, and the business world pool their knowledge about work injury prevention and management in the new Sourcebook of Occupational Rehabilitation. The 22 contributions in this wide-ranging reference address aspects of the three primary areas of service delivery: prevention, assessment, and rehabilitation. The text takes a multidisciplinary viewpoint toward its subject in order to shed light on the mechanisms and management of work-related disorders. It boasts a wealth of current and in-depth information, and takes a practical 'applications approach' to rehabilitation

lift wellness clinic jackson tn: Khobar Towers: Tragedy and Response Perry D. Jamieson, 2008 This account of the Khobar Towers bombing tells the story of the horrific attack and the magnificent response of airmen doing their duty under nearly impossible circumstances. None of them view their actions as heroic, yet the reader will marvel at their calm professionalism. All of them say it was just their job, but the reader will wonder how they could be so well trained to act almost instinctively to do the right thing at the right time. None of them would see their actions as selfless, yet countless numbers refused medical attention until the more seriously injured got treatment. Throughout this book, the themes of duty, commitment, and devotion to comrades resoundingly underscore the notion that America's brightest, bravest, and best wear her uniforms in service to the nation. This book is more than heroic actions, though, for there is also controversy. Were commanders responsible for not adequately protecting their people? What should one make of the several conflicting investigations following the attack? Dr. Jamieson has not shied away from these difficult questions, and others, but has discussed them and other controversial judgments in a straightforward and dispassionate way that will bring them into focus for everyone. It is clear from this book that there is a larger issue than just the response to the bombing. It is the issue of the example set by America's airmen. Future airmen who read this book will be stronger and will stand on the shoulders of those who suffered and those who made the ultimate sacrifice.

lift wellness clinic jackson tn: A Healthy Old Age Stephanie Fallcreek, Molly Mettler, 1984-01-01 Provides the health care practitioner with information on how to design, implement, and evaluate health promotion programs for the elderly.

lift wellness clinic jackson tn: Chiropractic Technique David H. Peterson, Thomas F. Bergmann, 2002 The first-ever book to describe the rationale behind adjustment techniques for the spine, pelvis, and extremities, this NEW 2nd Edition offers thoroughly revised chapters, new illustrations, a reorganized layout, and extensive updates. The basic anatomical, biomechanical, and pathophysiological principles necessary for applying specific adjustive procedures are discussed in detail. It also offers a fundamental understanding of joint and body mechanics, as well as key evaluative tests and procedures, to help the reader evaluate, select, and utilize the most effective adjustive techniques. Coverage of chiropractic history provides a broad understanding of general concepts and practice. Theory and practice combine to make Chiropractic Technique, 2nd Edition a

must-have for anyone seeking a solid foundation in joint examination and chiropractic adjustment. The text is organized by joint system, focusing on practical anatomy, kinematics, evaluation, and technique for each system so each chapter can stand on its own as an independent discussion. Specific evaluative procedures demonstrate how to identify the characteristics of manipulable lesions. Background on the history of chiropractic provides an excellent foundation for joint examination and adjustive techniques. Extensive photos and line drawings vividly illustrate each technique. References throughout the book direct the reader to sources for more detailed information on chapter content. Mechanical principles are addressed, which help the reader understand differences between adjustive procedures and how each should be performed. A convenient list of joints and a joint index are included on the end sheets for quick, easy reference. Authors are well known and well-respected in the chiropractic field. All chapters have been revised and updated to include the latest information available. Joint anatomy and basic biomechanics coverage offers a more clinical focus in this Edition. A New Chapter on mobilization, traction, and soft tissue techniques presents these similar techniques in one chapter, organized according to development and slight variation, for a clear, objective look at each one. A new user-friendly layout arranges content and illustrations so information is accessible and the text is easy-to-read.

lift wellness clinic jackson tn: Working Mother , 2001-10 The magazine that helps career moms balance their personal and professional lives.

lift wellness clinic jackson tn: *Jesus and Modern Religion* Edwin Alfred Robert Rumball-Petre, 1908

lift wellness clinic jackson tn: Geriatric Dermatology R.A. Norman, 2020-08-26 Over the past few years the world's population has continued on its remarkable transition from a state of high birth and death rates to one characterized by low birth and death rates. Consequently, primary care physicians and dermatologists will see more elderly patients presenting age-related dermatological conditions. There has never been a better time for a book devoted entirely to skin care in the elderly. Geriatric Dermatology draws together a panel of experts who provide an overview of the diagnosis and treatment of geriatric skin diseases. It begins with a general review of the aging of the world's population and the major dermatological problems that often arise in elderly patients. An added benefit is the book's coverage of geriatric skin care in nursing homes, adult congregate living, and subacute and home health settings, a subject not always found in conventional dermatology texts. The book includes: A summary of the dermatological disorders frequently encountered in the elderly, including eczematous dermatitis, skin infections, and neoplasias. A description of the most common geriatric hair and scalp disorders, including graying, alopecia, and scalp psoriasis. Comprehensive coverage of the diagnosis and treatment of leg, foot, and nail diseases. Detailed discussion of the treatment of superficial mycoses, scabies, and pediculosis. Less common geriatric conditions such as blistering diseases. Major adverse drug reactions on the skin. Leg ulcers due to venous insufficiency, arterial diseases, and diabetic nephropathy. Diagnosis and treatment of diabetic complications of dermatology, such as scleroderma and dermatopathy. The study of diseases that impact the elderly population is a crucial and growing area of interest in medicine. Geriatricians, primary care physicians, dermatologists, and others involved in the care of the elderly will inevitably see an increase in skin diseases specific to aging. The comprehensive coverage provided by Geriatric Dermatology facilitates the diagnosis and management of these geriatric skin diseases from the common to the rare and unusual.

lift wellness clinic jackson tn: Mohs Micrographic Surgery Keyvan Nouri, 2012-03-07 This book is written for dermatologists, otolaryngologists, facial plastic surgeons and any physician who want to provide state of the art treatment for skin cancer patients. Considering the high incidence of non-melanoma skin cancers such as Basal Cell Carcinoma and Squamous Cell Carcinoma (accounting for over one million cases per year in the United States) and since Mohs Micrographic Surgery has become the treatment of choice for these skin cancers, the popularity of this technique has been increasing dramatically, worldwide.

lift wellness clinic jackson tn: *Health Psychology* Edward P. Sarafino, Timothy W. Smith,

2020-05-07 Ed Sarafino and Timothy Smith draw from the research and theory of multiple disciplines in order to effectively demonstrate how psychology and health impact each other. The newly updated 9th Edition of *Health Psychology: Biopsychosocial Interactions* includes a broader picture of health psychology by presenting cross-cultural data. Furthermore, international examples are also included to further explore the psychologist's perspective of health issues around the world and highlight what works in the field. The psychological research cited in the text supports a variety of behavioral, physiological, cognitive, and social/personality viewpoints. An emphasis on lifespan development in health and illness is integrated throughout the text.

lift wellness clinic jackson tn: *Introduction to Community and Public Health* Manoj Sharma, Paul W. Branscum, 2020-07-07 Learn the basics of the five core areas of community and public health *Introduction to Community and Public Health*, 2nd Edition covers the basics in each area of community and public health as identified by the Association of Schools of Public Health. With a student-friendly approach, the authors discuss epidemiology, biostatistics, social and behavioral sciences, environmental health, and healthy policy and management. The book is written to serve both graduate and undergraduate public health students, as well as to help prepare for the Certified in Public Health (CPH) exam, Certified Health Education Specialist (CHES) exam and Master certified in Health Education Specialist (MCHES) exam, the book covers each of these five core disciplines, plus other important topics.

lift wellness clinic jackson tn: *Handbook of Pain and Aging* David I. Mostofsky, Ya'aqov Lomrants, 1997-11-30 This comprehensive text examines the physical and mental repercussions of pain among the elderly, finding theoretical bases in such fields as dynamic psychology, psychophysics, behavior modification, pharmacology, and nutrition. The book covers the basic topics of biobehaviorism, psychosocial and psychodynamic aspects, and clinical techniques as they pertain to treatment of elderly patients. The authors of the book's 17 chapters are all esteemed specialists on particular aspects of pain and aging, and all provide state-of-the-science solutions to quality-of-life problems associated with the elderly.

lift wellness clinic jackson tn: *Integrative and Functional Medical Nutrition Therapy* Diana Noland, Jeanne A. Drisko, Leigh Wagner, 2020-03-27 This textbook is a practical guide to the application of the philosophy and principles of Integrative and Functional Medical Nutrition Therapy (IFMNT) in the practice of medicine, and the key role nutrition plays in restoring and maintaining wellness. The textbook provides an overview of recent reviews and studies of physiological and biochemical contributions to IFMNT and address nutritional influences in human health overall, including poor nutrition, genomics, environmental toxicant exposures, fractured human interactions, limited physical movement, stress, sleep deprivation, and other lifestyle factors. Ultimately, this textbook serves to help practitioners, healthcare systems, and policy makers better understand this different and novel approach to complex chronic disorders. It provides the reader with real world examples of applications of the underlying principles and practices of integrative/functional nutrition therapies and presents the most up-to-date intervention strategies and clinical tools to help the reader keep abreast of developments in this emerging specialty field. Many chapters include comprehensive coverage of the topic and clinical applications with supplementary learning features such as case studies, take-home messages, patient and practitioner handouts, algorithms, and suggested readings. *Integrative and Functional Medical Nutrition Therapy: Principles and Practices* will serve as an invaluable guide for healthcare professionals in their clinical application of nutrition, lifestyle assessment, and intervention for each unique, individual patient.

lift wellness clinic jackson tn: *Nutrition and Bone Health* Michael F. Holick, Jeri W. Nieves, 2014-12-13 This newly revised edition contains updated versions of all of the topics that were in the first edition and has been substantially expanded with an additional 5 chapters. Each chapter includes information from the most up-to-date research on how nutritional factors can affect bone health, written with an evidence-based focus and complete with comprehensive references for each subject. *Nutrition and Bone Health*, second edition covers all aspects of nutrition and the skeleton, from the history and fundamentals, to the effects of macronutrients, minerals, vitamins, and

supplements, and even covers the effects of lifestyle, the different life stages, and nutrition-related disorders and secondary osteoporosis. New chapters include HIV & AIDs and the skeleton, celiac disease and bone health, and nutrition and bone health in space. Nutrition and Bone Health, second edition is a necessary resource for health care professionals, medical students, graduate students, dietitians, and nutritionists who are interested in how nutrition affects bone health during all stages of life.

lift wellness clinic jackson tn: A Physician's Guide to Return to Work James B. Talmage, J. Mark Melhorn, 2005 Finally a guide book to help primary care physicians and care providers navigate return-to-work issues. This needed reference is written from the healthcare provider's point of view combining the science with the art of medicine. A Physician's Guide to Return to Work teaches physicians and health care providers how to think through the issues of risk, capacity and tolerance when negotiating return-to-work and stay-at-work issues with patients. Highlights of this resource include: A concise compilation of current data The most common questions faced by physicians, insurers, attorneys, employers and workers' compensation managers and answered based on the most current science available Written by practicing physicians and legal experts who regularly face return-to-work issues Delves into the practical aspects of evidence-based medicine, causation analysis, functional capacity evaluations and the legal aspects of return-to-work decision making Ways primary care physicians can help patients negotiate return-to-work decisions Discusses the implications of medication, driving and work The health consequences of unemployment Step-by-step information about specific body systems Specific examples and case studies Tables and charts from the most current edition of The Medical Disability Advisor

lift wellness clinic jackson tn: Safe, Supportive and Successful Schools Step by Step David Osher, Kevin P. Dwyer, Stephanie Jackson, 2004 Safe, Supportive, and Successful Schools Step by Step is a cookbook for planning and funding three levels of school improvement: (1) schoolwide programs focusing on the social, ethical, and emotional development of ALL students; (2) early interventions for SOME students who have minor behavioral problems; and (3) intensive interventions for those FEW students who experience significant emotional and behavioral disorders. The Step by Step kit includes a CD-ROM with vital components of the program: Early Warning, Timely Response guide (in Spanish and English); Action Guide (in Spanish and English); and Promising Practices for Safe and Effective Schools video.

lift wellness clinic jackson tn: Million Dollar Directory Dun and Bradstreet, inc, 2005

lift wellness clinic jackson tn: Occupational Therapy Practice Guidelines for Early Childhood Gloria Frolek Clark, Karrie Kingsley, 2013-01-01 Currently in the United States, 20% of children ages 6 years or younger live in poverty. Poor children have fewer opportunities than their peers to resources that are important for child development. At the same time, the prevalence of developmental disabilities has increased to 1 in every 6 children. Early identification of developmental delays is critical, and more than half of all American parents do not know the warning signs. Occupational therapy professionals in early intervention and preschool practice can provide the necessary services to support children's health in early childhood. This Practice Guideline explains the occupational therapy process for young children--and their families, caregivers, and teachers--which includes evaluation, intervention, and outcomes planning to enhance a child's occupational performance, adaptation, health and wellness, community participation, role competence, and self-advocacy. Topics include social-emotional development; feeding, eating, and swallowing; cognitive and motor development; service delivery; autism; obesity, cerebral palsy; and parent training. This work can help occupational therapy practitioners, as well as those who manage, reimburse, or set policy regarding occupational therapy services, understand the contribution of occupational therapy in evaluating and serving young children. This guideline can also serve as a resource for parents, school administrators, educators, and other early childhood staff.

lift wellness clinic jackson tn: Physician's Guide to Assessing and Counseling Older Drivers American Medical Association, 2010

lift wellness clinic jackson tn: *Pet Goats and Pap Smears* Pamela Wible, 2012-07-04

Experience the life of doctors and patients. Discover remedies for various conditions; how to lower your medical bills, and secure quality health care.

lift wellness clinic jackson tn: *Explainable AI in Healthcare and Medicine* Arash

Shaban-Nejad, Martin Michalowski, David L. Buckeridge, 2020-11-02 This book highlights the latest advances in the application of artificial intelligence and data science in health care and medicine. Featuring selected papers from the 2020 Health Intelligence Workshop, held as part of the Association for the Advancement of Artificial Intelligence (AAAI) Annual Conference, it offers an overview of the issues, challenges, and opportunities in the field, along with the latest research findings. Discussing a wide range of practical applications, it makes the emerging topics of digital health and explainable AI in health care and medicine accessible to a broad readership. The availability of explainable and interpretable models is a first step toward building a culture of transparency and accountability in health care. As such, this book provides information for scientists, researchers, students, industry professionals, public health agencies, and NGOs interested in the theory and practice of computational models of public and personalized health intelligence.

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