

dental wellness of charlotte

Dental Wellness of Charlotte: Your Guide to a Healthy, Happy Smile

Are you searching for the best dental care in Charlotte? Finding a dentist who truly prioritizes your overall dental wellness can feel overwhelming. This comprehensive guide dives deep into what constitutes excellent dental wellness, highlights the specific advantages of choosing a Charlotte-based practice, and provides you with the information you need to make informed decisions about your oral health. We'll explore everything from preventative care to cosmetic dentistry, ensuring you're equipped to achieve and maintain a radiant, healthy smile for years to come.

Understanding Dental Wellness: More Than Just Clean Teeth

Dental wellness isn't simply about avoiding cavities and gum disease; it's a holistic approach to oral health that encompasses your overall well-being. It's about proactively protecting your teeth and gums, understanding the connection between oral health and systemic health, and making conscious choices that contribute to a lifetime of healthy smiles. This means:

Preventative Care: Regular check-ups and cleanings are the cornerstone of dental wellness. These appointments allow your dentist to identify potential problems early, before they become major issues, saving you time, money, and discomfort.

Early Intervention: Addressing minor dental problems promptly prevents them from escalating into more complex and costly treatments. A small cavity filled early is far less invasive than a root canal or tooth extraction.

Oral Hygiene Education: A dentist committed to your dental wellness will educate you on proper brushing, flossing techniques, and dietary choices that support healthy teeth and gums.

Personalized Treatment Plans: Your dental wellness journey is unique. A comprehensive assessment will guide your dentist in creating a customized treatment plan tailored to your individual needs and goals.

Addressing Underlying Health Concerns: Did you know that oral health is closely linked to overall health? Conditions like diabetes and heart disease can impact your oral health, and vice-versa. A dentist committed to your wellness will consider these factors.

Finding the Right Dental Wellness Practice in Charlotte

Charlotte offers a wide array of dental practices, but finding one that aligns with your values and priorities is crucial. When searching for "dental wellness of Charlotte," consider these key factors:

Advanced Technology: Look for practices utilizing modern technology such as digital X-rays, intraoral cameras, and CAD/CAM technology for restorations. These advancements enhance accuracy, efficiency, and patient comfort.

Experienced and Compassionate Team: A skilled and caring dental team will put you at ease, answer your questions thoroughly, and provide personalized attention throughout your treatment.

Comprehensive Services: A practice dedicated to comprehensive dental wellness should offer a full range of services, from preventative care to cosmetic dentistry and restorative procedures. This ensures all your dental needs can be addressed under one roof.

Patient Reviews and Testimonials: Online reviews provide valuable insights into other patients' experiences. Look for consistent positive feedback regarding the quality of care, communication, and overall experience.

Insurance and Payment Options: Verify the practice accepts your dental insurance and offers various payment plans to make treatment affordable and accessible.

Specific Dental Wellness Services Offered in Charlotte

Charlotte's dental landscape boasts a diverse range of specialized services geared towards improving your dental wellness. These include:

General Dentistry: This forms the foundation of dental wellness, encompassing regular check-ups, cleanings, fillings, and extractions.

Cosmetic Dentistry: Enhance the aesthetics of your smile with teeth whitening, veneers, bonding, and orthodontics. A beautiful smile boosts confidence and overall well-being.

Restorative Dentistry: Repair damaged or missing teeth with crowns, bridges, implants, and dentures, restoring functionality and aesthetics.

Periodontics: Address gum disease and maintain the health of your gums and supporting tissues. Gum disease, if left untreated, can lead to serious health complications.

Endodontics: Specializes in root canal therapy to save damaged teeth and prevent extraction.

Maintaining Dental Wellness at Home

Your dentist's expertise is invaluable, but your daily habits significantly impact your long-term dental wellness. Remember to:

Brush twice daily: Use fluoride toothpaste and a soft-bristled toothbrush for at least two minutes each time.

Floss daily: Remove food particles and plaque from between your teeth to prevent gum disease.

Maintain a healthy diet: Limit sugary drinks and snacks to reduce the risk of cavities.

Visit your dentist regularly: Schedule check-ups and cleanings every six months or as recommended by your dentist.

Conclusion

Achieving and maintaining optimal dental wellness is a journey, not a destination. By choosing a reputable dental practice in Charlotte that prioritizes a holistic approach, embracing proactive care, and practicing good oral hygiene at home, you can invest in a healthy, confident smile that will last a lifetime. Remember, your dental wellness is an integral part of your overall health and well-being. Don't hesitate to ask questions and actively participate in your dental care journey.

FAQs

1. How often should I visit the dentist for a check-up? Most dentists recommend visiting for check-ups and cleanings every six months, but this can vary depending on your individual needs and oral health.
1. What are the signs of gum disease? Signs of gum disease include bleeding gums, red or swollen gums, persistent bad breath, and receding gums.
1. Does dental insurance cover cosmetic procedures? Coverage for cosmetic procedures varies widely depending on your insurance plan. It's best to contact your insurance provider directly to understand your coverage.
1. How can I find a dentist who is a good fit for me? Read online reviews, check out the practice's website, and schedule a consultation to meet the dentist and team to see if you feel comfortable and confident in their abilities.
1. What is the cost of a typical dental cleaning in Charlotte? The cost of a dental cleaning can vary depending on the practice and the extent of the cleaning needed, but you can expect to pay anywhere from \$80-\$150. It's always best to call the practice directly for a price quote.

dental wellness of charlotte: Comprehensive Esthetic Dentistry Florin Lăzărescu, 2019-09-16 Nothing can replace the sense of professional fulfillment and personal reward that comes from successfully restoring a patient's smile. This book, which serves as a complete primer on esthetic dentistry, is aimed at that precise reward. Informed by the latest scientific research and clinical evidence, the authors provide readers with keen insight into the artistic aspects essential to achieving a truly esthetic outcome. Preliminary chapters cover esthetic analysis, effective treatment planning, use of digital dental photography, and the importance of interdisciplinary collaboration. Further chapters outline effective treatment protocols, including the principles of ultraconservative restoration, tooth whitening, anterior and posterior all-ceramic restorations, in-office CAD/CAM technology, implant placement and soft tissue management in the esthetic zone, and the usage of minimally invasive procedures. This book, in its extensive knowledge and passionate voice, represents the union of function and beauty in dentistry, and in doing so, establishes itself as a comprehensive resource in the field of dental esthetics.

dental wellness of charlotte: *Dental Self Help* Soaring Bear, 1980-06-01

dental wellness of charlotte: Official Gazette of the United States Patent and Trademark Office , 2003

dental wellness of charlotte: The Stress-Free Dentist Eric Block, 2021-04 Are you a stressed-out dentist? You're not alone. Dental school doesn't prepare graduates for the business side of dentistry, and many dentists struggle with the same issues, squeezed between student loan debt, insurance issues, broken systems, and the daily demands of practice management. Worse, despite the commonality of these problems, many dentists feel deeply alone in their struggle. Dentists, you're not alone anymore. Your health and happiness matter and Dr. Eric Block is here to help. Burnout? He's been there. Despair? He's done that. Recovery? Yes, he did--and you can, too. Whether you're a student, associate, or practice owner, this book is for you. Dr. Block addresses the mental illness epidemic among dentists with a solution-focused approach that relies heavily on peer support. Dr. Block and several other dentists share their stories about struggling with common challenges: financial stress, personnel issues, illness, addiction, and burnout. These stories and solutions will help you break down your breakdown and figure out your best steps back to greater health and happiness. This is how you can avoid total burnout and look forward to going to work every day.

dental wellness of charlotte: The 21st Century Handbook Robin D Johnson, 2020-06-04 Censorship, Harvard storytelling, judges making law, pseudoscience, and dinosaur deception! Those are just some of the answers that explain how America slipped into this 21st century Cold Civil War, a phrase now heard more and more. A deepening cultural chasm is spreading across the fruited plain, engulfed with a palpable national angst, and the people--especially those in flyover country--are wondering, what is going on?! We're dealing with horrific and unprecedented mass shootings by troubled young men; unfathomable power and influence by Silicon Valley and Big-Tech; gender and sexual confusion and dysphoria at every turn; academic revisionist history and censored science; a mainstream media that has lost the people's confidence; and now an un-camouflaged attack by the secular left on real manhood, fathers, and the traditional family. Some historians believe culture is religion externalized. Is America's moral compass cracked beyond repair? We the People need to come together and figure this out, but it's complicated; everything is affected . . . and related. Assistance is needed before everybody drowns in this sea of political correctness. The people need a Handbook. Dr. Johnson has been a practicing General Dentist for over 35 years in North Carolina after growing up in Charleston, West Virginia and receiving his B.S. in Biology and Doctor of Dental Science at West Virginia University. His love of the natural world and the outdoors as well as enthusiasm for learning about history and science has led him to research these interrelated topics and share his findings with others. Dr. Johnson has taught Bible and History to college students, and presentations about science and the Bible to church and student groups of all

ages. He has certificates in Homeopathic Medicine, is a health and wellness consultant, and served on the Union County, NC Board of Health for nine years. He has contributed numerous articles and commentaries to newspapers, but this is his first book.

dental wellness of charlotte: Dental Self Help Soaring Bear, 1983-04-01

dental wellness of charlotte: Pregnancy and Oral Health Sheila Wolf, 2004 Four out of five Americans, and a similar proportion of people around the world, suffer from gum disease. In addition to increasing the risks of heart attack, stroke, diabetic complications and other life-threatening health problems, gum infections pose a particular risk to mothers-to-be. Pregnant women with severe gum infections are seven times more likely to have a premature or low birth weight baby, prone to serious illness and even death. Of the four million babies born each year in the US, more than 460,000 are born too early or too small. Drawing on more than thirty years' experience as a dental hygienist at the forefront of non-surgical periodontal care, Sheila is bringing a crucial message to expectant mothers. *Pregnancy and Oral Health* contains vital information and a simple, anti-bacterial self-care program that safeguards mother and baby against the dangerous consequences of oral infections, succeeding where the outdated methods of traditional dentistry fail.

dental wellness of charlotte: Adolescent Oral Health Deborah Studen-Pavlovich, Dennis N. Ranalli, 2006 Comprehensive issue on adolescent oral health which covers dental needs assessment and access to care; psychosocial behavior patterns; prevention strategies for dental caries; prevention strategies for periodontal diseases and soft tissue lesions; developmental occlusion, orthodontic interventions, and orthognathic surgery; restorative, esthetic and replacement dentistry; dental trauma dental management for adolescent athletes; and common medications for adolescent dental patients.

dental wellness of charlotte: Publishers Directory, 1993

dental wellness of charlotte: Workplace Wellness that Works Laura Putnam, 2015-06-08 A smarter framework for designing more effective workplace wellness programs *Workplace Wellness That Works* provides a fresh perspective on how to promote employee well-being in the workplace. In addressing the interconnectivity between wellness and organizational culture, this book shows you how to integrate wellness into your existing employee development strategy in more creative, humane, and effective ways. Based on the latest research and backed by real-world examples and case studies, this guide provides employers with the tools they need to start making a difference in their employees' health and happiness, and promoting an overall culture of well-being throughout the organization. You'll find concrete, actionable advice for tackling the massive obstacle of behavioral change, and learn how to design and implement an approach that can most benefit your organization. Promoting wellness is a good idea. Giving employees the inspiration and tools they need to make changes in their lifestyles is a great idea. But the billion-dollar question is: what do they want, what do they need, and how do we implement programs to help them without causing more harm than good? *Workplace Wellness That Works* shows you how to assess your organization's needs and craft a plan that actually benefits employees. Build an effective platform for well-being Empower employees to make better choices Design and deliver the strategy that your organization needs Drive quantifiable change through more creative implementation Today's worksite wellness industry represents a miasma of competing trends, making it nearly impossible to come away with tangible solutions for real-world implementation. Harnessing a broader learning and development framework, *Workplace Wellness That Works* skips the fads and shows you how to design a smarter strategy that truly makes a difference in employees' lives—and your company's bottom line.

dental wellness of charlotte: Certified Dental Assistant (CDA) National Learning Corporation, 2020-03-15

dental wellness of charlotte: Tongue-Tied Richard Baxter, Dmd Baxter, 2018-07-13 Chances are, you or someone you know is affected by a tongue-tie. Common, yet little understood, tongue-ties can lead to a myriad of problems, including difficulty when nursing, speaking or eating. In the most crucial and formative parts of children's lives, tongue-ties have a significant effect on their well-being. Many parents and professionals alike want to know what can be done, and how best to

treat these patients and families. And now, there are answers. **Tongue-Tied: How a Tiny String Under the Tongue Impacts Nursing, Feeding, Speech, and More** is an exhaustive and informative guide to this misunderstood affliction. Along with a team of medical specialists, author Dr. Richard Baxter demystifies tongue-ties and spells out how this condition can be treated comprehensively, safely and comfortably. Starting with a broad history of tongue-ties, this invaluable guide covers 21st-century assessment techniques and treatment options available for tethered oral tissues. Various accounts of patient challenges and victories are prominently featured as well. With the proper diagnosis and treatment, tethered oral tissues can be released with minimal discomfort, resulting in lives free of struggles during nursing, speaking, and feeding, while also reducing the incidence of dental issues, headaches, and even neck pain for children through adults. Aimed at both parents and professionals, **Tongue-Tied** encourages those affected while providing reassuring and valuable information. Dr. Baxter and his qualified team have pooled their expertise to make a difference in the lives of people. No longer will young patients and their parents suffer without answers.

dental wellness of charlotte: Renegade Beauty Nadine Artemis, 2017-11-14 Rethink conventional notions of beauty and wellness, abandon established regimes and commercial products, and embrace your “renegade” beauty In this essential full-color guide, Nadine Artemis introduces readers to the concept of renegade beauty—a practice of doing less and allowing the elements and the life force of nature to revive the body, skin, and soul so our natural radiance can shine through. Anyone stuck in perpetual loops of new products, facials, and dermatologist appointments will find answers as Artemis illuminates the energizing elements of sun, fresh air, water, the earth, and plants. This book is a comprehensive resource for anyone who wants to simplify their self-care routine, take their health into their own hands, and discover their own radiant beauty.

dental wellness of charlotte: Clinical Aspects of Dental Materials Marcia (Gladwin) Stewart, Michael Bagby, 2020-06-17 Using a proven pedagogical organization, this updated Fifth Edition of Gladwin and Bagby’s market-leading title focuses on providing students with a dental materials background that emphasizes the clinical aspects of dental materials, while also introducing concepts of materials science. The book’s three-part structure addresses types of dental materials in the 22 chapters of Part I, includes laboratory and clinical applications (essentially a built-in lab manual) in Part II, and presents 11 case studies in Part III that serve as an overall review and help students strengthen their critical thinking skills when providing patient care. Up-to-date content that reflects the latest advances in dental materials, clinical photos, review questions, and online videos all combine to help students develop the understanding of dental materials they need for successful dental hygiene practice.

dental wellness of charlotte: Healthier Together Liz Moody, 2019-04-09 A healthy cookbook to share with a partner, featuring more than 100 recipes designed to nourish your bodies and souls. **An Epicurious Best Cookbook for Spring • “Healthier Together** focuses on real whole foods and bringing community together.”—Kelly LeVeque, celebrity nutritionist and bestselling author of *Body Love* Food writer and health blogger Liz Moody once followed trendy diets and ate solely for fuel, not for flavor. That changed when she met her soon-to-be-boyfriend and they started cooking nutrient- and vegetable-rich meals. She not only fell in love with food again, but she also discovered that setting goals and sticking to them is easier and more gratifying when paired with someone else. Mincing garlic and sautéing onions together eventually led the couple to marriage—proving that good food really is the universal connector! These 100+ flavor-packed recipes are designed to be cooked and enjoyed by two people, plus they’re all gluten-free, dairy-free, and plant-centered. They include homemade alternatives for all the foods you love to share, such as brunch, takeout, and sweet treats. Indulge in Cardamom Banana Bread Pancakes with Candied Coffee Walnuts, Cornflake “Fried” Chicken, General Tso’s Cauliflower, and Chocolate Tahini Brownie Bites. Pick your partner—near or far—and get ready to get healthy. Praise for *Healthier Together* “This cookbook is one you’ll be reaching for time and time again when you need healthy food that is satisfying and delicious.”—Tieghan Gerard “Liz Moody offers heaps of tasty recipes packed with great

ingredients.”—Real Simple “Healthier Together is a brilliant concept! Cooking with a friend/partner/mom is so much better than cooking alone, plus having a partner will keep you both accountable on your healthy eating journey.”—Gina Homolka “Liz does an amazing job helping you make delicious food in a way that is both feasible and fun.”—Rachel Mansfield “Liz’s book overflows with food made to share, healthy but with all the comfort and flavor that brings happy people around the table.”—Daphne Oz “Liz’s message is profound, yet so simple . . . you need to have both whole foods and whole, real relationships to truly be healthy and happy. This book makes eating healthy a celebration, not a sacrifice, and it brings an arsenal of fresh and flavorful recipes that are fun to make and eat!”—Jeanine Donofrio

dental wellness of charlotte: *Wilkins' Clinical Practice of the Dental Hygienist* Linda D. Boyd, Lisa F. Mallonee, Charlotte J. Wyche, Jane F. Halaris, 2020-01-22 Staying true to Esther Wilkins’ pioneering vision that made her best-selling text the “Bible” for dental hygienists, Wilkins’ Clinical Practice of the Dental Hygienist, Thirteenth Edition progresses through crucial topics in dental hygiene in a straightforward format to ensure students develop the knowledge and skills they need for successful, evidence-based practice in today’s rapidly changing oral health care environment. This cornerstone text, used in almost every dental hygiene education program in the country, has been meticulously updated by previous co-authors, Linda Boyd and Charlotte Wyche, and new co-author Lisa Mallonee to even better meet the needs of today’s students and faculty, while reflecting the current state of practice in dental hygiene. Maintaining the hallmark outline format, the Thirteenth Edition continues to offer the breadth and depth necessary not only for foundation courses but for use throughout the entire dental hygiene curriculum.

dental wellness of charlotte: *The Gerson Therapy* Charlotte Gerson, Morton Walker, 2001 Offers a nutritional program that utilizes the healing powers of organic fruits and vegetables to reverse the effects of cancer and other illnesses.

dental wellness of charlotte: *Daniel Goes to the Dentist* , 2019-08-27 A new generation of children love Daniel Tiger’s Neighborhood, inspired by the classic series Mister Rogers’ Neighborhood! Daniel visits the dentist for the first time in this sweet 8x8 storybook based on an episode of Daniel Tiger’s Neighborhood. Daniel Tiger is a little nervous about visiting the dentist, Dr. Plat. Mom Tiger explains that when you do something new, like going to the dentist, you should talk about what’s going to happen, and Dr. Plat does just that! During his checkup, as Daniel gets his teeth brushed, checked, and polished, Dr. Plat explains what she’s doing each step of the way so Daniel feels more comfortable. This sweet storybook is perfect for little ones who need some reassurance as they take their seat in the dentist’s chair! © 2019 The Fred Rogers Company

dental wellness of charlotte: *Major Labels* Kelefa Sanneh, 2021-10-05 One of Oprah Daily’s 20 Favorite Books of 2021 • Selected as one of Pitchfork’s Best Music Books of the Year “One of the best books of its kind in decades.” —The Wall Street Journal An epic achievement and a huge delight, the entire history of popular music over the past fifty years refracted through the big genres that have defined and dominated it: rock, R&B, country, punk, hip-hop, dance music, and pop Kelefa Sanneh, one of the essential voices of our time on music and culture, has made a deep study of how popular music unites and divides us, charting the way genres become communities. In *Major Labels*, Sanneh distills a career’s worth of knowledge about music and musicians into a brilliant and omnivorous reckoning with popular music—as an art form (actually, a bunch of art forms), as a cultural and economic force, and as a tool that we use to build our identities. He explains the history of slow jams, the genius of Shania Twain, and why rappers are always getting in trouble. Sanneh shows how these genres have been defined by the tension between mainstream and outsider, between authenticity and phoniness, between good and bad, right and wrong. Throughout, race is a powerful touchstone: just as there have always been Black audiences and white audiences, with more or less overlap depending on the moment, there has been Black music and white music, constantly mixing and separating. Sanneh debunks cherished myths, reappraises beloved heroes, and upends familiar ideas of musical greatness, arguing that sometimes, the best popular music isn’t transcendent. Songs express our grudges as well as our hopes, and they are motivated by greed as

well as idealism; music is a powerful tool for human connection, but also for human antagonism. This is a book about the music everyone loves, the music everyone hates, and the decades-long argument over which is which. The opposite of a modest proposal, *Major Labels* pays in full.

dental wellness of charlotte: *Delivering WOW* Anissa Holmes, 2018-08-07 *Delivering WOW* is a blueprint for running and growing a dental practice. Dr. Anissa Holmes was sick of working too much and earning too little, so she decided to do something about it. After years of learning and experimentation, she developed a simple, high-impact process to run and grow a dental practice that turned her office into a high-profit practice with over 50,000 raving Facebook fans and a reliable team she can trust to handle anything that comes their way. With this newly-updated and expanded version of a book that helped thousands of dentists build more profitable and enjoyable dental practices, Dr. Holmes walks dentists through building a winning team, maximizing profitability, and reliably growing patient numbers without having to waste time and money on expensive and ineffective advertising methods. If you're tired of feeling guilty, stressed, and frustrated by your practice and want to build one that allows you to make more, work less, and have a meaningful impact in the world, *Delivering WOW* is the step-by-step plan for you!

dental wellness of charlotte: *R is for Ricochet* Sue Grafton, 2021-01-05 In this #1 New York Times bestseller in Sue Grafton's Alphabet series, private investigator Kinsey Millhone has her hands full when a job that should be easy money takes a turn for the worse. Reba Lafferty was a daughter of privilege, the only child of an adoring father. Nord Lafferty was already in his fifties when Reba was born, and he could deny her nothing. Over the years, he quietly settled her many scrapes with the law, but wasn't there for her when she was convicted of embezzlement and sent to the California Institution for Women. Now, at thirty-two, she's about to be paroled, having served twenty-two months of a four-year sentence. Her father wants to be sure Reba stays straight, stays home and away from the drugs, the booze, and the gamblers... It seems a straightforward assignment for Kinsey: babysit Reba until she settles in, make sure she follows all the niceties of her parole. Maybe a week's work. Nothing untoward—the woman seems remorseful and friendly. And the money is good. But life is never that simple, and Reba is out of prison less than twenty-four hours when one of her old crowd comes circling round...

dental wellness of charlotte: *The Elephant in the Room* Tommy Tomlinson, 2020-01-14 ONE OF NPR'S BEST BOOKS OF 2019 A "warm and funny and honest...genuinely unputdownable" (Curtis Sittenfeld) memoir chronicling what it's like to live in today's world as a fat man, from acclaimed journalist Tommy Tomlinson, who, as he neared the age of fifty, weighed 460 pounds and decided he had to change his life. When he was almost fifty years old, Tommy Tomlinson weighed an astonishing—and dangerous—460 pounds, at risk for heart disease, diabetes, and stroke, unable to climb a flight of stairs without having to catch his breath, or travel on an airplane without buying two seats. Raised in a family that loved food, he had been aware of the problem for years, seeing doctors and trying diets from the time he was a preteen. But nothing worked, and every time he tried to make a change, it didn't go the way he planned—in fact, he wasn't sure that he really wanted to change. In *The Elephant in the Room*, Tomlinson chronicles his lifelong battle with weight in a voice that combines the urgency of Roxane Gay's *Hunger* with the intimacy of Rick Bragg's *All Over but the Shoutin'*. He also hits the road to meet other members of the plus-sized tribe in an attempt to understand how, as a nation, we got to this point. From buying a Fitbit and setting exercise goals to contemplating the Heart Attack Grill in Las Vegas, America's "capital of food porn," and modifying his own diet, Tomlinson brings us along on a candid and sometimes brutal look at the everyday experience of being constantly aware of your size. Over the course of the book, he confronts these issues head-on and chronicles the practical steps he has to take to lose weight by the end. "What could have been a wallow in memoir self-pity is raised to art by Tomlinson's wit and prose" (Rolling Stone). Affecting and searingly honest, *The Elephant in the Room* is an "inspirational" (The New York Times) memoir that will resonate with anyone who has grappled with addiction, shame, or self-consciousness. "Add this to your reading list ASAP" (Charlotte Magazine).

dental wellness of charlotte: National Prevention Strategy: America's Plan for Better Health

and Wellness Regina M. Benjamin, 2011 The Affordable Care Act, landmark health legislation passed in 2010, called for the development of the National Prevention Strategy to realize the benefits of prevention for all Americans' health. This Strategy builds on the law's efforts to lower health care costs, improve the quality of care, and provide coverage options for the uninsured. Contents: Nat. Leadership; Partners in Prevention; Healthy and Safe Community Environ.; Clinical and Community Preventive Services; Elimination of Health Disparities; Priorities: Tobacco Free Living; Preventing Drug Abuse and Excessive Alcohol Use; Healthy Eating; Active Living; Injury and Violence Free Living; Reproductive and Sexual Health; Mental and Emotional Well-being. Illus. A print on demand report.

dental wellness of charlotte: Woelfel's Dental Anatomy Rickne C. Scheid, Gabriela Alejandra Weiss, 2016-02-19 Using clear explanations, a unique three-part organization, full-color illustrations, and interactive exercises, Woelfel's Dental Anatomy, helps dental hygiene students understand the relationship of the teeth to one another and to the bones, muscles, nerves, and vessels associated with the teeth and face. The book's detailed coverage of dental anatomy and terminology prepares students for success on national board exams, while up-to-date information on the application of tooth morphology to dental practice prepares them for success in their future careers. Updated throughout with the latest scientific and technological advances, the Ninth Edition features expanded content, new tooth identification labeling exercises, additional board-style learning exercises, and a substantially updated full color art and design program. New to this edition: revised chapters that reflect the latest scientific and technological advances in Periodontology, Operative Dentistry, Endodontics, and Forensic Dentistry have been updated by faculty with specialties in each area. New Tooth Identification Labeling Exercises, featuring over 80 step-by-step questions that cover the decisions required to identify a tooth, ask students to identify tooth anatomy (class, facial size, arch, type, mesial, and universal number). Additional board-style Learning Exercises in Chapters 2 -5 address the tooth identification and universal numbering system to better prepare students to pass board exams. New content addresses specific topics now included on national board exams, such as paranasal sinuses and dental anomalies. A substantially updated art and design program introduces red dot markers for tooth identification and new color photos that better illustrate specific characteristics or traits of the tooth. New Glossary of Key Terms appears at the back of the book for easy reference. Halmark Features: A unique comparative approach to tooth anatomy in Chapters 1-6 helps students understand the similarities and differences of each class of tooth. Topic Lists open each chapter in an outline format to orient students to the information that follows. Section-opening Learning Objectives allow students to read with a purpose and to assess their mastery of important knowledge and skills. Summary Tables capture complex material in an easy-to-understand format. Research Data sections provide both original and reviewed research findings based on thousands of teeth, casts, and mouths. Review Questions and Answers inserted throughout chapters help students assess their understanding of anatomical terminology and concepts and prepare for certification examinations. Learning Exercises that help students understand and apply topics include interactive activities, such as examining extracted teeth or tooth models or performing specific self- or partner examinations. Advanced Learning Exercises in Chapter 13 ask students to draw and sketch teeth or carve teeth from wax to help them become intimately familiar with tooth shape and terminology. Additional board-style Learning Exercises in Chapters 2 -5 address tooth identification and the universal numbering system to better prepare students for success on board exams. Chapter-ending Critical Thinking Questions give students an opportunity to apply what they've learned to more complex questions/exercises. A free, printable online dental anatomy study guide helps students master key information and includes traits, charts, and reference information--Provided by publisher.

dental wellness of charlotte: Thomas Register of American Manufacturers , 2002 This basic source for identification of U.S. manufacturers is arranged by product in a large multi-volume set. Includes: Products & services, Company profiles and Catalog file.

dental wellness of charlotte: Jet , 1997-10-13 The weekly source of African American political

and entertainment news.

dental wellness of charlotte: Advancing Oral Health in America Institute of Medicine, Board on Health Care Services, Committee on an Oral Health Initiative, 2012-01-05 Though it is highly preventable, tooth decay is a common chronic disease both in the United States and worldwide. Evidence shows that decay and other oral diseases may be associated with adverse pregnancy outcomes, respiratory disease, cardiovascular disease, and diabetes. However, individuals and many health care professionals remain unaware of the risk factors and preventive approaches for many oral diseases. They do not fully appreciate how oral health affects overall health and well-being. In Advancing Oral Health in America, the Institute of Medicine (IOM) highlights the vital role that the Department of Health and Human Services (HHS) can play in improving oral health and oral health care in the United States. The IOM recommends that HHS design an oral health initiative which has clearly articulated goals, is coordinated effectively, adequately funded and has high-level accountability. In addition, the IOM stresses three key areas needed for successfully maintaining oral health as a priority issue: strong leadership, sustained interest, and the involvement of multiple stakeholders from both the public and private sectors. Advancing Oral Health in America provides practical recommendations that the Department of Health and Human Services can use to improve oral health care in America. The report will serve as a vital resource for federal health agencies, health care professionals, policy makers, researchers, and public and private health organizations.

dental wellness of charlotte: *Determinants of Indigenous Peoples' Health, Second Edition* Margo Greenwood, Sarah de Leeuw, Nicole Marie Lindsay, 2018-04-25 Now in its second edition, *Determinants of Indigenous Peoples' Health* adds current issues in environmental politics to the groundbreaking materials from the first edition. The text is a vibrant compilation of scholarly papers by research experts in the field, reflective essays by Indigenous leaders, and poetry that functions as a creative outlet for healing. This timely edited collection addresses the knowledge gap of the health inequalities unique to Indigenous peoples as a result of geography, colonialism, economy, and biology. In this revised edition, new pieces explore the relationship between Indigenous bodies and the land on which they reside, the impact of resource extraction on landscapes and livelihoods, and death and the complexities of intergenerational family relationships. This volume also offers an updated structure and a foreword by Dr. Evan Adams, Chief Medical Officer of the First Nations Health Authority. This is a vital resource for students in the disciplines of health studies, Indigenous studies, public and population health, community health sciences, medicine, nursing, and social work who want to broaden their understanding of the social determinants of health. Ultimately, this is a hopeful text that aspires to a future in which Indigenous peoples no longer embody health inequality.

dental wellness of charlotte: 100 Days of Real Food Lisa Leake, 2014-08-26 #1 New York Times Bestseller The creator of the 100 Days of Real Food blog draws from her hugely popular website to offer simple, affordable, family-friendly recipes and practical advice for eliminating processed foods from your family's diet. Inspired by Michael Pollan's *In Defense of Food*, Lisa Leake decided her family's eating habits needed an overhaul. She, her husband, and their two small girls pledged to go 100 days without eating highly processed or refined foods—a challenge she opened to readers on her blog. Now, she shares their story, offering insights and cost-conscious recipes everyone can use to enjoy wholesome natural food—whole grains, fruits and vegetables, seafood, locally raised meats, natural juices, dried fruit, seeds, popcorn, natural honey, and more. Illustrated with 125 photographs and filled with step-by-step instructions, this hands-on cookbook and guide includes: Advice for navigating the grocery store and making smart purchases Tips for reading ingredient labels 100 quick and easy recipes for such favorites as Homemade Chicken Nuggets, Whole Wheat Pasta with Kale Pesto Cream Sauce, and Cinnamon Glazed Popcorn Meal plans and suggestions for kid-pleasing school lunches, parties, and snacks Real Food anecdotes from the Leakes' own experiences A 10-day mini starter-program, and much more.

dental wellness of charlotte: Rebel in High Heels Charlotte Laws, 2015-04-24 *Rebel in High Heels* is a memoir about Dr. Charlotte Laws—“the Erin Brockovich of revenge porn”—who was voted

one of the “30 fiercest women in the world.” She fought a dangerous war against “the most hated man on the Internet” to protect her daughter and other victims. She was bombarded with death threats and computer viruses and targeted by a stalker who appeared at her home. But who is this woman that MSNBC calls a hero? In addition to detailing her gripping revenge porn fight, this book chronicles the first 22 years of Laws’ life. Her adoptive mother committed suicide, her little brother was killed, and her father’s only comment was he wished it had been her. Laws’ first boyfriend was pop idol Tom Jones. She has hobnobbed with the rich and famous. Though not born with VIP access, she taught herself how to gate-crash any event, anywhere, anytime. *Rebel in High Heels* details Laws’ intriguing—sometimes scandalous—encounters with Bill Cosby and other stars. At age 20, Laws earned 300k per year as a Las Vegas chip-chatter. She also worked as a bandit cab driver, a backup singer for an Elvis imitator and bodyguard for a prostitute. Laws—a former Southern California politician and weekly NBC commentator—has appeared on “The Late Show,” Fox News, “Oprah,” “Nightline,” CNN, “Dr. Drew” and “Larry King Live.” She has a Ph.D. in Social Ethics, as well as two Master’s degrees and two BAs. Her articles have been published in The Huffington Post, The Los Angeles Times, Newsweek, Jezebel, Salon and the L.A. Daily News. *Rebel in High Heels* is mostly about perseverance and looking beyond oneself. It is about fighting for one’s dreams, while striving to better the world. Laws is the little Atlanta girl who could. And did. _____ “Dr. Charlotte Laws became the ‘Erin Brockovich of revenge porn.’” —CBS News “Never underestimate a former Buckhead debutante.” —The Atlanta Journal-Constitution “This book is two for the price of one. *Rebel in High Heels* provides a gripping account of Charlotte Laws’ dangerous battle against revenge porn. But it also details Laws’ roller-coaster early years: dating a superstar, dealing with suicide, hobnobbing with celebrities, fighting racism and being thrust into the glitzy world of ‘sex for sale.’ By following Laws’ bold, life-crashing adventures, the reader learns how to become a rebel and a relentless advocate for victims. This memoir is about persistence, leading an active life and helping others. Laws invents her own recipe for success. She reveals her secrets in this mesmerizing tell-all book, tidbit by tasty tidbit.” —Every Way Woman Show “I didn’t realize how brave Charlotte Laws is until I see her in action.” —The Guardian Charlotte Laws singlehandedly dismantled the empire of pure evil that earned Hunter Moore the title of ‘Most Hated Man on the Internet.’” —MSNBC “Charlotte Laws... a very appropriate last name. Trying to get laws passed in a number of states.” —Fox News If you care about women, you need this book. Charlotte Laws is the Erin Brockovich of ‘revenge porn,’ and she will change your life just like she changed mine. Buy this for your daughters, your sisters, your mother and yourself.” —Mandy Stadtmiller, deputy editor, xoJane “Charlotte Laws [is] a prominent anti-revenge porn activist.” —Washington Post “I am glad that Charlotte is sharing her story in writing this book. It is important that we educate people about revenge porn and the devastating effects on victims.” —Senator Anthony Cannella, California “In spite of the risks, Laws took up the sword.” —YES! Magazine “When Charlotte gets something in mind, nothing can stop her...She has embarked upon lots of activities in her life but with one purpose: to fight for her beliefs.” —Stylist Magazine “My goodness, she does a lot!” —LA Talk Radio

dental wellness of charlotte: Risky Business Liran Einav, Amy Finkelstein, Raymond Fisman, Ray Fisman, 2023-01-31 An engaging and accessible examination of what ails insurance markets--and what to do about it--by three leading economists The authors . . . do a masterful job of explaining the intractable complexities created by this socially vital activity.--Martin Wolf, Financial Times, Best Books of 2022: Economics Why is dental insurance so crummy? Why is pet insurance so expensive? Why does your auto insurer ask for your credit score? The answer to these questions lies in understanding how insurance works. Unlike the market for other goods and services--for instance, a grocer who doesn't care who buys the store's broccoli or carrots--insurance providers are more careful in choosing their customers, because some are more expensive than others. Unraveling the mysteries of insurance markets, Liran Einav, Amy Finkelstein, and Ray Fisman explore such issues as why insurers want to know so much about us and whether we should let them obtain this information; why insurance entrepreneurs often fail (and some tricks that may help them succeed); and whether we'd be better off with government-mandated health insurance instead of letting

businesses, customers, and markets decide who gets coverage and at what price. With insurance at the center of divisive debates about privacy, equity, and the appropriate role of government, this book offers clear explanations for some of the critical business and policy issues you've often wondered about, as well as for others you haven't yet considered.

dental wellness of charlotte: Local Anesthesia for Dental Professionals Kathy Bassett, Arthur DiMarco, Doreen Naughton, 2015-06-12 This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. For courses in Pain Control, Local Anesthesia in Dentistry, and Nitrous Oxide Sedation (minimal sedation) in Dentistry. Local Anesthesia for Dental Professionals, 2/e provides a user-friendly, primary resource for instructors and students of pain control. This text is appropriate for both dental and dental hygiene students and provides step-by-step instructions that are also useful to practicing clinicians seeking to improve their skills or learn new injection techniques. In addition to the superb illustrations, step-by-step approach, and easy-to-understand language established in the first edition, the new second edition includes both local anesthesia and nitrous oxide-oxygen sedation. Extensive online resources and a companion technique DVD augment this text, providing a comprehensive resource for students and dental professionals. Teaching and Learning Experience Local Anesthesia for Dental Professionals, 2/e provides unparalleled coverage in a straightforward, user-friendly format. It provides: Comprehensive yet accessible content: The text is an all-in-one resource in local anesthesia for dental and dental hygiene students and professionals. Real-world learning: Chapters present practical expertise, case studies, and resources that will be referenced again and again. Extensive teaching and learning resources: Numerous text features and supplemental materials facilitate both teaching and learning.

dental wellness of charlotte: Drug-impaired Professionals Robert H. Coombs, 1997 Drawing on more than 120 personal interviews with addicted physicians, dentists, nurses, pharmacists, attorneys, and airline pilots and those who treat them, Professor of Biobehavioral Sciences Robert Coombs gives us a startling picture of drug abuse among pedestal professionals unveiling a problem that affects nearly every family in America.

dental wellness of charlotte: Clinical Practice of the Dental Hygienist Esther M. Wilkins, 2010-05-05 From the Publisher: The cornerstone text of almost every dental hygienists library is now in its thoroughly updated Tenth Edition. Written in a straightforward, concise outline format, this text equips both students and practitioners with the clinical and educational skills needed for successful practice. Features include full-color artwork and photographs, case-based exercises, procedure boxes, and ethics boxes. The Tenth Edition presents the latest technical advances and research findings and includes a new chapter on teeth whitening.

dental wellness of charlotte: Legislative Calendar United States. Congress. House. Committee on Government Reform, 2003

dental wellness of charlotte: AAHA Guide to Creating an Employee Handbook, 1999

dental wellness of charlotte: Teledentistry Sajeesh Kumar, 2014-09-10 Teledentistry is of growing interest to the healthcare world. Over the last few years, momentum is growing in research and service in Teledentistry - mostly carried out by tertiary medical institutes across the world. While Teledentistry is advanced in some sub-specialties, it has high potential to receive more attention from general communities, dentists, dental hygienists, physicians, nurses, researchers and students. For the first time, this book will present essential knowledge from experts in this field. They will discuss the current status of technology and service in various Teledentistry sub specialties and its future implications. Written by experts from around the globe, (i.e., from USA, Europe, Australia and Asia), this book presents technical issues and clinical applications. It includes collective experiences from dental service providers in different parts of the world practicing a wide range of Teledentistry applications. This book lays the foundations for the globalization of Teledentistry procedures, making it possible for dental service to be delivered anywhere in the world.

dental wellness of charlotte: Oral Implantology Shumon Otobe, 1990

dental wellness of charlotte: *Pain Management* Richard S. Weiner, 2001-12-20 This authoritative reference, the Sixth Edition of an internationally acclaimed bestseller, offers the most up-to-date information available on multidisciplinary pain diagnosis, treatment, and management. *Pain Management: A Practical Guide for Clinicians* is a compilation of literature written by members of The American Academy of Pain Management, the largest multidisciplinary society of pain management professionals in North America and the largest physician-based pain society in the United States. This unique reference covers both traditional and alternative approaches and discusses the pain of children as well as adult and geriatric patients. It includes approximately 60 new chapters and each chapter is written to allow the reader to read independently topics of interest and thus may be viewed as a self-contained study module. The collection of chapters allows an authoritative self-study on many of the pressing issues faced by pain practitioners. Regardless of your specialty or medical training or whether you are in a large hospital or a small clinic, if you work with patients in need of pain management, this complete reference is for you.

dental wellness of charlotte: *Periodontal Instrumentation* Anna Matsuishi Pattison, Gordon L. Pattison, 1991 *Periodontal Instrumentation*, Second Edition, is the perfect how-to manual for the dental hygiene student, dental student, and the practitioner seeking an instrumentation manual which covers both basic and advanced periodontal techniques. The authors have maintained the excellent coverage of basic instruments and skills, while adding state-of-the-art techniques that guarantee the most up-to-date coverage of periodontal instrumentation available. Each module consists of numerous lessons, each of which includes a convenient performance check list. Over 850 photographs illustrate step-by-step procedures, enhancing comprehension and providing a quick, reliable reference. 15 Principles of Scaling Exploring the Periodontal Patient Advanced Root Instrumentation, which describes treatment of furcations, line angles and deep narrow pockets Instruments Modified for Periodontal Patients including After Five curets, Mini Five curets, and Gracey Curvettes Use of Ultrasonic Scaling Devices

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