

eastern shore primary care and wellness salisbury md

Eastern Shore Primary Care and Wellness Salisbury MD: Your Guide to Comprehensive Healthcare

Are you searching for a reliable, comprehensive primary care provider on Maryland's Eastern Shore? Finding the right doctor can feel overwhelming, but it doesn't have to be. This comprehensive guide focuses on Eastern Shore Primary Care and Wellness in Salisbury, MD, exploring their services, philosophy, and what makes them a top choice for residents and visitors alike. We'll delve into the details to help you determine if they are the perfect fit for your healthcare needs.

Understanding Eastern Shore Primary Care and Wellness: More Than Just a Doctor's Office

Eastern Shore Primary Care and Wellness in Salisbury, MD, aims to provide more than just routine check-ups. They strive to build lasting relationships with their patients, focusing on preventative care and holistic well-being. This means going beyond treating symptoms and addressing the root causes of health issues. Their philosophy emphasizes personalized care tailored to the individual needs and circumstances of each patient. This approach fosters trust and ensures that patients feel heard and understood, leading to better health outcomes.

A Comprehensive Range of Services: Catering to Diverse Needs

Eastern Shore Primary Care and Wellness offers a wide array of services designed to meet the diverse healthcare needs of the community. These services typically include, but are not limited to:

Annual Wellness Exams: Preventative care is key, and these comprehensive exams help identify potential health issues early on. They often include blood pressure checks, cholesterol screenings, and personalized health risk assessments.

Chronic Disease Management: For patients living with chronic conditions like diabetes, hypertension, or heart disease, the practice provides ongoing support and management to help them live healthier, more fulfilling lives. This often involves medication management, lifestyle counseling, and regular monitoring.

Acute Illness Treatment: From the common cold to the flu, Eastern Shore Primary Care and Wellness provides treatment for a range of acute illnesses, offering prompt care and guidance to help patients recover quickly.

Women's Health Services: Services tailored to the specific needs of women, often including well-woman exams, contraception counseling, and menopause management.

Men's Health Services: Addressing the unique health concerns of men, this may include prostate exams, testosterone management, and screenings for common male health issues.

Pediatric Care: (If offered - verify this with the practice) Providing care for children from infancy through adolescence, this often includes well-child visits, vaccinations, and management of childhood illnesses.

On-site Diagnostic Testing: Streamlining the healthcare process, on-site testing may include blood work and other diagnostic procedures, reducing the need for multiple appointments and referrals.

Telemedicine: (If offered - verify this with the practice) Providing convenient access to care, telemedicine allows for virtual appointments, making healthcare more accessible for those with busy schedules or limited mobility.

The specific services offered may vary, so it's always best to contact Eastern Shore Primary Care and Wellness directly to confirm the availability of specific services.

The Eastern Shore Primary Care and Wellness Difference: A Patient-Centric Approach

What truly sets Eastern Shore Primary Care and Wellness apart is their dedication to building strong doctor-patient relationships. They understand that healthcare is personal, and they strive to create a comfortable, welcoming environment where patients feel comfortable discussing their concerns openly and honestly. This patient-centric approach fosters trust and leads to better communication, resulting in more effective treatment plans.

Furthermore, their commitment to staying current with the latest advancements in medical technology and treatment ensures that patients receive the highest quality of care. They invest in ongoing professional development and strive to provide evidence-based care, using the most up-to-date information to guide their practice.

Finding Eastern Shore Primary Care and Wellness Salisbury MD: Location and Contact Information

To schedule an appointment or learn more about their services, you can easily find their contact information online. A quick search for "Eastern Shore Primary Care and Wellness Salisbury MD" will provide their address, phone number, website, and potentially online appointment scheduling options. Checking their website is crucial to verify hours of operation, accepted insurance plans, and any specific instructions for new patients.

Choosing the Right Primary Care Provider: Why Eastern Shore Primary Care and Wellness Might Be Your Best Option

Selecting a primary care provider is a significant decision. Eastern Shore Primary Care and Wellness offers a combination of comprehensive services, personalized care, and a commitment to patient well-being that makes them a strong contender for many individuals seeking a healthcare provider on the Eastern Shore of Maryland. Their emphasis on preventative care, coupled with their ability to manage

both acute and chronic conditions, demonstrates a holistic approach to healthcare. Consider carefully whether their services and philosophy align with your personal healthcare needs and priorities.

Conclusion

Eastern Shore Primary Care and Wellness in Salisbury, MD, presents a compelling option for individuals seeking comprehensive and personalized primary care. Their dedication to patient well-being, coupled with their wide range of services, makes them a valuable asset to the community. Remember to verify their services and hours of operation via their website or a direct phone call before your visit.

Frequently Asked Questions (FAQs)

1. Does Eastern Shore Primary Care and Wellness accept my insurance? You should check their website or call their office directly to verify which insurance plans they accept. Insurance coverage can vary.
1. What are their hours of operation? Their hours of operation can be found on their website or by contacting them directly. These hours may vary depending on the day of the week or specific circumstances.
1. How do I schedule an appointment? Most practices offer online scheduling, but you can also schedule appointments by phone. Check their website for details on how to schedule.
1. Do they offer same-day appointments? The availability of same-day appointments depends on their current schedule and the urgency of your need. It's best to call their office directly to inquire.
1. What types of payment methods do they accept? This information is typically available on their website or by contacting the office directly. They may accept cash, credit cards, and debit cards. Again, always verify.

eastern shore primary care and wellness salisbury md: *NLM Newslines* , 2000

eastern shore primary care and wellness salisbury md: *Nanostructured Biomaterials* Junbai

Li, 2011-02-04 Nanostructured materials with designed biofunctions have brought about rapid and significant changes in materials science. Nanostructured Biomaterials provides up-to-date reviews of different methods for synthesizing new types of such materials and discusses their cutting-edge technological applications. The reviews mainly focus on potential applications of nanostructured materials in biology and the medical sciences. The book is of general interest to a broad audience of graduate students and researchers active in chemistry, materials science, engineering, biology, and physics. Dr. Junbai Li is a professor at the National Center for Nanoscience and Technology and the Institute of Chemistry, Chinese Academy of Sciences, China.

eastern shore primary care and wellness salisbury md: Primary Care Institute of Medicine, Committee on the Future of Primary Care, 1996-09-05 Ask for a definition of primary care, and you are likely to hear as many answers as there are health care professionals in your survey. Primary Care fills this gap with a detailed definition already adopted by professional organizations and praised at recent conferences. This volume makes recommendations for improving primary care, building its organization, financing, infrastructure, and knowledge base—as well as developing a way of thinking and acting for primary care clinicians. Are there enough primary care doctors? Are they merely gatekeepers? Is the traditional relationship between patient and doctor outmoded? The committee draws conclusions about these and other controversies in a comprehensive and up-to-date discussion that covers: The scope of primary care. Its philosophical underpinnings. Its value to the patient and the community. Its impact on cost, access, and quality. This volume discusses the needs of special populations, the role of the capitation method of payment, and more. Recommendations are offered for achieving a more multidisciplinary education for primary care clinicians. Research priorities are identified. Primary Care provides a forward-thinking view of primary care as it should be practiced in the new integrated health care delivery systems—important to health care clinicians and those who train and employ them, policymakers at all levels, health care managers, payers, and interested individuals.

eastern shore primary care and wellness salisbury md: Cases on Instructional Design and Performance Outcomes in Medical Education Stefaniak, Jill, 2020-06-26 There is increasing attention placed on curricular programs in healthcare at the undergraduate, graduate, and continuing medical education levels. While medical institutions are beginning to hire instructional designers and medical educators to ensure adherence to instructional design principles, many medical educators have been appointed to lead instructional interventions based on their subject-matter expertise. Few have received formal instruction relative to designing instruction. Cases on Instructional Design and Performance Outcomes in Medical Education is an essential research publication that examines the design and delivery of education programs for healthcare professionals and provides them with the foundational knowledge needed to design effective instruction for a variety of audiences and learning contexts. Highlighting a wide range of topics such as healthcare, medical education, and online learning, this book is ideal for educators, physicians, nurses, allied health professionals, and academicians who are responsible for designing instructional activities.

eastern shore primary care and wellness salisbury md: Delivering Superior Health and Wellness Management with IoT and Analytics Nilmini Wickramasinghe, Freimut Bodendorf, 2019-11-27 This in-depth book addresses a key void in the literature surrounding the Internet of Things (IoT) and health. By systematically evaluating the benefits of mobile, wireless, and sensor-based IoT technologies when used in health and wellness contexts, the book sheds light on the next frontier for healthcare delivery. These technologies generate data with significant potential to enable superior care delivery, self-empowerment, and wellness management. Collecting valuable insights and recommendations in one accessible volume, chapter authors identify key areas in health and wellness where IoT can be used, highlighting the benefits, barriers, and facilitators of these technologies as well as suggesting areas for improvement in current policy and regulations. Four overarching themes provide a suitable setting to examine the critical insights presented in the 31 chapters: Mobile- and sensor-based solutions Opportunities to incorporate critical aspects of

analytics to provide superior insights and thus support better decision-making Critical issues around aspects of IoT in healthcare contexts Applications of portals in healthcare contexts A comprehensive overview that introduces the critical issues regarding the role of IoT technologies for health, Delivering Superior Health and Wellness Management with IoT and Analytics paves the way for scholars, practitioners, students, and other stakeholders to understand how to substantially improve health and wellness management on a global scale.

eastern shore primary care and wellness salisbury md: *Feel Great, Lose Weight* Dr Rangan Chatterjee, 2021-03-30 Weight loss isn't a race. It isn't one size fits all. Everyone wants fast results, but when it comes to losing weight with crash diets, what goes down nearly always comes back up. And weight-loss programs designed to fit everyone are often too broad and restrictive to fit into the complicated lives of real people. Drawing on twenty years of experience, Dr. Rangan Chatterjee-BBC personality and author of the bestselling *Feel Better in 5*-has created a conscious, compassionate, sustainable approach to weight loss that goes far beyond fad diets to find the individual strategies that will work for you. Packed with quick and easy interventions, this book will help you: • Understand the effects of what, why, when, where and how we eat • Discover the root cause of your weight gain • Nourish your body to lose weight without crash diets or grueling workouts • Build a toolbox of techniques to help you weigh less while living more *Feel Great, Lose Weight* is a new way to look at weight loss-a 360-degree view that goes beyond calories to see the bigger picture, including not just physical but also mental and environmental factors. With Dr. Chatterjee's guidance and encouragement, you'll turn simple and sustainable lifestyle changes into a more energized, confident, and healthier you.

eastern shore primary care and wellness salisbury md: *Reclaiming Our Health* Michelle A. Gourdine, 2011 Provides an overview of the primary health concerns facing African Americans, explains who is at greatest risk of illness, and offers advice on achieving a healthier lifestyle and navigating the health-care system.

eastern shore primary care and wellness salisbury md: *Who's who in American Nursing* , 1996

eastern shore primary care and wellness salisbury md: *Geriatric Gastroenterology* C. S. Pitchumoni, T. Dharmarajan, 2012-07-26 As aging trends in the United States and Europe in particular are strongly suggestive of increasingly older society, it would be prudent for health care providers to better prepare for such changes. By including physiology, disease, nutrition, pharmacology, pathology, radiology and other relevant associated topics, *Geriatric Gastroenterology* fills the void in the literature for a volume devoted specifically to gastrointestinal illness in the elderly. This unique volume includes provision of training for current and future generations of physicians to deal with the health problems of older adults. It will also serve as a comprehensive guide to practicing physicians for ease of reference. Relevant to the geriatric age group, the volume covers epidemiology, physiology of aging, gastrointestinal physiology, pharmacology, radiology, pathology, motility disorders, luminal disorders, hepato-biliary disease, systemic manifestations, neoplastic disorders, gastrointestinal bleeding, cancer and medication related interactions and adverse events, all extremely common in older adults; these are often hard to evaluate and judge, especially considering the complex aging physiology. All have become important components of modern medicine. Special emphasis is be given to nutrition and related disorders. Capsule endoscopy and its utility in the geriatric population is also covered. Presented in simple, easy to read style, the volume includes numerous tables, figures and key points enabling ease of understanding. Chapters on imaging and pathology are profusely illustrated. All chapters are written by specialists and include up to date scientific information. *Geriatric Gastroenterology* is of great utility to residents in internal medicine, fellows in gastroenterology and geriatric medicine as well as gastroenterologists, geriatricians and practicing physicians including primary care physicians caring for older adults.

eastern shore primary care and wellness salisbury md: *Developing Global Health Programming* Jessica Evert, Paul Drain, Thomas Hall, 2014 *Developing Global Health*

Programming: A Guidebook for Medical and Professional Schools, 2nd edition is an essential text for any academic institution, administrator, faculty, or student interested in developing or expanding global health education and international programs. This text expands on the 1st edition and provides a comprehensive view of global health education that is useful for medical, nursing, dental, public health, and other professional schools. This book provides evidence, theory, and practical information to guide astute program development and gold standard practices. Topics covered include ethics, pre-departure training, competencies, partnership structures, and much more. In addition, need-to-know resources and networking opportunities are detailed. This authoritative text has over 90 contributors, including trainee authors guided by faculty editors through a mentorship model. Foreword by Andre Jacques Neusy, Co-Founder & CEO, Training for Health Equity Network (THEnet)

eastern shore primary care and wellness salisbury md: Transdisciplinarity Revealed Victoria Martin, 2017-04-17 An invaluable book on the emergent field of transdisciplinarity that explains how it applies to library service and collections conceptually and identifies practical strategies for supporting transdisciplinary research conducted by faculty and students. Transdisciplinarity Revealed: What Librarians Need to Know supplies pragmatic advice for academic librarians on working with faculty and students to promote the skills necessary for successful transdisciplinary research. It shows how to overcome the obstacles created by the ways that libraries have traditionally organized information in subject silos, offering librarians conceptual and practical guidance on transdisciplinarity. This information will enable them to support research that transcends disciplinary limits to help researchers answer the complex questions of our world today. Part I provides an overview of the emergent field of transdisciplinarity that introduces readers to all key concepts and issues. Part II explains how transdisciplinarity applies to library services and collections, explores new strategies for supporting transdisciplinary research conducted by faculty and students, and describes how librarians can better address the unique challenges of working in the transdisciplinary research environment. Readers will come away with a full understanding of the distinctions between the four modes of knowledge production—disciplinary, multi-disciplinary, interdisciplinary, and transdisciplinarity—and apply this knowledge to benefit their patrons' research efforts.

eastern shore primary care and wellness salisbury md: *Rewarding Provider Performance* Institute of Medicine, Board on Health Care Services, Committee on Redesigning Health Insurance Performance Measures, Payment, and Performance Improvement Programs, 2007-02-17 The third installment in the Pathways to Quality Health Care series, *Rewarding Provider Performance: Aligning Incentives in Medicare*, continues to address the timely topic of the quality of health care in America. Each volume in the series effectively evaluates specific policy approaches within the context of improving the current operational framework of the health care system. The theme of this particular book is the staged introduction of pay for performance into Medicare. Pay for performance is a strategy that financially rewards health care providers for delivering high-quality care. Building on the findings and recommendations described in the two companion editions, *Performance Measurement and Medicare's Quality Improvement Organization Program*, this book offers options for implementing payment incentives to provide better value for America's health care investments. This book features conclusions and recommendations that will be useful to all stakeholders concerned with improving the quality and performance of the nation's health care system in both the public and private sectors.

eastern shore primary care and wellness salisbury md: Journal of the American Veterinary Medical Association American Veterinary Medical Association, 2003 Vols. for 1915-49 and 1956- include the Proceedings of the annual meeting of the association.

eastern shore primary care and wellness salisbury md: Toxic Turmoil Johan M. Havenaar, Julie Cwikel, Evelyn J. Bromet, 2002-08-31 This book presents an overview of research on the psychological and societal consequences of ecological disasters. It gives in-depth case studies on most of the major incidents that have occurred in the 1980s and 1990s. It summarizes the

accumulated knowledge in this area and identifies areas of future research. It can serve as a resource for practitioners and policymakers dealing with current and future ecological calamities and may help them to define an adequate response to the complex public health challenges these incidents represent.

eastern shore primary care and wellness salisbury md: Health Information for International Travel 2005-2006 Paul Arguin, 2005

eastern shore primary care and wellness salisbury md: *Working with Orthopedic Patients*, 1982

eastern shore primary care and wellness salisbury md: *The Pediatric Emergency Medicine Resource* Marianne Gausche-Hill, 2007 APLS: The Pediatric Emergency Medicine Resource, Revised Fourth Edition offers the information necessary to assess and manage critically ill or injured children during the first hours in the emergency department. The Revised Fourth Edition of APLS is truly the body of knowledge in pediatric emergency medicine. If you want the newest, most comprehensive reference on pediatric emergency medicine, the Revised Fourth Edition will meet your needs. Developed by expert authors, editors, and faculty from both AAP and ACEP, the new APLS is a unique teaching and learning system for individual physicians, residents, students, and APLS instructors and course directors. The Fourth Edition of APLS has been revised and expanded to cover new conclusions drawn from reason, fact, and experience to the benefit of sick and injured children worldwide. Together, AAP and ACEP developed APLS into a new, stand-alone course, offering continuing medical education units and an APLS course completion card. The course is highly interactive with small group scenarios, hands-on skill stations, and case-based lectures.

eastern shore primary care and wellness salisbury md: *Directory* American College of Healthcare Executives, 2000

eastern shore primary care and wellness salisbury md: *Oral Health Literacy* Institute of Medicine, Board on Population Health and Public Health Practice, Roundtable on Health Literacy, 2013-02-19 The Institute of Medicine (IOM) Roundtable on Health Literacy focuses on bringing together leaders from the federal government, foundations, health plans, associations, and private companies to address challenges facing health literacy practice and research and to identify approaches to promote health literacy in both the public and private sectors. The roundtable serves to educate the public, press, and policy makers regarding the issues of health literacy, sponsoring workshops to discuss approaches to resolve health literacy challenges. It also builds partnerships to move the field of health literacy forward by translating research findings into practical strategies for implementation. The Roundtable held a workshop March 29, 2012, to explore the field of oral health literacy. The workshop was organized by an independent planning committee in accordance with the procedures of the National Academy of Sciences. The planning group was composed of Sharon Barrett, Benard P. Dreyer, Alice M. Horowitz, Clarence Pearson, and Rima Rudd. The role of the workshop planning committee was limited to planning the workshop. Unlike a consensus committee report, a workshop summary may not contain conclusions and recommendations, except as expressed by and attributed to individual presenters and participants. Therefore, the summary has been prepared by the workshop rapporteur as a factual summary of what occurred at the workshop.

eastern shore primary care and wellness salisbury md: *Sheppard Air Force Base* Norman Wayne Brown, 2015-11-09 The history of flight for the US Army Air Corps became increasingly important during World War I. Wichita Falls, Texas, was determined to be a fair weather flying location for training cadets to become aviators. Wichita Falls was the gracious host not only for World War I pilots training at Call Field, located near the city, but when World War II came along, the city also hosted the opening of Sheppard Field, adjacent to the municipal airport. Thousands of personnel were trained there during World War II, and later, the field was redesigned as Sheppard Air Force Base. The base has been a hub for pilot training as well as technical training for many Air Force specialties. Wichita Falls, therefore, has a rich history as a host for decades of military training. Sheppard Air Force Base, Texas, has trained hundreds of thousands of military men and women from within the United States, as well as thousands of men and women from allied countries

around the globe. Sheppard Air Force Base became the largest training base in the Air Force and continues actively today with its primary mission of training military personnel.

eastern shore primary care and wellness salisbury md: Geriatric Dermatology R.A.

Norman, 2020-08-26 Over the past few years the world's population has continued on its remarkable transition from a state of high birth and death rates to one characterized by low birth and death rates. Consequently, primary care physicians and dermatologists will see more elderly patients presenting age-related dermatological conditions. There has never been a better time for a book devoted entirely to skin care in the elderly. Geriatric Dermatology draws together a panel of experts who provide an overview of the diagnosis and treatment of geriatric skin diseases. It begins with a general review of the aging of the world's population and the major dermatological problems that often arise in elderly patients. An added benefit is the book's coverage of geriatric skin care in nursing homes, adult congregate living, and subacute and home health settings, a subject not always found in conventional dermatology texts. The book includes: A summary of the dermatological disorders frequently encountered in the elderly, including eczematous dermatitis, skin infections, and neoplasias A description of the most common geriatric hair and scalp disorders, including graying, alopecia, and scalp psoriasis Comprehensive coverage of the diagnosis and treatment of leg, foot, and nail diseases Detailed discussion of the treatment of superficial mycoses, scabies, and pediculosis Less common geriatric conditions such as blistering diseases Major adverse drug reactions on the skin Leg ulcers due to venous insufficiency, arterial diseases, and diabetic nephropathy Diagnosis and treatment of diabetic complications of dermatology, such scleroderma and dermopathy The study of diseases that impact the elderly population is a crucial and growing area of interest in medicine. Geriatricians, primary care physicians, dermatologists, and others involved in the care of the elderly will inevitably see an increase in skin diseases specific to aging. The comprehensive coverage provided by Geriatric Dermatology facilitates the diagnosis and management of these geriatric skin diseases from the common to the rare and unusual.

eastern shore primary care and wellness salisbury md: Gerontological Nursing:

Competencies for Care Kristen L. Mauk, 2010-10-25 Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition. Gerontological Nursing: Competencies for Care, Second Edition is a comprehensive and student-accessible text that offers a holistic and inter-disciplinary approach to caring for the elderly. The framework for the text is built around the Core Competencies set forth by the American Association of Colleges of Nursing (AACN) and the John A. Hartford Foundation Institute for Geriatric Nursing. Building upon their knowledge in prior medical surgical courses, this text gives students the skills and theory needed to provide outstanding care for the growing elderly population. It is the first of its kind to have more than 40 contributing authors from many different disciplines. Some of the key features include chapter outlines, learning objectives, discussion questions, personal reflection boxes, and case studies.

eastern shore primary care and wellness salisbury md: Ebony , 2002-09 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

eastern shore primary care and wellness salisbury md: The Official ABMS Directory of Board Certified Medical Specialists American Board of Medical Specialties, 2007-11-28 This official directory is a database that includes more than 742,000 physician profiles, including their board certification status. This list also features nearly 20,000 physicians in foreign countries who are certified by American specialty boards.

eastern shore primary care and wellness salisbury md: The Silent Shore Charles L. Chavis Jr., 2022-01-11 The definitive account of the lynching of twenty-three-year-old Matthew Williams in Maryland, the subsequent investigation, and the legacy of modern-day lynchings. On December 4, 1931, a mob of white men in Salisbury, Maryland, lynched and set ablaze a twenty-three-year-old Black man named Matthew Williams. His gruesome murder was part of a wave of silent white terrorism in the wake of the stock market crash of 1929, which exposed Black laborers to white rage in response to economic anxieties. For nearly a century, the lynching of Matthew Williams has lived

in the shadows of the more well-known incidents of racial terror in the deep South, haunting both the Eastern Shore and the state of Maryland as a whole. In *The Silent Shore*, author Charles L. Chavis Jr. draws on his discovery of previously unreleased investigative documents to meticulously reconstruct the full story of one of the last lynchings in Maryland. Bringing the painful truth of anti-Black violence to light, Chavis breaks the silence that surrounded Williams's death. Though Maryland lacked the notoriety for racial violence of Alabama or Mississippi, he writes, it nonetheless was the site of at least 40 spectacle lynchings after the abolition of slavery in 1864. Families of lynching victims rarely obtained any form of actual justice, but Williams's death would have a curious afterlife: Maryland's politically ambitious governor Albert C. Ritchie would, in an attempt to position himself as a viable challenger to FDR, become one of the first governors in the United States to investigate the lynching death of a Black person. Ritchie tasked Patsy Johnson, a member of the Pinkerton detective agency and a former prizefighter, with going undercover in Salisbury and infiltrating the mob that murdered Williams. Johnson would eventually befriend a young local who admitted to participating in the lynching and who also named several local law enforcement officers as ringleaders. Despite this, a grand jury, after hearing 124 witness statements, declined to indict the perpetrators. But this denial of justice galvanized Governor Ritchie's Interracial Commission, which would become one of the pioneering forces in the early civil rights movement in Maryland. Complicating historical narratives associated with the history of lynching in the city of Salisbury, *The Silent Shore* explores the immediate and lingering effect of Williams's death on the politics of racism in the United States, the Black community in Salisbury, the broader Eastern Shore, the state of Maryland, and the legacy of modern-day lynchings.

eastern shore primary care and wellness salisbury md: *Grandma's Best Recipes* Parragon, Incorporated, 2007 Cooking.

eastern shore primary care and wellness salisbury md: **Viruses, Plagues, and History** Michael B. A. Oldstone, 2020 In *Viruses, Plagues, and History*, virologist Michael Oldstone explains the scientific principles of viruses and epidemics while relating the past and present history of the major and recurring viral threats to human health, and how they have influenced human events.

eastern shore primary care and wellness salisbury md: **The Future of Nursing 2020-2030** National Academies of Sciences Engineering and Medicine, Committee on the Future of Nursing 2020-2030, 2021-09-30 The decade ahead will test the nation's nearly 4 million nurses in new and complex ways. Nurses live and work at the intersection of health, education, and communities. Nurses work in a wide array of settings and practice at a range of professional levels. They are often the first and most frequent line of contact with people of all backgrounds and experiences seeking care and they represent the largest of the health care professions. A nation cannot fully thrive until everyone - no matter who they are, where they live, or how much money they make - can live their healthiest possible life, and helping people live their healthiest life is and has always been the essential role of nurses. Nurses have a critical role to play in achieving the goal of health equity, but they need robust education, supportive work environments, and autonomy. Accordingly, at the request of the Robert Wood Johnson Foundation, on behalf of the National Academy of Medicine, an ad hoc committee under the auspices of the National Academies of Sciences, Engineering, and Medicine conducted a study aimed at envisioning and charting a path forward for the nursing profession to help reduce inequities in people's ability to achieve their full health potential. The ultimate goal is the achievement of health equity in the United States built on strengthened nursing capacity and expertise. By leveraging these attributes, nursing will help to create and contribute comprehensively to equitable public health and health care systems that are designed to work for everyone. *The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity* explores how nurses can work to reduce health disparities and promote equity, while keeping costs at bay, utilizing technology, and maintaining patient and family-focused care into 2030. This work builds on the foundation set out by *The Future of Nursing: Leading Change, Advancing Health* (2011) report.

eastern shore primary care and wellness salisbury md: *Perfectionism* Michael Brustein,

PsyD, 2013-10-23 When I read this book, I was struck by how perfectionistic traits permeate the lives of many of our patients in ways I had not previously considered. Dr. Brustein has done a great service for the therapist in their treatment of many of the patients they will encounter. His text is very well organized and facilitated being able to compare and contrast different approaches to the treatment of perfectionism. The clinical examples provide clear applications of the research material which is described at the beginning of each chapter. Dr. Brustein clearly has a mastery of not only the dynamics of perfectionism, but various philosophical approaches to understanding and treating patients in general. He's a skilled and masterful therapist. Jacob Kader, PsyD Director of Psychology, Manhattan Psychiatric Center Perfectionism is a prevalent issue that many of those I've treated have struggled with, to the point of serious impairment in daily functioning. This book is an excellent guide for any practitioner working with difficult perfectionist patients. It also provides rich case examples and applied theory that can be a useful tool for teaching purposes at any level. Rick Barnett, PsyD, LADC M.S. Clinical Psychopharmacology President, Vermont Psychological Association Compelling research has recently established the negative effects of perfectionism, yet until now, no serious texts have addressed the management of perfectionist traits as they arise in psychotherapy. This is the first professional volume to provide practical guidance in using psychodynamic and cognitive behavioral therapies to help clients who present maladaptive forms of perfectionism. The book uses an integrated approach to understand the etiology of perfectionism from the perspectives of respected researchers and theorists. It addresses the assessment of adaptive and maladaptive forms of perfectionism, how to manage the defenses and ambivalence displayed by perfectionist clients, and their tendencies toward termination. Case studies will aid psychotherapists in understanding the complex transference and counter-transference issues that often arise with this population. Key Features: Provides practical guidance from an experienced clinician Highlights the importance of addressing perfectionism as an underlying factor in psychopathology Presents a link between specific disorders and perfectionist traits Offers ways to create a positive therapeutic alliance with the resistant perfectionist client

eastern shore primary care and wellness salisbury md: *AIDS and Behavior* Institute of Medicine, Committee on Substance Abuse and Mental Health Issues in AIDS Research, 1994-02-01 HIV is spreading rapidly, and effective treatments continue to elude science. Preventive interventions are now our best defense against the epidemic—but they require a clear understanding of the behavioral and mental health aspects of HIV infection and AIDS. *AIDS and Behavior* provides an update of what investigators in the biobehavioral, psychological, and social sciences have discovered recently about those aspects of the disease and offers specific recommendations for research directions and priorities. This volume candidly discusses the sexual and drug-use behaviors that promote transmission of HIV and reports on the latest efforts to monitor the epidemic in its social contexts. The committee reviews new findings on how and why risky behaviors occur and efforts to develop strategies for changing such behaviors. The volume presents findings on the disease's progression and on the psychosocial impacts of HIV and AIDS, with a view toward intervention and improved caregiving. *AIDS and Behavior* also evaluates the status of behavioral and prevention aspects of AIDS research at the National Institute of Mental Health, the National Institute on Drug Abuse, and the National Institute on Alcohol Abuse and Alcoholism. The volume presents background on the three institutes; their recent reorganization; their research budgets, programs, and priorities; and other important details. The committee offers specific recommendations for the institutes concerning the balance between biomedical and behavioral investigations, adequacy of administrative structures, and other research management issues. Anyone interested in the continuing quest for new knowledge on preventing HIV and AIDS will want to own this book: policymakers, researchers, research administrators, public health professionals, psychologists, AIDS advocates and service providers, faculty, and students.

eastern shore primary care and wellness salisbury md: *Introduction to Nursing Informatics* Kathryn J. Hannah, Marion J. Ball, Margaret J.A. Edwards, 2013-04-17 This series is intended for the rapidly increasing number of health care professionals who have rudimentary knowledge and

experience in health care computing and are seeking opportunities to expand their horizons. It does not attempt to compete with the primers already on the market. Eminent international experts will edit, author, or contribute to each volume in order to provide comprehensive and current accounts of innovations and future trends in this quickly evolving field. Each book will be practical, easy to use, and well referenced. Our aim is for the series to encompass all of the health professions by focusing on specific professions, such as nursing, in individual volumes. However, integrated computing systems are only one tool for improving communication among members of the health care team. Therefore, it is our hope that the series will stimulate professionals to explore additional means of fostering interdisciplinary exchange. This series springs from a professional collaboration that has grown over the years into a highly valued personal friendship. Our joint values put people first. If the Computers in Health Care series lets us share those values by helping health care professionals to communicate their ideas for the benefit of patients, then our efforts will have succeeded.

eastern shore primary care and wellness salisbury md: *Patient Advocacy for Healthcare Quality: Strategies for Achieving Patient-Centered Care* Jo Anne L. Earp, Elizabeth French, Melissa Gilkey, 2008-05-02 As a contribution to the emerging healthcare quality movement, *Patient Advocacy for Healthcare Quality: Strategies for Achieving Patient-Centered Care* is distinct from any others of its kind in its focus on the consumer's perspective and in its emphasis on how advocacy can influence change at multiple social levels. This introductory volume synthesizes patient advocacy from a multi-level approach and is an ideal text for graduate and professional students in schools of public health, nursing and social work.

eastern shore primary care and wellness salisbury md: **Official Congressional Directory** United States. Congress, 2012-01-18 Contains biographies of Senators, members of Congress, and the Judiciary. Also includes committee assignments, maps of Congressional districts, a directory of officials of executive agencies, addresses, telephone and fax numbers, web addresses, and other information.

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